NOTICE OF AN ELECTRONIC MEETING

This meeting will be conducted via electronic videoconferencing/teleconferencing. As such, it is likely that some or all members of, and a possible quorum, may be in attendance via electronic means and not physically present. In accordance with Wisconsin law, the meeting will remain open to the public. The public may attend in person at the location noted on the agenda. However, DHS Emergency Order #12 requires that no more than ten people be at one gathering and that everyone respects social distancing. The public is encouraged and requested to attend via electronic means.



AGENDA - ADRC of Southwest Wisconsin-Iowa County Board Tuesday, July 28, 2020 at 10:00 a.m. Conference Call 1-312-626-6799

Conference Call 1-312-626-6799 Zoom Meeting ID: 823 5519 1027

https://us02web.zoom.us/j/82355191027?pwd=eDhCVXdKNHJtQ1 Z4R2J0ZkZCMlM1dz09

Health & Human Services Center, Community Room, 303 W Chapel St., Dodgeville, WI 53533 Iowa County Wisconsin

1	Call to order.				
2	Roll Call.				
3	Approve the agenda for this July 28, 2020 meeting.				
4	Approve the minutes of the June 23, 2020 meeting.				
5	Report from committee members and an opportunity for members of the audience to address the committee. No action will be taken.				
6	Review ADRC Monthly Financial Summaries. No action will be taken.				
7	Review current ADRC Board By-Laws. No action will be taken.				
8	Department Reports: a) SUN: b) ADRC: (EBS, DBS, I&A, and Transportation)				
9	ADRC Manager: a) ADRC Managers Report b) Advocacy Updates				
10	Set next meeting date: Tuesday, August 25, 2020 at Health & Human Services Center, 303 W. Chapel Street, Dodgeville, WI 53533. 10:00 a.m. Zoom will still be an option.				
11	Adjournment.				
	Posting verified by: ADRC Date: 07/22/2020 Initials: mbo				

You may attend via videoconference by downloading the free Zoom program to your computer at https://zoom.us/download. At the date and time of the meeting; you log on through the Zoom program and enter the Meeting ID from the above agenda. You may also attend via conference call by dialing the phone number listed on the agenda above.

TUESDAY, JUNE 23, 2020

State of Wisconsin County of Iowa

UNAPPROVED MINUTES OF THE ADRC OF SOUTHWEST WISCONSIN, IOWA COUNTY BOARD MEETING HELD TUESDAY, JUNE 23, 2020 at 10:00 a.m. HEALTH & HUMAN SERVICES CENTER, 303 W. CHAPEL ST., DODGEVILLE, WI 53533

2020-03

		The state of the state of
Item		Index
1)	Chairperson O'Brien called the meeting to order at 10:05 a.m.	Call to Order
2)	Roll Call – Members Present in Community Room: Jeremy Meek and Justin O'Brien. Members Present Remotely: Nancy Clements, Kathy Elliott, Lori Fisher, Judy Lindholm, Elsie Jane Murphy, Cathy Palzkill, J. Patrick Reilly, Trish Rock, and Marilyn Rolfsmeyer. Excused: Lynn Munz and Bill Ladewig. Absent: Dianne Evans. Others Present in Community Room: Valerie Hiltbrand, Marylee Oleson, and Cecile McManus. Others Present Remotely: Nikki Brennum and Renae Kratcha.	
3)	Approval of the June 23, 2020 Agenda. Motion by Meek and seconded by Reilly to accept the agenda. Motion carried.	Agenda Approval
4)	Approval of the May 26, 2020 meeting minutes. Motion by Fisher and seconded by Reilly to accept the amended meeting minutes. Motion carried.	Meeting Minutes Approval
5)	O'Brien discussed the isolation and loneliness for residents in nursing homes. Maybe we can do something for those people. Palzkill received a Medicare Advantage Plan notice. Concerned because it looked legitimate. Hiltbrand reiterated that articles are in the News & Views newsletter explaining the different Medicare plans and the fact that our Benefit Specialists are available to answer your questions and can review questionable mail, if you request them to. O'Brien suggested the ADRC advertise the benefit specialist program can review your questionable mail. It's a topic for future discussion.	Members of audience address Committee
6)	O'Brien noted that expenditures exceeded income.	Monthly Financial Summary
7)	O'Brien amended the By-Laws. Changed: Article IV. ADRC BOARD, Section 3. Tenure/Terms, changed the word "rotations" to "rotation". Article V. OFFICERS, Section 3, Tenure - officer term limits. May serve three consecutive terms in any one office. If replacing an officer, may also serve three additional consecutive one-year terms. Article VII. MEETINGS, changed the word "Rule" to "Rules". Article IX. DUTIES AND POWERS, I. add a comma after (GWAAR). Motion by Palzkill to Approve the By-Laws as amended and seconded by Fisher. Motion carried. Hiltbrand will make these changes and send a clean version to the HHS Committee for approval.	ADRC Board By-Laws
8)	SUN (Seniors United for Nutrition): Cecile McManus, SUN Director for Iowa and Lafayette Counties, attended. Except for two restaurants, all dining sites are closed. Meal delivery and take-out predominantly. Hidden Valley Community Church in Dodgeville has been open since early June but the Dodgeville Dining Site has not yet opened. Short discussion on the Phases to Reopening (information: https://www.dhs.wisconsin.gov/covid-19/prepare.htm). Policies and procedures to reopening needs to be created. In need of meal delivery drivers in Mineral Point. Please spread the word. Meal totals were slightly lower in May than in April. Received some nice donations. 1&A (Information & Assistance): Report Provided. Renae Kratcha attended virtually. Discussed the \$25 Senior Farmers' Market Vouchers program. Changes	Review Department Reports

