



AGENDA
ADRC of Southwest Wisconsin-Iowa County Board
Tuesday, February 26, 2019 at 10:00 a.m.
Health & Human Services Center, Room 1001,
303 W Chapel St., Dodgeville, WI 53533

**Iowa
County
Wisconsin**

1	Call to order.
2	Roll Call.
3	Approve the agenda for this February 26, 2019 meeting.
4	Approve the minutes of the November 20, 2018 meeting.
5	Report from committee members and an opportunity for members of the audience to address the committee. No action will be taken.
6	Review ADRC Monthly Financial Summary. No action will be taken.
7	Motion to go into closed session pursuant to Section 19.85 (1)(c) Wisconsin Statutes, considering one ADRC Volunteer Driver Escort Application.
8	Motion to return to open session.
9	Action on the closed session item.
10	Action Item: Approval of the 2018 Aging Unit Assessment.
11	Motion to Approve the 2018 Aging Unit Assessment.
12	Department Reports: a) SUN: b) ADRC: (EBS, DBS, I&A, and Transportation)
13	ADRC Manager: a) ADRC Managers Report b) Advocacy Updates
14	Set next meeting date: Tuesday, March 26, 2019 at Health & Human Services Center, 303 W. Chapel Street, Room 1001, Dodgeville, WI 53533. 10:00 am.
15	Adjournment.
Posting verified by: M. Oleson Date: 2.21.2019 Initials: mbo	



**ADRC Manager's Report:
February 2019 ADRC Board Meeting
Iowa County**

January 2019

- ADRC Staff Monthly Staff Meeting - 1/8/19
- Adult Protective Service Monthly Meeting - 1/8/19
- Health and Human Services Committee Meeting - 1/9/19
- Stand Up and Move More Conference Call - 1/10/19
- Administrative Staff Meeting - 1/22/19
- Regional ADRC Board Meeting, Darlington Super 8 Conference Room - 1/24/19
- Local Information and Assistance Bi-Monthly Meeting - 1/25/19
- Healthy Aging in Rural Towns Meeting - 1/31/19

Upcoming Events:

AARP Volunteers will be doing free tax preparation February through mid-April.

* Caregiver Support Group moved back to Iowa County Health and Human Services Center (3rd Tuesday of the month). *Room 100*

Healthy Aging in Rural Towns (HeART) monthly meetings were moved to 10:00am on the 3rd Thursday of the month.

* Healthy Living with Diabetes at Lands' End was postponed until May 2019. *unable to fill class*

* The 12-week prevention program, Tai Chi, will start February 26th at the Health and Human Services Center. The class is full and a waiting list has been started. *Today*

Stepping On → April

Respectfully submitted,

*4/9 - Advanced Directive Workshop by Agrace -
Caregivers Coalition assist.*

** Val pointed out*

5/7 - Volunteer Event - HHSC

Valerie Hiltbrand, ADRC Manager
ADRC of Southwest Wisconsin
303 W. Chapel St.
Ogdeville, WI 53533
Telephone 608-930-9835
Fax 608-935-0355
www.adrcswwi.org

BUREAU OF AGING AND DISABILITY RESOURCES

AGING UNIT SELF-ASSESSMENT FOR 2018

County/Tribe: **IOWA County**

Name of Aging Unit Director:

Valerie Hiltbrand

ADRC of Southwest Wisconsin

303 W. Chapel St.

Dodgeville, WI 53533

Telephone 608-930-9835

Valerie.Hiltbrand@iowacounty.org

(due to Valerie being out on Maternity leave the other contact is Tom Slaney, HSD Director, at tom.slaney@iowacounty.org)

Approved by Commission on Aging?	Yes		No		Date approved	
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Part I: Compliance With the Wisconsin Elders' Act

*Refer to Section 3-D (Statutory Requirements for the Structure of the Aging Unit)
in your 2016-2018 Aging Plan*

	Yes	No	Describe Change
Has the organization of the <i>Aging Unit</i> changed this past year?		x	
Has the organization of the <i>Commission on Aging</i> changed this past year?		x	
Does the aging unit have a full-time aging director?	x		
Is the membership of the Commission on Aging in Compliance? <i>Members of a county or tribal commission on aging shall serve no more than 2 consecutive 3-year terms. In the case of county board members, the requirement is 3 consecutive 2-year terms.</i>	x		

Members of the Commission on Aging (please list)

Official Name of the Aging Unit's Policy-Making Body:

ADRC of Southwest Wisconsin, Iowa County Board
ADRC Advisory Board

Name of Individual	Age 60 and Older (x)	Elected Official (x)	Mo./Year first term began	Mo./Year final term ends
Chairperson: Judy Lindholm	X	X	05/2016	05/2021
Marjorie Bomkamp	X	X	05/2012	05/2018
Kenneth Palzkill	X	X	05/2014	05/2020

Red Lukes	X		06/2014	06/2020
Catherine Palzkill	X		08/2015	08/2018
Patricia Rock			08/2015	08/2018
Marlene Stenner	X		07/2012	07/2018
Alvina Sturz	X		06/2014	06/2020
Nancy Gaffney	X		05/2016	05/2019
James Everson	X		03/2014	Resigned 2016
Kelly Rux			09/2016	09/2019
Lori Fisher			09/2016	09/2019
Bea Knudtson	X		05/2016	05/2019
Linda Wetzel-Hurley	X		7/2017	05/2023
Lynn Munz	X		06/2017	05/2023
Bryan Walton	X		06/2017	05/2023
Dianne Evans	X		08/2017	05/2022
Kathy Elliott	X		06/2018	05/2024
Justin O'Brien	X	X	06/2018	05/2024
Jeremy Meek	X	X	06/2018	05/2024
J. Patrick Reilly	X		06/2018	05/2024
William Ladewig	X		06/2018	05/2024

Part II: Activities to Help Older People Advocate for Themselves

1. What does the aging unit do to inform older people about the issues that affect their lives?

2016: The agency provides information to older people about the issues impacting their lives in various ways. A large part of sharing this information is done through a monthly newsletter that is distributed throughout Iowa County and is delivered to almost 8,000 residences. Newspaper articles and advertisements regarding relevant issues and resources have also been published in local newspapers. Information is distributed at senior meal sites and the senior center, both via written materials and in person by the Elder Benefit Specialist, Disability Benefit Specialist and Information and Assistance Specialist. Information is also posted on an electronic community board that is located in the Dodgeville community and also on electronic communication boards within this agency and throughout the building where the unit is located.

Agency staff also facilitates and participates as needed in community support groups to provide outreach and information. These include the Caregiver Support Group and the Living Well Support Group. Public educational presentations are offered on current issues. For example, "Introduction to Medicare" and "Let's Talk about Medicine" presentations were offered throughout the community.

The agency also provides outreach during large community events such as Balloonfest at Bloomfield Healthcare and Rehabilitation Center, as well as local church events, the Dodgeville Fire Department and our wide reaching Health and Wellness Expo. The Prevention and Wellness Coordinator also spoke at a local Kiwanis Club regarding the ADRC and Prevention.

Additionally, the agency has resources available in the waiting room and in the hallway which people have access to whenever the building is open. This agency maintains a county specific resource directory available that lists available local resources specific to older people and their caregivers. This is available in person or online. The agency also maintains a website on a local level and contributes to a region-wide website and Facebook media site. Agency staff regularly coordinates with other professionals who work with the aging population including, but not limited to public libraries, the Caregiver Coalition, grassroots organizations, AARP, Adult Protective Services social workers, hospitals, nursing homes, nutrition programs, Public Health Department, I-Team, Nursing Home social workers and the Homelessness Prevention Coalition. Staff provides monthly training to the local advisory committee. We also have ongoing conversations with and respect input from our local advisory committee.

