



AGENDA - ADRC of Southwest WI-Iowa County Board
Tuesday, October 24, 2023, at 10:00 a.m.

Conference Call: 1-312-626-6799

Zoom Meeting ID: 847 6317 8672

Passcode: 798394

<https://us02web.zoom.us/j/84763178672?pwd=NE1lcGlJOFOQzeHBJallqTUVIUGFCZz09>

**Health & Human Services Center, Community Room,
 303 W Chapel St., Dodgeville, WI 53533**

**Iowa
 County
 Wisconsin**

1	Call to order.
2	Roll Call.
3	Approve the agenda for this October 24, 2023, meeting.
4	Approve the minutes of the August 22, 2023, meeting.
5	Report from committee members and an opportunity for members of the audience to address the committee. No action will be taken.
6	Action Item: Approve 2024 Iowa County 85.21 Grant Application.
7	Action Item: Approval of 2024 Preliminary GWAAR Budget.
8	ADRC 101 Presentation.
9	Review ADRC Monthly Financial Summaries. No action will be taken.
10	Department Reports: a) SUN: b) Transportation: c) ADRC: (Benefit specialists, ADRC Specialists)
11	ADRC Manager: a) ADRC Managers Report b) Advocacy Updates
12	Set next meeting date: Tuesday, November 28, 2023, at Health & Human Services Center, 303 W. Chapel Street, Dodgeville, WI 53533. 10:00 a.m. Zoom will still be an option.
13	Adjournment.
	Posting verified by: ADRC Date: 10.17.2023 Initials: KS

2024 APPLICANT INFORMATION FORM

For additional information on this Application Workbook,
please refer to the §85.21 Application Guidelines for CY2024

County of **Iowa**

Primary Contact for this Grant Program

Name **Tom Slaney**
Telephone Number **608-930-9802** Extension
Email Address **Tom.Slaney@IowaCounty.org**

Application Preparer (if different than primary contact)

Name **Nikki Mumm**
Organization **Iowa County Dept of Social Services/Aging & Disability Resource Center**
Telephone Number **608-930-9803** Extension
Email Address **Nikki.Mumm@IowaCounty.org**

Applicant Status

Place your initials in box to the right to certify your eligibility - You are certifying that the applicant is a county government or an agency of the county department. Private non-profits or Aging Units organized as a non-profit under Wis. Stat. 46.82(1)(a)3 are not eligible to apply for this grant.

NM

Organization Info

Place your initials in the box certifying all organization information, including contacts and titles, have been updated in the BlackCat Online Grant Management System (GMS) and are true and correct to the best of your knowledge.

NM

Federal Grant Match

Please place an "X" next to any federal grant that will be using §85.21 funds as local match.

5310 ☐ 5307 ☐ 5311 ☐
Other (Please explain)

Coordination

Please identify the county's coordinated plan name, goal(s) and page number(s) in which your §85.21 project(s) is/are derived.

Title of Coordinated Plan: **Southwestern Wisconsin Locally Developed Coordinated Transit Plan 2024-2028; Iowa County**
The goal(s) and/or strategies from which your project is included: **2. Increase Access to Transportation especially in Rural Iowa County.
3. Continue to Expand and Improve the Driver Escort Program and Volunteer Base.
4. Promote Regional Coordination among Services.**
Page number(s) of the Coordinated plan in which the goals may be referenced: **17-19**

Assessability

Please indicate whether or not §85.21 state aid will be used for the transportation of persons who cannot walk or persons who walk with assistance during the calendar year.

YES ☒
NO ☐

(If no, please explain how the Americans with Disabilities Act (ADA) requirements for equivalency of service between ambulatory and non-ambulatory passengers will be met.)

APPLICANT CHECKLIST

County of **Iowa**

Required Components

Complete

Update Contact Information in BlackCat Online Grant Management System	X
Upload completed application workbook:	
Application Information Form	X
Complete Vehicle Inventory <i>(regardless of funding source)</i>	X
Third Party Contracts	N/A
Trust Fund Plan (for counties with a signed board resolution)	X
Project Descriptions and Budgets	X
Review Summary Tab	X
Upload Transmittal Letter	
Upload Public Hearing and Notice	
Upload Local Review Form	
<u><i>If applicable</i></u> : Upload Third Party Contracts &/or Leases to the Resources Tab	

VEHICLE INVENTORY

County Iowa

Instructions: Please provide your **entire** specialized transit vehicle inventory.
(Include all vehicles used to transport seniors or individuals with disabilities.)

[illegible]

If you have more vehicles than can fit onto one sheet, please add another copy of this sheet.

Right click on the tab, select **Move or Copy, select **Vehicle Inventory**, check the box to **Create a copy**, click **OK**.*

TRUST FUND SPENDING PLAN

County of **Iowa**

Instructions: Please record your plan on how your county will spend down their trust fund over the next three years.
Be as specific as possible. Do NOT include 2023 purchases made with trust funds.

Expenditure Item <i>If non-vehicle capital purchase, please provide description on second page below.</i>	Planned year of purchase (YYYY)	Amt of Trust Used for Project
Annual software agreement for Assisted Rides	2024	\$2,500.00
Annual software agreement for Assisted Rides	2025	\$2,500.00
Annual software agreement for Assisted Rides	2026	\$2,500.00
Total projected cost of 3-year plan		\$ 7,500.00

Estimated amount of state aid to be held in trust on 12/31/2023	\$8,918.73
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Will auto calculate based on year entered above	Enter the amount of funds to be added for the next three years. If none, enter 0.	
Spending plan for 2024 = \$ 2,500.00	Funds added for 2024 = \$2,500.00	Estimated balance on 12/31/24 = \$ 8,918.73
Spending plan for 2025 = \$ 2,500.00	Funds added for 2025 = \$2,500.00	Estimated balance on 12/31/25 = \$ 8,918.73
Spending plan for 2026 = \$ 2,500.00	Funds added for 2026 = \$2,500.00	Estimated balance on 12/31/26 = \$ 8,918.73

Date complete **9/18/2023**

Prepared by Nikki Mumm

Narrative for non-vehicle equipment purchases. *Please explain why you are requesting WisDOT approval for an exception. If already received WisDOT approval, please list date approval received. (Hint: Use ALT and Enter to start a new paragraph.)

Iowa County Aging and Disability Resource Center is requesting permissino from the Wisconsin Department of Transportation to spend \$2,500/year for the next three years from the 85.21 Trust Fund for the annual maintenance fee for their Assisted Rides software which is used to manage the driver escort program. Assisted Rides is used to schedule driver escort rides and track data that is required to be reported on the 85.21 Quarterly Ridership Report.

PROJECT 1 DESCRIPTION

County of **Iowa**

Instructions

- Use this section to describe a specific project that will use s.85.21 funds.
- Hint: Alt and Enter will go to the next line.
- Be sure to complete all three pages for each project.

Project Name **Driver Escort**

Third Party Provider **N/A**

Date contract last updated

Type of Service

(Place an "x" next to the type of service you will be providing for this project.)

Volunteer Driver

X

Voucher Program

Vehicle Purchase

Management Study

Planning Study

Brief description
of Study

Other (provide explanation)

General Project Summary (Provide a brief description of this project. Use ALT and Enter to start a new paragraph.)

The Driver Escort Program operates on a demand response system offering door-to-door service for client's non-emergency medical needs. For those who can walk with or without assistance and transfer to an automobile, we have volunteer driver escorts that utilize their own automobiles to drive our consumers to their non-emergency medical appointments. The Driver Escort Program will transport consumers to non-emergency medical appointments located in medical facilities throughout Iowa County, along with Dane, Grant, Green, Lafayette, Richland, and Sauk Counties in Wisconsin as well as Dubuque, Iowa.

