

	Health and Human Services Committee Wednesday, October 30, 2024 – 5:00 pm Conference Call 1.312-626-6799 Zoom Meeting # 85060097763 Invite Link https://us02web.zoom.us/j/85060097763 303 W. Chapel Street Dodgeville, Wisconsin	Iowa County Wisconsin
For information regarding access for the disabled please call 935-0399.		
<i>Any subject on this agenda may become an action item.</i>		
1	Call to order.	
2	Roll Call.	
3	Approve the meeting agenda for October 30, 2024.	
4	Approve the minutes of October 2, 2024 meeting.	
5	Reports from committee members and an opportunity for members of the audience to address the Committee. No action will be taken.	
6	Approval of the 2025 Aging Plan for ADRC for approval	
7	SENIORS UNITED FOR NUTRITION Department update	
8	UW EXTENSION Department Update	
9	VETERAN’S OFFICE Department Update	
10	Next meeting: Wednesday, December 4, 2024 at 5:00 PM	
11	Adjournment.	
Posting verified by Thomas C. Slaney: Date: 10.24.24 Initials:		

Posted by County Clerks Office on 10/24/2024, Megan Currie - Deputy County Clerk

	UNAPPROVED MINUTES Health and Human Services Committee WEDNESDAY, OCTOBER 2, 2024, at 5:00 p.m. <i>Health and Human Services Community Room</i> 303 W. Chapel Street., Dodgeville, Wisconsin	Iowa County Wisconsin
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Item	
1	Chairman Nankee called the meeting to order at 5:00 p.m.
2	<u>Roll Call:</u> Members Present in Community Room: Chairman Dan Nankee, Bruce Paull, Dody Cockeram, Richard Rolfsmeyer, Justin O'Brien Others Present in Community Room: Larry Bierke, Nikki Mumm, Joan Davis, Valerie Hiltbrand, Debbie Siegenthaler, Sheriff Michael Peterson, Officer Joe Pepper, Justinn Jenkins, Wyatt Johnson
3	<u>Approval of the October 2, 2024, Agenda:</u> Motion by Rolfsmeyer and seconded by O'Brien to accept the agenda. Aye: 5; Nay: 0. Motion carried.
4	<u>Approval of the August 7, 2024, Meeting Minutes:</u> Motion by O'Brien and seconded by Cockeram to accept the meeting minutes. Aye: 5; Nay: 0. Motion carried.
5	<u>Reports From Committee Members and an Opportunity for Members of the Audience to Address the Committee. No action will be taken.</u> <i>Davis</i> – She Shared an article from the September 2024 Edition of the Wisconsin Counties Association Magazine that stated, “it has become clear that the settlements, while significant, are not sufficient to combat an evolving epidemic”. Many counties are also trying to figure out how to best spend the funds.
6	<u>Aging and Disability Resource Center Update:</u> Hiltbrand provided a report in the packet and gave an update. She highlighted a very successful Health and Wellness Expo where vendors served 150 participants. She thanked Hidden Valley Church for donating the facility as well as the vendors who attended. She also shared thank you letters from participants. Medicare Part D begins October 15th, and 289 letters were sent out to Iowa County residents, and Hiltbrand anticipates Renae Kratcha, Elder Benefit Specialist, will serve at least that many clients. The taxi will be offering rides to the polls on election day for Rural Residents and for early voting for City of Dodgeville Residents. O'Brien commended Kratcha and the work she does to help residents with Part D. Paull would like the ADRC to ask residents if they have broadband and whether they use it and report back to Bierke on the findings.
7	<u>Health Department Update:</u> Siegenthaler provided a report in the packet and gave an update. They received grant funding for two public health vending machines. They well water lab has increased activity, and they have receiving grant funding to help with outreach for the well water lab. They are going through a Strategic Planning Process due to staffing changes. Free covid tests are available again, here at the HHS Building and residents can order them from the state and have them shipped to their house. She encouraged committee members to read the July 2024 Edition of Wisconsin Counties Association Magazine as it is public health focused. She gave updates on the Community Health Improvement Plan Community Action Teams progress. The Aging Team is working on a falls prevention initiative as 26% of all medical related calls to dispatch are falls related. The Healthy Iowa County website has local specific data. Bierke shared the website, and Siegenthaler spoke about the different information available on the site.
8	<u>Presentation of draft Aging Plan for ADRC for approval:</u> Hiltbrand provided a copy of the draft plan and presented. She shared that there were suggestions to add additional information on a staff member's role with the caregiver support program, public hearing data, and the 2025 GWAAR budget. Nankee asked to have Iowa added to the list of counties that are part of the Region on page three of the document. Hiltbrand shared that a listening session was held in March which had great community participation, discussion, and ideas, though not all the ideas were in areas that we can write about in the Aging Plan. O'Brien inquired about the Livability Index and how it is determined. Hiltbrand did not know but would investigate it and report back. Rolfsmeyer commended the plan and

	asked what is provided to Iowa County by the ADRC Regional Office. Hiltbrand shared all the areas the Region supports the county, and O'Brien highlighted the advocacy work they do for the elderly and disabled population. Motion by O'Brien and seconded by Rolfsmeyer to approve the draft Aging Plan. Aye: 5; Nay: 0. Motion carried.
9	<u>Resolution to Establish a Project Account called Health Department Designated Donations Account:</u> Siegenthaler provided a copy of the Resolution and presented. They are required to have Narcan and Fentanyl Test Strips in the Public Health Vending Machines, and they plan to have other items like pregnancy tests, gun locks, condoms, etc. There are community partners that would like to donate money to support the machines, and they need to have a resolution to establish an account for these funds. Motion by Rolfsmeyer and seconded by Cockeram to approve the Resolution to Establish a Project Account called Health Department Designated Donations Account. Aye: 5; Nay: 0. Motion carried.
10	<u>Presentations by Opioid Grant Applications:</u> <i>Health Department</i> – Siegenthaler passed out a summary and provided more detail on the Public Health Vending Machines. One machine will be housed outside of the HHS Building to provide easy access to residents and the second one will be housed in Arena at the Village Building. They are requesting funding to purchase harm reduction mechanisms like CPR mask barrier kits and medication disposal bags, promoting the machines, and resource magnets that tie back to resources on the Healthy Iowa County Website that help connect people to substance use disorder resources. <i>Sheriff's Department</i> – Sheriff Peterson requested funding to provide Wellness Days for all Iowa County Law Enforcement Agents including corrections officers, dispatchers, and patrol officers at both the Sheriff's Department and local departments for 2025 and 2026. This will require each agent to attend a wellness day once per year costing around \$15,000 per year with the intention of including it in the Sheriff's Department Budget beginning in 2027. Sheriff Peterson shared that Law Enforcement Agents are trying to break the mental health stigma amongst themselves. <i>DARE Program</i> – Jenkinns, Dodgeville Middle School Counselor, and Officer Pepper, School Resource Officer for City of Dodgeville Police Department and Dodgeville School District requested funding for all Iowa County Schools to fund the DARE Program for three years. It pays for materials for students and a graduation ceremony. Each school would get money based on enrollment. This helps bring all officers providing DARE education in Iowa County together to support all Iowa County students.
11	<u>Motion to go into closed session pursuant to State Statute 19.85(1)(e), Wisconsin Statutes, to consider Investment of County Funds. The committee will discuss and determine grant awards for both the Opioid Settlement Funds Grant and the Campbell Funds Grant:</u> Motion by Rolfsmeyer and seconded by O'Brien to go into closed session pursuant to State Statute 19.85(1)(e), Wisconsin Statutes, to consider Investment of County Funds to include all Iowa County Supervisors, Larry Bierke, Wyatt Johnson, and Nikki Mumm. Aye: 5; Nay: 0. Motion carried at 6:32 p.m.
12	<u>Motion to return to open session:</u> Motion by Rolfsmeyer and seconded by Paull to return to open session. Aye: 5; Nay: 0. Motion carried at 8:04 p.m.
13	<u>Possible action on closed session:</u> Motion by Rolfsmeyer and seconded by Paull to award the Opioid Settlement Funds to Drug Treatment Court for \$10,000.00, Iowa County Health Department for \$12,000.00, Iowa County Sheriff's Department for \$30,000.00, and the DARE Program for \$16,150.00 for a total of \$68,150.00. Motion by Rolfsmeyer and seconded by O'Brien to award \$9,550.00 of Robert G. Campbell Community Funds to Seniors United for Nutrition for their grant application. Aye: 4; Nay: 0; Abstain: 1 (Cockeram). Motion carried. Motion by O'Brien and seconded by Rolfsmeyer to award \$5,000.00 of Robert G. Campbell Community Funds to Shake Rag Alley for their grant request. Aye: 5; Nay: 0. Motion carried. Motion by Rolfsmeyer and seconded by Cockeram to award \$15,450.00 of Robert G. Campbell Community Funds to Merrimac and Main for their grant application. Aye: 5; Nay: 0. Motion carried.
14	<u>Wednesday, October 30, 2024:</u> Approved for the next HHS Committee meeting at 5:00 p.m., HHS Center, Community Room, Dodgeville.
15	Motion by Rolfsmeyer and seconded by O'Brien to adjourn. Aye: 5; Nay: 0. Meeting adjourned at 8:12 p.m.

AGENDA ITEM COVER SHEET

Title:2025-2027 Iowa County Aging Plan Approval

☒ Original

☐ Update

TO BE COMPLETED BY COUNTY DEPARTMENT HEAD

DESCRIPTION OF AGENDA ITEM (Please provide detailed information, including deadline):

The Iowa County Aging Plan is a document that is required in order to receive Title III Older Americans Act funds. These funds are important for our Transportation Program, Caregiver Program, Nutrition Program, and Health Promotion Program. The DRAFT plan has already went to the ADRC Board, HHS Committee and Public Hearing. The FINAL Aging Plan was approved by the ADRC Board (Advisory Board) on 10/15/24 and has been forwarded onto the HHS Committee (Policy Making Board) for final approval. This does not need to move onto the County Board.