2017: The Aging Unit did many of the same things as in 2016 in order to inform older people about issues that affect their lives. The News and Views is a valuable resource for us; it is apparent that people read it because they contact our office to sign up for programs that are advertised. Local newspaper articles and the Regional Facebook page were also utilized. ADRC staff provided 10 Lunch and Learns at the dining sites this year and went to each site at least once. Information was shared at our Caregiver Support Group, Dementia Friendly Communities, Caregiver Coalition, I-Team and the Living Well Support Group. Information was also shared with the local ADRC Board, the Regional ADRC Board and the Iowa County Health and Human Services Committee. "Let's Talk about Medicines" presentation and "Welcome to Medicare" presentations were also great venues to share this information.

The Regional ADRC held a listening session in the evening in each county of the region. The Dodgeville community did show up for this event and the board listened and problem solved with them.

The Aging Unit uses every opportunity of being in front of people, whether it be a speaking engagement or a one-on-one consultation, to talk about the Aging Unit/ADRC's services. We develop relationships with other agencies so they understand the programs and services that are offered and can help spread the word about these services.

2018: This year, the Aging Unit built on many of the systems already established in 2016 and 2017 in order to inform older people about issues that affect their lives. The News and Views continues to be a valuable resource for us; it is apparent that people read it because they contact our office to register for programs that are advertised. Local newspaper articles and the Regional Facebook page were also utilized. ADRC staff provided public forums at each Iowa County Dining Site. Information was shared at our Caregiver Support Group, Dementia Friendly Communities, Caregiver Coalition, and Interdisciplinary Team. Information was also shared with the local ADRC Board, the Regional ADRC Board and the Iowa County Health and Human Services Committee. "Let's Talk about Opioid Medicines" presentation and "Welcome to Medicare" presentations were also great venues to share this information.

The ADRC collaborated with the Wisconsin Women's Council, Department of Health Services and ARC Wisconsin to host a Caregiver Listening Session in Dodgeville, which provided valuable feedback for the Women's Council to give to legislatures.

The Aging Unit uses every opportunity of being in front of people, whether it be a speaking engagement or a one-on-one consultation, to talk about the Aging Unit/ADRC's services. We develop relationships with other agencies so they understand the programs and services that are offered and can help spread the word about these services.

2. How does the aging unit teach older people to act as advocates?

2016: The aging unit uses opportunities like the local advisory board meetings, the SUN Program's nutrition board, the ADRC's regional board meeting and the county board meetings to educate people on current advocacy issues. Articles have been designed to provide older adults with resources to help them take action and be informed. Older people are encouraged to contact their legislators if they have a strong interest in a current issue; they will be assisted in making those contacts if needed. In addition, the Elder Benefit Specialists, Information and Assistance Specialists and Adult Protective Service Social Workers are encouraged to empower seniors to make their own decisions whenever possible. Additionally, hands-on training is offered whenever possible. During our "Welcome to Medicare" presentations, we demonstrate how to navigate the SSA.gov and Medicare.gov websites. We have also facilitated health prevention programs that teach individuals how to advocate for themselves and communicate their concerns with their medical providers and pharmacists. The Caregiver Support Group, the Iowa County Caregiver Coalition and the I-Team meeting are also venues to discuss these types of issues.

2017: The forums noted above were still utilized in 2017. We have been incorporating this into our Prevention Programs as well. This year, the ADRC Manager and the ADRC Regional Manager also participated in Aging Advocacy at the State Capital. The ADRC was also able to send two local board members to the Advocacy Board training at the Aging and Disability Network Conference. The ADRC Regional Facebook page has been a great resource for letting the public know about topics like this.

2018: Similar to 2016 and 2017, many of these resources were used to teach older people about being an advocate. Two Iowa County residents attended Aging Advocacy Day, accompanied by two staff members. The News and Views published articles on scam prevention and prescription drug misuse. The Local and Regional ADRC Boards were given contact information for their legislatures. ADRC staff facilitated a Technology Training for older adults at the Barneveld Public Library. The ADRC collaborated with the Wisconsin Women's Council, Department of Health Services and ARC Wisconsin to host a Caregiver Listening Session in Dodgeville, which provided valuable feedback directly from caregivers for the Women's Council to give to legislatures.

3. How does the aging unit advocate on behalf of the older people it serves?

2016: The aging unit advocates on behalf of Iowa County residents who are older in a number of ways. This is typically done at local advisory board meetings, SUN's nutrition board meetings, the ADRC's regional board meetings and at county board meetings. This aging unit also uses forums like the Iowa County Caregiver Coalition and the I-Team meeting to advocate on older people's behalves. On a more personal level, this agency is accessible and aware of various advocacy options for personal needs than one may have. An example of this would be referring an appropriate person to the Ombudsman program. The Information and Assistance Specialists also track unmet needs in SAMS database, so these can be looked at on a local, regional or state level.

2017: The advocacy efforts noted above were also done in 2017. In addition to that, the ADRC Manager emailed the ADRC Board regular advocacy updates from GWAAR and the Wisconsin Aging Advocacy Network. The Regional ADRC Facebook page shared advocacy updates. The ADRC has assisted the Seniors United for Nutrition (SUN) Program to locate a new provider for meals in the Avoca area. The ADRC Manager attended the Town of Pulaski December Board Meeting to make sure they are aware of the situation and to see if collaboration is an option. The Regional ADRC held their monthly board meeting at 5pm in each of the four counties (vs the usual time of 9am in Lafayette County). This 5 pm meeting was heavily advertised and encouraged public input. Each county had community representation at the meeting. The Regional ADRC Managers had arranged

a meeting with Senator Ron Johnson's staff member, Tawsif, to discuss issues facing older adults and people with disabilities. The Regional ADRC Managers, including the Iowa County Manager attended Aging Advocacy Day at the State Capital in May. The ADRC offered to arrange transportation for any local board members interested in attending as well. This was a powerful day, where people from the Aging Network and Community educated legislators on issues including transportation, nutrition, wellness and prevention, and dementia. The Regional ADRC of Southwest WI also spent time educating the community throughout 2017 on the benefits of having a Dementia Care Specialist and the need to keep these positions funded in the State Budget.

2018: During 2018, ADRC staff held a public forum at each of the Iowa County Dining Sites, and participated in two of the public forums held by Upland Hills Health and Iowa County Health Department. The ADRC collaborated with the Wisconsin Women's Council, Department of Health Services and ARC Wisconsin to host a Caregiver Listening Session in Dodgeville, which provided valuable feedback directly from caregivers for the Women's Council to give to legislatures. The ADRC passed advocacy information onto the Iowa County ADRC Board, Caregiver Coalition and the Interdisciplinary Team. The ADRC offered to provide transportation for Iowa County residents to Aging Advocacy Day at the State Capital, two Iowa County residents and two staff participated. Advocacy was provided on an individual basis with ADRC consumers as well.