PROJECT DESCRIPTION, Continued

Geography of Service

(List the counties, as well as cities/areas that are serviced through this project. Use ALT and Enter to start a new line.)

Iowa County: Arena, Avoca, Barneveld, Blanchardville, Cobb, Dodgeville, Edmund, Highland, Hollandale, Linden, Mineral Point, Montfort, Ridgeway, Rewey, Muscoda (Iowa County), Montfort (Iowa County), Livingston (Iowa County)

Service Hours (Indicate your general hours of service for this project.)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Start Time		8:00 A.M.	8:00 A.M.	8:00 A.M.	8:00 A.M.	8:00 A.M.	
End Time		4:30 P.M.	4:30 P.M.	4:30 P.M.	4:30 P.M.	4:30 P.M.	

Additional description
(if applicable)

The volunteer drivers will drive prior to 8:00 A.M. and later than 4:30 P.M. on an as needed basis.

Service Requests (Briefly describe how your service is requested for this project.)

The consumer will call the ADRC office to request transportation services. The Transportation Coordinator or a Department Assistant will determine the type of service needed, the services which are available and collect the necessary consumer information needed such as the purpose, destination, name, address, phone number, and any other pertinent information.

Passenger Eligibility (Briefly indicate passenger eligibility requirements for this project.)

The Driver Escort Program provides non-emergency medical transportation to Iowa County residents who are 60 years or older or who are disabled, regardless of their age.

Passenger Revenue (Briefly describe passenger revenue requirements for this project.)

Iowa County requires consumers to pay a co-payment for this service. The co-payment is \$5 - \$20, depending on the consumer's pick up point and destination.

PROJECT BUDGET

Section Description

Amount

Annual Expenditures

Enter the amount of **total** expenditures for this project.

Total Expenses **\$88,965.00**

Please note: Breakdown of expenses is not required at this time. You will provide the breakdown of actual expenses in the **Annual Financial Report that you will submit at the end of the calendar year.*

Annual Revenue

Enter the amount for **each** funding source that will be used for this project.

**When complete, please scroll to bottom of this page to ensure the Expenditures minus Revenue equals \$0.*

A. \$85.21 funds from annual allocation Total from A. **\$37,848.00**

B. \$85.21 funds from trust fund Total from B. **\$2,500.00**

C. County Match Funds Total from C. **\$24,117.00**

D. Passenger Revenue Total from D. **\$10,000.00**

E. Older American Act (OAA) funding Total from E.

F. \$5310 Operating or Mobility Management funds Total from F.

G. Other funds Total from G. **\$14,500.00**

(Provide name and/or description and record total amount in the box to the right of the description. Include sources such as other grants and/or programs.)

1. Iowa County Veteran Service Office Total **\$8,500.00**

2. Family Care Total **\$6,000.00**

3. Total

4. Total

5. Total

6. Total

Revenue Total **\$88,965.00**

Expenditures should equal revenue \$0.00

PROJECT 2 DESCRIPTION

County of **Iowa**

Instructions

- Use this section to describe a specific project that will use s.85.21 funds.
- Hint: Alt and Enter will go to the next line.
- Be sure to complete all three pages for each project.

Project Name

ADRC Care A Van (Bus)

Third Party Provider

N/A

Date contract last updated

Type of Service

(Place an "x" next to the type of service you will be providing for this project.)

Volunteer Driver

Voucher Program

Vehicle Purchase

Management Study

Planning Study

Brief description
of Study

Other (provide explanation)

Driver is an employee of Iowa County.

General Project Summary (Provide a brief description of this project. Use ALT and Enter to start a new paragraph.)

The ADRC Care A Van Program is a service in which our bus operates on a regular fixed route system with limited deviations using pick up points and destination points two days per month. Door-to-door service is allowed, if the consumer is within the immediate area of the pickup point or destination point.

PROJECT DESCRIPTION, Continued

Geography of Service

(List the counties, as well as cities/areas that are serviced through this project. Use ALT and Enter to start a new line.)

Arena, Avoca, Barneveld, Blanchardville, Cobb, Dodgeville, Edmund, Highland, Hollandale, Linden, Mineral Point, Montfort, Ridgeway, Rewey, Muscoda (Iowa County), Montfort (Iowa County), Livingston (Iowa County)

Service Hours (Indicate your general hours of service for this project.)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Start Time					8:15 A.M.		
End Time					4:00 P.M.		

Additional description
(if applicable)

The ADRC Care A Van will operate two times per month. The ADRC Care A Van will operate past 4:30 P.M. on an as needed basis. Daily schedule may be altered due to programming availability

Service Requests (Briefly describe how your service is requested for this project.)

The consumer will call the ADRC office to request transportation services. The Transportation Coordinator or a Department Assistant will determine the type of service needed, the services which are available and collect the necessary consumer information needed such as the purpose, destination, name, address, phone number, and any other pertinent information.

Passenger Eligibility (Briefly indicate passenger eligibility requirements for this project.)

The Care-A-Van Program is available to all Iowa County residents who are 60 years or older or who are disabled, regardless of their age.

Passenger Revenue (Briefly describe passenger revenue requirements for this project.)

The Care-A-Van has a recommended voluntary contribution in which consumers are asked, but not required, to pay. The suggested contribution is \$5.00.

PROJECT BUDGET

Section Description

Amount

Annual Expenditures

Enter the amount of **total** expenditures for this project.

Total Expenses **\$15,318.00**

Please note: Breakdown of expenses is not required at this time. You will provide the breakdown of actual expenses in the **Annual Financial Report that you will submit at the end of the calendar year.*

Annual Revenue

Enter the amount for **each** funding source that will be used for this project.

**When complete, please scroll to bottom of this page to ensure the Expenditures minus Revenue equals \$0.*

A. \$85.21 funds from annual allocation

Total from A. **\$1,600.00**

B. \$85.21 funds from trust fund

Total from B.

C. County Match Funds

Total from C. **\$1,404.00**

D. Passenger Revenue

Total from D. **\$3,500.00**

E. Older American Act (OAA) funding

Total from E. **\$8,814.00**

F. \$5310 Operating or Mobility Management funds

Total from F.

G. Other funds

Total from G. **\$0.00**

(Provide name and/or description and record total amount in the box to the right of the description. Include sources such as other grants and/or programs.)

1.

Total

2.

Total

3.

Total

4.

Total

5.

Total

6.

Total

Revenue Total **\$15,318.00**

Expenditures should equal revenue

\$0.00

PROJECT 3 DESCRIPTION

County of **Iowa**

Instructions

- Use this section to describe a specific project that will use s.85.21 funds.
- Hint: Alt and Enter will go to the next line.
- Be sure to complete all three pages for each project.

Project Name **Rural Taxi Service**

Third Party Provider **N/A**

Date contract last updated

Type of Service (Place an "x" next to the type of service you will be providing for this project.)

Volunteer Driver

Voucher Program

Vehicle Purchase

Management Study

Planning Study

Brief description
of Study

Other (provide explanation)

Driver is an employee of Iowa County.

General Project Summary (Provide a brief description of this project. Use ALT and Enter to start a new paragraph.)

The rural taxi service operates on a demand response system offering door-to-door service. Consumers are transported to destinations of their choice within Iowa County along with out-of-county destinations within 5 miles of the county line [i.e., Montfort (Grant County), Spring Green (Sauk County), Blanchardville (Lafayette County), Muscoda (Grant County)].

PROJECT DESCRIPTION, Continued

Geography of Service

(List the counties, as well as cities/areas that are serviced through this project. Use ALT and Enter to start a new line.)

Arena, Avoca, Barneveld, Blanchardville, Cobb, Dodgeville, Edmund, Highland, Hollandale, Linden, Mineral Point, Montfort, Ridgeway, Rewey, Muscoda (Iowa County), Montfort (Iowa County), Livingston (Iowa County)

Service Hours (Indicate your general hours of service for this project.)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Start Time			8:15 A.M.	8:15 A.M.	8:15 A.M.		
End Time			4:00 P.M.	4:00 P.M.	4:00 P.M.		