RECOMMENDATIONS (IF ANY):

To approve the 2025-2027 Iowa County Aging Plan.

ANY ATTACHMENTS? (Only 1 copy is needed)

☒ Yes

☐ No

If yes, please list below:

2022-2025 Iowa County Aging Plan

FISCAL IMPACT:

No money is being requested for this; but this Aging Plan is required in order to receive Title III Dollars.

LEGAL REVIEW PERFORMED:

☐ Yes

☒ No

PUBLICATION REQUIRED:

☐ Yes

☒ No

PRESENTATION?:

☒ Yes

☐ No

How much time is needed? 5 minutes

COMPLETED BY: Valerie Hiltbrand

DEPT: DSS/Aging and Disability Resource Center

2/3 VOTE REQUIRED:

☐ Yes

☒ No

TO BE COMPLETED BY COMMITTEE CHAIR

MEETING DATE:

AGENDA ITEM #

COMMITTEE ACTION:

Iowa County Aging Plan

2025-2027



ADRC of Southwest Wisconsin-Iowa County

303 W. Chapel St.

Dodgeville, WI 53506

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Executive Summary

The Aging and Disability Resource Center of Southwest Wisconsin, or ADRC, located in Iowa County, includes the input of older adults in order to develop a County Plan on Aging, every three years. This is a mandate of the Older American's Act to secure funding. This plan also outlines an agenda for developing and strengthening current Older American's Act programs to meet the needs of older people in Iowa County.

The local ADRC is accountable for the implementation of programs for older individuals and adults with disabilities who are residing in Iowa County, Wisconsin. Our mission and focus are to help keep older adults and those with disabilities independent and safe in their homes through the delivery of services provided by the agency and through assistance in identification and connection to appropriate resources.

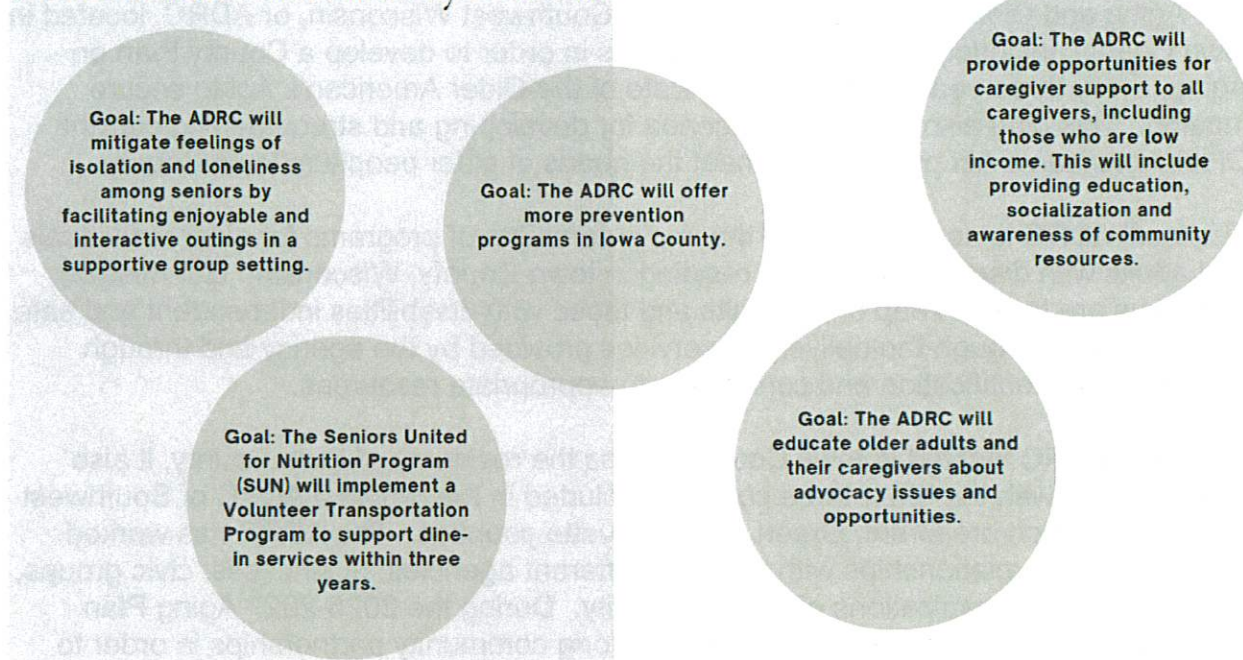
While the ADRC located in Iowa County serves the residents of Iowa County, it also works closely with the other three counties included in the regional ADRC of Southwest Wisconsin, which are Grant, Green, and Lafayette counties. The ADRC has worked hard to develop relationships with new and different agencies, businesses, civic groups, and faith-based organizations of the community. During the 2025-2027 Aging Plan period, the ADRC will continue to focus on strong community partnerships in order to meet the needs of the aging community.

The ADRC is continuously looking for feedback from the community and customers on our services. Since the summer of 2023, the ADRC has been specifically collecting public input from Iowa County residents through public forums, surveys, and one-on-one conversations. There have been opportunities to do this verbally and in writing. AARP assisted the ADRC in distributing surveys to participants of the Free Tax Prep. There was also an online option, mail-in option or in-person option for the survey. ADRC staff completed one-on-one conversations with 13 residents. The ADRC Board was invited to gather information from the areas of the community that they represent. The ADRC and Seniors United for Nutrition offered a listening session to give residents an opportunity to discuss their needs and preferences.

The ADRC is looking forward to addressing the following goal areas during this plan cycle:

- Title IIIB Supportive Services and Person-Centered Services
- Title IIIC Nutrition Services
- Title IIIE Caregiver Services and Barriers to Equity
- Title IIID Health Promotion Services
- Advocacy

Executive Summary Cont.



Context

Iowa County is located in southwestern Wisconsin, consisting mostly of small towns. The County's largest city and the county seat is Dodgeville, located near the center of the county. Dodgeville is located 46 miles west of Madison and 49 miles northeast of Dubuque, Iowa. According to:

[Iowa, Wisconsin | County Health Rankings & Roadmaps](#) the population of Iowa County is 23,865. There are 0.9% Non-Hispanic Black, 0.3% American Indian and Alaska Native, 0.9% Asian, 0.1% Native Hawaiian/Other Pacific Islander, 2.3% Hispanic, and 94.3% Non-Hispanic White.

According to: [County Population Projections Through 2040](#) there were approximately 6,775 individuals 60 and older, residing in Iowa County in the year 2020. Similar to most counties in the state, this number is expected to rise over the next 15 years. It is estimated that in the year 2025, there will be 7,850 individuals 60 and older. By 2035, it is estimated that there will be 8,710 individuals 60 and older.

According to [Wisconsin County Profiles of Persons Ages 65 and Older](#), the median age of Iowa County residents is 43.5 years old. There are 4,576 people who are 65 and older. Of that population, 48.4% identify as males and 51.6 % identify as females. There are 4,457 households in Iowa County that have one or more people 60 years and older. The percent of households with a member 60 and older is 45.5 percent.

One thousand three hundred and sixty-six individuals over the age of 65 reside alone, which is about 29.9% of the aging population in Iowa County. This number demonstrates the significant need for caregivers who support these individuals who wish to remain “aging in place” in their communities.

23.7 percent of those over 65 are still employed. The median household income in Iowa County is \$79,226. For those 65 years and over, the median household income is \$52,432. 11.3 percent of individuals 65 and over are living in poverty in Iowa County.

According to the Department of Health Services: [Estimated and Projected Population Ages 65 and Older with Dementia Living in Households in Wisconsin Counties, 2010-2040](#): In 2025, Iowa County is estimated to have 597 people ages 65 and older living with dementia. Projection for 2030 is 733 and 2040 is 969 people.

According to 2024 [Iowa, Wisconsin | County Health Rankings & Roadmaps](#), adult smoking is at 15%, adult obesity is at 34% and excessive drinking is at 24% of the county’s population. The percentage of the population under age 65 without health insurance in Iowa County is five percent, which is slightly below the state and national average. The ratio for patient to primary care physician is 1,980:1, which is greater than the state and national average. Dentist to patient ratio is 1,840:1, which is also greater than the state and national average. Mental health providers are available at a 1,140:1 ratio, which is greater than the state and national average.

Iowa County has one hospital within the county. The hospital has multiple clinics throughout and near Iowa County. Within the [Upland Hills Health 2019-2021 Community Health Needs Assessment](#), the top five healthcare priorities that were identified were: Mental Health and Alcohol/Drug Abuse/Misuse, Access to Transportation, Healthy Eating/Weight Loss and Exercise (Healthy Living), and Aging Concerns. The ADRC partners with and supports Upland Hills Health in these priorities. Through this collaboration, Healthy Iowa County has been initiated by the Iowa County Health Department. The ADRC collaborates on working on these goals with the Iowa County Health Department and Upland Hills Health. Visit healthyiowacounty.org for more information.

The American Association of Retired Persons (AARP) has developed a “livability index” to compare neighborhoods across the country. This index can be found at: [Iowa County, Wisconsin – AARP Livability Index](#).

Iowa County has a livability score of 52 out of 100, which is in the top half of communities in Wisconsin. The index takes into consideration housing, neighborhood, transportation, environment, health, engagement and opportunity. The scoring is based on comparing communities to one another. The areas where Iowa County scored the lowest were neighborhood and transportation. The areas that Iowa County scored the highest were opportunity and housing.

According to AARP's website, this is what they measure in these four categories:

Neighborhood: Number of grocery stores and farmers' markets within a half mile; higher values are better.

Transportation: Total number of buses and trains per hour in both directions for all stops within a quarter-mile; higher values are better.

Opportunity: The Gini Index or coefficient is a measure of income inequality (the gap between rich and poor); lower values are better.

Housing: Percentage of housing units with a zero-step entrance; higher values are better.

The public can find more information about these rankings by visiting AARP's Livability Index; located: [Iowa County, Wisconsin – AARP Livability Index](#).



