

Health and Human Services Committee Wednesday, November 7, 2018 at 5:00 PM Health and Human Services Community Room 303 W Chapel Street Dodgeville, Wisconsin

Iowa County Wisconsin

	For information regarding access for the disabled please call 935-0399.
	Any subject on this agenda may become an action item.
1	Call to order.
2	Roll Call.
3	Approve the agenda for this October 3, 2018 meeting
4	Approve the minutes of the September 5, 2018 meeting
5	Reports from committee members and an opportunity for members of the audience to address the Committee. No action will be taken.
6	Review Quarterly Financial reports
7	Review and Approve 2019-2021 Aging Unit Plan
8	VETERANS OFFICE: Department Update
9	HEALTH DEPARTMENT: Department Update
10	SENIOR UNITED NUTRITION: Department Update
11	Next meeting date December 5, 2018 @ 5:00 PM.
12	Adjournment.
	Posting Verified by: your name or title Date: Initials:



UNAPPROVED MINUTES

Health and Human Services Committee Wednesday, October 3, 2018 at 5:00 PM Health and Human Services Community Room 303 W. Chapel Street; Dodgeville, Wisconsin

Iowa County Wisconsin

Meeting was called to order by Chair Nankee at 5:00 PM 1 Roll Call was taken: Members present: Nankee; Davis; Paull; Rolfsmeyer; O' Brien. Others present: Bierke; Deal; Gould; Griffiths; Hiltbrand; Kruchten; Lockhart; Lindeman; Matye; McManus; Ohlrogge; Slaney; Zach Armstrong; Mathew Honer and Oellerich. Meyers entered the meeting at 5:38 p.m. Approve the agenda for this October 3, 2018 meeting: Motion by Supervisor Davis to approve the agenda for the October 3, 2018 meeting. Seconded by Supervisor O' Brien. Aye: 5; Nay: 0. Motion carried. Approve the minutes of the September 5, 2018 meeting: Motion by Supervisor Paull to approve the minutes of the September 5, 2018 meeting. Seconded by Supervisor Davis. Aye: 5; Nay: 0. Motion carried. Comments or reports from the audience or committee members: Slaney recently attended the Wisconsin Counties Association meeting in LaCrosse along with Griffiths, Paull, Bierke and Benish. Paull attended sessions on Human Trafficking. Slaney talked about public outreach in Iowa County. Paull sees the county as a fabric that holds things together with various issues, such as, mental health and drugs. At the WCA meeting, Paull attended a presentation on the future of nursing home care and felt everyone heard something different from that session. Nankee recognized Ricky Rolfsmeyer as a new member of the UW Madison Extension Board of Visitors, which will engage in communications. Nankee shared that the county Administrator is working on A.I. (Artificial Intelligence) which helps improve healthcare delivery and saves clinicians time each day. Matye shared photos from the Wellness Expo. The theme of this year's expo was "Fight the Flu." A photo session was offered for those who had a flu shot at the expo. Review proposed budgets for: ADRC: Gould presented the worksheets for ADRC budget, which has been submitted to county finance. ADRC is requesting an increase of expenditures of \$61,640 for 2019 and an increase of \$40,382 for tax levy for 2019. Changes to the transportation program played a factor in budget. ADRC is looking at adding rural taxi service to Iowa County, which would serve Mineral Point and rural Iowa County residents within the borders of Iowa County. The county taxi in Dodgeville will end and currently there is talk about partnering with the city of Dodgeville to purchase the vehicle and Iowa County would provide the driver and administration. A proposed grant application may offset the costs. The ADRC bus service is going from 5 days/week to 3 days/week and running outside of Iowa County. Davis asked about the budget process. Slaney and Gould have met with Bierke and Hamilton and approval comes through Bierke to the county board. Davis asked if there is any transportation from Dodgeville to Southwest Tech. The elderly and disabled get preferred service but others can receive the service if available. The LIFT program would provide a more consistent transportation source. Nankee

asked about the current ADRC driver. Gould said the driver would be cut and there will be a couple half-time drivers and the opportunity for the current driver to apply for those positions. Rolfsmeyer inquired about the Mineral Point and rural taxi costs.