Additional description
(if applicable)

The Rural Taxi Service will operate past 4:00 P.M. on an as needed basis.

Service Requests (Briefly describe how your service is requested for this project.)

The consumer will call the ADRC office to request transportation services for the rural taxi. A Department Assistant will collect the necessary information from the consumer such as their name, address, phone number, desired destinations and other pertinent information.

Passenger Eligibility (Briefly indicate passenger eligibility requirements for this project.)

The rural taxi service will be available to all rural Iowa County residents who are 60 years or older or who are disabled, regardless of their age.

Passenger Revenue (Briefly describe passenger revenue requirements for this project.)

Iowa County requires consumers to pay a co-payment for this service. The co-payment for the rural taxi service is \$2 - \$25, depending on the consumer's pick up point and destination.

PROJECT BUDGET

Section Description	Amount
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Annual Expenditures

Enter the amount of **total** expenditures for this project.

Total Expenses **\$54,198.00**

Please note: Breakdown of expenses is not required at this time. You will provide the breakdown of actual expenses in the **Annual Financial Report that you will submit at the end of the calendar year.*

Annual Revenue

Enter the amount for **each** funding source that will be used for this project.

**When complete, please scroll to bottom of this page to ensure the Expenditures minus Revenue equals \$0.*

A. \$85.21 funds from annual allocation	Total from A.	\$9,057.00
B. \$85.21 funds from trust fund	Total from B.	
C. County Match Funds	Total from C.	\$36,996.00
D. Passenger Revenue	Total from D.	\$5,300.00
E. Older American Act (OAA) funding	Total from E.	\$2,845.00
F. \$5310 Operating or Mobility Management funds	Total from F.	
G. Other funds	Total from G.	\$0.00

(Provide name and/or description and record total amount in the box to the right of the description. Include sources such as other grants and/or programs.)

1.		Total	
2.		Total	
3.		Total	
4.		Total	
5.		Total	
6.		Total	

Revenue Total **\$54,198.00**

Expenditures should equal revenue \$0

PROJECT 4 DESCRIPTION

County of **Iowa**

Instructions

- Use this section to describe a specific project that will use s.85.21 funds.
- Hint: Alt and Enter will go to the next line.
- Be sure to complete all three pages for each project.

Project Name **City of Dodgeville Taxi Service**

Third Party Provider **N/A**

Date contract last updated

Type of Service (Place an "x" next to the type of service you will be providing for this project.)

Volunteer Driver

Voucher Program

Vehicle Purchase

Management Study

Planning Study

Brief description
of Study

Other (provide explanation)

Driver is an employee of Iowa County.

General Project Summary (Provide a brief description of this project. Use ALT and Enter to start a new paragraph.)

The City of Dodgeville taxi service will operate on a demand response system offering door-to-door service. Consumers will be transported to the destination(s) of their choice within the Dodgeville city limits.

PROJECT DESCRIPTION, Continued

Geography of Service

(List the counties, as well as cities/areas that are serviced through this project. Use ALT and Enter to start a new line.)

Iowa County – Dodgeville

Service Hours (Indicate your general hours of service for this project.)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Start Time		7:45 A.M.		7:45 A.M.	7:45 A.M.	7:45 A.M.	
End Time		3:30 P.M.		3:30 P.M.	3:30 P.M.	3:30 P.M.	

Additional description
(if applicable)

The City of Dodgeville Taxi Service will operate an additional day per week opposite the weeks the bus operates each month. The City of Dodgeville Taxi Service will operate past 3:30 P.M. on an as needed basis.

Service Requests (Briefly describe how your service is requested for this project.)

The consumer will call the taxi driver to request transportation services. The taxi driver will collect the necessary information from the consumer such as their name, address, phone number, desired destination(s) and other pertinent information.

Passenger Eligibility (Briefly indicate passenger eligibility requirements for this project.)

The city taxi service will be available to all residents of the City of Dodgeville who are 60 years or older or who are disabled, regardless of their age.

Passenger Revenue (Briefly describe passenger revenue requirements for this project.)

Iowa County will require consumers to pay a co-payment for this service. The co-payment is \$2 for a one way ride, \$4 for a round trip and \$0.50 for any additional stops.

PROJECT BUDGET

Section Description

Amount

Annual Expenditures

Enter the amount of **total** expenditures for this project.

Total Expenses **\$58,863.00**

Please note: Breakdown of expenses is not required at this time. You will provide the breakdown of actual expenses in the **Annual Financial Report that you will submit at the end of the calendar year.*

Annual Revenue

Enter the amount for **each** funding source that will be used for this project.

**When complete, please scroll to bottom of this page to ensure the Expenditures minus Revenue equals \$0.*

A. \$85.21 funds from annual allocation

Total from A. **\$31,384.00**

B. \$85.21 funds from trust fund

Total from B.

C. County Match Funds

Total from C. **\$6,279.00**

D. Passenger Revenue

Total from D. **\$21,200.00**

E. Older American Act (OAA) funding

Total from E.

F. \$5310 Operating or Mobility Management funds

Total from F.

G. Other funds

Total from G. **\$0.00**

(Provide name and/or description and record total amount in the box to the right of the description. Include sources such as other grants and/or programs.)

1.

Total

2.

Total

3.

Total

4.

Total

5.

Total

6.

Total

Revenue Total **\$58,863.00**

Expenditures should equal revenue

\$0.00

COUNTY ELDERLY TRANSPORTATION 2024 PROJECT BUDGET SUMMARY

County of **Iowa**

Project Name	Driver Escort	ADRC Care A Van (Bus)	Rural Taxi Service	City of Dodgeville Taxi Service	0	0	0	0	Totals
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Project Expenses

Total Project Expenses	\$88,965.00	\$15,318.00	\$54,198.00	\$58,863.00	\$0.00	\$0.00	\$0.00	\$0.00	\$217,344.00
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Project Revenue by Funding Source

\$85.21 Annual Allocation	\$37,848.00	\$1,600.00	\$9,057.00	\$31,384.00	\$0.00	\$0.00	\$0.00	\$0.00	\$79,889.00
\$85.21 Trust Fund	\$2,500.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$2,500.00
County funds	\$24,117.00	\$1,404.00	\$36,996.00	\$6,279.00	\$0.00	\$0.00	\$0.00	\$0.00	\$68,796.00
Passenger Revenue	\$10,000.00	\$3,500.00	\$5,300.00	\$21,200.00	\$0.00	\$0.00	\$0.00	\$0.00	\$40,000.00
Older American Act (OAA)	\$0.00	\$8,814.00	\$2,845.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$11,659.00
\$5310 grant funds	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
Total from other funds	\$14,500.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$14,500.00
1.	\$8,500.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$8,500.00
2.	\$6,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$6,000.00
3.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
4.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
5.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
6.	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00

Expenses - revenue =	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
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2024 Preliminary GWAAR Budget

This budget is preliminary. The final budget will be due in Spring 2024. This budget includes a 40% transfer of C1 (Congregate) Funds to C2 (Home Delivered) Funds. We are guaranteed 20%, but can request 40%. I would like to request 40% as that is where our expenses are greatest.