Community Involvement in the Development of the Aging Plan

Community Engagement Report-2024 Survey Results

Your County or Tribe: Iowa County	Date/s of Event or Effort: Feb-May 2024
Target audience(s): Adults	Number of Participants/ Respondents: 113
Describe the method used including partners and outreach done to solicit responses: This year, because we did not have the COVID Vaccine clinics available to distribute surveys, we partnered with AARP. They distributed them to consumers as they waited for their tax appointments. An ADRC incentive was offered if they agreed to complete the survey. The same survey was offered online to Iowa County residents and was printed in the April and May editions of the News & Views. A small number of surveys were completed online or by mail.	
Describe how the information collected was used to develop the plan: The survey questions were tailored to request information for the purposes of developing goals for each of the required goal areas. We purposely did not request only 60+ population to complete the survey so that we could capture what our future 60+ population will want. The survey asked for participants to select multiple choice or True/False. In addition, there was a spot to fill in more information. The multiple choice and True/False were helpful to capture what the larger group was interested in. The additional comments section was helpful to get more specific details and ideas about their suggestions, questions or concerns.	

What were the key takeaways/findings from the outreach?

Of the 113 surveys completed:

49% identified themselves as living alone

82.1% identified themselves as a caregiver

93% identified that they have what they need to live safely and independently in their home

This will provide an overview of top answers for the multiple-choice questions:

Where do you gather information about your county's programs and services?

59.6% Newspaper

23.2% Facebook

23.2% Website

The top three services that consumers have received from the ADRC or SUN Programs:

Dine in or Home Delivered Meals

Help applying for Medicaid

Help finding resources

The top three challenges for older adults living in Iowa County:

Transportation

Finding in-home support

Nutrition/food resources

The top three challenges for adults with disabilities living in Iowa County:

Mental health

Transportation

Housing

Community Engagement Report-2023 Survey Results

Your County or Tribe: Iowa County	Date/s of Event or Effort: Summer 2023
Target audience(s): Iowa County residents	Number of Participants/ Respondents: 60

Describe the method used including partners and outreach done to solicit responses:

The ADRC did some outreach at local events during summer of 2023. This opportunity was used to survey Iowa County residents at that time. The events included Dodgeville Town Square Pop-Up Event, Mineral Point Street Day and the Iowa County Fair. An ADRC incentive was offered, if they agreed to complete the survey.

Describe how the information collected was used to develop the plan:

The survey questions were tailored to request information for the purposes of developing goals for each of the required goal areas. We purposely did not request only 60+ population to complete the survey so that we could capture what our future 60+ population will want. The survey asked for participants to select multiple choice or True/False. In addition, there was a spot to fill in more information. The multiple choice and True/False were helpful to capture what the larger group was interested in. The additional comments section was helpful to get more specific details and ideas about their suggestions, questions or concerns.

What were the key takeaways/findings from the outreach?

Of the 60 surveys completed:

86.7% were over the age of 60

11.3% were 18-59 with a disability

16.7% identified themselves as a caregiver

The top three areas that respondents would like to learn about:

52.2% Healthy Aging

41.3% Scam Prevention

34.8% Nutrition

The top three issues facing older adults and adults with disabilities:

60.5% being able to stay in own home

55.8% Affordable Healthcare

48.8% Dementia

Summary of the biggest challenges to remaining in your home:

Cost of help in the home

Money, store access in small towns
 Inflation, support for caregiving
 Shop groceries, drive and help

Summary of resources that would be helpful in the next 5-10 years, to support independent living:

Transportation
 Nutrition/food resources/grocery delivery
 In-home adaptations and support

Community Engagement Report-Listening Session

Your County or Tribe: Iowa County	Date/s of Event or Effort: 3/26/24
Target audience(s): Iowa County residents	Number of Participants/ Respondents: 13
Describe the method used including partners and outreach done to solicit responses: The ADRC and SUN Program held a Community Listening session, right after an ADRC Board Meeting. There were 13 people in attendance. The ADRC gave a brief presentation and provided lunch for participants. Then, the participants discussed the focus areas and documented their discussions. At the end of the listening session, the participants shared out their answers, allowing others to provide feedback. This was a very interactive and engaged group of older adults from Iowa County.	
Describe how the information collected was used to develop the plan: This information was very helpful. The group was very active and engaged. Not only did they write their suggestions down on paper, but they took the time to share them with the group which allowed for additional feedback.	
What were the key takeaways/findings from the outreach? The main themes and discussion points for this event were: Volunteering: Recruit younger people to volunteer for such things as driving. By doing this, it would "provide a lifetime of giving!"	

Socialization: Somehow create activities for people with common interests. Maybe call it, "Meet Up." These activities could even be used to empower people and for them to keep their current skills. Loneliness is an issue!! Somehow encourage socialization for all. Would need to secure a congregate site maybe through the churches. Program ideas: Bingo, board games, puzzles, etc. Maybe even do some sort of an intergenerational event.

Access to exercise opportunities for older adults (low cost and accessible).

Volunteer Drivers. Somehow start a directory of people who would be willing to drive individuals to events. Publicize the availability of rides. For example, voting. It was further mentioned that advertising can occur on the local TV stations through PSA's.

Advertising!! There is concern that a big problem for our seniors is that they are unaware of what is all available to them. Many events are advertised in the News & Views, but it is suspected that many do not look at it when it arrives in the Shopper.

Educational opportunities for the older generation regarding scams, or other topics.

Community Engagement Report: Conversations

Your County or Tribe: Iowa County	Date/s of Event or Effort: Spring/Summer 2024
Target audience(s): Iowa County residents	Number of Participants/ Respondents: 8 participants
Describe the method used including partners and outreach done to solicit responses: The ADRC contacted eight participants for one-on-one conversations about aging-related needs in Iowa County.	
Describe how the information collected was used to develop the plan: Participants noted on their paper survey that they would be willing to discuss aging-related needs with an ADRC worker. ADRC worker contacted them by phone.	

What were the key takeaways/findings from the outreach?

Resources needed to age safely in Iowa County?

Housework assistance, meal preparation help, taxi service that runs every day, Advanced Directive workshop, having good muscle tone, balance, being involved in the community, eating vegetables and being able to see family, more nursing homes, assistance with vacuuming and cleaning, more socialization, accessible homes and adaptations, better walking areas, public pools designed for older adults, weekend transportation, lack of activities for older adults, assistance with housing

What aging healthy means?

Having good support services around to help one age, socialization, Meal sites, education on technology

Positives about living in Iowa County?

Farmers markets and summer concerts,
Taxi services
Geography, services and the people in the area
Community garden
Library services
Open spaces (can see the sky)

Public Hearing Requirements

A public hearing was held Wednesday, September 25, 2024 from 1:00 P.M. until 3:00 P.M. in Conference Room 1001 of the Iowa County Health and Human Services Building. Attending on behalf of the ADRC were Valerie Hiltbrand (ADRC Manager) and Nikki Mumm (Social Services Business Manager). Two people participated in the Public Hearing. One participant from the community and one from a partner agency requested a copy of the DRAFT Aging Plan. No comments were received. The Public Hearing that was properly advertised and posted. A copy of the plan was available for viewing at the ADRC from 9/16/24 through 10/2/24 (and beyond). There was one request for a copy of the plan but no written comments were received. No changes were made because of the Public Hearing as there were no comments received from the public. Please see the Appendices for a detailed report of the Public Hearing notification and a copy of the notification itself.

Goals and Strategies for the Plan Period

Title III-B Supportive Services and Person Centeredness

Goal: The ADRC will mitigate feelings of isolation and loneliness among seniors by facilitating enjoyable and interactive outings in a supportive group setting.

- **Specific:** Provide bi-monthly event trips designed to foster social connections and reduce loneliness.
- **Measurable:** Conduct surveys pre- and post-trip to measure a 20% increase in reported social satisfaction and decrease in loneliness.
- **Achievable:** Utilize feedback from participants to continually improve the trips.
- **Relevant:** Directly impacts the emotional well-being of seniors.
- **Time-bound:** Launch the program within three years, including planning, implementation and evaluation.

Title III-C Nutrition Program

Goal: The Seniors United for Nutrition Program (SUN) will implement a Volunteer Transportation Program to support dine-in services within three years.

- **Specific:** The SUN Program will develop a volunteer driver program to provide transportation to and from dining sites.
- **Measurable:** The SUN Program will track the number of volunteers recruited and the number of rides provided.
- **Achievable:** The SUN Program will partner with local high schools, colleges, and community groups to recruit volunteers.
- **Relevant:** Improves accessibility to dining sites and enhances the dining experience for participants.
- **Time-bound:** The SUN Program will launch the program within three years, including planning, implementation and evaluation.

Title III-D Evidence Based Health Promotion

Goal: The ADRC will offer more prevention programs in Iowa County.

- **Specific:** Iowa County will partner with Green County Health and Wellness Coordinator to offer 2 in-person prevention classes in Iowa County, annually. All Green County virtual classes will be marketed in Iowa County.
- **Measurable:** Track the number of participants in required database.

- **Achievable:** Counties will collaborate on choosing the best evidence-based prevention class to offer based on need. Counties will collaborate on marketing efforts for both in-person and virtual classes.
- **Relevant:** Increases access to healthy aging and improved health.
- **Time-bound:** Launch the program within three years, including planning, implementation and evaluation.

Title III-E Caregiver Supports and Equity

Goal: The ADRC will provide opportunities for caregiver support to all caregivers, including those who are low income. This will include providing education, socialization and awareness of community resources.

Specific: Expand the Caregiver Coalition by 50%. The ADRC will partner with the Caregiver Coalition to plan and implement an annual caregiver educational event, with at least 10 community members in attendance. The Caregiver Coalition will engage with low-income populations by marketing these events at local food pantries, with Economic Support and the Free Clinic.

- **Measurable:** Track the number of active participants in the Caregiver Coalition and educational events.
- **Achievable:** Partner with local agencies on the Caregiver Coalition to implement strategies.
- **Relevant:** Empowers caregivers of any income status to continue to provide vital supports to care recipients.
- **Time-bound:** Launch the program within three years, including planning, implementation and evaluation.