this year due to COVID-19 include (but aren't limited to): no walk-ins, intake over the phone, curbside pickup, and proxies for those unable to pick up their own vouchers. The ADRC includes a flyer listing the majority of benefits the ADRC is able to assist with and the I&A Specialist spends a few moments with the client reviewing programs. Mentioned the Dodgeville Farmers Market applied for and received a grant (second year) for the "Double Your Dollars" program. Participant vouchers are worth twice their face value at the Dodgeville Farmers Market only.

DBS (Disability Benefit Specialist): Report Provided. Nikki Brennum attended virtually. O'Brien requested an explanation of Salon Outreach. Brennum stated that the ADRC realizes hairdressers have a lot of personal contact with their customers. It was decided to provide the hair salons with rain bonnets and brochures about the ADRC and what we can do to assist anyone over the age of 18. The ADRC has done it once in the past and it was well received.

EBS (Elder Benefit Specialist): Report Provided.

Transportation: Report Provided. Palzkill would like to see us highlight our volunteer driver escorts with human-interest stories in the ADRC newsletter. Oleson said the ADRC has done this in the past and can certainly review again. Hiltbrand suggested we focus on our Rural Taxi service, which is slow getting off the ground. In this month's newsletter, an article features our Rural Taxi driver Mike Doyle. O'Brien is pleased to see the public is still utilizing the services. O'Brien asked if customers are using the taxi for grocery shopping. Oleson replied they are using it for grocery shopping (and delivery), banking, medical, and running general errands.

9) ADRC Manager: Valerie Hiltbrand presented.

REPORT -

- The ADRC and Upland Hills Health, along with input from the Iowa County Health Dept., have decided to postpone the annual Health and Wellness EXPO to 2021. Currently brainstorming other activities to celebrate and do community outreach.
- June is Elder Abuse Awareness Month. Seventy-four Pinwheels are on display outside our office through the month of June.
- GWAAR has created an Elder Abuse Hotline 1-833-586-0107. There is also a website www.ReportElderAbuseWI.org that includes outreach to victims and an online reporting tool.
- The HHS Center is still closed to the public. A task force was created to review all aspects of reopening to the public, when the time arrives. We are encouraging the public to "Call Before You Go".
- Iowa County website has new tools and a dashboard created by the Health Department for COVID-19 related information www.iowacounty.org.
- Wellness & Prevention Programs are going forward with a few programs being in-person, smaller group size. They will also be having virtual program offerings.
- Caregiver Support Program mental health crisis due to COVID-19. Isolation, loneliness, fear are all real factors. Many new resources are available online.

ADVOCACY -

• Increase in conversations statewide for health equity, protests, Black Lives Matter. Though we are not required to have people of color on the ADRC Board, Hiltbrand invites our current board members to encourage people of color to consider applying for the board. A diverse representation from the public may give the ADRC a better perspective in how to plan programs and services. The board currently has one open community position available.