	IIIB	ARPA B	IIIC1	IIIC2	IIID	ARPA D	IIIE- 60+	IIIE- Grandparent	ARPA E- 60+	ARPA E- Grandparent	NSIP	SSCS	EAN
03- Homemaker	\$ 6,473	\$ 25,471										\$ 4,441	
04- Chore	\$ 1,620	\$ 6,375										\$ 1,110	
05- Home-Delivered Meals			\$ 32,832	\$ 23,530							\$ 18,060		
08- Congregate Meals			\$ 48,182										
10p- Assisted Transportation	\$ 740	\$ 358											
11p- Transportation	\$ 1,000	\$ 2,000											
13s- Nutrition Education			\$ 1,067										
16a- Public Information	\$ 10,000												
19s- Medication Management	\$ 100	\$ 600											
23a- Health Promotion- Evidence-Based					\$ 2,554	\$ 3,622							
24- Assistive Devices/Technology	\$ 250	\$ 750											
33- Consumable Supplies	\$ 500	\$ 1,500											
38- Home Repair & Modifications	\$ 500	\$ 1,500											
40- Home Security & Safety	\$ 250	\$ 750											
43- Social Events	\$ 7,561												
6503s- Caregiver Support Groups							\$ 300						
6601- Respite, In-Home General Respite							\$ 979	\$ 500	\$ 2,867	\$ 500			
6602- Respite, In-Home Personal Care							\$ 3,715		\$ 1,000				
6603- Respite, In-Home Homemaker							\$ 3,385		\$ 1,000				
6604- Respite, In-Home Chore							\$ 1,260		\$ 50				
6719- Medication Management							\$ 500						
6724- Sup Svcs, Assistive Devices/Technology							\$ 100		\$ 456				
6733- Sup Svcs, Consumable Supplies							\$ 300		\$ 150				
6740- Sup Svcs, Home Security and Safety							\$ 900						
6800- Information Services/Public Information							\$ 2,000						
Elder Abuse													\$ 11,941
Grant Total	\$ 28,994	\$ 39,304	\$ 82,081	\$ 23,530	\$ 2,554	\$ 3,622	\$	13,939	\$	6,023	\$ 18,060	\$ 5,551	\$ 11,941

**AGING & DISABILITY RESOURCE CENTER
REVENUE AND EXPENDITURE SUMMARIZATION
JULY 2023**

Income **\$603.40**

- Income includes driver escort co-payments, reimbursement from Veterans Service Office for driver escort rides, Senior Expo vendor fees, city taxi payments, and rural taxi payments.
 - Missing revenue from ADRC Region and GWAAR.

Expenditures **\$106,863.23**

- Expenses include payroll and fringes, News & Views, office supplies, postage, City of Dodgeville Taxi expenses, Rural Taxi expenses, ADRC Care-A-Van Bus expenses, volunteer driver reimbursement, outreach expenses, SUN expenses, and caregiver respite.

**AGING & DISABILITY RESOURCE CENTER
REVENUE AND EXPENDITURE SUMMARIZATION
AUGUST 2023**

Income **\$49,855.08**

- Income includes GWAAR reimbursement, Senior Expo vendor fees, driver escort co-payments, reimbursement from Veterans Service Office and Family Care for driver escort rides, bus contributions, city taxi payments, and rural taxi payments.
 - Missing revenue from ADRC Region.

Expenditures **\$110,551.85**

- Expenses include payroll and fringes, News & Views, office supplies, postage, City of Dodgeville Taxi expenses, Rural Taxi expenses, ADRC Care-A-Van Bus expenses, volunteer driver reimbursement, outreach expenses, prevention expenses, SUN expenses, and caregiver respite.

SUN ADRC Board Update

October 24, 2023

- Executive Director Update
 - Recruitment for an Executive Director continues. The job description can be found on the ADRC Website: <https://adrcswwi.org/blog/seniors-united-for-nutrition-program-executive-director/>
 - Melissa Weier was named the Interim-Director by the Board until a new Executive Director can be hired.
- Funding Sources:
 - Received \$100 through the Walgreens Donation Program.
 - Received \$5,000 from the Robert G. Campbell Community Fund
 - Applied for the Jennie Oleson Fund to help cover mileage and supplies for the Dodgeville/Ridgeway/Barneveld Site.
 - Plan to apply for the United Fund of Iowa County to help cover mileage and stipends for home delivered meal drivers in Iowa County.
- Annual Appeal
 - A copy of the Annual Appeal has been included in the packet.
 - It was mailed out to past donors and new potential donors including communities within each County.
 - Mary Glindinning, Dodgeville Chronicle, is ran an article on the state of the program with hopes to increase fundraising amounts. Cecile is going to reach out the Republican Journal on running a similar article in Lafayette County. A copy of the article is included in the packet.
- Law Enforcement Center
 - The Law Enforcement Center began providing meals on September 18, 2023.
 - Everything has gone great so far and participants are enjoying the meals.
 - The Sheriff has written the included press release for the Dodgeville Chronicle, and it was also featured in the News & Views. This is a great collaboration between the SUN Program and the Iowa County Sheriff's Department.



The SUN Program Needs Your Help and Support More Than Ever...

Dear Friends & Supporters of **Seniors United for Nutrition** (the SUN Program, also known as "Meals on Wheels"):

The SUN program is currently operating at a considerable deficit. Covid's onset decreased attendance at meal sites, and at the same time increased demand for home-delivered meals. And, state and federal funding is less for home-delivered meals.

The need for SUN meals has now grown so great but with funding so low that we can't currently make ends meet. Without an emergency influx of funds, **we may be forced to cut services.** Since we cannot bear to do that, we are sending this appeal to our donors earlier than usual this year.

Each year we set a new record for meals served and for volunteer hours contributed. We are immensely proud of our volunteers and of our program's successes. **Serving our senior population nutritionally-balanced meals, decreasing their isolation, and helping to keep**

them in their homes longer is our priority mission. This is a worthy program that must continue to operate.

It is humbling and difficult to ask for contributions this way. However we are at a crossroads for the continued survival of the SUN organization.

SUN is more than a meal!

- **Every SUN meal we serve is nutritionally balanced.**

Full menus are provided in local newspapers, and also online at: adrcswi.org/seniors-united-for-nutrition-inc-sun-program/

- **Dining-in meal sites provide socialization for seniors.**

Diners meet with friends and community members. Activities are often included.

- **Delivery of meals permits "wellness checks."**

Drivers provide daily contact during home visits, and can inquire of the participant's wellbeing.

- **Helps seniors live independently and in their own homes.**

Nutritious meals and socialization promote good health, prevents hospital visits and nursing care and keeps people in their homes.

Anyone over the age of 60—of any means—may be in need of a nourishing meal, whether homebound, rehabilitating from surgery, or unable to drive.

What do we ask of the participant?

The current suggested meal contribution is \$5.50 for dining at a site, and \$6.50 for home delivery—a very reasonable price for a full, nutritionally-balanced meal (the actual average cost per meal is \$14.30). **And—no senior is ever denied service due to his or her inability to pay.**



Top photo: The Darlington van displays its new logos. But every great stride seems countered by a setback: the van now needs expensive repairs. Lower photo: Seniors enjoying each other's company following a recent meal at a dining site.



Scan QR code to donate.

Seniors United for Nutrition

Our Goal: That No Senior Goes Hungry or is Isolated in Our Community.

Please give whatever you can.

Here are examples of what the actual full meal costs may cover...

- o \$72 could pay for **One Week's Meals** to dine at a site.
- o \$315 could pay for **One Month's Meals** for home delivery.
- o \$1,500 could pay for **Lafayette Co. rural route*** for 2 Weeks.
- o \$3,776 could pay for **A Year's Meals** for home delivery.
- o \$5,500 could buy food for 4 cooking sites for **One Month**.

*Argyle, Wiota, Lamont, Gratiot, and South Wayne

If you are receiving an RMD and wish to donate to worthy cause, please consider SUN. Donations may be made by scanning the QR code above.

Name: _____

Address: _____

Phone: _____ Email: _____

My gift is: ☐ in honor of ☐ in memory of _____

Name and address for acknowledgement: _____

☐ I would like to receive a receipt for my donation. **YOUR DONATION IS TAX DEDUCTIBLE**

Thank you for caring...