Advocacy Goal

Goal: The ADRC will educate older adults and their caregivers about advocacy issues and opportunities.

- **Specific:** The ADRC will use the News & Views and the ADRC website to educate older adults and their caregivers about advocacy topics and opportunities.
- **Measurable:** Track the number of articles in required database.
- **Achievable:** The ADRC will utilize the News and Views and the ADRC website to create an Advocacy Corner, where readers can go to find information on important topics related to aging, disabilities and caregivers.
- **Relevant:** Improves knowledge and empowers older adults and caregivers to advocate for what they need.
- **Time-bound:** Launch the program within three years; including planning, implementation and evaluation.

Coordination Between Title III and Title VI

All ADRC Services are available to members of any tribe. In an effort to outreach to tribal members, the ADRC will publish educational materials about these services in the News & Views newsletter.

Emergency Preparedness

The ADRC has a Continuity of Operations Plan (COOP) developed. Additionally, the ADRC consults with Iowa County Emergency Management and other county departments on the COOP and any other emergency preparedness needs.

Organization, Structure and Leadership of the Aging Unit

MISSION STATEMENT:

The Aging & Disability Resource Center of Southwest Wisconsin is dedicated to providing older adults and people with physical or developmental/intellectual disabilities with the resources needed to live with dignity and security and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices and to streamline access to the appropriate services and supports.

Address of the Aging Unit:

ADRC of Southwest Wisconsin, Iowa County
303 W. Chapel St., Suite 1300
Dodgeville, WI 53533

Hours of Operation:

8:00 a.m. – 4:30 p.m.
Monday through Friday

Helpful Telephone Numbers and Email Addresses:

Valerie Hiltbrand, ADRC Manager
valerie.hiltbrand@iowacounty.org
Telephone: (608) 930-9835
Fax: (608) 935-0355

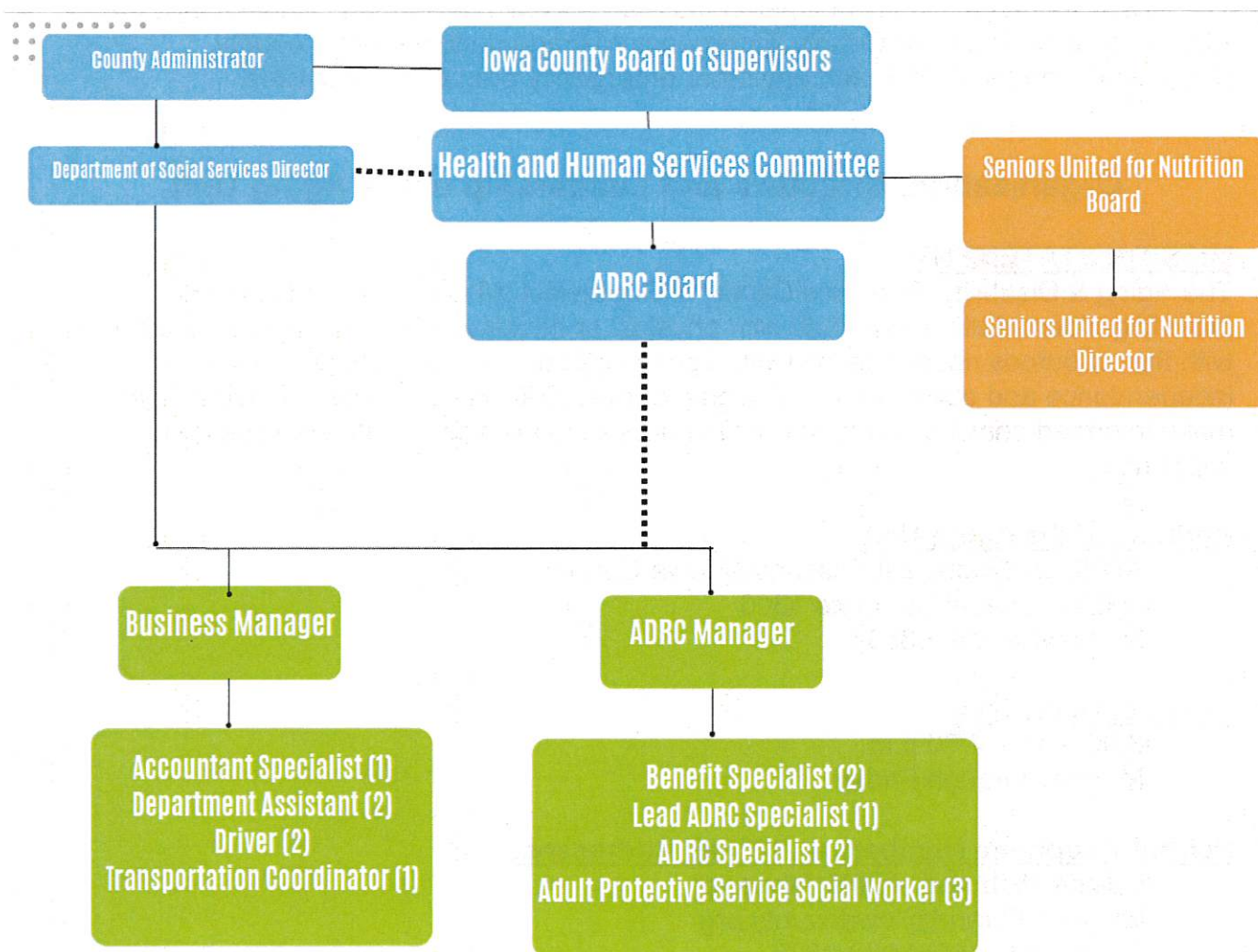
Tom Slaney, Director
Iowa County Department of Social Services
tom.slaney@iowacounty.org
Telephone: (608) 930-9802

Fax: (608) 935-9754

Primary Contact to Respond to Questions About the Aging Plan Template:

Valerie Hiltbrand, ADRC Manager
 ADRC of Southwest Wisconsin, Iowa County
valerie.hiltbrand@iowacounty.org
 Telephone: (608) 930-9835
 Fax: (608) 935-0355

Organizational Chart of the Aging Unit



Staff of the Aging Unit

Listed below are the people employed by the County Aging Unit.

Valerie Hiltbrand ADRC Manager (608) 930-9835 valerie.hiltbrand@iowacounty.org
Brief Description of Duties: This full-time position is responsible for administering the programs that operate under the Aging & Disability Resource Center of Southwest Wisconsin in Iowa County. This position also leads planning activities, supervises employees, develops and implements policies, and assists with the development of budgets.
Nikki Mumm Business Manager (608)930-9835 Nikki.mumm@iowacounty.org
Brief Description of Duties: This is from my job description: This position is responsible for administration and supervision of all ADRC transportation programs, accounting functions and clerical/support personnel in the ADRC/Social Services Department. This includes the supervision of 5.4 FTE staff. It also includes fiscal oversight of all Economic Support, Youth and Family and Adult and Disabled programs directly provided by the ADRC/Social Services Department.
Jenny Huffman Lead Information & Assistance Specialist (608) 930-9835 jenny.huffman@iowacounty.org
Brief Description of Duties: This full-time position provides knowledge and research into all available options for individuals seeking information. This position is active in education and outreach activities and completes functional screens that determine an individual's eligibility to access Family Care and IRIS services. In addition, the Lead I&A Specialist acts as the person responsible for assuring the quality for functional screens.
Paige Bittner and Laura Coulthard Information & Assistance Specialists (608) 930-9835 paige.bittner@iowacounty.org , laura.coulthard@iowacounty.org
Brief Description of Duties: This full-time position provides knowledge and research into all available options for individuals seeking information. This position is active in education and outreach activities and completes functional screens that determine an individual's eligibility to access Family Care and IRIS services.
Rena Kratcha Elder Benefit Specialist (608) 930-9835

renae.kratcha@iowacounty.org

Brief Description of Duties:

This full-time position assists people age 60 years or older to understand and successfully navigate the benefit programs. This includes, but is not limited to, facilitating Healthy Living with Diabetes, Medicare, SSI, SSA, Senior Care, housing issues, insurance issues, and Medicare Part D.

Michelle Leffler

Disability Benefit Specialist

(608) 930-9835

michelle.leffler@iowacounty.org

Brief Description of Duties:

This full-time position assists people ages 17.5-59 to understand and successfully navigate the benefit programs. This includes, but is not limited to, Medicaid, Medicare, SSI, SSA, housing issues, insurance issues, and Medicare Part D.

Vacant

Department Assistant

(608) 930-9835

Brief Description of Duties:

This full-time position oversees and edits the agency newsletter, assists with the transportation program, greets customers by phone and in person and directs them to the appropriate staff, completes minutes and reports for the local ADRC board, marketing projects, maintains the website and Facebook pages, and assists the ADRC with other projects as needed. This position is also largely responsible for planning the Iowa County Health and Wellness Expo and Senior Farmer Market Voucher implementation.

Nohe Caygill

Department Assistant/Transportation Coordinator

(608) 930-9835

nohe.caygill@iowacounty.org

Brief Description of Duties:

This full-time position is responsible for overseeing the day-to-day operation of the taxi, bus, and driver escort program, volunteer driver recruitment and training, and scheduling. This individual also prepares reports and assists with other ADRC activities as needed.

Shelley Reukauf, Nikki Brennum and Kayla Larson

Adult Protective Service Social Workers

(608) 930-9822

shelley.reukauf@iowacounty.org, Nikki.brennum@iowacounty.org,

Kayla.Larson@iowacounty.org

Brief Description of Duties:

This full-time position is responsible for administering the Supportive Home Care Program, National Family Caregiver Support Program, and the Alzheimer's Family Caregiver Support Program. This position also performs elder abuse and neglect investigations, and assist individuals and their families with guardianships and

protective placements. This position is also responsible for facilitating the County I-Team meetings.