Part III: Progress on the Aging Unit Plan for Serving Older People

Aging Unit Plan Goals		Progress Notes <i>(briefly summarize only those activities completed as of Dec. of each year; explain if a goal was not accomplished) Please use a blue-colored font for any 2016 goal progress notes</i>			Check if Done				
		2016	2017	2018					
Focus Area 6-A. Involvement of Older People in Aging-Related Program Development and Planning									
To increase the awareness of the ADRC Board members regarding the aging programs and the role of a board member, a training opportunity shall be provided to the local ADRC committee to increase their awareness by a minimum of 20% as measured in pre and post surveys, to be completed annually by December 31 in each of the planning years (2016-2018).		This goal was not completed during the 2016 calendar year due to the ADRC Manager position turnover from September to October and the new ADRC Manager being out on medical leave from November through the end of the year. This training will take place on 2/28/17. This goal was met during the February 2017 and October 2017 ADRC Board Meetings with a power point presentation by the ADRC Manager. This goal was met during the August and September ADRC Board Meetings. A PowerPoint presentation was provided by the ADRC Manager, along with a pre and post-test.			X	X	X		
To increase awareness and knowledge in regards to the Voter ID law, the ADRC shall provide education regarding statute changes and assist older people in gaining access to obtain IDs by providing both transportation and staff assistance to the local Department of Motor Vehicle site, with services to be provided to a minimum of ten individuals by November 1, 2016.		This Voter ID law information was shared in the October Edition of News & Views, which came out on September 20, 2016 to almost 8,000 Iowa County households. Voter ID law information was also available and distributed at the Health and Wellness Expo on September 30, 2016. This information was also shared on the agency's electronic communication board located throughout the building that the agency is located.			X				

To increase the working knowledge of technology use in older people so that they may stay connected and engaged, the ADRC shall sponsor a training and hands' on program on the use of current technology and how to remain safe on said technology to at least ten participants by December 31, 2018. Pre and post surveys shall be utilized to demonstrate a 25% increase in skillset and knowledge base.	2018-A "Technology Basics for Seniors with Online Safety Tips" was offered on 4/26/18 at the Barneveld Public Library. Eight Iowa County residents participated and were able to demonstrate a 25% increase in skillset during the event, as evidenced by an in-person poll taken by the leader. There were six Barneveld High School students that assisted with this multi-generational workshop.			x
Focus 6-B. The Elder Nutrition Program				
To increase the exposure of older people to the nutrition program and dining centers, the ADRC shall host at least one programmatic, Lunch and Learn event, at each of the Iowa County dining sites in the 2016 calendar year, to be completed by December 31st.	These Lunch and Learns were completed by EBS, DBS, APS and I&A staff. They were done on 2/9/16 (Prevention Programs) in Dodgeville, 4/12/16 (Elder Tree presentation) in Dodgeville, 6/14/16 (Senior Farmer's Market Vouchers/Food Share) in Dodgeville, 6/15/16 (Senior Farmer's Market Vouchers and Food Share) in Arena, 10/17/16 (Preventing Diabetes) in Linden, and 10/26/16 (Heart Health) in Highland.	x		
To show the value of the nutritional meals offered by the nutrition program, the ADRC shall hold at least one prevention program workshop at a county meal site location with the class timing to be completed prior to the mealtime to encourage dining participation following the class. To be completed prior to November 30, 2018.	The Wellness and Prevention Coordinator did coordinate and advertise Living Well with Chronic Conditions to be held 5/3/17 through 6/7/17 at the Arena Manor, Arena Dining Site. Unfortunately, the Dining Site's Manager happened to go on a medical leave during the same week this was scheduled and it was unclear as to when the Dining Site would re-open. Due to low class size, the class was cancelled. In its place, a successful Living Well class was held in Dodgeville at a Low Income Housing Unit from 6/5/17 through 7/10/17. It is a goal of this unit to do a prevention program during 2018 at the Dodgeville Dining Site. The			x

	ADRC staff did 10 Lunch and Learns at Dining Sites during 2017 and therefore was still able to show support for the value of SUN's nutritional meals. 2018- This goal was completed during the summer of 2018 at the Dodgeville Dining Site. Walk with Ease, a chronic pain prevention program met three times a week for six weeks, prior to the start of the meal. Walk with Ease facilitators attended some of the meals to encourage participation. At least one new consumer began attending the Dining Site meal because of their participation in Walk with Ease.			
To provide additional exposure to the SUN nutrition program and increase participation in both the dining sites and home-delivered meals, the ADRC shall work with the SUN nutrition program to develop a widespread marketing campaign that targets caregivers and includes the benefits of utilizing the nutrition program. To be completed by December 1, 2018 and shall be measured by increasing the nutrition program participants by at least an average of five meals per week per dining site.	2018: The ADRC and SUN Program met in December 2017 to discuss plans for the marketing campaign that would target caregivers. Events that took place were as follows: The ADRC started the SUN Facebook page in December 2017. The ADRC helped the SUN Program develop a new brochure in 2018. The ADRC continued to advertise 4 menus and give the SUN Program the center spread of the News and Views each month during 2018. Information and Assistance Specialists and the Caregiver Support Program Social Worker were informing caregivers about the SUN Program, handing out their new brochure and helping to facilitate utilization of this program. The ADRC advertised and held public forums at each Iowa County Dining Site, encouraging the public (including caregivers) to reserve a meal in addition to attending the forums. The ADRC held Walk with Ease at the Dodgeville Dining Site; which exposed 10+ Iowa County residents			x

	to the SUN Program. Overall, Iowa County Dining Sites and Home Delivery served 22,660 meals in 2017. In 2018, Iowa County Dining Sites and Home Delivery served 27,611 meals. That is 4,951 more meals served in 2018 than 2017 which surpassed the goal of 1,040 meals served (4 sites x 5 meals/week).			
Focus 6-C. Services in Support of Caregivers				
To increase participants/referrals to the Caregiver Support Program, the agency shall develop a quarterly newsletter with information specific to the needs of caregivers and opportunities for support from the ADRC. This marketing tool by placed as a resource in at least 4 medical clinics and the local hospital February 1, 2016 and every three months following for a year.	The Iowa County Caregiver Coalition chose to go another direction with this goal for 2016. Instead, the Caregiver Coalition felt efforts would be best geared towards offering a 6 month "Educational Series" for Caregivers. These took place on the third Tuesday of the month at the same time and place as the current Caregiver Support group in hopes to gain more awareness for that as well. The presentations were as follows; February 16 (Family Dynamics in the Dementia Journey), March 15 (Virtual Dementia Tour), April 19 (Why Choose Hospice or Palliative Care?), June 21 (Safety at Home), July 19 (Signs Your Loved One Needs More Care), August 16 (Accentuate the Positive), September 20 (The Emotions of Caregiving), and October 18 (A Caregiver's Personal Journey). The quarterly newsletter may be a direction the Caregiver Coalition would like to entertain during 2017.	x		
To increase participants of the Caregiver Support Group by at least 4 individuals by offering a series of speakers and increasing marketing efforts to be completed by December 1, 2017.	This goal of increasing the Caregiver Support Group participants was met in 2017. Because the speaker intervention was already completed in 2016, the Caregiver Coalition supported a decision to move the support group to the Dodgeville Public Library and to		x	

	change the date. Starting January 2017, the Support Group moved to the Dodgeville Public Library and was held the third Tuesday of the month instead of the first Tuesday. This allowed less of a conflict with the Memory Café, which is held the first Wednesday of each month by the Alzheimer's and Dementia Alliance. A speaker was advertised for the September event where caregivers learned some Yoga and meditation techniques. The ADRC partnered with the Alzheimer's Association to offer an evening Caregiver Support Group for 6 months in Barneveld. The highlight that came out of the Caregiver Coalition/Dementia Friendly Community Coalition was the development of the Caregiver Kits also known as "Reminiscing Kits." These are kits that can be checked out from the Southwest Library System by caregivers or anyone else. The goal is to stimulate conversation and memory by talking about familiar topics such as baking, farming or gardening.			
To increase the number of caregiver program referrals and to market the program on social media, the agency shall contribute bi-monthly caregiver articles to the Regional ADRC Facebook page. This goal shall be implemented by February 1, 2018. The success of this goal shall be measured by the interest demonstrated on this media site by the number of individuals who visit and "like" the caregiver posts, with a goal of 100 "likes", collectively, by October 1, 2018.	2018: This goal was met and completed by 10/1/18. Not only did the ADRC receive over 100 Likes on Facebook by 10/1/18 specifically for caregiver posts, but one caregiver post is reported to have reached 778 people (report provided to the ADRC by Facebook).			x