**To donate, please scan the QR code above, or send your donation to:
Seniors United for Nutrition, 303 W. Chapel Street, Dodgeville, WI 53533 (608) 930-9845**

SUN faces deficit, cuts in home-delivered Meals on Wheels

By Mary Glindinning

A budget shortfall could mean a cut in the number of home-delivered Meals on Wheels in Iowa County.

Up to 34 delivered meals a day would have to be cut, county officials said. The Seniors United for Nutrition (SUN) program serves 248 people each day in Iowa County, and 90 percent, or 223, of those meals are home delivered.

"Fortunately, we have never had a waiting list," said retiring SUN Executive Director Cecile McManus. "Unfortunately, that might be coming."

A prioritization of needs based on home assessments could determine who most needs meals delivered to their homes.

"Federal and state funding has not increased proportionately to expenses. From 2009 until 2020, the amount contracted for SUN was the same, about \$165,000. In 2021 it increased by \$20,000 to \$185,000, out of a total budget of \$650,000. All expenses, but especially food and gas, have gone up exponentially," she said.

— Last year, the program in Iowa and

Lafayette County had a \$32,000 deficit. The projected 2024 deficit for Iowa County is \$90,000, due to less of the funding going to home delivery and uncertainty regarding the percentage of congregate funds to be transferred.

Congregate meals receive nearly three times the funding as do home delivered. During the pandemic, a waiver allowed some shifting of money toward home delivery, but that is ending. And temporary federal money meant to help during the pandemic is also ending.

"The SUN program is struggling to continue serving meals to seniors in Iowa and Lafayette counties," said Justin O'Brien of Mineral Point, county board and SUN board member. "Grants, county levy funds and donations from participants don't cover the bills. The program is currently in a hole financially and may be forced to cut services without an influx of money. We cannot bear to do that."

SUN currently asks for \$5.50 per meal at a congregate site and \$6.50 for home delivery but serves people regardless of their ability to pay.

"The meal sites provide the opportunity for socialization, which prevents isolation and loneliness. SUN provides nutritious meals, thereby keeping seniors healthy," O'Brien said. "By extension it keeps seniors out of the hospital and allows them to live independently in their own homes longer. The volunteer delivering the meal may be the only person the participant sees in a day."

Volunteers deliver meals in Avoca, Highland and Mineral Point. Arena, Dodgeville and Linden have congregate dining sites as well as home delivery. People in Ridgeway, Barneveld, Cobb and Hollandale are also served through home delivery.

"SUN needs donations, additional long-term funding sources, and they may be in need of volunteer drivers in certain areas," O'Brien said. "In addition, Mineral Point could use a dining site. There has not been a dining site (also called a congregate site) since there was a senior center at City Hall several years ago."

"If there is a restaurant that is interested, a voucher program could also be set up," McManus said, and that could be an option in Mineral Point.

Donations may be made to Seniors United for Nutrition, 303 W. Chapel Street, Dodgeville, WI 53533. Or call the SUN office at (608) 930-9845.



Iowa County Sheriff's Office

109 East Leffler Street, Dodgeville, Wisconsin 53533

Phone | 608-930-9500

Fax | 608-935-0331

Crime Stoppers | 608-319-6703

*Michael W. Peterson, Sheriff
Austin L. Durst, Chief Deputy*

September 29, 2023

The Iowa County Sheriff's Office is proud to announce its partnership with the Iowa County Seniors United for Nutrition Program Inc., also known as the Iowa County SUN Program. When Iowa County built the Law Enforcement Center, it took into consideration the future needs of its citizens. After months of conversations and planning, on September 18, 2023, the Iowa County Sheriff's Office started to provide fresh meals. These delicious meals are picked up daily by the SUN Program to be disbursed to seniors within Iowa County, except Arena, where they cook their meals at their senior dining center. We are excited to be able to help the SUN Program meet their goal of providing a nutritious meal for people over the age of 60.

"We have had nothing but positive feedback. It has been a lot of work, but Lead Cook Kyleigh Cenite, Cook Tami Cenite, and Corporal Carisa Baker have worked hard to make sure that we give Iowa County SUN Program the best possible meals to meet their goals," states Sheriff Michael Peterson

For more information on Iowa County SUN Program's home delivered meals or senior dining centers, you can call 608.930.9835.

Photo L-Lead Cook Kyleigh Cenite and R-Linden Site Manager Karen Hagen



TRANSPORTATION COORDINATOR'S REPORT

August 2023

Submitted by Nohe Caygill

DRIVER ESCORT SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	136	933	152	1109
Current Month	2022	YTD	2023	YTD
Driver Escort Fees Deposited:	\$1,542.86	\$11,260.86	\$1,050.10	8375

ADRC TAXI SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	166	2,168	243	2411
Current Month	2022	YTD	2023	YTD
ADRC Taxi Fees Deposited:	\$245.30	\$3,441.40	\$714.62	3740

- We averaged 10.43 Taxi riders per day.

RURAL TAXI SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	48	512	115	677
Current Month	2022	YTD	2023	YTD
ADRC Taxi Fees Deposited:	\$220.25	\$2,483.25	\$875.58	3099

- We averaged 2.67 Taxi riders per day.

CARE A VAN SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	67	67	18	284
Current Month	2022	YTD	2023	YTD
Donations Collected:	\$70.00	\$70.00	\$55.00	55
Current Month	2022	YTD	2023	YTD
Total Days Cancelled:	5	5	6	32

TRANSPORTATION COORDINATOR'S REPORT

September 2023

Submitted by Nohe Caygill

DRIVER ESCORT SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	115	1,048	165	1274
Current Month	2022	YTD	2023	YTD
Driver Escort Fees Deposited:	\$1,277.37	\$12,538.23	\$1,577.35	\$ 9,952.83

ADRC TAXI SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	206	2,374	262	2673
Current Month	2022	YTD	2023	YTD
ADRC Taxi Fees Deposited:	\$315.25	\$3,756.65	\$675.12	\$ 4,415.22

- We averaged 8.25 Taxi riders per day.

RURAL TAXI SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	85	597	72	749
Current Month	2022	YTD	2023	YTD
ADRC Taxi Fees Deposited:	\$356.85	\$2,840.10	\$815.61	\$ 3,914.74

- We averaged 3.85 Taxi riders per day.

CARE A VAN SERVICES				
Current Month	2022	YTD	2023	YTD
Total Units of Service Provided:	115	182	0	284
Current Month	2022	YTD	2023	YTD
Donations Collected:	\$125.00	\$195.00	\$25.00	\$ 80.00
Current Month	2022	YTD	2023	YTD
Total Days Cancelled:	2	7	6	38

Disability Benefit Specialist: Kayla Larson

Elder Benefit Specialist: Renae Kratcha

August 2023 Program Report

This report provides a statistical analysis of benefit specialist (Ben Spec) program services, as reported in the Social Assistance Management System (SAMS) database. The report focuses on legal and benefits-related assistance or "cases." It excludes general information and referral contacts, as well as public and media outreach activities.

CLIENT

A client is defined as a person who had one or more contacts related to a case during the reporting period. A new client is defined as a person whose earliest recorded contact involving legal or benefits-related assistance falls within the reporting period.

Disability Benefit Specialist: 29

Elder Benefit Specialist: 62

CASE

A case is defined as an issue that the Ben Spec helped a client to resolve. Multiple cases may be associated with a single client. A case is regarded as opened when a Ben Spec records the first contact related to an issue. A case is regarded as closed when the last contact related to the issue includes an outcome. A carryover case is a case that was opened prior to the start of the reporting period. A case is regarded as remaining open if it lacks an outcome as of the last day of the reporting period.