Rose Erickson, Delena Buchanan
Public Transportation Drivers

(608) 930-9835

rose.erickson@iowacounty.org, delena.buchanan@iowacounty.org

Brief Description of Duties:

Taxi Driver:

This full-time position is responsible for driving the taxi on both the Rural Taxi route and the City of Dodgeville route. Rural Taxi rides are dispatched by the office staff while the driver organizes City of Dodgeville rides. The ADRC Care-A-Van operates two trips per month.

Aging Unit Coordination with ADRCs

In Iowa County, the Aging Unit and the Aging & Disability Resource Center are integrated. By definition, both are integrated within the ADRC, co-located in the same office, and both are managed by the same individual, and the budget is submitted as a single entity to the county. Staff is led as one united unit and work together cohesively, often teaming cases to best meet the needs of the customer and their families. Marketing, outreach, and advocacy are all completed as one entity. This includes all Aging Unit staff, ADRC staff, and Adult Protective Services staff.

This unit is also under the umbrella of the Iowa County Department of Social Services. An ADRC Manager oversees the staff and programming, but also reports to the Director of Social Services. Department Assistants are shared within the Department of Social Services and are cross-trained so that coverage for the ADRC reception area is always available. The Business Manager supervises Department Assistants.

The local ADRC services are also part of a regional ADRC service area of four counties total (Iowa, Grant, Green and Lafayette), in which a Regional Manager provides oversight, guidance, and monitors contractual compliance. This arrangement has many advantages due to the ability to work fluidly across county lines and to expand programs that may be limited due to the constraints of small rural counties. It also allows trained staff to be available to back-up neighboring counties where staff turnover or other leaves of absences may be occurring.

While the local county structure reports monthly to a local ADRC Board, made up of local consumers and county board supervisors as is required by the Older American's Act, it also reports quarterly to the Iowa County Health and Human Services committee, as well as a monthly Regional ADRC Governing Board.

As it has been since the ADRC was first incorporated into the Commission on Aging in Iowa County in 2009, the goals of this plan will be shared goals of the whole organization and will reflect the mission of the agency.

Statutory Requirements for the Structure of the Aging Unit

Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units. Consider if the county or tribe is in compliance with the law. If the aging unit is part of an ADRC the requirements of 46.82 still apply.

Organization: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
(1) An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	
(2) A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe.	X
(3) A private, nonprofit corporation, as defined in s. 181.0103 (17).	
Organization of the Commission on Aging: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	X
For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
Full-Time Aging Director: The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	Yes

Role of the Policy-Making Body

The policy-making body, also called the commission on aging, must approve the aging unit plan. Evidence of review and approval of the draft and final version of the aging unit plan must be included as part of the plan. Attach the evidence of this required involvement as an appendix to the aging plan.

Membership of the Policy-Making Body

The commission is the policy making entity for aging services (46.82 (4) (a) (1)) and an aging advisory committee is not the commission. List the membership of the aging unit's policy-making body using the template provided below and include in the body of the aging plan. There are term limits for the membership of the policy-making body.

Membership of the Policy-Making Body Template

Official Name of the County Aging Unit's Policy-Making Body: Health & Human Services Committee

Name	Age 60 and Older	Elected Official	Year First Term Began
Chairperson: Dan Nankee	N/A	Yes	N/A
Justin O'Brien	N/A	Yes	N/A
Richard Rolfsmeyer	N/A	Yes	N/A
Dody Cockeram	N/A	Yes	N/A
Bruce Paull	N/A	Yes	N/A

Role of the Advisory Committee

Where an aging unit has both an advisory committee (sometimes referred to as the advisory council) and a policy-making body, a key role of the advisory committee is to advise the policy-making body in the development of the plan and to advocate for older adults. Evidence of this involvement should be listed as an attachment in the appendices of the aging unit plan.

Membership of the Advisory Committee

An aging advisory committee is required if the commission (policy-making body) does not follow the Elders Act requirements for elected officials, older adults, and terms, or if the commission is a committee of the county board (46.82 (4) (b) (1)). If the aging unit has an advisory committee, list the membership of the advisory committee using the template provided below and include in the body of the aging plan. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee. There are no term limit requirements on advisory committees.

Membership of the Advisory Committee Template

Official Name of the County Aging Unit's Advisory Committee:

Name	Age 60 and Older	Elected Official	Start of Service
Chairperson: Brad Stevens		Yes	2023
Doug Richter	X	Yes	2023
Dan Nankee	X	Yes	2024
Kari Wunderlin		No	2023
J. Patrick Reilly	X	No	2018
Dianne Evans	X	No	2017
Marilyn Rolfsmeyer	X	No	2020
Elsie Jane Murphy	X	No	2019
Dawn Kabot	X	No	2023
Alice Fischer	X	No	2022
W. Michael Britt	X	No	2021
Susan Schroeder	X	No	2021
Timothy Whisler	X	No	2024
Todd Novak		No	2024

Budget Summary

The aging unit is required to submit an annual budget to the AAA using a budget worksheet approved by Bureau of Aging and Disability Resources (BADR).

	Title III Federal Contract Expenses	Other Federal Contract Expenses	Cash Match Expenses	Other Federal Expenses	Other State Expenses	Other Local Expenses	Program Income Expenses	Total Cash Expenses	AFCSP Expense Used as Match	In-Kind Match Allocations	Grand Total
Supportive Services	\$ 32,519.00	\$ -	\$ 4,231.00	\$ -	\$ 5,551.00	\$ -	\$ 2,814.00	\$ 45,115.00	\$ -	\$ 28.00	\$ 45,143.00
Congregate Nutrition Services	\$ 53,529.00	\$ -	\$ 4,393.00	\$ -	\$ -	\$ -	\$ 18,195.00	\$ 76,117.00	\$ -	\$ 24,117.00	\$ 100,234.00
Home Delivered Nutrition Services	\$ 63,931.00	\$ 10,854.00	\$ 35,684.00	\$ -	\$ -	\$ -	\$ 142,415.00	\$ 252,884.00	\$ -	\$ 147,087.00	\$ 399,971.00
Health Promotion Services	\$ 2,806.00	\$ -	\$ 312.00	\$ -	\$ -	\$ -	\$ -	\$ 3,118.00	\$ -	\$ -	\$ 3,118.00
Caregiver Services - 60+	\$ 13,800.00	\$ -	\$ 4,600.00	\$ -	\$ -	\$ -	\$ -	\$ 18,400.00	\$ -	\$ 617.00	\$ 19,017.00
Caregiver Services - Underage	\$ 139.00	\$ -	\$ 46.00	\$ -	\$ -	\$ -	\$ -	\$ 185.00	\$ -	\$ -	\$ 185.00
Legal Services (EBS)	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Alzheimer's	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -	\$ -
Elder Abuse	\$ -	\$ -	\$ -	\$ -	\$ 11,941.00	\$ -	\$ -	\$ 11,941.00	\$ -	\$ -	\$ 11,941.00
Grand Total	\$ 166,724.00	\$ 10,854.00	\$ 49,266.00	\$ -	\$ 17,492.00	\$ -	\$ 163,424.00	\$ 407,760.00	\$ -	\$ 171,849.00	\$ 579,609.00

Verification of Intent

The purpose of the Verification of Intent is to show that county government has approved the plan. It further signifies the commitment of county government to carry out the plan. Copies of approval documents must be available in the offices of the aging unit.

Use the template provided below and include in the body of the aging plan.

Verification of Intent Template

The person(s) authorized to sign the final plan on behalf of the commission on aging and the county board must sign and indicate their title. This approval must occur before the final plan is submitted to the AAA for approval.

In the case of multi-county aging units, the verification page must be signed by the representatives, board chairpersons, and commission on aging chairpersons, of all participating counties.

We verify that all information contained in this plan is correct.

Signature and Title of the Chairperson of the Commission on Aging	Date
---	------

Signature and Title of the Authorized County Board Representative	Date
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Assurances of Compliance with Federal and State Laws and Regulations

The assurances below often refer to requirements of area agencies on aging (AAAs) and is absent of references to aging units. Wisconsin's structure of AAAs and local county and tribal aging units differs from other states but is recognized in state statute 46.82 and by the federal Administration for Community Living. Therefore, AAAs and county and tribal aging units are required to provide assurances of compliance with federal and state laws in the delivery of Older Americans Act programs and supports.

The structure of AAAs in Wisconsin are as follows:

1. An agency designated as the AAA must subcontract with counties, tribal nations, or providers to carry out Older Americans Act programs. The AAA, in a binding contract with the state, and counties and tribal nations, in a binding contract with the AAA, must support and comply with requirements under the Older Americans Act (Public Law 89-73) [As Amended Through P.L. 116-131, Enacted March 25, 2020] Reference: 45 CFR Part 1321 – Grants to State and Community Programs on Aging as updated in March 2024.
2. A county designated as the AAA must designate a department of local government as the aging unit. The AAA and the county aging unit are bound by a binding contract with the state and must support and comply with requirements under the Older Americans Act (Public Law 89-73) [As Amended Through P.L. 116-131, Enacted March 25, 2020] Reference: 45 CFR Part 1321 – Grants to State and Community Programs on Aging as updated in March 2024.

AAAs and aging units are subject to the requirements in the Wisconsin Elders Act 235, often referenced in [Chapter 46.82](#) of Wisconsin Statutes. Please note: Chapter 46.82 has been updated to reflect changes in programs originally referenced in the Act when passed in 1991.

A signed copy of this statement must accompany the plan. The plan must be signed by the person with the designated authority to enter into a legally binding contract. Most often this is the county board chairperson or tribal governing board chairperson. The assurances agreed to by this signature page must accompany the plan when submitted to the AAA or Bureau of Aging and Disability Resources.

The assurances need not be included with copies of the plan distributed to the public.

Use the template provided below and include as an appendix to the aging plan.

Compliance with Federal and State Laws and Regulations for 2025–2027

On behalf of the county or tribal nation, we certify

(Give the full name of the county or tribal aging unit)

has reviewed the appendix to the county or tribal aging plan entitled Assurances of Compliance with Federal and State Laws and Regulations for 2025–2027. We assure that the activities identified in this plan will be carried out to the best of the ability of the county or tribal nation in compliance with the federal and state laws and regulations listed in the Assurances of Compliance with Federal and State Laws and Regulations for 2025–2027.