BLOOMFIELD HEALTHCARE & REHABILITATION CENTER: Kruchten said the proposed tax levy increase is from \$254,364 to \$574,695. Bierke said one of the big expenses is C.N.A. productive hours and, in addition, the plan is for many agency staff. There is definitely in a struggle with staffing C.N.A.s., and shortage in C.N.A.s and nurses. Iowa County is doing a very good job to compete. Nursing has an overall shortage and especially in Wisconsin. Paull expanded and shared nursing home information. Bierke said last year's budget was based on 54 residents and the 2019 budget is based on 50 beds. Paull asked about capital improvements. Bierke said there is \$138,000 budgeted for capital items and they are planning to replace some windows. There will be more changes coming. HEALTH DEPARTMENT: Mayte said that generally the Health Dept. budget is staying the same. The Health Dept. is fiscal agent for SouthCentral Wisconsin Readiness Coalition. The HeART grant was received after the budget was submitted last year and should see about \$6,000 from that. Hopefully, next year, another grant from Healthy Aging in Rural Towns will be received, but that is not in the budget. O' Brien asked about the Bioterrorism grant. Mayte said that grant started after 9/11 and now is Emergency Preparedness funds from the State. There are broad objectives for use of the grant. Rolfsmeyer asked about grant revenue and Mayte expanded on the SouthCentral WI Readiness Coalition, which is federal money that the state administers. Nankee asked about this year's flu shots. Mayte said the high dose covers three strains and the quadrivalent covers four. Many last year many were affected by the additional strain. The Health Department decision was made to cover broadly with the quadrivalent. Mayte is recommending getting the flu shot. Iowa County has already had a case of Influenza this fall. The new shingles shot is out, even if you have already had your other shingles shot. they are recommending getting the new shingles shot.

SUN: McManus explained the SUN organization as a 501(c)(3) and SUN is contracted with Iowa and Lafayette County. McManus is projecting next year's numbers to be the same as last year. The biggest growth is Meals on Wheels, serving more meals in Dodgeville and rural areas. Site and meal costs has a huge jump of about \$40,000 in home delivered meals mainly. Mileage and stipends are increasing and SUN is currently below the federal rate for mileage. SUN owns two vans and both were purchased with grants. There is a request of Iowa County tax levy of about \$14,000, which is in the ADRC budget. Paull asked about SUN programs in different counties and leadership in Madison. Federal funds come through the state and the state matches at 35%. On the national level, the budget for Human Services is a \$10M increase for the country. The county levy to SUN programs varies. The congregate counts tend to be down and home delivery is growing. Davis asked about the donation/participants, as well as, local income and fundraisers. Participant donations are suggested. The donation suggestion may increase by 50 cents per meal next year. Fundraisers include the American Legion; individual fundraisers at the site, such as, Soup Suppers; Iowa County Cattleman's Association and the annual appeal. United Fund grant is received each year, Last year the United Fund grant was \$7000 and a FEMA grant was received. SUN applies for community grants too. Gould questioned the depreciation line and that was discussed. SOCIAL SERVICES: Slaney said in the social services budget there is a reduction of \$112,052 and reduction of \$57,670 in county levy. Social Services subcontracts with Unified for child protective services and that does not flow through the budget. The current draft budget has reduced some expenditures and updated the health and dental insurance. Slaney said out of home care has been doing good but has seven to ten placements currently. Child Protective Services casework study may impact the future. Slaney expanded on several accounts of different types of out of home placement. The line was held on prevention program providers with the exception of one. Paull asked about court ordered elderly care. Slaney said if the court orders protective placement, then Iowa County is responsible. UNIFIED COMMUNITY SERVICE: Lockhart said this is a two county budget and gave an overview of where funding sources come from and where the money goes. There is no budget increase this year, staying at the same level. Rolfsmeyer asked if line items were the same. Lockhart said one position would be unfilled to meet budget. There is an increase in the costs for crisis intervention services between \$5,000 to \$10,000. Crisis calls have doubled Lockhart feels they can manage and will expand later in the report.

agenda. Paull asked if the Northwest Connections services have improved. Lockhart feels the staff varies and Unified gives the company feedback. Ultimately, Lockhart would like to bring the service back in house. Davis asked about the AODA position that will remain unfilled.

<u>UW EXTENSION:</u> Ohlrogge explained the permanent reduction in the 4-H agent position in the \$3.6M reduction of the state budget. The extension budget reflects an increase for the county 4-H agent at 75% of that position. If the position were not approved, the possibility of a half-time position would be explored but is not optimum. Sarah Weier is the interim 4-H agent currently and contracted until December 31, 2018. Ohlrogge is ready to get the position posted when the budget is approved. The state is not approving interims. As of January 1, the position would be vacant. Several counties are budgeting for their own 4-H position. Rolfsmeyer asked about non-county revenue. Ohlrogge stated the revenue is from pesticide trainings, color trainings, etc., which is money in and money out. Tax levy figure includes the 4-H position.