ADRC Manager

	 Hiltbrand quoted statistics from a June 17 presentation by the Wisconsin Bureau of Aging and Disability Resources: COVID-19 has affected older adults in WI: 23% of all COVID-19 cases, 87% of the deaths, 4x more likely to be hospitalized, and 18 more times likely to die. COVID-19 has affected older people of color in WI: older blacks are diagnosed at 9x the rate of whites, older Hispanics at 10x the rate, older Asians at 4x the rate, and American Indians about the same rate as whites. COVID-19 has affected older people of color in WI: older blacks die 	
	 at 10x the rate of whites, older Hispanics at 5x the rate, older Asians at 3x the rate, and American Indians at 1.5x the rate. COVID-19 has affected the disability population: those who have preexisting conditions including Diabetes, cardiovascular disease, respiratory issues/smoking and other health conditions. Absentee Voting – increase awareness for the elder and disabled population. 	
	Add information to our newsletter and social media outlets. Scams – Resources available – Senior Medicare Patrol (division of GWAAR) and the Better Business Bureau. Latest scams have been impersonating Contact Tracers (trace and monitor contacts of COVID-19 infected people. Notify them of their exposure and warning contacts in order to stop chains of transmission). Contact Tracers will not ask for money or personal information.	
НН	S Center, Community Room, Dodgeville. Zoom will still be an option so that on the board and community can participate.	Next Meeting Date
	tion by Fisher and seconded by Lindholm to Adjourn. Motion carried. Meeting ourned at 11:26 a.m.	Adjourn

AGING & DISABILITY RESOURCE CENTER REVENUE AND EXPENDITURE SUMMARIZATION JUNE 2020

Income

\$74,514.04

 Income includes reimbursement from Green County, reimbursement from GWAAR, reimbursement from Family Care for driver escort rides, driver escort co-payments, city taxi and rural taxi co-payments.

Expenditures

\$53,897.31

 Expenses include payroll and fringes, office supplies, postage, News & View publication, advertising for the rural taxi, volunteer driver reimbursement, caregiver respite, and fuel for taxi.

Information & Assistance Report For June 2020

Brittany Mainwaring, Katie Batton, & Renae Kratcha

Total number of contacts:

439

Encounter Contacts:

339

This number reflects the number calls, walk-ins, scheduled office appointments or home visits for people requesting Information. This information can include private pay resource information, Medicaid basics, application for Medicaid, Food Share, Badger Care, requests for in-home information, etc.

Referrals from Nursing Homes:

Home visits:

Scheduled Office Visits:

31 (Farmer's Market Appts) / New Ord

Number of Functional Screens Administered:

A functional screen consists of a series of questions about a person daily functioning (i.e. bathing, dressing, eating, chores, decision making etc). Identifying areas of need and the causes of these needs determines a person's functional eligibility for long-term care programs. These screens are usually completed in the client's home and last anywhere from 1½ to 2 hours of face-to-face interview time. Information and Assistance Specialist's then compile medical records and collateral contacts to verify information and enter the screen into a state database. When entering the screen, Information and Assistance Specialist's make detailed notes on every choice and observation placed in the screen. Completion of one functional screen can take up to 8-9 hours.

Number of Nursing Home Relocations:

A Nursing Home Relocation - when Medical Assistance is paying for a person's stay in the nursing home and they want to discharge back into the community. The individual is able to directly enroll into a long-term care service; either Family Care or IRIS, because they are already receiving Medicaid services. The long-term care program helps them "relocate" back into the community.

Number of People Enrolled in Family Care:

Family Care is a program that provides services and supports to people with physical disabilities, developmental disabilities and frail elders. In this area of the state, consumers have the choice between two Managed Care Organizations, Inclusa and My Choice-Care Wisconsin, which provide the Family Care Program. Their staff in conjunction coordinate the services, which are offered by the Managed Care Organization, with the customer. The Managed Care Organization from their own network of providers purchases these services. Information and Assistance Specialists meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

Number of People Referred to IRIS:

IRIS, (Include, Respect, I Self-Direct) is another program which also provides funding for services. The Management Group (TMG) and Advocates 4U in this area of the state administer the IRIS program. This is a self-directed program and gives the customer more of the responsibility of choosing providers and managing their own monthly budget. Information and Assistance Specialist's meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

Additional meetings and other events:

Examples:

Information and Assistance Specialist's work as a part of *Regional function teams* to maintain quality assurance while serving the community. The Regional Aging and Disability Resource Center is made up of Grant, Green, Iowa and Lafayette counties.