Disability Benefit Specialist:

Open Cases: 30 Closed Cases: 31

Elder Benefit Specialist:

Open Cases: 35 Closed Cases: 33

CLIENT CHARACTERISTICS

This report looks at demographic characteristics for all clients who had one or more contacts related to a case during the reporting period.

30-59: 29

60-69: 28

70-79: 1

80-89: 3

90-99: 1

MONETARY IMPACT

Monetary impact, recorded at time of case closure, is the estimated value of any benefits that a Ben Spec helped a client to obtain or preserve. This report looks at monetary impact for all cases closed during the reporting period.

Disability Benefit Specialist: \$5959.00

Elder Benefit Specialist: \$176,420.00

Community Outreach and Events:

Date	Topic	Location
8/26/2023	Mineral Point Street Grand Re-Opening	Mineral Point, WI

Benefit Specialist Trainings:

Date	Topic

Additional Activities and Events:

Date	Topic

Disability Benefit Specialist: Kayla Larson

Elder Benefit Specialist: Renae Kratcha

September 2023 Program Report

This report provides a statistical analysis of benefit specialist (Ben Spec) program services, as reported in the Social Assistance Management System (SAMS) database. The report focuses on legal and benefits-related assistance or "cases." It excludes general information and referral contacts, as well as public and media outreach activities.

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Disability Benefit Specialist: 17
Elder Benefit Specialist: 62

CASE

A case is defined as an issue that the Ben Spec helped a client to resolve. Multiple cases may be associated with a single client. A case is regarded as opened when a Ben Spec records the first contact related to an issue. A case is regarded as closed when the last contact related to the issue includes an outcome. A carryover case is a case that was opened prior to the start of the reporting period. A case is regarded as remaining open if it lacks an outcome as of the last day of the reporting period.

Disability Benefit Specialist:
Open Cases: 21 Closed Cases: 20

Elder Benefit Specialist:
Open Cases: 35 Closed Cases: 33

CLIENT CHARACTERISTICS

This report looks at demographic characteristics for all clients who had one or more contacts related to a case during the reporting period.

30-59: 17
60-69: 28
70-79: 1
80-89: 3
90-99: 1

MONETARY IMPACT

Monetary impact, recorded at time of case closure, is the estimated value of any benefits that a Ben Spec helped a client to obtain or preserve. This report looks at monetary impact for all cases closed during the reporting period.

Disability Benefit Specialist: \$0.00
Elder Benefit Specialist: \$176,420.00

Community Outreach and Events:

Date	Topic	Location
9/1/2023-9/3/2023	Iowa County Fair Booth	Mineral Point, WI

Benefit Specialist Trainings:

Date	Topic

Additional Activities and Events:

Date	Topic

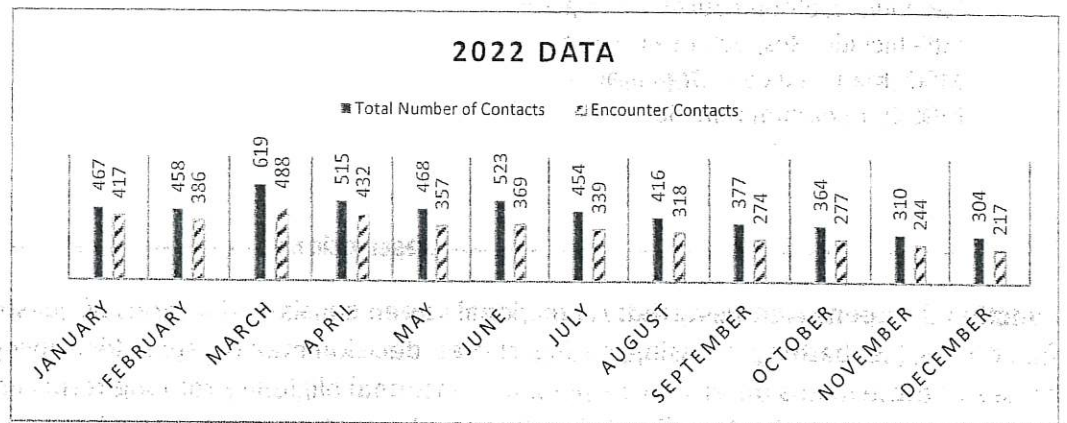
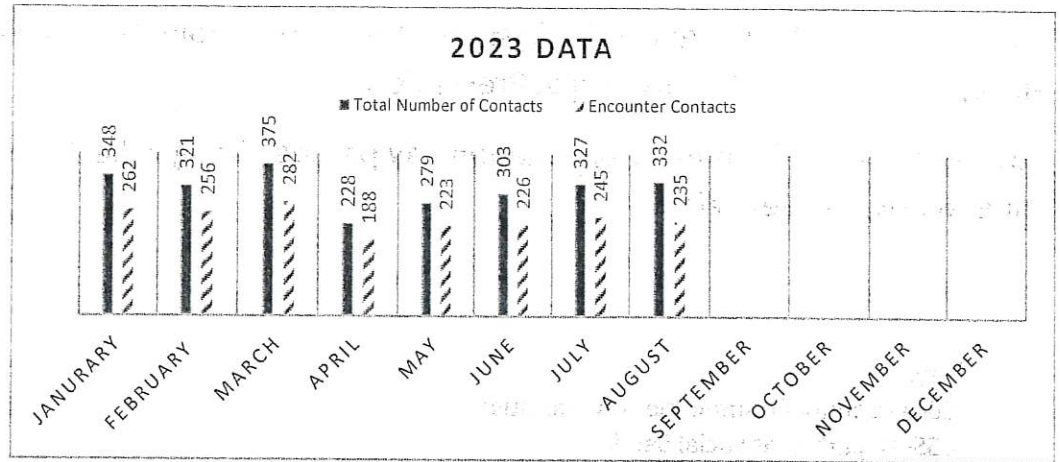
ADRC Specialists Report

August 2023 Data

Completed by: Brittany Mainwaring, Jenny Huffman, Shannon Wilson

Total Contacts reflect the number of calls, walk-ins, scheduled office appointments or home visits for people requesting information. This information can include private pay resource information, Medicaid basics, application for Medicaid, Food Share, Badger Care, requests for in-home information, etc.

Encounter Contacts do not include the associated (Collateral) contacts and tasks that are documented but there was no information exchanged.



	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
Walk- Ins	19	12	16	12	13	23	27	18				
Scheduled Phone/Virtual/ Office Visits	10	5	13	9	9	7	1	5				
Home Visits	13	12	9	6	6	21	10	10				
Nursing Home Referrals	0	1	1	0	0	0	0	1				
Functional Screens Administered*	6	6	5	4	4	10	5	3				
Family Care Enrollments*	4	2	5	1	3	2	4	2				
IRIS Referrals*	1	0	1	1	0	1	0	1				

Staff participated in the following events:

Activities:

Trainings: Trauma-informed care

Meetings: Expo Planning; HeART Coalition; Prevention Volunteer meeting; Inclusa; Regional ADRC; Iowa County Healthy Living; Prevention

Outreach Events: Farmer's Appreciation Day parade; Dodgeville Town Square night market; Mineral Point Street Fair

Key:

CCoT- County Communities on Transition

DSS- Department Social Services

IEP- Individualized Education Program

IRIS- Include, Respect, I Self Direct

MCO- Managed Care Organization

MDS Q- Minimum Data Set

-----*Descriptions*-----

Functional Screens Administered: A functional screen consists of a series of questions about a person daily functioning (i.e. bathing, dressing, eating, chores, decision making etc.). Identifying areas of need and the causes of these needs determines a person's functional eligibility for long-term care programs. These screens are usually completed in the client's home and last anywhere from 1½ to 2 hours of face-to-face interview time. Information and Assistance Specialist's then compile medical records and collateral contacts to verify information and enter the screen into a state database. When entering the screen, Information and Assistance Specialist's make detailed notes on every choice and observation placed in the screen. Completion of one functional screen can take up to 8-9 hours.