VETERANS SERVICE OFFICE: Lindeman said he is in the same neighborhood as he was last year. There is talk at state level about redoing/increasing outlay through the counties and increasing grant numbers for rural counties, which may come into play in 2020. Davis asked about Vets transportation and Vets relief. Lindeman said more veterans are requesting transportation to appointments. Vets relief is a state required levy and has an application process. Flags and markers are for the cemeteries and Lindeman is not going to plastic holders, as they do not stand up. Rolfsmeyer asked about donations received. Lindeman stated that number is a carry-over number, which was from Cobb Legion. Bierke said there would definitely be changes to the Bloomfield budget. SUN budget at full request and the Executive committee will decide on that.

Adoption of Locally Developed Regionally Coordinated Transportation Plan for Iowa County. Matthew Honer with SW Regional Planning Commission is completing the locally developed and coordinated Transit Plan, 2019-2023. The plan is to develop public transits goals and the need is federal law requirement. The process was that public meetings were held in each county, which identified goals, needs and gaps. Honer worked with county ADRCs to develop plans and brought regional transportation together. O' Brien asked about survey results and 57% that chose the option "Other." Honer said that the response might have been no response. The public survey was coordinated across several plans. Paull stated 290 people responded and Iowa county was an average response. The number one need was for help carrying things to the house. Honer attended all public meetings and the greatest need he heard was door-to-door assistance. Paull thought the survey was well done and Davis was impressed. Davis spoke to the challenge in rural communities to transport the disabled. Bierke asked if there was a mechanism in place to follow up on the goals. Gould said the implementers of the plan would review goals and make sure they are met for the next five years. Matye said one of UHH top priorities is transportation and asked if this will be an option for people who go to the hospital by ambulance to be transported home. Gould expanded on the volunteer driver program and the difficulty of emergency discharge, definitely a gap to be filled. Motion by Paull to approve the Regionally Coordinated Transportation Plan for Iowa County. Second by Rolfsmeyer. Aye: 5; Nay: 0. Motion carried.

7

Consider Bed Reduction Resolution from Bloomfield Healthcare and Rehabilitation Center. Bierke said this was proposed to the Bloomfield Committee and amended there and sent to the HHS Committee. Bierke expanded on the amendments. Davis asked if we are in discussion with the hospital and bringing the facility up to code. Bierke is in the position that the number of licensed beds will not impact the discussion with UHH. Davis asked if bringing the facility up to code would be expensive. Paull expanded on firewalls, egress such as the porches, rooms with false ceilings, electrical is not up to code. Griffiths wanted to shed light on the amendment as he drafted it. Four years ago, there was a study and in that process, Jewell did a code. It disturbs Griffiths that there are situations in nursing homes where you need to make sure you are doing it right. Four years ago, the discussion was to fix the nursing home or build new. Rolfsmeyer questioned the resolution to begin reducing January 1 and at what point will we be at 50. Bierke said that number would be attained through attrition. Kruchten said census today is 50. These are the budget numbers Bierke would like to use. Motion by Davis to approve the bed reduction resolution for Bloomfield Healthcare and Rehabilitation Center. Second by O' Brien. Aye: 5; Nay: 0. Motion carried. Bierke, Griffiths, Deal, Paull and Meyers left the meeting at 6:57 p.m.
Review and Approve Draft 2019-2020 Aging Unit Plan. Hiltbrand distributed the Aging Unit Plan in draft form. Davis was impressed with the plan. Hiltbrand said there was a lot of feedback on the plan, which was helpful. Focus areas were chosen by GWAR. Nankee like the detail of the plan. Hiltbrand said that they have partnered with many agencies to help fulfill the focus area goals. O' Brien said it was mentioned about a social media goal. Hiltbrand added as a local priority goal, ADRC would develop an online marketing strategy. Motion by Davis to approve the draft of the 2019-2020 Aging Unit plan. Second by Rolfsmeyer. Aye: 4, Nay: 0. Motion carried.
<u>UW EXTENSION:</u> Lafayette County Ag position with an emphasis on crop and soils is open and the Grant County Community Development position is open. Iowa County is fully staffed. One thing being told from the university is if a position is open, the position will be filled differently.
<u>UNIFIED COMMUNITY SERVICES:</u> Lockhart reported toward the beginning of this year Act 262 was passed regarding the shortage of AODA coordinators. The agency contracted a training program that mental health clinicians are receiving AODA training and will provide both services. There will an improvement in care and efficiency to see one provider. A retired child psychiatrist may be brought in one day/week in each county. Lockhart reported on the recent Iowa County Drug court graduation and expanded on the treatment and the support of the graduates in their recovery. Treatment is a piece, but reintroduction into a healthy lifestyle is important also.
AGING AND DISABILITY RESOURCE CENTER: Hiltbrand reported the recent Health Expo saw many great volunteers and over forty vendors with 100 meals served that day. Sixty-four meals were served to expo attendees and the remainder of the meals were home delivered. The Health Department and Walgreens gave flu shots. The Lions Club did eye screens and Veterans Service Office was represented. Approximately, 250 from the community attended. Upcoming events include: On October 24 from 10 a.m. to 12 p.m., Martin Schreiber's program, My Two Elaine's will be held at Grace Lutheran Church and an upcoming memory screen event where if interested you can meeting with a Dementia Care Specialist. Davis mentioned the Fall Mental Health Summit.
Next meeting will be held on October 31, 2018 @ 5:00 p.m.
Adjournment. Motion by Supervisor Rolfsmeyer to adjourn the meeting. Supervisor O' Brien seconded the motion. Aye: 4. Nay: 0. Motion carried. Meeting adjourned at 6:18 pm.

