IOWA COUNTY HEALTH DEPARTMENT

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www.iowacounty.org

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For Immediate Release

Iowa County Health Department Director/Health Officer Debbie Siegenthaler RN, MSN

COVID 19 Case Update

lowa County – The Iowa County Health Department announces two additional lab confirmed cases of COVID 19 in Iowa County residents. This brings the total number of positive cases to 21. The most recent cases are individuals between the ages of 50 and 65 both isolated at home. Iowa County Health Department has contact with all confirmed cases and reaches out to those who may have had close contact to each confirmed case. The Health Department assists in actively monitoring their health while they are under quarantine.

All social interaction has some level of risk for contracting COVID-19. The best way to protect yourself and others is to continue maintaining your physical distance from others, stay away from large groups, stay home when you are sick, wash your hands, and please wear a cloth face covering. People need to know the risks and balance those with the benefits to make the best decision for their families. But in all cases, people should understand their personal responsibility to not unknowingly spread infection to someone else.

We want to stress that the protective measures listed above remain important. "We know some people may think they are unnecessary but please understand that the virus is still in the community. We can and should move forward but we so slowly and safely", says Debbie Siegenthaler, Iowa County Health Department Director. COVID-19 doesn't spread itself. People spread it. We don't have a cure or a vaccine yet. Our best tool is isolation for those we know are sick and physically distancing ourselves from others. Each of us represents an opportunity to interrupt the transmission of this virus. This week's COVID 19 Dashboard reveals that 100% of recent cases did not have direct exposure to a person known to have COVID 19. This means they are now sure how they were exposed which means that we are experiencing community spread or a wide circulation of the virus. This fact, coupled with significant increases in cases in neighboring counties, also means we need to remain cautious.

Important Sources of Information

- **211 Wisconsin** is an easy and helpful resource for COVID 19 questions. Simply call 211 from your phone https://211wisconsin.communityos.org/
- Recently added /updated resources on the Iowa County website. https://www.iowacounty.org/departments/COVID-19
 - o Mass Gathering Guidance
 - o Business Toolkit
 - Reopening Guidance
 - Reduce Risk of Exposure and Transmission
- Additional resources:
 CDC <u>https://www.cdc.gov/coronavirus/2019-ncov/faq.html</u>

Please monitor the following Social Media sites:

Iowa County Public Health on Facebook - https://www.facebook.com/iowacountyhealthdepartment/ Upland Hills Health on Facebook - https://www.facebook.com/UplandHillsHealthHospital/ Iowa County Emergency Management on Twitter - https://twitter.com/ICEMWI Iowa County Emergency Management on Facebook - https://www.facebook.com/icemwi/

Monitor the following websites:

lowa County COVID 19 <u>https://www.iowacounty.org/</u>

Upland Hills Health https://www.uplandhillshealth.org/patient-visitors/covid-19/

WI Department of Health Services (DHS) https://www.dhs.wisconsin.gov/outbreaks/index.htm Centers for Disease Control and Prevention (CDC) https://www.cdc.gov/coronavirus/2019-ncov/index.html

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