Family Care Enrollments: Family Care is a program that provides services and supports to people with physical disabilities, developmental disabilities and frail elders. In this area of the state, consumers have the choice between two Managed Care Organizations; Inlusa and My Choice Wisconsin, which provide the Family Care Program. Their staff in conjunction coordinate the services, which are offered by the Managed Care Organization, with the customer. The Managed Care Organization from their own network of providers purchases these services. Information and Assistance Specialists meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

IRIS Referrals: IRIS, (Include, Respect, I Self-Direct) is another program which also provides funding for services. In this area of the state, the IRIS program is administered by The Management Group (TMG), Connections and Advocates4U. This is a self-directed program and gives the customer more of the responsibility of choosing providers and managing their own monthly budget. Information and Assistance

Specialist's meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

ADRC Specialists Report

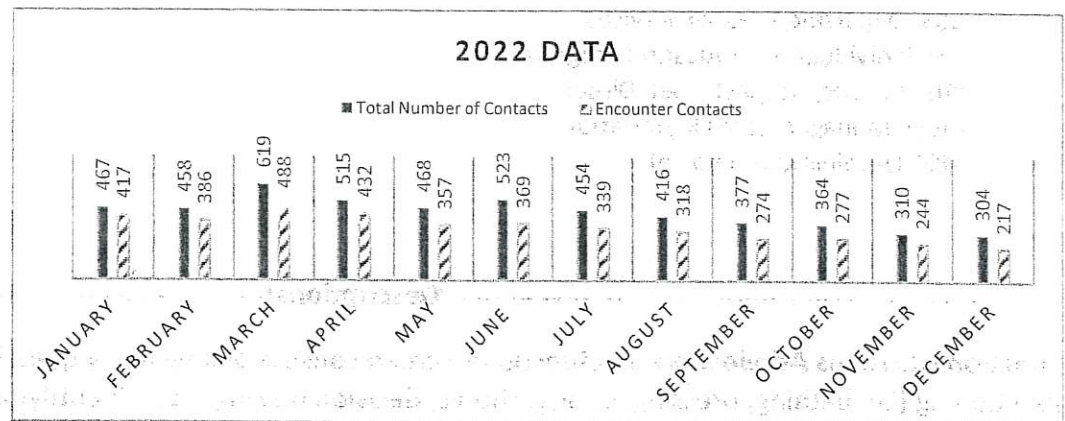
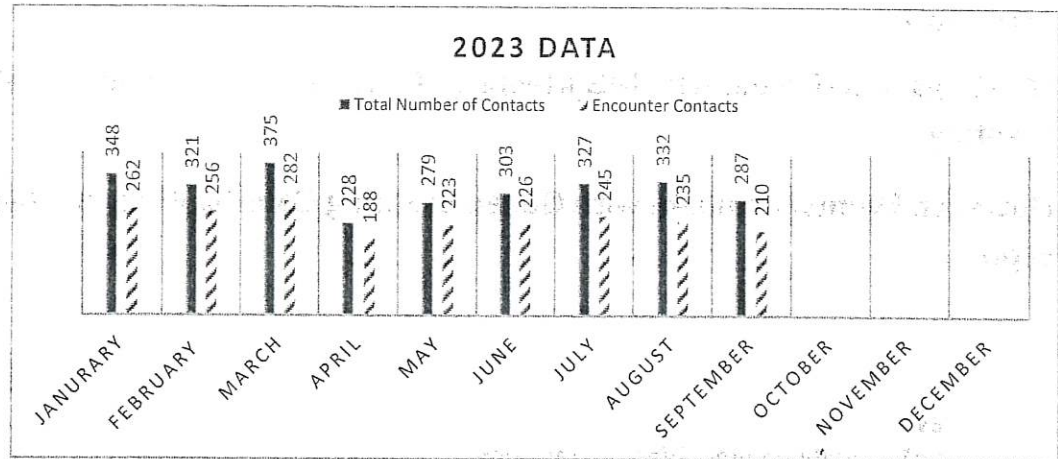
September 2023 Data

Completed by: Brittany Mainwaring, Jenny Huffman, Shannon Wilson

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Walk- Ins	19	12	16	12	13	23	27	18	13			
Scheduled Phone/Virtual/ Office Visits	10	5	13	9	9	7	1	5	4			
Home Visits	13	12	9	6	6	21	10	10	14			
Nursing Home Referrals	0	1	1	0	0	0	0	1	0			
Functional Screens Administered*	6	6	5	4	4	10	5	3	6			
Family Care Enrollments*	4	2	5	1	3	2	4	2	3			
IRIS Referrals*	1	0	1	1	0	1	0	1	0			

Staff participated in the following events:

Activities: Interviewed by Brown University PhD student about WI LTCFS process for her dissertation (Jenny)

Trainings:

Meetings: CCOT Meeting; TMG Meeting; IM Meeting; My Choice Meeting; HeART Coalition Meeting

Outreach Events: Radio Ad with Queen B; Spring Gate Mall/Piggly Wiggly; Health & Wellness Expo

Key:

CCoT- County Communities on Transition

DSS- Department Social Services

IEP- Individualized Education Program

IRIS- Include, Respect, I Self Direct

MCO- Managed Care Organization

MDS Q- Minimum Data Set

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IRIS Referrals: IRIS, (Include, Respect, I Self-Direct) is another program which also provides funding for services. In this area of the state, the IRIS program is administered by The Management Group (TMG), Connections and Advocates4U. This is a self-directed program and gives the customer more of the responsibility of choosing providers and managing their own monthly budget. Information and Assistance

Specialist's meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.



ADRC Manager's Report: October 2023 ADRC Board Meeting

We have hired an additional Adult Protective Service Social Worker. She started on 10/2/23 in this position. After training for the new worker and the unit is ensured, Iowa County Department of Social Services will be handling all investigations for Vulnerable Adults at Risk. Currently, Unified Community Services handles some of the investigations and ongoing support for court ordered Protective Placement Service Reviews.

We hired within for the Adult Protective Service Social Worker position, so we now have a Benefit Specialist position open. We are currently recruiting to fill that position. Primary tasks will include assisting adults with disabilities apply for programs like disability and Medicaid.

Our distribution of Senior Farmer Market Vouchers has come to an end. We distributed 122 vouchers this year. Participants need to use their vouchers by October 31, 2023.

The ADRC held a booth at the Iowa County Fair on Labor Day weekend. The public traffic in the vendor area seemed to be down this year. The ADRC had a booth at the Mineral Point Downtown Grand Reopening Celebration on August 26 from 10-4p.m. It was a great event where we had the opportunity to interact with some new consumers.

We held our annual Health and Wellness Expo on Friday, September 15, 2023 at Hidden Valley Church from 9:00a.m. to noon. We partnered with Upland Hills Health to host this in-person event. I think the vendors and participants enjoyed being in person again. We had about 40 vendors and 150 participants.

Social Security Administration held a Free Workshop from 1:00-2:00p.m. after the Expo, at the Health and Human Services Building. This was a late ad-on to the Expo so we were not expecting much participation due to limited advertising. We did not have any community participants but did have an opportunity to network with Social Security, which is helpful to the ADRC staff.

On September 18, 2023, our Elder Benefit Specialist hosted a Medicare 101 presentation at the Dodgeville Public Library. Five people attended.

We are working with Upland Hills Health to provide a Wellness Wednesdays educational series for the public. These will be held on the first Wednesday of the month. Topics will include things like Medicare Part D Open Enrollment, ADRC Services, Breast Health, and Advanced Directives. Our Elder Benefit Specialist presented about Medicare Part D on 10/4/23 at 2:00p.m. Seven people attended this presentation.