Minutes by: Karen Oellerich Reviewed by Bruce Paull, Secretary

AGENDA ITEM COVER SHEET

Title: 9-30-18 Financial Reports for the	Health & Human Se	ervices Committee	Original	
TO BE COMPLETED BY COUNTY D	EPARTMENT HE	<u>FAD</u>		
DESCRIPTION OF AGENDA ITEM (Please	provide detailed	information, including dea	dline):	
9-30-18 Preliminary financial report with Health & Human Services Committee	a comparison of bu	udget to actual year-do-date f	or the department	s that report to the
RECOMMENDATIONS (IF ANY):				
For informational purposes only				
ANY ATTACHMENTS? (Only 1 copy is ne	eded) (Ye	S C No If yes, plea	se list below:	
Preliminary 9/30/18 Financial Statements				
FISCAL IMPACT:				
None, status of the 2018 budgetary balan	ces as of 9/30/18 -	preliminary		
LEGAL REVIEW PERFORMED: Yes	€ No	PUBLICATION REQUIRE	ED: C Yes	€ No
STAFF PRESENTATION?: CYes	€ No	How much time is needed?	£ .	
COMPLETED BY: Roxie Hamilton		DEPT: Finance Depa	artment	_
2/3 VOTE REQUIRED: Yes	• No			
TO BE COMPLETED BY COMMITTE	<u>CHAIR</u>			
MEETING DATE:		AGENDA ITEM #		
COMMITTEE ACTION:				

+	А	B	၁	۵	Ш	ŭ.	9	Ŧ	
-	lowa County - Financial Statement - includes Departments that report to the Health and Human Services Committee	ancial Statement	- includes Dep	artments that i	report to the Hea	Ith and Human S	services Commil	Itee	
2		For the	For the Period Ending S	September 30,	ding September 30, 2018 (prepared 10/29/18)	10/29/18)			
		2018 Tax Levy	Budget	Carryovers	2018 Tax Levy + Budget Adjustments /	Revenues -		Excess (Deficiency) of	
<u></u> ෆ	Department	Adopted	Adjustments / Transfers	From Prior Year	Transfers / Carryovers	other than Tax	Expenditures	Revenues over Expenditures	Notes
4	General Fund								and the second s
5 T	Health Dept.	261,268			261,268	61,013	261,192	61.089	
	Veterans Service	90,490	11 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		90,490		71,928		
	U.W. Extension	249,321		The second second	249,321	30,286	143,852		
0 0 5	Total General Fund	601,079	•	1	601,079	102,210	476,972	226,317	
2 =	Special Revenue & Capital Projects Funds					1	- COM-		
12 Sc	Social Services	1,582,565			1,582,565	1,101,526	2,067,669	616,422	
13 A	ADRC	256,594			256,594	499,635	644,923	111,306	
4	14 Unified Services Fund	210,292			210,292		210,292	1	
15 C	15 Capital-Nursing Care Planning	25,000		# 1	25,000			25,000	
17 SP	Special Revenue and Capital Projects Funds Total	2,074,451		•	2,074,451	1,601,161	2,922,884	752,728	
8 6	Enterprise Funds	According to the second				The second secon			0.00
20 BI	Bloomfield Healthcare & Rehab	254,364			254,364	3,690,014	3,660,132	284,246	
22 Er	Enterprise Funds Total	254,364			254,364	3,690,014	3,660,132	284,246	
4 T	24 Total of All Funds	2,929,894	•	1	2,929,894	5,393,385	7,059,988	1,263,291	