Signature and Title of the Chairperson of the Commission on Aging

Date

Signature and Title of the Authorized County or Tribal Board Representative

Date

The applicant certifies compliance with the following regulations:

1. Legal Authority of the Applicant

- The applicant must possess legal authority to apply for Older Americans Act grant funds.
- A resolution, motion or similar action must be duly adopted or passed as an official act of the applicant's governing body, authorizing the filing of the application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

2. Outreach, Training, Coordination & Public Information

As required by the Bureau of Aging and Disability Resources, designated AAAs and aging units must assure:

- Outreach activities are conducted to ensure the participation of eligible older persons in all funded services.
- Each service provider trains and uses older persons and other volunteers and paid personnel.
- Each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area.
- Public information activities are conducted to ensure the participation of eligible older persons in all funded services.

3. Preference for Older People with Greatest Social and Economic Need

All service providers follow priorities set by the Bureau of Aging and Disability Resources for serving older people with greatest social and economic need.

4. Advisory Role to Service Providers of Older Persons

Each service provider utilizes procedures for obtaining the views of participants about the services they receive.

5. Contributions for Services

- Agencies providing services supported with Older Americans Act and state aging funds shall give older adults the opportunity to voluntarily contribute to the costs of services consistent with the Older Americans Act regulations.
- Each older recipient shall determine what he/she is able to contribute toward the cost of the service. No older adult shall be denied a service because he/she will not or cannot contribute to the cost of such service.

- The methods of receiving contributions from individuals by the agencies providing services under the county or tribal plan shall be handled in a manner that assures the confidentiality of the individual's contributions.
- Each service provider establishes appropriate procedures to safeguard and account for all contributions.
- Each service provider considers and reports the contributions made by older people as program income. All program income must be used to expand the size or scope of the funded program that generated the income. Nutrition service providers must use all contributions to expand the nutrition services. Program income must be spent within the contract period that it is generated.

6. Confidentiality

- No information about or obtained from an individual and in possession of an agency providing services to such individual under the county, tribal or area plan, shall be disclosed in a form identifiable with the individual, unless the individual provides his/her written informed consent to such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the state agency, the AAA, the county or tribal aging unit, and any other agency, organization, or individual providing services under the state, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
 - (a) Have full access to any information about one's self which is being kept on file;
 - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
 - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.
- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the agency or program involved without the informed consent of the participant or his/her legal representative, except:
 - (a) By court order; or,
 - (b) When securing client-requested services, benefits, or rights.

- The lists of older persons receiving services under any programs funded through the state agency shall be used solely for the purpose of providing said services and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan and aging unit shall be informed of and agree to:
 - (a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and,
 - (b) All policies and procedures adopted by the state and AAA to safeguard confidentiality of participant information, including those delineated in these rules.
- Appropriate precautions shall be taken to protect the safety of all files and records in any format or location which contain sensitive information on individuals receiving services under the state, area plan, and aging unit. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

7. Records and Reports

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents which will enable an accurate review to be made at any time of the status of all funds which it has been granted by the Bureau of Aging and Disability Resources through its designated AAA. This includes both the disposition of all monies received and the nature of all charges claimed against such funds.

8. Licensure and Standards Requirements

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county, tribal, or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

9. Civil Rights

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.

- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in 9 above.
- The applicant shall develop and continue to maintain written procedures which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d) prohibiting employment discrimination where (1) the primary purpose of a grant is to provide employment or (2) discriminatory employment practices will result in unequal treatment of persons who are or should be benefiting from the service funded by the grant.
- All recipients of funds through the county, tribal, or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

11. Political Activity of Employees

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at <http://www.osc.gov/>]

12. Fair Labor Standards Act

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

13. Private Gain

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for themselves or others (particularly those with whom they have family, business or other ties).

14. Assessment and Examination of Records

- The applicant shall give the federal agencies, state agencies, and the Bureau of Aging and Disability Resources' authorized AAAs access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on Aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

15. Maintenance of Non-Federal Funding

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate efforts to obtain funds from private sources and other public organizations for each service funded under the county or tribal plan.

16. Regulations of Grantor Agency

The applicant shall comply with all requirements imposed by the Department of Health Services, Division of Public Health, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

17. Older Americans Act

Aging units, through binding agreement/contract with an AAA must support and comply with following requirements under the Older Americans Act (Public Law 89-73) [As Amended Through P.L. 116-131, Enacted March 25, 2020]

Reference: 45 CFR Part 1321 – Grants to State and Community Programs on Aging as updated in March 2024.

Sec. 306. (a)

(1) provide, through a comprehensive and coordinated system, for supportive services, nutrition services, and, where appropriate, for the establishment, maintenance, modernization, or construction of multipurpose senior centers (including a plan to use the skills and services of older individuals in paid and unpaid work, including multigenerational and older individual to older individual work), within the planning and service area covered by the plan, including determining the extent of need for supportive services, nutrition services, and multipurpose senior centers in such area (taking into consideration, among other things, the number of older

individuals with low incomes residing in such area, the number of older individuals who have greatest economic need (with particular attention to low income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals who have greatest social need (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) residing in such area, the number of older individuals at risk for institutional placement residing in such area, and the number of older individuals who are Indians residing in such area, and the efforts of voluntary organizations in the community), evaluating the effectiveness of the use of resources in meeting such need, and entering into agreements with providers of supportive services, nutrition services, or multipurpose senior centers in such area, for the provision of such services or centers to meet such need;

(2) provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-

(A) services associated with access to services (transportation, health services (including mental health services), outreach, information and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible), and case management services);

(B) in-home services, including supportive services for families of older individuals who are victims of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and

(C) legal assistance;

and assurances that the Area Agency on Aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.

(3)(A) designate, where feasible, a focal point for comprehensive service delivery in each community, giving special consideration to designating multipurpose senior centers (including multipurpose senior centers operated by organizations referred to in paragraph (6)(C)) as such focal point; and (B) specify, in grants, contracts, and agreements implementing the plan, the identity of each focal point so designated;

(4)(A)(i)(I) provide assurances that the Area Agency on Aging will—

(aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;

(bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and

(II) include proposed methods to achieve the objectives described in items (aa) and (bb) of subclause (I);

(ii) provide assurances that the Area Agency on Aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—

(I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;

(II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and

(III) meet specific objectives established by the Area Agency on Aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

(4)(A)(iii) With respect to the fiscal year preceding the fiscal year for which such plan is prepared, each Area Agency on Aging shall--

(I) identify the number of low-income minority older individuals and older individuals residing in rural areas in the planning and service area;

(II) describe the methods used to satisfy the service needs of such minority older individuals; and

(III) provide information on the extent to which the Area Agency on Aging met the objectives described in clause (a)(4)(A)(i).

(4)(B)(i) Each Area Agency on Aging shall provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on--

(I) older individuals residing in rural areas;

(II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);

(IV) older individuals with severe disabilities;

(V) older individuals with limited English proficiency;

(VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and

(VII) older individuals at risk for institutional placement, specifically including survivors of the Holocaust; and

(4)(C) Each area agency on agency shall provide assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low-income minority older individuals and older individuals residing in rural areas.

(5) Each Area Agency on Aging shall provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision

of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.

(6)(F) Each area agency will:

in coordination with the State agency and with the State agency responsible for mental health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the Area Agency on Aging with mental health services provided by community health centers and by other public agencies and nonprofit private organizations;

(6)(G) if there is a significant population of older individuals who are Indians in the planning and service area of the area agency on aging, the area agency on aging shall conduct outreach activities to identify such individuals in such area and shall inform such individuals of the availability of assistance under this Act;

(6)(H) in coordination with the State agency and with the State agency responsible for elder abuse prevention services, increase public awareness of elder abuse, neglect, and exploitation, and remove barriers to education, prevention, investigation, and treatment of elder abuse, neglect, and exploitation, as appropriate; and

(9)(A) the area agency on aging, in carrying out the State Long-Term Care Ombudsman program under section 307(a)(9), will expend not less than the total amount of funds appropriated under this Act and expended by the agency in fiscal year 2019 in carrying out such a program under this title; and (Ombudsman programs and services are provided by the Board on Aging and Long Term Care)

(10) provide a grievance procedure for older individuals who are dissatisfied with or denied services under this title;

(11) provide information and assurances concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-

(A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the Area Agency on Aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;

(B) an assurance that the Area Agency on Aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and

(C) an assurance that the Area Agency on Aging will make services under the area plan available, to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.

(13) provide assurances that the Area Agency on Aging will

(A) maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.

(B) disclose to the Assistant Secretary and the State agency-

(i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and

(ii) the nature of such contract or such relationship.

(C) demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.

(D) demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.

(E) on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.

(14) provide assurances that funds received under this title will not be used to pay any part of a cost (including an administrative cost) incurred by the Area Agency on Aging to carry out a contract or commercial relationship that is not carried out to implement this title.

(15) provide assurances that funds received under this title will be used-

(A) to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i); and

(B) in compliance with the assurances specified in paragraph (13) and the limitations specified in section 212;

(16) provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care;

(17) include information detailing how the area agency on aging will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery.

Wisconsin Elders Act

If the applicant is an aging unit, the aging unit must comply with the provisions of the Wisconsin Elders Act, the title given to [Chapter 46.82](#) of the Wisconsin Statutes.