Our Dementia Care Specialists are hosting a Boost Your Brain and Memory class which began on September 26, 2023. They are also hosting a Savvy Caregiver Class which began on October 16, 2023.

We held a Lunch and Learn to educate attendees about the Respite Care Association of Wisconsin's caregiver registry. We had 8 participants join us for the Lunch and Learn. Our goal is to support them in joining the Caregiver Registry. We plan to host another event in 2024.

Upcoming events:

"Mug Club for Caregivers" meets on the third Tuesday of the month from 10:30-11:30, hosted by our Caregiver Coordinator and the regional Dementia Care Specialist. They are currently offering a hybrid meeting so attendees can choose Zoom or in-person.

The ADRC Specialists have been very involved with planning Mentoring Day which will be held on October 19th this year. The goal of this event is to promote career development for students with disabilities. This event is part of County Community on Transition (CCOT) workgroup, which is comprised of area schools and ADRCs and other partner agencies. Our CCOT is known throughout the state to be one of the most successful. This year, there will be 120 students, 14 schools, and 30 businesses participating in Mentoring Day.

Our ADRC Specialists will be hosting a meeting with local nursing home social workers and staff on October 25th. The purpose of this meeting is to go over referrals to the ADRC for options counseling, referrals for Medical Assistance and referrals for Adult Protective Services.

The ADRC will be hosting an event for caregivers who attend our Caregiver Support groups or are on one of our Caregiver Programs. This event is called Caregiver Renewal Day. We host this event with Grant and Lafayette Counties.

Through the Healthy Iowa County-Aging workgroup, we are working on developing a referral system between the Dodgeville EMS and the ADRC. The focus of this process will be for people who fall in their homes, especially for people who fall frequently in their homes. The referral will be voluntary. We are looking forward to this partnership and if it goes well, we hope to extend it out to other towns if their EMS can accommodate.

Advocacy:

Please see the attached issue brief from Wisconsin Institute for Healthy Aging.

Respectfully submitted,

Valerie Hiltbrand, ADRC Manager

ADRC of Southwest Wisconsin
303 W. Chapel St.
Dodgeville, WI 53533
Telephone 608-930-9835
Fax 608-935-0355
www.adrcswwi.org

SB 407 | AB 418

Healthy Aging Grants

Reducing falls. Managing chronic conditions. Reducing costs.

Today, one in four Wisconsinites is 60 or older; by 2040, it will be one in three. The demand for services, health care and long-term care is growing. But what if we could reduce that demand by improving the health and well-being of people as they age?

Healthy Aging Grants can do just that!

Research has demonstrated that people — at any age — can learn and carry out effective strategies to reduce their falls risk, better manage chronic health problems, increase physical activity and improve overall physical and mental wellness.

To that end, the Wisconsin Institute for Healthy Aging (WIHA) and its community partners support SB 407 | AB 418 to fund the researched and proven strategies that give older people, their families and caregivers the tools to protect their own health and wellness in these key areas:

Preventing Older Adult Falls

Falls are the number one cause of injuries in older adults and are a key driver of emergency department (ED) visits, hospitalizations and nursing home admissions. One in four older adults has a fall each year and, sadly, Wisconsin has the highest rate of deadly falls in the nation.¹ Yet, there is no state investment in falls prevention.

- An estimated \$1 billion is spent annually on falls-related health costs in Wisconsin which includes both Medicaid and out-of-pocket expenses.²
- Falls have a major impact on emergency medical service (EMS) and health care providers. EMS providers responded to over 130,000 older adult falls across the state making falls the top injury response in 2022 with over 25,000 more than in 2019.³ Nearly one in five EMS responses were for older adult falls in 2022; the majority of these falls happened in the home.³
- More than 43,000 older people went to the emergency department due to a fall in 2021; over 10,000 were hospitalized.⁴

The good news is that while common, falls are not inevitable as we age. Many can be prevented with state investment in prevention efforts.



SB 407 | AB 418

\$378,000

annual state
investment for 2 years
in Healthy Aging
Grants to:

**Reduce falls in older
adults and associated
injury-related costs**

#1

Wisconsin has the
highest death rate due
to falls in the country
among older adults
(CDC)

**Manage chronic
conditions and increase
physical activity to
reduce costs and
improve wellness**

95%

of older adults have
at least one chronic
condition; 80% have
two or more.
(CDC)

Falls Free Wisconsin – Launched in 2023, the Falls Free Wisconsin initiative along with community partners statewide provides:

- Virtual falls-risk assessments and interactive tools and resources to reduce risk
- State and local public awareness campaigns to help consumers find and access falls prevention resources
- Support and funding for local falls prevention programs and initiatives
- Coordination of Wisconsin's statewide falls prevention coalition
- Support and resources for emergency service and health professionals
- Sustainability and expansion of Stepping On — an evidence based program shown to reduce falls by 31%.⁵ To date, over 21,000 people in Wisconsin have participated in the Stepping On program.

State investment in Healthy Aging Grants will support the long-term sustainability of the Falls Free Wisconsin effort and expand access to Stepping On and other programs to reach more people, reduce falls and save dollars.

Managing Chronic Conditions & Promoting Physical Activity

Nearly 95% of older adults have at least one chronic condition such as heart disease, diabetes, or arthritis; 80% have two or more.⁶

- 90% of the nation's health care expenditures are for chronic conditions⁷
- The direct costs to the Medicaid system are estimated at \$1.15 billion annually in Wisconsin⁸

WIHA offers physical activity and chronic disease self-management programs — taken by over 20,000 people in Wisconsin — that focus on behavior change and are evidence-based to reduce health care utilization, improve outcomes, and reduce the risk of moderate or severe functional limitations.

State investment in Healthy Aging Grants will sustain the infrastructure needed to support local program providers and ensure that programs are accessible to people throughout the state. Together, we can reduce falls, better manage chronic conditions, increase physical activity and preserve independence — all while reducing the burden and costs to health care and public safety.

About WIHA

The Wisconsin Institute for Healthy Aging — a 501(c)(3) non-profit organization — provides leadership to falls prevention efforts and offers evidence-based health promotion programs through a provider network that includes Aging & Disability Resource Centers, public health agencies, health care and community-based organizations.

To date, over 45,000 people have participated in WIHA programs statewide. But programs would not be available without WIHA engaging new providers, training new facilitators, providing technical assistance, collecting and managing data, and promoting available programs.

Healthy Aging Grants are key to the sustainability of these efforts.



Wisconsin Institute for Healthy Aging
1414 MacArthur Road
Madison, WI 53714
wihealthyaging.org
kris.krasnowski@wihealthyaging.org

1. CDC: <https://www.cdc.gov/falls/data/fall-deaths.html>

2. Based on the CMS figures from 2014 and CMS-based inflation rates.

3. WI DHS, Wisconsin EMS and Falls Report (2023). <https://www.dhs.wisconsin.gov/publications/p03493.pdf>

4. WI DHS WISH - Injury-related health outcomes, Unintentional fall-related injuries.
<https://www.dhs.wisconsin.gov/wish/injury-ed/query.htm>

5. Clemson, Lindy, et al., "The Effectiveness of a Community-Based Program for Reducing the Incidence of Falls in the Elderly: A Randomized Trial," Journal of American Geriatrics Society, 52:1487-1494, 2004.

6. National Council on Aging. Chronic Inequities: Measuring Disease Cost Burden Among Older Adults in the U.S. A Health and Retirement Study Analysis. Page 5, Figure 2. April 2022.
<https://ncoa.org/article/the-inequities-in-the-cost-of-chronic-disease-why-it-matters-for-older-adults>

7. CDC: <https://www.cdc.gov/chronicdisease/about/costs/index.htm>

8. National Health Interview Survey (NHIS); Centers for Disease Control and Prevention, National Center for Health Statistics (CDC/NCHS)