					IJ	L	9	-	
-	Departments that Report to the lowa County Health and		Human Services Committee	Committee			compiled 10/29/18		
2	Preliminary - For the period ending 9/30/	ending 9/30/18							
r	Powering Compare Budget to Actual	2018 Adopted Annual Budget including Tax	Budget Adjustments /	Carryovers	2018 REVISED	Total Department YTD	<u>u</u>	% of Year	Actual
4	100 GENERAL FUND	Levy	Hansiels	TOLL HOLL	BUDGET	REVENUES	BALANCE	completed	% OLA
ъ 5		81,145			81,145	61,013	20,132	%69	75%
9		10,500			10,500		(411)		104%
	82 UNIVERSITY EXTENSION PROGRAM	006'9			6,900		(23		439%
	The board of the same same services and the same services are the same services and the same services are the								
D C	101AL: GENERAL FUND	98,545	,		98,545	102,210	(3,665)	%69 (104%
_	80 SOCIAI SERVICES	2 841 835			9 841 835	4 800 4	4 000	/908	020
12		2001-1-014			2,041,000		060,000,1	02.20	02.00
13	85 AGING &DISABILTY RESRC CENTR	736,275	o de la constante de la consta		736,275	756,229	(19,954)	%69	103%
14									
15 56	UNIFIEDS	210,292			210,292	210,292		%69	100%
10	32 CAPITAL PROJECTS FUND 32 CAPITAL PRO JECTS - Nursing Care Planning	25,000			26,000	25,000		000	70001
		000'07			000,03		-	03.50	0,001
	54 BLOOMFIELD HLTH CARE & REHAB	6,096,916	18,582		6,115,498	3,944,378	2,171,120	%69	64%
-									
-	TOTAL OF ALL FUNDS	10,008,863	18,582	1	10,027,445	6,873,254	3,154,191	%69	%69
2 2									
		2018 ADOPTED ANNUAL	Budget Adjustments /	Carryovers	2018 REVISED	Total Department YTD	REMAINING	% of Year	Actual
24	Expenditure - Compare Budget to Actual	BUDGET	Transfers	From Prior Year	BUDGET	EXPENDITURES		completed	% QTY
-	COUNTY HEAL	342,4		16,315		ICA.			73%
27 6	64 VETERANS SERVICE OFFICE	\$ 100,990		3,750	\$ 104,740		\$ 32,812	%69	%69
28 8	82 UNIVERSITY EXTENSION PROGRAM	\$ 256,221		14,278	\$ 270,499	\$ 143,852	\$ 126,647	%69	53%
-	TOTAL: GENERAL FUND	\$ 699,624	\$	\$ 34,343	\$ 733,967	\$ 476,972	\$ 256,995	%69	65%
	210 DEPARTMENT OF SOCIAL SERVICE								
	60 SOCIAL SERVICES	\$ 2,841,835		\$ 9,887	\$ 2,851,722	\$ 2,067,669	\$ 784,053	%69	73%
		Coot						7000	2000
35.0	230 UNIFIED SERVICES FUND	4 (30,2/3			0 / 20'7/3	9 044,923	205,18	02.50	00.00
-	56 UNIFIED SERVICES	\$ 210,292			\$ 210,292	\$ 210,292		%69	100%
37	400 CAPITAL PROJECTS FUND								
38 3	32 CAPITAL PROJECTS - Nursing Care Planning	\$ 25,000			\$ 25,000	•	\$ 25,000	%69	%0
_		\$ 6.006.016	R 18 582		£ 6115.408	\$ 3 BBO 132	\$ 2 455 366	80%	RN9%
								2 20	800
42 T	TOTAL OF ALL FUNDS	\$ 10.609.942	\$ 18.582	\$ 44.230	\$ 10.672,754	\$ 7.059.988	3 642 766	7000	1000

AGENDA ITEM COVER SHEET

Title:County Plan on Aging 2019-2021

Original	○ Update
Conginal	Copc

TO BE COMPLETED BY COUNTY DEPARTMENT HEAD

DESCRIPTION OF AGENDA ITEM (Please provide detailed information, including deadline):