Focus 6-D. Services to People With Dementia

• Increase the use of the Virtual Dementia Tour® by the ADRC by offering at least 2 sessions for community members, with a minimum of 12 participants in the first offering and an increase to 18 participants in the second, with the participants gaining an improved understanding of dementia and increase the desire to create awareness in the community by August 1, 2016.	The Virtual Dementia Tour® was offered five times in Iowa County. A total of 42 people went through the tour during 2016. This was a collaborative effort by the Regional ADRC Dementia Care Specialist and Dementia Friendly Community members, which includes this agency's staff members.	x	
• Sustain the dementia-friendly community coalitions by holding regular meetings to continue to develop strategies to train at least 10 local businesses or organizations throughout 2016.	The Dementia Friendly Community continued to meet on a monthly basis in 2016. There were 14 businesses/organizations in Iowa County that became dementia friendly, which included 141 individuals. Included businesses are as follows; Davis Duehr Dean, Dodgeville Veterinary Service, Anchor Bank Dodgeville, Country View Veterinary Clinic, St. Joseph's Catholic Church Dodgeville, Piggly Wiggly, Dodgeville Public Library, Bunbury & Associates Realtors, Worksite Solutions, Berget Jewelers, and Iowa County Health and Human Services. The Alzheimer's & Dementia Alliance of Wisconsin are members of the Dementia Friendly Community Coalition and provided training to Culver's of Dodgeville and Walgreens in Dodgeville.	x	
• Expand the initiative of a dementia capable ADRC to county employees by offering the dementia-friendly organization training to all county level offices and complete the training to a minimum of 50 county employees to increase awareness and understanding of dementia in their personal and professional lives, to be completed by November 1, 2017.	The ADRC was able to meet this goal by Spring of 2017; Iowa County staff trained: Iowa County Sheriff's Dept.: 7 Iowa County Volunteer Drivers: 19 Iowa County Social Services: 24 Iowa County Board: 12 The ADRC was without a Dementia Care Specialist from August 2017-October 2017 so	x	

The ADRC will encourage early detection and intervention of dementia by hosting at least one film festival to a minimum of 15 participants, with the showing of a dementia-type film along with the promotion and offer of memory screens to increase awareness and understanding of dementia, to be completed by December 1, 2018.	2018: This event was modified, but successful, due to barriers with film copyrights. This was good timing as there was an interest by the Iowa County Dementia Friendly Community/Caregiver Coalition to host a book reading. The book reading event on 10/24/18, featured Former Governor Martin Schreiber, author of "My Two Elaine's." There were 67 people who attended this presentation. A follow-up Free Memory Screen event was held one week later at the same location and time; where eight memory screens were completed.			x

Focus 6-E. Healthy Aging

To increase referrals to the wellness workshops by reaching a total of at least 25 new participants in 2016, the agency shall develop a marketing campaign using past participant's testimonials and comments in their own words. The implementation of this campaign shall be completed by July 15, 2016.	This goal was met by July 15, 2016. Going above and beyond that, by September 2016, the wellness programs recruited 43 participants without the use of a revised marketing campaign. However, to reach this goal, a survey was distributed in July to get participant feedback and testimonials. This will be an ongoing process which will be used if a new approach to marketing seems necessary.	x		
To increase awareness of the agency's prevention programs, the agency shall collaborate with at least one new local agency to assist in the marketing and outreach of these programs by December 31st in each year of the planning period (2016, 2017 and 2018).	The ADRC of Southwest Wisconsin became a Dodgeville Chamber member in 2016. The Dodgeville Chamber has advertised and promoted prevention programs on behalf of this agency. This agency held a "Business After 5" event which invited other chamber members to the ADRC. One area highlighted at this Business After 5 event, was prevention programs. This agency's Wellness and	x	x	x

• The agency shall identify and sponsor at least two bilingual or Spanish speaking individuals to be trained as facilitators in the Spanish version of Healthy Living with Diabetes program. The training of the facilitators shall be completed and the first local workshop planned by June 15, 2017. The agency shall collaborate with a neighboring county to offer the Spanish version of the Healthy Living with Diabetes program by October 15, 2017 to residents of Iowa County. The agency shall advertise this program and assist with finding transportation for participants to the program location as needed.	Prevention Coordinator has also worked closely with Hodan Community Services in Mineral Point for participation in a 2016 Prevention Program being offered in Mineral Point. In January of 2017, the ADRC partnered with Lands' End (a large local employer) to offer Healthy Living with Diabetes at their business. They helped promote the class. It was a full and successful class, which included Lands' End employees and community members. 2018: The ADRC collaborated with the Barneveld Public Library to hold a Stepping On class. Barneveld Public Library assisted with advertising this program. It was a full class that was completed successfully.		
• The agency shall identify and sponsor at least two bilingual or Spanish speaking individuals to be trained as facilitators in the Spanish version of Healthy Living with Diabetes program. The training of the facilitators shall be completed and the first local workshop planned by June 15, 2017. The agency shall collaborate with a neighboring county to offer the Spanish version of the Healthy Living with Diabetes program by October 15, 2017 to residents of Iowa County. The agency shall advertise this program and assist with finding transportation for participants to the program location as needed.	When the goal of sponsoring two bilingual or Spanish speaking individuals for the Spanish version of Healthy Living with Diabetes was originally set (2015), this office had interest from the Vista Program and the Free Clinic to send a staff person. However, in 2017 this representatives could not accommodate due to time constraints and therefore the goal was modified. This ADRC did partner with Access Community Health in Madison who was offering the Spanish Version of Healthy Living with Diabetes from April 25th to May 30th. This ADRC advertised the class in the News and Views and offered to assist with transportation. We also advertised in the Dodgeville Chronicle and The Ad-Visor.		x
Focus 6-F. Local Priorities			

• In effort to increase awareness regarding identity theft and consumer scam alerts, the ADRC shall partner with local law enforcement and the county's I-Team to develop a campaign that will focus on increasing awareness on this issue as well as providing widespread community education. Planning for this campaign shall be completed by October 1, 2016 and implementation of the plan shall begin by January 31, 2017.	Financial Elder Abuse and Neglect issues and a recent increase in scams were discussed at the August 2016 I-Team meeting. Information regarding consumer scams and financial exploitation were distributed at the 2016 Health and Wellness Expo on September 30th at Hidden Valley Community Church in Dodgeville. There is an ongoing campaign that has been developed for 2017 which includes utilizing the News and Views publication that goes out to almost 8,000 Iowa County households. The I-Team will still be involved for 2017 and material will again be distributed at the 2017 Health and Wellness Expo. The plan noted above for 2017 was implemented. There were six articles put in the News and Views about Scams. There was information about scams available at the 2017 Health and Wellness Expo. Scams were discussed at each quarterly I-Team meeting. Additionally, the Regional ADRC Facebook page was utilized to share scam information in a timely manner. The ADRC brought in a speaker from Old National Bank to do a presentation to the community on Money Safety and scams on 10/31/17.			
• To increase awareness regarding agency services and programs and to increase referrals from the medical community, the ADRC shall provide specific targeted presentations to local pharmacists. Success of this type of outreach shall be measured by the ability to provide information to each of the four local pharmacists. This goal shall be completed by September 1, 2016.	The Elder Benefit Specialist provided presentations to the four local pharmacists which were Ivey's in Mineral Point and Walgreens, Walmart, and Dodgeville Hometown Pharmacy in Dodgeville. This was completed in January of 2016. This resulted in Walmart joining the 2016 Health and Wellness Expo as a vendor.	x		