Appendices

Public Hearing Report

Date of Hearing: September 25, 2024	County or Tribe: Iowa
Location of Hearing: Iowa County Health and Human Services Center, Conference Room 1001	Accessibility of Hearing: ✓ Location was convenient, accessible & large enough ✓ Provisions were made for hearing/visual impairments ✓ Provisions were made for those who do not speak English ✓ Hearings were held in several locations (at least one in each county your agency serves) ✓ Hearing was not held with board/committee meetings
Address of Hearing: 303 W. Chapel St. Dodgeville, WI 53533	
Number of Attendees: 2	
Public Notice: ✓ Official public notification began at least 2 weeks prior? Yes. ✓ *ADRC Board Meeting: 8/27/24 ✓ *Print newspaper: Dodgeville Chronicle 9/12/24 ✓ *ADRC Website: 9/17/24 ✓ *Health and Wellness Expo: 9/13/24 ✓ *Seniors United for Nutrition Monthly Board Meeting: 9/24/24 ✓ Notification includes:	

- ✓ Date, Time, Location, Subject of the hearing, and location and hours the plan is available for examination
- ✓ A copy of the notice is included with this report, see below

NOTICE OF PUBLIC HEARING

The Aging and Disability Resource Center located in Iowa County will hold a Public Hearing on **Wednesday, September 25, 2024 at 1:00pm** for the purpose of receiving comments on the proposed 2025-2027 Iowa County Aging Unit Plan.

**The hearing will be held in Conference Room 1001 at
the Health & Human Services Center
303 W. Chapel Street, Dodgeville, WI 53533.**

Copies of the Plan draft will be available at the ADRC, 303 W. Chapel St., Suite 1300, Dodgeville, WI beginning the week of September 16th from 8:00 a.m. until 4:30 p.m.

Written comments will be accepted for the record until October 2, 2024.

If you would like to attend the hearing, but do not have transportation, please call (608) 930-9835 to discuss other arrangements.



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Proof of Publication

STATE OF WISCONSIN
IOWA COUNTY --- ss.

J. Patrick Reilly, being duly sworn, is the co-publisher of The Dodgeville Chronicle, a weekly newspaper published at the City of Dodgeville, in the County of Iowa and State of Wisconsin; that the:

**NOTICE OF PUBLIC HEARING
2024 AGING PLAN**

of which a copy is hereunto annexed and made a part hereof, was duly published in The Dodgeville Chronicle once each week for one successive week(s). The publication date(s) we
September 12, 2024

Printer's Fees \$25.14

J. Patrick Reilly

J. Patrick Reilly, Co-Publisher

Subscribed and sworn to before me on
September 25, 2024

Shelly Roh

Shelly Roh
Notary Public, Iowa County, Wisconsin
Commission Expires January 7, 2028



Agriculture

Kim Kester, Regional Livestock Educator

Jackie McCarville, Regional Dairy Educator

Jordyn Sattler, Regional Crops & Soils Educator



The Extension Agriculture Institute is your connection to the latest University of Wisconsin-Madison research. Our five program areas; Agriculture Water Quality, Crops and Soils, Dairy and Livestock, Farm Management, and Horticulture, are here to educate and respond to the needs of the agriculture community while providing resources that promote economic and environmental sustainability in Wisconsin. We apply research to challenges facing communities and businesses.

- An in-person field day for new and established beef producers to provide educational information about starting a beef business. Topics covered during this event were biosecurity, marketing weaned and finished animals, handling facilities and chute side beef quality assurance, body condition scoring, testing and reading a hay test, and reproductive decisions for now and the future. (Kimberly Kester)
- An article for beef producers on best management practices and current research in livestock systems. Articles like these keep livestock producers up to date with local and regional livestock news, market trends, and production ideas to help increase the economic viability of producers. (Kimberly Kester)
- A presentation at the Stockmanship Stewardship workshop for beef producers on truck and trailer maintenance and safety for hauling cattle to help producers improve safety for humans and livestock, minimize risk and added expenses due to break downs and potential crashes. (Kimberly Kester)
- An article in the Wisconsin Agriculturist about using genomics technology to select commercial beef replacement heifers in order to improve maternal, performance, and terminal traits within the herd. (Kimberly Kester)
- Planning for a multi-state conference/workshop for beef producers where participants learn about land stewardship to enhance climate resiliency, livestock well-being practices, and stockmanship skills to increase market access and improve profitability. (Kimberly Kester)
- A pilot study to gauge the feasibility of swath/windrow grazing as a winter feeding option for beef cows in southwestern Wisconsin, in collaboration with CALS faculty and Lancaster ARS personnel. Results from this pilot study will offer beef producers a potential new winter feeding strategy that utilizes drought-resistant/climate resilient forages, saves time and money by reducing fieldwork/fuel usage, reduces damage to fields, and provides adequate nutrition for cows. (Kimberly Kester)
- Planning for Planning Emergency Livestock Transportation Response (PELTR) hybrid workshops for and in collaboration with area and statewide emergency response personnel. The goal of PELTR is to maintain an effective emergency response that protects producer/livestock owners' and Wisconsin's agricultural economic viability. (Kimberly Kester)
- The Beef x Dairy Roadshow was a multi-location, in-person program, that provided research-based information to improve the selection, management, and marketing of beef x dairy crossbred cattle. (Kimberly Kester and Jackie McCarville)



- A presentation to 5th graders and teachers attending the Iowa County Safety Day about animal safety. Participants learned how animals hear, move, and react to other livestock and humans and gained a better understanding of animals. (Jackie McCarville and Kim Kester)
- An article for the Wisconsin Shopper (Plain community subscription) for producers to consider letting new crop corn silage ferment in order to get the best digestibility. (Jackie McCarville)
- Planning and execution of Badger Dairy Insight webinar for dairy producers, veterinarians, and dairy industry allies in collaboration with Aerica Bjurstrom. The goal of the webinar, entitled “New Concept in Colostrum Feeding for Dairy Calves” is for producers to consider feeding a smaller volume of colostrum to newborn calves. Delivering the correct mass of immunoglobulin in a smaller volume ensures the successful transfer of passive immunity (TPI) is preferable to current colostrum feeding guidelines. Feeding too large a volume of colostrum can cause serious complications that affect the health and well-being of newborn calves. This will allow producers to feed lower quantities of higher quality colostrum to calves, improving the well-being of the calves. (Jackie McCarville)
- A webinar, one session part of Badger Dairy Insight, for dairy farmers and dairy industry professionals, where participants learned about risks of feeding rations without adequate fiber levels and potential dry matter and nutrient losses during silage preservation. (Jackie McCarville)
- A series of planning meetings to develop a case study on the multifaceted implications of investing in autonomous technologies in dairy farming by examining real-world experiences and outcomes. The goal of this effort is to help farmers make informed, strategic, and economically viable decisions that fully considers all aspects of their farming operations and lifestyle. (Jackie McCarville)
- An article for the WI Agriculturist magazine and website where people learned the importance of animal nutrition in relation to udder health. (Jackie McCarville)
- An article for the WI State Farmer where producers learn about the impacts of feeding a low fiber diet. (Jackie McCarville)
- A one-day workshop for farmers, agronomists, and crop consultants where participants learned about the latest research in optimizing weed management through the use of improved technology, precision agriculture, and conservation practices. The purpose of this effort is to help increase the resiliency of cropping systems in Wisconsin and manage weeds effectively while minimizing resistance and increasing profitability and sustainability in agriculture. (Jordyn Sattler)
- An article for corn silage producers where they learned about conditions for mycotoxin development in corn silage and harvest strategies to ensure they're making high quality forages that are safe for their livestock to consume. (Jordyn Sattler)
- A field day for producers and agronomy professionals in Southwest Wisconsin where they learned about the Nitrogen Optimization Pilot Program, cover crop management, and economic nitrogen use. Through this effort, producers have a greater interest in the research and data collection efforts that are taking place locally and will increase the use of data when making management decisions on their farm to be more efficient, economical, and enhance productivity. (Jordyn Sattler)
- An event for Extension colleagues where they learned about alfalfa management to improve their knowledge and skills and develop curriculum for public instruction to be held next year. (Jordyn Sattler)



Drone image taken of one of the fields in the Nitrogen Optimization Pilot Program showing varying colorations of corn due to having different nitrogen rates applied.



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- Planning to coordinate Extension educators statewide to ensure uniform data collection related to corn silage harvest management. The goal is to share whole plant moisture with forage growers in each region and aggregate additional silage data including planting date, relative maturity, corn hybrid, fungicide use, grain stage, and previous crop. This data would be utilized to inform future corn silage harvest recommendations. (Jordyn Sattler)
- An on-farm data collection project to better understand the development of Frogeye Leaf Spot disease on soybeans. Results from this study will help researchers develop a risk modeling and forecasting tool for utilization by producers to anticipate disease pressure and prepare to take action when necessary. (Jordyn Sattler)
- Planning for a workshop on weed management for farmers and agribusiness professionals. The goal is to offer a one-day workshop where participants will learn about innovations in weed management, such as precision technology, pesticide safety, and combine cleaning to improve sustainability and profitability in grain and forage cropping systems. (Jordyn Sattler)



Soybean field being scouted
for Frogeye Leaf Spot

Community Development

Barry Hottmann, Community Development Educator



The Extension Institute of Community Development provides educational programming to assist leaders, communities, and organizations realize their fullest potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. We educate in leadership development, organizational development, food systems, community economic development, local government education and much more. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

- A hands-on educational event aimed at teaching 6th grade students about environmental conservation and natural resource management, where in partnership with local schools, environmental organizations, and experts, we created an interactive learning experience that introduces students to topics like wildlife habitats, water quality, forestry, soil conservation, and more. This effort reflects Extension's broader mission of connecting communities to university research and resources, while emphasizing environmental stewardship among younger generations.
- Planning for specific **community development programming** for towns, villages, and cities in Iowa County in collaboration with county government, regional economic development entities, and many state partners (including UW Extension). The goal is to introduce municipalities to tools, resources, and methods to help guide their decision making, so that their communities will have opportunities for growth and development in the future.
- Planning for the City of Mineral Point to join the pilot **Wisconsin Rural Entrepreneurial Venture (REV) Program**. The goal for the Mineral Point team is to focus on supporting entrepreneurs to help strengthen the Iowa County local economy.