RECOMMENDATIONS (IF A	NY):		18.	**************************************
ANY ATTACHMENTS? (Onl	y 1 copy is need	led) (Yes	C No If yes, please list below:	
FISCAL IMPACT:				
GWAAR requires each cour funding.	ty to complete a	ın Aging Plan ev	ery 3 years in order to continue to receive Older A	mericans Act
EGAL REVIEW PERFORME	D: CYes	⊚ No	PUBLICATION REQUIRED: Yes	⊚ No
RESENTATION?:	(Yes	CNo	How much time is needed? 5-10 minutes if qu	ies tin
COMPLETED BY: Valerie Hilt	brand		DEPT: ADRC	
2/3 VOTE REQUIRED:	⊚ Yes ○	No		
TO BE COMPLETED BY	COMMITTEE	<u>CHAIR</u>		
MEETING DATE:			AGENDA ITEM #	
COMMITTEE ACTION:				

County Plan on Aging 2019-2021

TABLE OF CONTENTS

- 1. Verification of Intent
- 2. Executive Summary
- 3. Organization and Structure of the Aging Unit
 - a. Mission Statement and Description of the Aging Unit
 - b. Organizational Chart of the Aging Unit
 - c. Aging Unit Coordination with ADRCs
 - d. Statutory Requirements for the Structure of the Aging Unit
 - e. Membership of the Policy-Making Body
 - f. Membership of the Advisory Committee
 - g. <u>Assessment Only update the Commission on Aging and Aging Advisory membership</u>
- 4. Context
- 5. Public Involvement in the Development of the County Aging Plan
- 6. Goals for the Plan Period
 - a. Assessment Only National Family Caregiver Support Program
- 7. Coordination Between Titles III and VI
- 9. Compliance with Federal and State Laws and Regulations
- 10. Assurances
- 11. Appendices

*Yellow Highlight indicates sections required for annual assessment

1. Verification of Intent	
This plan represents the intent of the county to assure that older people opportunity to realize their full potential and to participate in all areas of	have the community life.
On behalf of county, we certify that these organizations have reviewed to have authorized us to submit this plan, which outlines activities to be unbehalf of older people during 2019-2021.	he plan, and dertaken on
We assure that the activities identified in this plan will be carried out to the ability of the county.	he best of the
We verify that all information contained in this plan is correct.	
Signature, and Title of the Chairperson of the Commission on Aging	Date
Signature, and Title of the Authorized County Board Representative	Date

2. Executive Summary

The Aging and Disability Resource Center of Southwest Wisconsin, or ADRC, located in lowa County includes the input of older adults in order to develop a County Plan on Aging, every 3 years. This is a mandate of the Older American's Act to secure funding. This plan also outlines an agenda for developing and strengthening current programs to meet the needs of older people in Iowa County.

The local ADRC is accountable for the implementation of programs for older individuals and adults with disabilities who are residing in lowa County, Wisconsin. Our mission and focus is to help keep older adults and those with disabilities independent and safe in their homes through the delivery of services provided by the agency and through assistance in identification and connection to appropriate resources.

While the ADRC in Iowa County serves the residents of Iowa County, it also works closely with the other counties included in the regional ADRC of Southwest Wisconsin: Grant, Green, and Lafayette Counties. The ADRC has worked hard to develop relationships with new and different agencies, businesses, civic groups, and faith based organizations of the community. During the 2019-2021 Aging Plan period, the ADRC will continue to focus on strong community partnerships in order to meet the needs of the aging community.

Since fall of 2017, the ADRC has been collecting public input from Iowa County residents through public forums, surveys, and in person conversations. There have been options to do this verbally and in writing. There was also an online option, mail-in option or in-person option. The ADRC Board assisted in gather information from the areas of the community that they represent. ADRC staff visited each of the 4 Iowa County Dining Sites in order to gather information. The ADRC attended two public forums held by Upland Hills Hospital and Iowa County Public Health Department.

In an effort to increase the involvement of older people in the development and planning of aging-related programs, the ADRC will personally invite the Health and Human Services Committee, the SUN Program Board and Aging Unit Board to Aging Advocacy Day at the State Capital. The ADRC will also partner with another agency for a Senior Scam Prevention presentation to the community. The ADRC will also encourage older adults to vote in the 2021 Primary and General elections by offering transportation to the polls.

The agency has made plans in regards to supporting the Elder Nutrition Program and exposing older people to the benefits of this program. In addition to the current events and exposure provided to the Nutrition program, the ADRC will assist with inviting 10 influential community members to experience a Seniors United for Nutrition (SUN) congregate meal and all that it has to offer. The ADRC will also collaborate with the SUN Program for a "Dine at 5" event; inviting eligible community members and their caregiver/friend to experience and learn about the congregate SUN Dining Sites.

Iowa County Aging Unit Plan 2019-2021

Another event that will take place, in 2021, will be a SUN meal being served at a Stepping On Class (prevention program).

