

The Recreation Department office hours are 8:00 a.m. to 5:15 p.m. Monday, Wednesday, Thursday and Friday. Tuesday's hours are 8:00 a.m. - 7:00 p.m. Call our office at (201) 837-7130 for further information or if special accommodations are required.

\*Registration for youth and adult activities will begin **Monday, December 4** in person and online ([recpro.teanecknj.gov](http://recpro.teanecknj.gov)) or drop-box in the Rodda Center Lobby.

\*Pre-registration is required for all activities. Proof of residency is required for all residents, proof of age is required for all youth programs (unless your child has previously registered for classes, proof of age is not required).

Youth programs will begin the week of January 2. Most classes will run for 8 weeks (with some exceptions).

## **WINTER 2024 YOUTH PROGRAMS** (ages 18 months to 17 years)

**After School Program** - This program provides a nourishing and safe environment with organized recreational activities including homework time, homework assistance, and games. Snacks are included each afternoon as a part of each day's activities. The program operates from school dismissal to 6:00p.m. during the school year and observes all school and municipal holidays. Monday through Friday, Rodda Center, \$150.00 per month (sibling same-household \$125.00). Applications are available at the Rodda Center for the school year or on our website at: [www.teanecknj.gov](http://www.teanecknj.gov). **(Spaces limited)**

**Arts & Crafts** - Students ages 5-8 will be introduced to the rich cultural diversity found in art. The method of instruction is student-centered, encouraging each child to develop their individual creativity through art. **Sundays**, 9:30-10:15 a.m. (5 & 6) or 10:30-11:15 a.m. (7 & 8) Rodda Center. \$60 (residents) \$120 (non-residents), **8 weeks**. **\*Please wear old clothing to class.**

**Ballet with Kerri** - Students ages 6-8 will acquire a basic vocabulary of ballet techniques, as well as the ability to coordinate simple movements to achieve a combination of steps within the range of their own physical capacity. **Wednesdays or Thursdays**, 5:00-5:55 p.m., Rodda Center. \$60 (residents) \$120 (non-residents). 8 weeks. **\*Please wear a leotard and leggings or form-fitting clothing to every class. Ballet shoes/slippers are required.**

**Code with TechRoots** - Students ages 8-11 will learn the basics on how to create mobile applications, computer art, games and websites. TechRoots Academy will guide students through hands-on coding exercises and support students critical thinking while teaching them the fundamentals of computer programming techniques. **Tuesdays**, 4:00 - 5:00 p.m., Rodda Center, \$150 (residents) and \$200 (non-residents), **5 weeks**. **\*We strongly encourage students to bring their own laptop/tablet; loaner equipment will be available if needed.**

**Creative Dance** - Students ages 3-5-year-olds will develop technical and relative skills through the exploration of movement. Students will learn structured, fun warm-ups followed by more advanced movement vocabulary which they will use to create their own style of dance and expression. They will begin to build a strong foundation on which to continue their studies of all dance styles. **Wednesdays**, 4:00-4:45p.m. or **Thursdays**, 4:00-4:45p.m. Rodda Center. \$60 (residents) \$120 (non-residents), **8 weeks**.

**Indoor Tennis** - These instructional group lessons are for students ages 5-12 years old. Students will be grouped together based on their age and skill level. **Wednesday**, 3:45-4:40 p.m. (ages 5-7) and 4:45-5:40 p.m. (ages 8-12). Rodda Center. \$80 (residents) \$120 (non-residents), **5 weeks**. **\*Please bring your own tennis racquet to class; loaner racquets will be available (if needed).**

**Karate Kids** - Students ages 3-10 will engage in movement and techniques that will improve their overall coordination and motor skills. They will properly learn effective blocking, striking, escaping, and avoidant skills. **Thursdays**, 3:30-4:15 p.m.; (ages 3 & 4); 4:30-5:15 p.m. (ages 5-7) and 5:30-6:15p.m. (ages 8-10). Rodda Center. \$60 (residents) \$120 (non-residents), **8 weeks**. **\*A uniform is highly recommended but not mandatory.**

**Kindergym** - Students ages 3-5-year-olds will engage in a movement class to help develop balance, coordination and teamwork skills. By playing movement games, they will improve their motor skills, increase their self-

confidence and learn to follow directions. **Mondays**, 3:30-4:15p.m. or **Fridays**, 10:15a.m.-11:00a.m. Rodda Center. \$60 (residents) \$120 (non-residents). **8 weeks**.

**Multi Sports Squirts** - This fun sports program is designed for children ages 3 to 5 years old. Participants will have the opportunity to learn and experience sports like Lacrosse, Soccer, T-Ball, and Track & Field. **Sundays**, 9:00-9:50 a.m. or 10:00-10:50 a.m. Rodda Center. \$135 (residents) \$200 (non-residents). **6 weeks**.

**Primary Picassos** - Students ages 7-11 will discover the process of painting composition and have fun while producing quality work. Students will learn about design elements, planning and technique, while having the opportunity to learn acrylic and watercolor painting techniques. **Sundays**, 11:30 a.m.-12:15 p.m. (7-9) or 12:30 p.m.-1:15 p.m. (7-11) Rodda Center, \$60 (residents) \$120 (non-residents), **8 weeks**.

**Soccer Squirts** - This is the perfect introduction to the most popular sport in the world! Boys and girls ages 3-5 will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. **Tuesdays**, 3:30-4:20 p.m. (4-6) or 4:30-5:20 p.m. (5-7), Rodda Center, \$135. (residents) and \$200 (non-residents), **6 weeks**.

**Sunshine Garden Learning Center** - This program is a full-day early childhood learning experience for 3 & 4 year olds. The hours are 9:00a.m. to 3:00p.m. and the curriculum is Montessori-based. The staff of professional educators guide the child's socialization and developmental skills through interactive and multi-sensory experiences, where avenues of art, music, science, social studies and literature are explored. After-care until 6:00p.m. is available for an additional fee. The 2023-2024 school year registration is on-going until maximum capacity is reached.

**Toddlekins** - This is a "Toddler and Me" program for moms, dads, or caregivers along with their children ages 18 to 36 months. Children will discover the joy of movement with music, dance, hand games, and songs to focus on large motor skills as well as important socialization skills. **Mondays**, 9:15-10:00 a.m. (18-29mos.); 10:15-11:00 a.m. (25-36mos.); or **Fridays**, 9:15-10:00 a.m. Rodda Center. \$60 (residents) \$120 (non-residents), **8 weeks**.

**PLEASE NOTE:** Children must be the **required age** by **January 2, 2023**. For all classes, students must be escorted to and from class by an adult. As this is a public area, we suggest that you stay on the premise while your child is in class. Please make sure your child uses the bathroom before each activity. **Classes will not be held if the Teaneck public schools are closed for any reason i.e. holidays, inclement weather, etc.**

**To register for any of these classes, complete the separate Winter registration form or individual class flyers and submit along with the required documentation to the:**

**Recreation Office  
Richard Rodda Center  
250 Colonial Court  
Teaneck, NJ 07666**

**If you have any questions, please call us at  
(201) 837-7130 or email us at: [recreation@teanecknj.gov](mailto:recreation@teanecknj.gov).**