• To improve transportation access for individuals who reside outside of the Dodgeville/Mineral Point area or in rural locations, the ADRC shall investigate additional funding sources as well as explore the development of routes that would allow rural areas to connect regularly to core basic needs (food, medication, social needs, etc.). A transportation task force shall be developed and meet at least quarterly in 2017 to assess the potential for the above possibilities.	The Southwestern Wisconsin Transit Team (SWTT) consisting of the counties of Iowa, Lafayette, Grant, Green and Richland, along with the Southwest Wisconsin Community Action Program, Hodan Community Services, Southwest Opportunity Center and Southwestern Wisconsin Regional Planning Commission (SWRPC) meets bi-monthly as a group to improve rural transportation in Southern Wisconsin. During 2017, SWRPC applied for a 53.04 grant to study the current and future transportation needs within the five county region. As part of the study, SWRPC surveyed residents of the five counties that SWTT serves. The results of this survey indicated that the residents want an on-demand rural transportation service, which utilizes smaller passenger vehicles versus large buses. As a result, the Iowa County ADRC applied for a 53.10 grant in August 2017 to purchase a handicapped accessible minivan. The Wisconsin Department of Transportation notified the ADRC in December 2017 that they will be awarded a 53.10 grant to purchase this handicapped accessible minivan. This minivan will be used to provide transportation to residents in rural Iowa County and the City of Mineral Point. During 2017, new bus routes were created to enable rural areas to more easily access services to provide for their basic needs. These new routes include Arena, Avoca, Highland,	x	
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	Hollandale, Linden, Muscoda, Rewey and Ridgeway.			
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Part IV: Progress on the Aging Unit Plan for Serving Older People – National Family Caregiver Support Program (NFCSP)

This section is not required for tribal aging units.

Minimum Service Requirements: *The minimum service requirements of NFCSP must be provided by the aging unit or contracted with another agency. Please indicate who provides these services.*

Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services	xxx	
Assistance to caregivers in gaining access to the services	xxx	
Individual counseling, support groups, and training to caregivers	xxx	
Respite care	xxx	Respite can be paid for through Caregiver Funds but the respite itself would be provided by private Home Care agencies such as Homeward Bound, Southwest Home Care or Integrity Health.
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)	xxx	Transportation can be provided by the ADRC or another local transportation company. Home modifications can be arranged through a private company. PERS is provided by Upland Hills Home Care or another private company.

Caregiver Coordination: *To ensure coordination of caregiver services in the county, the aging unit shall convene or be a member of a local family-caregiver coalition or coordinating committee with other local providers who currently provide support services to family caregivers.*

Does the aging unit belong to a local caregiver coalition?

☒ YES ☐ NO

Name of Coalition: Iowa County Caregiver Coalition

If YES, please provide a brief update on coalition activities conducted each year.

If NO, please explain plan for compliance.

2016 Activities: During 2016, the Iowa County Caregiver Coalition met on a quarterly basis. Because the Dementia Friendly Community is a sub-committee of the Caregiver Coalition, there were updates concerning the sub-committee at every meeting.

The Caregiver Coalition felt efforts would be best geared towards offering a 6 month "Educational Series" for Caregivers. These took place on the third Tuesday of the month at the same time and place as the current Caregiver Support group in hopes to gain more awareness for that as well. The presentations were as follows; February 16 (Family Dynamics in the Dementia Journey), March 15 (Virtual Dementia Tour), April 19 (Why Choose Hospice or Palliative

	Care?), June 21 (Safety at Home), July 19 (Signs Your Loved One Needs More Care), August 16 (Accentuate the Positive), September 20 (The Emotions of Caregiving), and October 18 (A Caregiver's Personal Journey). An Information and Assistance Specialist provided training to the Caregiver Coalition on Share the Care. In return, coalition members helped with outreach about the two community presentations regarding Share the Care. The coalition also steered ADRC staff away from the project of a "Respite" or "Caregiver" folder to be handed out to caregivers that the coalition members might come in contact with. The stance on this was that this would be more paperwork for caregivers to go through. They wanted a one page tool for them, as professionals, to be able to give caregivers. This was developed and distributed at the October Caregiver Coalition Meeting. 2017 Activities: The Iowa County Caregiver Coalition met quarterly at the beginning of the year and monthly for the last quarter. There was a Dementia Friendly Committee sub-group that was started in 2015 but the same people were being invited to both meetings and it was decided to combine the meetings back together and meet monthly as needed. Many goals were accomplished during 2017: the Caregiver Support Group moved from the Health and Human Services Center on the first Tuesday of the month to the Dodgeville Public Library on the third Tuesday of the month, Dementia Questions was a successful community event provided to caregivers, a presentation on Yoga and meditation was provided to the Caregiver Support Group, the Reminiscing Kits were developed and the ADRC did a Caregiver Renewal Day in November.
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2018 Activities: The Iowa County Caregiver Coalition met monthly for the first half of the year and went to every other month for the second half of the year. Part of the meeting still focuses on Dementia Friendly Communities. Meetings are held at the Dodgeville Public Library. The Caregiver Support Group has had a steady group of 8 or more attending, for most of the year. In April, this group hosted a successful "Dementia Questions" presentation for caregivers at the Walker House in Mineral Point. In October, the Coalition also hosted a successful book reading by Former Governor Martin Schreiber, "My Two Elaine's." The Regional ADRC's Dementia Care Specialist provided numerous Dementia Live simulations throughout Iowa County during 2018. Audience included emergency medical professionals, public and private businesses.

Part V: Significant Accomplishments or Issues Not Included in the Aging Unit Plan

(Unplanned accomplishments or issues that had a significant impact on the aging unit's activities during the previous year. This is not meetings attended or actions that fit under plan goal objectives but may reflect noteworthy events or achievements.) This section is not required.

2016: This agency held two Share the Care presentations for the community, and another for the Caregiver Coalition. The Caregiver Coalition also helped with outreach for the End of Life Preparedness Presentation arranged by the ADRC, which was a two part series in October 2016. We have resumed working with the Care Talks research project team through the University of Wisconsin in planning for the workshops in spring of 2017.

We have successfully sustained the part-time Prevention and Wellness Coordinator which has allowed us to focus on growing our prevention program offerings and recruit new leaders. Our Prevention and Wellness Coordinator planned and filled six successful Prevention Programs in 2016. There was collaboration within agency staff and outside agencies. Our Prevention and Wellness Coordinator has secured confirmation for a large local employer, "Land's End," to offer Healthy Living with Diabetes at their location in January of 2017. We have also been successful in continuing to sponsor and facilitate the Living Well Support group that meets on a monthly basis.

This agency partnered with the Regional ADRC Dementia Care Specialist to hold a Memory Screen Outreach event. This event was held at a local business called Pointer Cafe. Twelve Memory Screens and 14 one on one consultations were provided at this event. Faxing the Memory Screen results to physicians and follow up calls were also offered to each individual.

To bring awareness to Elder Abuse and Neglect, this agency put out 73 pinwheels to represent the amount of EAN calls this agency received in 2015. These were housed outside of the ADRC office for two weeks and outside of the courthouse for two weeks.

Another big accomplishment was the annual Health and Wellness Expo, where approximately 180 customers attended and 40 vendors participated. The Expo promoted the Dodgeville SUN Dining Center where they distributed approximately 80 meals that day and brought additional awareness to their program.