The agency continues to focus on developing programming to support family caregivers. The ADRC, in partnership with the Caregiver Coalition, will host a Power of Attorney Workshop for Iowa County caregivers. In 2020, the ADRC will focus on educating 5 large, local employers about issues that caregivers face and the available local resources. In 2021, the ADRC will collaborate with Iowa County Emergency Management to offer a "Preparedness for Caregivers" presentation to the community.

Services to individuals with dementia have been an area of interest and focus within the agency. Our regional ADRC is fortunate to have a Dementia Care Specialist who collaborates with and educates community organizations about dementia and is also available for personal consultation for those with dementia or their family. The ADRC plans to offer a Boost Your Brain and Memory program in 2019. In 2020, the ADRC will focus on facilitating "Dementia Live" for county level employees in order to enhance the understanding of living with this disease. In 2021, the ADRC will focus on providing memory screens at a Dementia Friendly community event.

In regards to healthy aging, the ADRC will continue to grow its prevention programming by offering Powerful Tools for Caregivers in 2019. A "Know your Numbers" wellness event will be rolled out to the community in 2020; allowing Iowa County residents to be screened for things like blood pressure, memory loss and oral health. A strong focus will be placed on educating First Responders about the benefits of residents at risk of falls, participating in the Stepping On program. The education will include general education about the ADRC and the referral process.

Other local areas for improvements were also identified through surveys, interviews and public forums. Mental health and substance abuse issues effect the population that the ADRC serves. The ADRC will collaborate with the Iowa County Sheriff's Department and the Seniors United for Nutrition Program to offer a "Drug Pick-Up" on two home delivered meal routes in 2019. In 2019, the ADRC will create an online marketing strategy, which will include at least two online sources in order to promote ADRC activities and serve as a quick way to disseminate information to older adults. During the plan year 2020, the ADRC plans to collaborate with a substance abuse prevention agency or committee to educate older adults about the Opioid Epidemic. In 2021, the ADRC will receive a training on "Mental Health in Older Adults" by Unified Community Services.

3. Organization and Structure of the Aging Unit 3-A Mission Statement and Description of the Aging Unit

MISSION STATEMENT:

The Aging and Disability Resource Center of Southwest Wisconsin is dedicated to providing older adults and people with physical or developmental/intellectual disabilities with the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices and to streamline access to the appropriate services and supports.

Address of the Aging Unit:

ADRC of Southwest Wisconsin, Iowa County 303 W. Chapel St., Suite 1300 Dodgeville WI 53533

Hours of Operation: 8:00 A.M. – 4:30 P.M. Monday through Friday

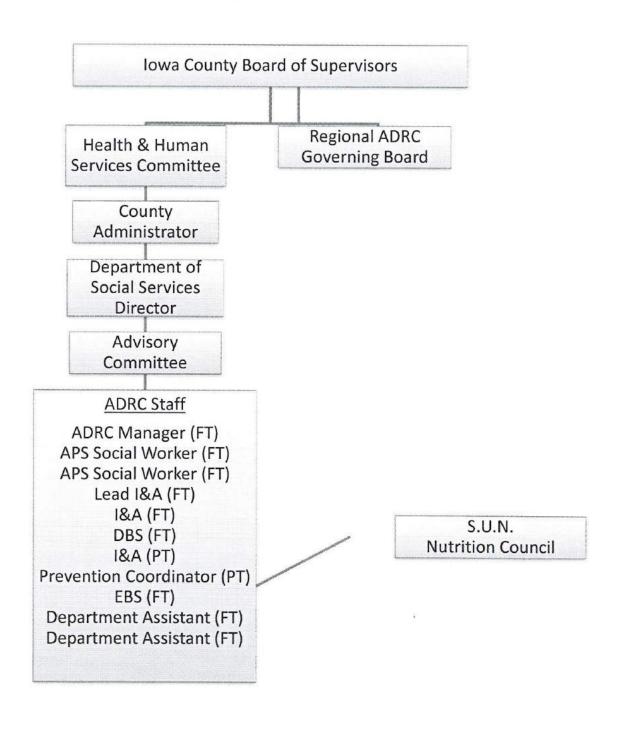
Helpful Telephone Numbers and Email Addresses:

Valerie Hiltbrand, ADRC Manager valerie.hiltbrand@iowacounty.org Telephone (608)930-9835 Fax (608)935-0355

Tom Slaney, Director
Iowa County Department of Social Services
tom.slaney@iowacounty.org
Telephone (608)930-9802
Fax (608)935-9754

3. Organization and Structure of the Aging Unit 3-B Organizational Chart of the Aging Unit

Provide an organizational chart, which clearly depicts the place of the aging unit, the policy-making body, and (where applicable) the advisory committee, in relation to the county government. (Not-for-profit aging units will not include their relationships to county government in the organization chart.)