Youth Conservation Field Days
– 2024 / Bloomfield Prairie



Small communities continue to struggle with finding new opportunities for growth. Evidence suggests that building strong entrepreneurial opportunities in our rural communities is a great opportunity to foster new business and growth. As the REV program was introduced to the CED group and because of having some experience as an entrepreneur myself, I saw this as a great opportunity to help communities in Iowa County. Wisconsin Extension's economic development leadership has worked to pull in the Rural Entrepreneurship Venture (REV) Program. This is a proven entrepreneurial development program designed to advance small town economies through a targeted business approach. It provides coaching, resources, and connections throughout the visioning and implementation process as each community explores what economic development means for their communities.

Families & Finances

Bridget Mouchon, Human Development & Relationships Educator



Extension's Human Development & Relationships Institute provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.

- Aging Mastery Program - I had set up an online Aging Mastery program for southwest WI prior to arriving in Iowa County, and this is ongoing now through the end of October. It runs for 10 weeks and covers topics like medications, falls prevention, advance (end-of-life) planning and healthy lifestyle. 6 people have been attending.
- Strong Bodies - I have led several online Strong Bodies classes, and this is accessible to anyone with internet. Live classes continue in Dodgeville and Barneveld, and our Extension office is acting as the coordination hub for volunteers.
- Work-n-Wheels Financial Coaching - I have had my first client referred and concluded our sessions. She brought information home to her boyfriend and talked about tracking spending and building savings with him based on our lessons. We looked at her credit report together, and she is able to do this on her own now. Having completed this financial coaching step with me, she will be able to get a good used car to get to work through the SWCAP Work-n-Wheels program and feels better prepared to work toward her goal of buying a house in about five years.
- Associational Mapping - I have helped (with Bruce Paull and others) to bring a workgroup together to start looking at the associational mapping project that started pre-COVID. Associations are citizen-led groups such as civic groups (e.g. Kiwanis), trap-shooting or garden clubs, and churches. We think it's important to build a network of these associations to 1) help address social isolation, 2) we all can reach a larger number of people, and 3) they mobilize members to act on many different issues. We are discussing our next steps and trying to get a short interview/conversation script put together to find out more about our local associations and how they see themselves reaching more people or being involved in more community efforts.
- Aging Community Action Team - Falls response efforts are ongoing, with data being collected by EMS and law enforcement, and work toward doing warm hand-offs to the ADRC and community resources. There is not enough people-power on the team to spread the message about falls prevention, which was in the strategic plan

for the group. This would be an area where I could really focus and speak to these citizen-led associations as mentioned above.

- Stakeholder conversations - I have met with many stakeholders and had some initial conversations about their place and roles in the community and about what I can do to align and support with my work. I would be able to help lead the next Community Health Needs Assessment process, with community partners, and lead prevention programming where there are gaps.
- Planning Ahead and other Financial Programs - I am being trained to deliver several aging and financial wellness programs, including the Planning Ahead program that discusses end-of-life medical and financial planning.

Health and Well-Being

Maggie Milcarek, FoodWise Nutrition Coordinator

Julia Harman, FoodWise Nutrition Educator



The Extension Institute for Health & Well-Being works to catalyze positive change in Wisconsin communities to promote health and well-being. Our research-based programs are focused on food and nutrition security, chronic disease prevention, mental health promotion, substance use prevention, and access to health care. Rooted in both urban and rural communities, we're working together to help solve the state's most pressing well-being needs and to ensure that all Wisconsinites have the opportunity to live stronger, healthier lives.

- An educational outreach effort in partnership with the Human Development and Relationships Educator at the Iowa County Health and Wellness Expo. Information was shared with participants on the StrongBodies program and recommendations for exercise, strength-training, nutrition, and hydration. Participants received healthy recipes and tips on staying hydrated and active. Participants also saw demonstrations of and engaged in StrongBodies exercises. A goal of this effort is to promote active living, healthy lifestyles, and socialization for older adults in Iowa County.
- Planning for and conducting a survey with food pantry users in collaboration with LCIC Emergency Food Pantry and food garden partner Soul Food. The goal of this project is to collect information from food pantry users on what produce and food items they want to see at the food pantry so that the pantry can improve the relevance of their food inventory, particularly for the growing Hispanic population.
- A nutrition education class in conjunction with the food garden at Dodgevilla apartment building in Dodgeville. FoodWise staff engaged with residents on nutrition education topics related to produce growing in the garden. Participants talked about healthy snacking for older adults; learned about the health benefits of eating all five food groups; and received tips for selecting, washing, storing, and using the vegetables growing in the garden. Participants received recipes featuring seasonal vegetables and sampled a pico de gallo recipe. The goal of this effort is to provide information to help encourage residents to harvest and eat fresh vegetables growing in the garden.



Information table at the Health and Wellness Expo



A box of produce harvested from the food garden and available for residents to take



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- FoodWise staff provided the LCIC Emergency Food Pantry users with educational handouts on healthy eating and recipes featuring produce donated from the Livingston Community Food Garden. Information was offered in English and Spanish. The goal of this effort is to increase consumption of fresh local produce, encourage healthy eating habits and promote the use of the community food garden.
- A nutrition education class in conjunction with the food garden at Dodgevilla apartment building in Dodgeville. FoodWise staff engaged with residents on nutrition education topics related to produce growing in the garden. Participants learned about the health benefits of eating vegetables and how to select, wash, store, and use the vegetables growing in the garden. Participants received recipes featuring seasonal vegetables and sampled a cucumber and herbed yogurt dip. The goal of this effort is to provide information to help encourage residents to harvest and eat fresh vegetables growing in the garden.
- An outreach and education event held at Livingston Community Improvement Corporation Food Pantry in partnership with Soul Food and the Livingston community food garden. Food Pantry participants had an opportunity to receive produce from the community food garden. Recipes featuring donated produce and nutritional information were offered in English and Spanish. The goal of this effort is to increase consumption of fresh local produce, encourage healthy eating habits and promote the use of the community food garden.
- FoodWise staff provided seasonal recipes and educational handouts in conjunction with the food garden at the Lafayette County Housing Authority Riverview apartments in Blanchardville. Residents at the apartment received information on how to select, wash, prepare, store and preserve produce that was currently growing and being harvested from the community garden. The goal of this effort is to increase the awareness, use, and consumption of vegetables growing in the community food garden.
- A nutrition education class in conjunction with the food garden at Riverview Apartment building in Blanchardville. FoodWise staff engaged with residents on nutrition education topics related to produce growing in the garden. Participants learned about the health benefits of eating vegetables and herbs and how to select, wash, store, and use the produce growing in the garden. Participants received recipes featuring seasonal vegetables and herbs and made and sampled a healthy dip. The goal of this effort is to provide information to help encourage residents to harvest and eat fresh herbs and vegetables growing in the garden.



Carrots harvested from
the Riverview food garden

Positive Youth Development

Dan Brandt, 4-H Youth Development Educator



The Extension Institute of Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and afterschool programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.

- Fair time and the procedures for judging face-to-face can be very scary at first and a lot to take in for new families to the fair. Providing a time and safe place for families to ask questions is a great way to allow families to feel safer and help them fully engage in the fair. This event allowed me time to engage and have families ask

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questions about the judging and processes for face-to-face judging that happens at the Iowa County Fair. Providing a time and safe place for families to ask questions is a great way to allow families to feel safer and help them fully engage in the fair.

- The Iowa County 4-H program is always looking to boost enrollment and provide ways that families can easily join and learn more about 4-H. The Iowa County 4-H program set up a small booth that families could trade in a card for a free cast at the fishpond. At this event, the youth would receive a prize of small toys and trinkets and also a QR code to possibly join and explore more about 4-H in Iowa County. This effort allowed more people to interact with youth that are already in the 4-H program and allowed them to access and explore more about 4-H on their own at home by scanning the QR code.
- By visiting and providing an educational program for the youth of multiple county clubs, I am able to meet the local club members and start building a trusting and caring relationship with them. My visits also help in informing the youth and parents of the opportunities at the county and state 4-H program levels. These visits also provide me with a way to connect and talk about record bookkeeping and other educational pieces of the 4-H program.
- Emery, a fellow 4-H Educator from Vernon County and I have developed a monthly curriculum that focuses on the science of the season. 4-H members who are 5-7 years old enroll in the Cloverbud project, which has limited opportunities (in comparison to older youth) due to the age and developmental ability of our youngest 4-H members. This monthly mailing allows them something special and to feel connected with the program. The goal of the program is to connect the younger youth to the world around them and help them understand why things happen the way they do in nature.



IOWA COUNTY VETERANS SERVICE OFFICE
303 W. Chapel Street, Suite 1300 • Dodgeville, WI 53533

DEPARTMENT UPDATE TO HHS COMMITTEE
30 Oct 2024

1. The winter edition of the newsletter is being compiled and will be sent to the printing company in the near future.
2. Iowa County Healthcare Equipment Loan Program administration remains with the Veteran's Office. There have been 28 completed requests for equipment since the last department update in Aug, 2024.
3. The Veterans Service Office has 17 VA service connected disability claims currently in various stages of development with the Veterans Benefit Administration. These claims are still moving through the VA system at a slower pace than prior to the passage of the PACT Act (The Sergeant First Class (SFC) Heath Robinson Honoring our Promise to Address Comprehensive Toxics) Act. The Veterans Benefit Administration has 974,374 pending claims as of 19 Oct 2024. 237,617 of those claims have been pending for more than 125 days since receipt.
4. The repatriation escort for CPL Robert P Raess went very well. The fire departments for Mount Horeb, Barneveld and Ridgeway were posted on the overpasses by their respective communities, providing honors as the escort passed. In the City of Dodgeville, people lined the entire route, from the Dodgeville Fire Department American Flag at Upland Hills Hospital to the intersection of highway 23 and 18. The escort detail for Cpl. Raess' interment on Saturday 7 Sep 2024 was provided by about 15 motorcycles (American Legion Riders, VFW Riders and US Military Vets MC predominantly), local Veteran Service Organizations and others. There were numerous community members at the cemetery for the graveside service and Funeral Honors. His government gravestone has been ordered through the VA Memorial Programs Office. I have not heard from Gorgen Funeral Home, if the stone has been received.

Sincerely,

Jeffrey T. Lindeman Veterans Service Officer