2017: The Caregiver Renewal Day was a joint effort between Grant, Lafayette and Iowa Counties and was held November 10, 2017. Dr. Wruble spoke about compassion fatigue and the ADRC staff led a craft activity for the caregivers. It was well received by the Caregivers.

We partnered with the Iowa County Health Department who was trained in Tai Chi. Two classes were offered in 2017 and the feedback was that the program was very beneficial. An APS SW was sent to the first training in September in hopes to co-facilitate a class in 2018.

The ADRC implemented another successful Health and Wellness Expo, which took place on September 29, 2017. This event was co-sponsored with Upland Hills Health. Over 200 community members came through the doors. The SUN Program served about 80 meals again this year. Over 40 vendors were present who appreciated the time to network with each other in addition to outreaching to the community.

The ADRC's Wellness and Prevention Coordinator and the Caregiver Coordinator participated in a research project with WIHA: Care Talks. This was offered one time over the summer.

In 2017, four "Welcome to Medicare" presentations were offered; one of them was presented in Barneveld.

A Volunteer Appreciation Event was held to honor the volunteer drivers, volunteer guardians and prevention program volunteers.

This Agency did a Facebook campaign for Older Americans Act Month: "Aging out Loud." There were over 400 likes to our Regional Facebook page during the month of May 2017.

In 2017, the ADRC displayed pinwheels to represent the amount of Adult Protective Service referrals that had been reported to the ADRC. They were displayed for two weeks in front of the ADRC office and for two weeks in front of the Iowa County Courthouse. This was an impactful awareness campaign to residents of Iowa County as numerous community members commented on the amount of referrals received.

The ADRC arranged for a "Let's Talk about Medicine" presentation by Wisconsin Health Literacy. This was held in a new venue, the Gray Dog Deli in Mineral Point during the month of November.

2018:

This was another great year for the ADRC of Southwest Wisconsin-Iowa County.

The Iowa County Health Department received a grant called Healthy Aging in Rural Towns (HeART). ADRC and Upland Hills Health wrote letters of support for this grant and were committed to its success. The intent of the funding was to survey the Iowa County community of 60+ and caregivers. Over a 3-4 month time-period, a survey was developed by UW School of Nursing, Department of Rural Health and numerous agencies and community advocates within Iowa County. ~~over a 3-4 month period.~~ The community was surveyed for 3-4 months and results were assessed at the end of 2018.

The Caregiver Renewal Day was a joint effort between Grant, Lafayette and Iowa Counties and was held November 9, 2018. A local, former and current, caregiver spoke about his life, which included joys and struggles of caregiving in a rural community. It was well received by the Caregivers.

The ADRC collaborated with the Iowa County Health Department to offer a 12-week evidence-based Tai Chi Program ~~which is evidence-based~~ for fall prevention. There is a waiting list for the 2019 class.

The ADRC implemented another successful Health and Wellness Expo, which took place on September 28, 2018. This event was co-sponsored with Upland Hills Health. Around 250 community members came through the doors. The SUN Program served about 80 meals again this year. Over 40 vendors were present who appreciated the time to network with each other in addition to outreaching to the community. The Mt. Horeb Lions Club offered free eye screening and the VA Caregiver Support Program was represented.

The ADRC's Wellness and Prevention Coordinator worked with Wisconsin Institute for Health Aging to facilitate "Stand Up and Move More," which is a prevention program still in the research phase. Two workshops were filled and implemented during 2018.

The ADRC participated in County Government Open House Day in April 2018, open to the public.

In 2018, four "Welcome to Medicare" presentations were offered at various times of the day. A special focus was given to Farmers for the November presentation, by marketing it and holding it at a time of day that would work well for them.

In April 2018, Volunteer Appreciation Event was held at the Walker House to honor the volunteer drivers, volunteer guardians and prevention program volunteers.

This Agency did a Facebook and Newsletter campaign for Older Americans Act Month: "Engage at Any Age." The campaign featured local volunteers of all ages and abilities.

In June 2018, the ADRC displayed pinwheels to represent the amount of Adult Protective Service referrals that had been reported to the ADRC. They were displayed for two weeks in front of the ADRC office and for two weeks in front of the Iowa County Courthouse.

The ADRC arranged for a "Let's Talk about Opioid Medicines" presentation by Wisconsin Health Literacy. The Iowa County Sheriff's Department collaborated with the ADRC to hold a Prescription Drug Drop-Off Event prior to the presentation.

The ADRC collaborated with Upland Hills Health on their Community Health Needs Assessment and planning for their plan period 2019-2021.

Part VI: Coordination Between Titles III and VI

If the county includes part or all of a federally-recognized tribe, indicate how the county aging unit and the tribal aging unit have worked together in the previous year to coordinate and ensure the provision of services to tribal elders.

If the county does not include part or all of a federally-recognized tribe, please indicate: Not Applicable

Not applicable.

Disability Benefit Specialist-Nikki Brennum
Summary Report Period: 01/01/2019-01/31/2019

	2019	2018
Total Cases Opened this Month	6	6
Client Ages		
18-20	1	1
21-29	0	0
30-39	0	1
40-49	1	3
50-59	4	1
Disability		
Deaf/Hard of Hearing	0	0
Developmental Disability	2	0
Physical Disability	3	2
Physical Disability/Mental Illness	0	4
Physical Disability/Developmental Disability	0	0
Mental Illness	1	0
Developmental Disability/Mental Illness	0	0

Number of Cases Closed for this Period

2

9

Application/Forms Completed

2

1

Approved at Reconsideration

0

0

Approved at application

1

1

Client withdrew

3

0

Referral to Private Attorney

1

0

Denied at application (Not Appeal)

1

0

Medical Paperwork/Claims Assistance provided

0

0

Client left County/ADRC service area

2

0

Monetary Impact of Cases Closed:

\$27,791

\$29,565

Federal

\$27,791

\$29,565

State

\$0

\$0

Other

\$0

\$0

Year to date:

\$27,791

\$29,565

Monetary impact is defined as the value of benefits or services that are obtained or preserved for a client, as well as money that is saved or recovered for a client, with the help of a benefit specialist. Monetary impact is just one way to measure the positive impact of benefit specialists' services.

Monthly Activities:

- Participated in DBS Webcast
- Completed an article for News and Views.
- Attended a meeting at the Lancaster Social Security Office.

Elder Benefit Specialist Stacey Terrill 2018 Year End Report

CLIENTS AND CASES

Total Unduplicated Clients :	673	Carryover Cases :	25
New Clients :	303	Cases Opened :	1,094
		Cases Closed :	1,087
Total Hours Spent on Legal/Benefits Assistance :	857	Cases Remaining Open :	32

CLIENT CHARACTERISTICS

Age Group	Client Count	%
0-59	3	0.4 %
60-69	352	52.3 %
70-79	191	28.4 %
80-89	106	15.8 %
90-99	21	3.1 %
100+	0	0.0 %
Unknown	0	0.0 %

Rural Status	Client Count	%
Is Rural	673	100.0 %
Is Not Rural	0	0.0 %
Unknown	0	0.0 %

Gender	Client Count	%
Female	382	56.8 %
Male	291	43.2 %
Unknown	0	0.0 %

Lives Alone Status	Client Count	%
Lives Alone	207	30.8 %
Does Not Live Alone	466	69.2 %
Unknown	0	0.0 %

Race	Client Count	%
American Indian/Native Alaskan	0	0.0 %
Asian	0	0.0 %
Black/African American	0	0.0 %
Native Hawaiian/Other Pacific Islander	0	0.0 %
Non-Minority (White, non-Hispanic)	672	99.9 %
White-Hispanic	0	0.0 %
Other	1	0.1 %
Missing/Unknown	0	0.0 %