Information and Assistance Specialist's also work on transitioning students from the world of high school and child waiver programs to adult programs. This can be in the form of completing functional screens, options counseling, attending Individualized Educational Program (progress) meetings and the County Communities on Transition (CCOT) meetings.

Further education in the field of human services is also required, and is often fulfilled through attendance of state conferences and other trainings.

This month, staff participated in the following:

Other meetings/events:

Homeless Coalition Meeting, Lifeline Training, Iowa County Self-Care Meeting, HeART meeting, Stand Up Move More Research Project Meeting, Family Advocacy for Nursing Home Residents Webinar

Key:

CCoT- County Communities on Transition

DSS- Department Social Services

I&A- Information and Assistance Specialist

IEP- Individualized Education Program

IRIS- Include, Respect, I Self Direct

MCO- Managed Care Organization

MDS Q- Minimum Data Set

Disability Benefit Specialist: Nikki Brennum Elder Benefit Specialist: Stacey Terrill June 2020 Program Report

This report provides a statistical analysis of benefit specialist (Ben Spec) program services, as reported in the Social Assistance Management System (SAMS) database. The report focuses on legal and benefits-related assistance or "cases." It excludes general information and referral contacts, as well as public and media outreach activities.

CLIENT

A client is defined as a person who had one or more contacts related to a case during the reporting period. A new client is defined as a person whose earliest recorded contact involving legal or benefits-related assistance falls within the reporting period.

Disability Benefit Specialist: 22 Elder Benefit Specialist: 61

CASE

A case is defined as an issue that the Ben Spec helped a client to resolve. Multiple cases may be associated with a single client. A case is regarded as opened when a Ben Spec records the first contact related to an issue. A case is regarded as closed when the last contact related to the issue includes an outcome. A carryover case is a case that was opened prior to the start of the reporting period. A case is regarded as remaining open if it lacks an outcome as of the last day of the reporting period.

Disability Benefit Specialist:

Open Cases: 18 Closed Cases: 16

Elder Benefit Specialist:

Open Cases: 85 Closed Cases: 89

CLIENT CHARACTERISTICS

This report looks at demographic characteristics for all clients who had one or more contacts related to a case during the reporting period.

18-59: 22

60-69: 42

70-79: 9

80-89: 7

90-99: 1

100+:

MONETARY IMPACT

Monetary impact, recorded at time of case closure, is the estimated value of any benefits that a Ben Spec helped a client to obtain or preserve. This report looks at monetary impact for all cases closed during the reporting period.

Disability Benefit Specialist: \$50,514 Elder Benefit Specialist: \$122,347

Community Outreach and Events:

Date	Topic	Location	
End of June	News Paper AD	Iowa County	

Benefit Specialist Trainings:

Date	Topic
06/23	GWAAR Attorney Training
06/25	MIPPA Webinar
06/30	Changes to Medicare and Benefits
06/02	DBS Overpayment training
06/05	Program updates
06/16	DBS Part D Training

Additional Activities and Events:

Date	Topic
06/10	COVID-19 Rural Health
06/11	Self Care during COVID-19

TRANSPORTATION COORDINATOR'S REPORT

June 2020 Submitted by Paula Daentl

	RIVER ESCOR	T SERVICES		
Current Month	2019	YTD	2020	YTD
Total Units of Service Provided:	199	1,044	174	850
Current Month	2019	YTD	2020	YTD
Driver Escort Fees Deposited:	\$1,947.98	\$7,600.64	\$606.20	\$6,554.99

ADRC TAXI SERVICES						
Current Month	2019	YTD	2020	YTD		
Total Units of Service Provided:	219	1,771	244	1,510		
Current Month	2019	YTD	2020	YTD		
ADRC Taxi Fees Deposited:	\$303.50	\$3,157.56	\$432.00	\$2,890.80		

[•] We averaged 13 Taxi riders per day.

	RURAL TAX	SERVICES		
Current Month	2019	YTD	2020	YTD
Total Units of Service Provided:	N/A	N/A	55	184
Current Month	2019	YTD	2020	YTD
ADRC Taxi Fees Deposited:	N/A	N/A	\$116.00	\$864.00

[•] We averaged 1.08 Taxi riders per day.