Income Status	Client Count	%
At or Below 100% of the FPL	78	11.6 %
Above 100% of the FPL	595	88.4 %
Unknown	0	0.0 %

MONETARY IMPACT

	Dollars	%
Federal Funds	\$ 2,227,487	95.2 %
State Funds	\$ 44,217	1.9 %
Other Funding Sources	\$ 67,600	2.9 %
GRAND TOTAL :	\$ 2,339,304	

Elder Benefit Specialist Stacey Terrill 2018 Year End Report

CLOSED CASES BY OUTCOME

Topic Outcome	# of Cases	% of Cases
01a-Advice/Brief Service	496	45.6 %
01b-Advice/Extended Service	336	30.9 %
02-Insufficient Merit to Proceed	0	0.0 %
03-Medical Paperwork/Claims Assistance Provided	0	0.0 %
04-Documents Completed/Successful Outcome	152	14.0 %
05-Documents Completed/Unsuccessful Outcome	0	0.0 %
06-Appropriate Action Taken/Successful Outcome	89	8.2 %
07-Appropriate Action Taken/Unsuccessful Outcome	6	0.6 %
08-Approved at Application or Renewal	2	0.2 %
09-Denied at Application or Renewal/Not Appealed	1	0.1 %
10-Approved at Reconsideration	0	0.0 %
11-Denied at Reconsideration/Not Appealed	0	0.0 %
12-Approved at ALJ/Fair Hearing	0	0.0 %
13-Denied at ALJ/Fair Hearing/Not Appealed	0	0.0 %
14-Settlement Negotiated without Litigation	0	0.0 %
15-Referral to Legal Services Corporation	0	0.0 %
16-Referral to Private Attorney, Pro Bono	0	0.0 %
17-Referral to Private Attorney, Non Pro Bono	0	0.0 %
19-Client Withdrew/Lack of Contact	5	0.5 %
20-Client Left Geographic Service Area	0	0.0 %
21-Client Died	1	0.1 %

CLOSED CASES BY TOPIC GROUP

Topic Group	# of Cases	% of Cases
A - Health Insurance Benefits	857	78.8 %
B - Income Benefits (Cash/In-kind)	189	17.4 %
C - Community Services and Supports	1	0.1 %
D - Housing and Utilities	8	0.7 %
E - Consumer Issues	3	0.3 %
F - Surrogate Decision Making	0	0.0 %
G - Civil Rights	0	0.0 %
H - Other	30	2.8 %

Elder Benefit Specialist Stacey Terrill 2018 End of Year Report

REPORT DESCRIPTION

This report provides a statistical analysis of elder benefit specialist (EBS) program services, as reported in the Social Assistance Management System (SAMS) database. The report focuses on legal and benefits-related assistance or "cases." It excludes general information and referral contacts, as well as public and media outreach activities. Analyses of general information and referral contacts and outreach activities are available in separate reports.

CLIENT

A client is defined as a person who had one or more contacts related to a case during the reporting period. A new client is defined as a person whose earliest recorded contact involving legal or benefits-related assistance falls within the reporting period. (NOTE: Services recorded prior to the adoption of SAMS-IR in June 2016 are excluded. Therefore, a returning client whose previous EBS services were recorded prior to June 2016 will be counted as a "new client" the first time a call record is created for a contact in SAMS-IR.)

CASE

A case is defined as an issue that the benefit specialist helped a client to resolve. Multiple cases may be associated with a single client. A case is regarded as opened when an EBS records the first contact related to an issue. A case is regarded as closed when the last contact related to the issue includes an outcome. A carryover case is a case that was opened prior to the start of the reporting period. A case is regarded as remaining open if it lacks an outcome as of the last day of the reporting period.

CLIENT CHARACTERISTICS

This report looks at demographic characteristics for all clients who had one or more contacts related to a case during the reporting period.

MONETARY IMPACT

Monetary impact, recorded at time of case closure, is the estimated value of any benefits that a benefit specialist helped a client to obtain or preserve. This report looks at monetary impact for all cases closed during the reporting period.

CLOSED CASES BY OUTCOME

An outcome is recorded for each case at the time of closure. This report looks at outcomes for all cases closed during the reporting period.

CLOSED CASES BY TOPIC GROUP

All cases are categorized by topic. This report looks at broad topic groups for all cases closed during the reporting period. A more detailed breakdown of case topics is available in a separate report.

Elder Benefit Specialist Stacey Terrill January 2019 Report

CLIENTS AND CASES

Total Unduplicated Clients :	42	Carryover Cases :	32
New Clients :	24	Cases Opened :	43
		Cases Closed :	40
Total Hours Spent on Legal/Benefits Assistance :	42	Cases Remaining Open :	35

CLIENT CHARACTERISTICS

Age Group	Client Count	%
0-59	1	2.4 %
60-69	29	69.0 %
70-79	7	16.7 %
80-89	3	7.1 %
90-99	1	2.4 %
100+	0	0.0 %
Unknown	1	2.4 %

Rural Status

Is Rural	42	100.0 %
Is Not Rural	0	0.0 %
Unknown	0	0.0 %

Gender

Female	19	45.2 %
Male	23	54.8 %
Unknown	0	0.0 %

Lives Alone Status	Client Count	%
Lives Alone	14	33.3 %
Does Not Live Alone	27	64.3 %
Unknown	1	2.4 %

Race

American Indian/Native Alaskan	0	0.0 %
Asian	0	0.0 %
Black/African American	0	0.0 %
Native Hawaiian/Other Pacific Islander	0	0.0 %
Non-Minority (White, non-Hispanic)	41	97.6 %
White-Hispanic	0	0.0 %
Other	0	0.0 %
Missing/Unknown	1	2.4 %

Income Status

At or Below 100% of the FPL	6	14.3 %
Above 100% of the FPL	35	83.3 %
Unknown	1	2.4 %

MONETARY IMPACT

	Dollars	%
Federal Funds	\$ 235,073	97.3 %
State Funds	\$ 1,164	0.5 %
Other Funding Sources	\$ 5,348	2.2 %

GRAND TOTAL 2019: \$241,585

GRAND TOTAL 2018: \$ 140,588

Community Outreach and Events:

Date	Topic	Location

Benefit Specialist Trainings:

Date	Topic
01/10/2019	Medicare Advantage Plans

Additional Activities and Events:

Date	Topic

Information & Assistance Report

For January 2019

Katie Batton, Sarah Blake, and Brittany Mainwaring

Total number of contacts: 208

This number reflects the number calls, walk-ins, scheduled office appointments or home visits for people requesting Information. This information can include private pay resource information, Medicaid basics, application for Medicaid, Food Share, Badger Care, requests for in-home information, etc.

Referrals from Nursing Homes: 2

Home visits: 12

Scheduled Office Visits: 7

Number of Functional Screens Administered: 7

A functional screen consists of a series of questions about a person's daily functioning (i.e. bathing, dressing, eating, chores, decision making etc). Identifying areas of need and the causes of these needs determines a person's functional eligibility for long-term care programs. These screens are usually completed in the client's home and last anywhere from 1 ½ to 2 hours of face-to-face interview time. Information and Assistance Specialist's then compile medical records and collateral contacts to verify information and enter the screen into a state database. When entering the screen, Information and Assistance Specialist's make detailed notes on every choice and observation placed in the screen. Completion of one functional screen can take up to 8-9 hours.

Number of Nursing Home Relocations: 0

A Nursing Home Relocation is the process in which Medical Assistance is paying for a person's stay in the nursing home and they want to discharge back into the community. The individual may directly enroll into a long-term care service, either Family Care or IRIS, because they are already receiving Medicaid services. The long-term care program helps them "relocate" back into the community.

Number of People Enrolled in Family Care: 2

Family Care is a program that provides services and supports to people with physical disabilities, developmental disabilities and frail elders. In this area of the state, consumers have the choice between three Managed Care Organizations, Inlusa, My Choice and Care Wisconsin, which provide the Family Care Program. Their staff in conjunction with the customer coordinate the services, which are offered by the Managed Care Organization. The Managed Care Organization purchases these services from their own network of providers. Information and Assistance Specialists meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

Number of People Referred to IRIS: 2

IRIS, (Include, Respect, I Self-Direct) is another program which also provides funding for services. The Management Group (TMG) and Advocates4U in this area of the state administer the IRIS program. This is a self-directed program and gives the customer more of the responsibility of choosing providers and managing their own monthly budget. Information and Assistance Specialist's meet with individuals about to enroll in long-term care to provide needed information for the client to make the decision that fits his/her situation the best.

Additional meetings and other events:

Examples:

Information and Assistance Specialist's work as a part of *Regional function teams* to maintain quality assurance while serving the community. The Regional Aging and Disability Resource Center consists of Grant, Green, Iowa and Lafayette counties.

Information and Assistance Specialist's also work on transitioning students from the world of high school and child waiver programs to adult programs. This can be in the form of completing functional screens, options counseling, attending Individualized Educational Program (progress) meetings and the County Communities on Transition (CCOT) meetings.

Further education in the field of human services is also required, and is often fulfilled through attendance at state conferences and other trainings.

This month, staff participated in the following: Homeless Coalition Meeting,

Key:

CCoT- County Communities on Transition

DSS- Department Social Services

I&A- Information and Assistance Specialist

IEP- Individualized Education Program

IRIS- Include, Respect, I Self Direct

MCO- Managed Care Organization

MDS Q- Minimum Data Set

TRANSPORTATION COORDINATOR'S REPORT

January 2019

Submitted by Paula Daentl

DRIVER ESCORT SERVICES

Current Month	2018	YTD	2019	YTD
Total Units of Service Provided:	201	201	143	143
Current Month	2018	YTD	2019	YTD
Driver Escort Fees Deposited:	\$440.00	\$440.00	\$297.84	\$297.84

ADRC TAXI SERVICES

Current Month	2018	YTD	2019	YTD
Total Units of Service Provided:	n/a	n/a	317	317
Current Month	2018	YTD	2019	YTD
ADRC Taxi Fees Deposited:	n/a	n/a	\$507.96	\$507.96

CARE A VAN SERVICES

Current Month	2018	YTD	2019	YTD
Total Units of Service Provided:	419	419	157	157
Current Month	2018	YTD	2019	YTD
Donations Collected:	\$637.85	\$637.85	\$302.26	\$302.26
Current Month	2018	YTD	2019	YTD
Total Days Cancelled:	5	5	4	4

Care A Van Summary

In January 2019, the bus went to the following locations:

- Alternate Tuesdays going to Platteville and Richland Center
- Monroe for lunch & shopping
- Madison for lunch & shopping
- Dubuque for lunch & shopping
- Sauk City for lunch & shopping
- Mount Horeb / Verona for lunch & shopping
- Baraboo for lunch & shopping
- We averaged 4 riders per trip.



2018 -Thinking Back and Looking Forward - 2019

Information and Assistance Specialists Katie Batton, Brittany Mainwaring, Sarah Blake

We offer:

- Information & Assistance - staff is available by phone, can meet in our office or travel to your home. We listen to you and your unique situation, focusing on identifying needs, preferences, and support-both personal and financial. Staff will explore and link you to programs and potential funding sources so that you can make decisions that are right for you.
- Long Term Care Options Counseling - staff provide one on one consultation to help persons understand their choices when making decisions about where to live, what kind of help they need and where to find it. If you or someone you know are considering a move, staff will help think about planning care, how to pay for it, and how long personal resources might last.
- Functional-Financial Screen - A comprehensive assessment to uncover needs and determine eligibility for funding sources, like Family Care and IRIS that help pay for long-term care services through Medicaid. These programs help people stay in their homes for as long as they can, and/or can help with funding for an assisted living facility.

2018 Total Contacts -	3,139
Functional Screens -	73
Home Visits -	154
Scheduled Office Visits -	278
Enrollment into Long-Term Care Programs -	47

Benefit Specialists Stacey Terrill & Nikki Brennum

Many of the benefit issues that individuals face can be very complex. A Benefit Specialist assesses the situation, provides unbiased information and gives you options, so you are able to make an informed choice. (A Benefit Specialist assesses the situation, provides unbiased information, and explains your options. All of this is done to help you make an informed decision.) Whether you are thinking about retirement, are retired, or exploring disability benefits, an ADRC Benefit Specialist is your unbiased source for information.

Stacey Terrill is an Elder Benefit Specialist (EBS). This person works with those 60+ years of age. EBS are trained to provide accurate and current information on private and/or

public benefits. Benefit areas may include: Medicare, Social Security, SSI, Medicaid, Supplemental Insurance, and Medicare Part D.

Nikki Brennum is a Disability Benefit Specialist (DBS). This person works with those 18-59 years of age. DBS are trained to provide accurate and current information on private or public benefits. Benefit areas may include: Medicare, Social Security Disability, SSI, Medicaid, and Medicare Part D.

Benefit Specialists Monetary Impact- This is recorded at time of case closure and is the estimated value of any benefits that a benefit specialist helped a client to obtain or preserve. This report looks at monetary impact for all cases closed during the reporting period. Monetary impact is just one way to measure the positive impact of benefit specialists' services. The Monetary Impact numbers only reflect closed cases that were approved benefits. This number does not show the cases that were not approved for benefits.

2018 EBS Monetary Impact:

	Dollars	%
Federal Funds	\$ 2,227,487	95.2%
State Funds	\$44,217	1.9%
Other Funding Sources	\$67,600	2.9%
GRAND TOTAL:	\$2,339,304	

2018 DBS Monetary Impact:

	Dollars	%
Federal Funds	\$ 380, 098	88.1%
State Funds	\$50,505	11.7%
Other Funding Sources	\$1,000	.2%
GRAND TOTAL:	\$431,603	

Transportation Services Paula Daentl

Are you unable to drive, due to a medical or physical limitation? Is it difficult to get to the store or medical appointments? We recognize how hard this can be, so the ADRC offers transportation services to make it more convenient for you and your loved ones.

Driver Escort-provides non-emergency transportation for elderly (60+) and disabled individuals (by Social Security) to non-emergency medical appointments. A person needs to ambulate independently or with a walker or cane. Fee of \$5.00-25.00

Care-A-Van- is for those 60+ or any age (disabled by social security) in need of transportation for any reason including appointments, shopping and social opportunities for a small fare of \$5.00. Our bus is handicapped accessible for all riders to enjoy! The bus only travels outside of Iowa County.

ADRC Taxi (new in 2019) - Residents of Dodgeville of all ages can utilize the taxi on Wednesdays and Fridays. Fare cost is \$2.00 each way and \$0.50 each additional stop.

Rural Taxi (new in 2019) - Residents of Iowa County can utilize the taxi for various transportation needs in Iowa County on Mondays, Tuesdays. This will be starting soon.

Mineral Point Taxi (new in 2019) - Residents of Mineral Point can utilize the taxi for various transportation needs in Mineral Point on Thursdays. This service will be starting soon.

Driver Escort -	2018 Total Units	2,192
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Care A Van -	2018 Total Units	5,107
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Although we worked hard in 2018, we also had a “little” fun too...



**Looking
forward to helping
Iowa County
residents
In 2019!**