	CARE A VAN	SERVICES		
Current Month	2019	YTD	2020	YTD
Total Units of Service Provided:	100	1,327	0	782
Current Month	2019	YTD	2020	YTD
Donations Collected:	\$229.00	\$1,982.82	\$0.00	\$669.00
Current Month	2019	YTD	2020	YTD
Total Days Cancelled:	5	12	8	9

[•] We averaged 0.0 Care A Van riders per trip (all bus trips canceled due to Pandemic).



ADRC Manager's Report

July 2020

The ADRC Office

As of mid-July, the Health and Human Services Center is still locked but staff are available to assist consumers over the phone or online during normal business hours. Please refer residents of lowa County to call the office at 608-930-9835 to discuss their needs. Recent outreach has included: Door-to-Door Mailings through the Post Office for Ridgeway/north of Dodgeville residents, commercials on D99.3 about transportation and ADRC services, and a half page ad in rural lowa County newspapers.

Programs/Services

Prevention Programs: We are working on finalizing some plans for prevention for late summer/fall.

Aging Mastery Program (self-directed/phone consultation): The Aging Mastery Starter Kit empowers individuals to get the most out of life. Each element of the kit has been designed to encourage people to take small steps to improve quality of life. This is being offered to SUN Home Delivered Meal participants first. We have provided 4 kits to the public. The self-directed program has been well received. UW-Extension is going to offer a virtual Aging Mastery Program in the coming months, stay tuned.

Stand Up & Move More (in person): this has been postponed until spring, due to COVID-19

Powerful Tools for Caregivers (online): August 19-September 23 from 10:00-11:00 am; open to Grant, Green, lowa and Lafayette Caregivers

Boost Your Brain & Memory (online): September 8-October 27th from 2:00-3:30 pm; open to Grant, Green, lowa and Lafayette county residents

Stepping-On (in-person): we are tentatively planning a small in-person group, held outside, in Mineral Point CANCELED > lookat spring 2021 co-facilitator is a newse in Health Dept. — Much too busy

<u>Caregiver Support Program</u>: The Mug Club for Caregivers is meeting virtually on the third Tuesday of the month. Our Dementia Care Specialist and the Alzheimer's Association teamed up to host a "Monday Coffee Connect," which is a virtual caregiver support group from 10:00-11:00 am on Mondays. Starting May 28th, the Dementia Care Specialists of Southwest and Eagle Country will be hosting another online support group: "Evening Conversations with Pam and Gina" on Thursdays from 7:30-8:30 pm.

Wisconsin caregiver, org (list of multiple support groups

Regional

Regional

September Outreach: As mentioned last month, we have cancelled the 2020 Health & Wellness Expo due to COVID-19. In its place, we hope to offer some opportunities for the community to connect virtually. We are planning a social/brain stimulating activity, scam prevention information and an intergenerational activity. More to come!

Senior Farmer Market Vouchers: Senior Farmers Market Voucher curb-side pick-up started on June 1st. Most Farmers Markets are still open, with special precautions. We are encouraging high risk individuals to use a proxy this year in order to obtain the vouchers and to obtain the food from the markets. Please spread the word! Must be an Iowa County resident.

Healthy Aging in Rural Towns (HeART Coalition): The HeART Coalition continues to meet virtually. Future strategies will include an ADRC Falls Referral online application, Pedestrian Safety/Red Flags Program, Resource HUB Training and Prescription Drug Take-back, amongst other things.

Virtual Book Discussion Group: My Two Elaines, September 17th from 4:00-5:00 pm

Sip-n-Swipe Café: in-person, hands on instruction on how to use your personal tablet, phone or other device In the Works-Voluntees W/ He ART.

Red Flag Program: We are looking into mimicking Dodgeville's Red Flag Program in other lowa County communities

ADRC - We are not specialists in mental health. If someone is suicidal, We do call UCS-emergency.

Respectfully submitted,

Valerie Hiltbrand, ADRC Manager ADRC of Southwest Wisconsin 303 W. Chapel St. Dodgeville, WI 53533 Telephone 608-930-9835 Fax 608-935-0355 www.adrcswwi.org

HeART-We are seceiving more calls about isolation & mental health concerns. So many ppl are involved w/HeART. Want UW-nursing to help us - Compaign about social isolation. Tools to make sound decisions on attending wents, or just leaving home during crisis,