3. Organization and Structure of the County Aging Unit 3-C Aging Unit Coordination with ADRCs

In lowa County, the structure of the county Aging Unit and the Aging & Disability Resource Center is that they are integrated, by definition, that both are organizationally integrated within the ADRC, they are co-located in the same office, both managed by the same individual, and the budget is submitted as a single entity to the county. Staff is led as one united unit and work together cohesively, often teaming cases to best meet the needs of the customer and their families. Marketing, outreach, and advocacy are all completed as one entity. This includes all Aging Unit staff, ADRC staff, and Adult Protective Services staff.

This unit is also under the umbrella of the Iowa County Department of Social Services. An ADRC Manager oversees the staff and programming, but also reports to the Director of Social Services. Clerical staff is shared within the Department of Social Services and are cross-trained so that coverage for the ADRC reception area is always available.

The local ADRC services are also part of a regional ADRC service area of four counties total (lowa, Grant, Green, and Lafayette), in which a Regional Manager provides oversight, guidance, and monitors contractual compliance. This arrangement has many advantages due to the ability to work fluidly across county lines and to expand programs that may be limited due to the constraints of small rural counties. It also allows trained staff to be available to back up neighboring counties where staff turnover or other leaves of absences may be occurring.

While the local county structure reports monthly to a local ADRC Board, made up of local consumers and county board supervisors as is required by the Older American's Act, it also reports quarterly to the lowa County Health and Human Services committee, as well as a monthly Regional ADRC Governing Board.

As it has been since the ADRC was first incorporated into the Commission on Aging in lowa County in 2009, the goals of this plan will be shared goals of the whole organization and will reflect the mission of the agency.

3. Organization and Structure of the County Aging Unit 3-D Statutory Requirements for the Structure of the Aging Unit

Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

Organization: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. An agency of county/tribal government with the primary purpose of administering programs for older individuals of the county/tribe.	
 A unit, within a county/tribal department with the primary purpose of administering programs for older individuals of the county/tribe. 	✓
3. A private nonprofit corporation, as defined in s. 181.0103 (17).	
Organization of the Commission on Aging: The law permits one of three options. Which of the following permissible options has the county chosen?	Check One
1. For an aging unit that is described in (1) or (2) above, organized as a committee of the county board of supervisors/tribal council, composed of supervisors and, advised by an advisory committee, appointed by the county board/tribal council. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.	
2. For an aging unit that is described in (1) or (2) above, composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	✓
3. For an aging unit that is described in (3) above, the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.	
Full-Time Aging Director: The law requires that the aging unit have a full-time director as described below. Does the county have a full-time aging director as required by law?	Yes

3. Organization and Structure of the Aging Unit 3-E Membership of the Policy-Making Body

The commission is the policy-making entity for aging services and an aging advisory committee is not the commission. Chapter 46.82 of the Wisconsin Statutes sets certain legal requirements for aging units.

"Members of a county/tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms." In the case of county board/tribal council members, the requirement is three consecutive 2-year terms.

Health and Human Services Co	mmittee		
Name	Age 60 and Older	Elected Official	Year First Term Began
Chairperson: Dan Nankee		Yes	
Joan Davis		Yes	
Justin O'Brien		Yes	
Bruce Paull		Yes	
Richard Rolfsmeyer		Yes	
ž.			

3. Organization and Structure of the County Aging Unit 3-F Membership of the Advisory Committee

If the aging unit has an advisory committee, listed below are the members of the advisory committee. An aging advisory committee is required if the commission (policymaking body) does not follow the Elders Act requirements for elected officials, older adults and terms or if the commission (i.e. policy-making body) is a committee of the county board.

Chapter 46.82 of the Wisconsin Statutes requires that the membership of the aging advisory committee (where applicable) must consist of at least 50% older people, and individuals who are elected to office may not constitute 50% or more of the membership.

Official Name of the County Aging Unit's Advisory Committee (list below)

Name	Age 60 and Older	Elected Official	Year First Term Began
Chairperson: Judy Lindholm	Yes	Yes	2016
Jeremy Meek	Yes	Yes	2018
Justin O'Brien	Yes	Yes	2018
Linda Wetzel-Hurley	Yes	No	2017
Lynn Munz	Yes	No	2017
Bryan T. Walton	Yes	No	2017
Dianne Evans	Yes	No	2017
Lori Fisher	Yes	No	2016
Nancy Gaffney	Yes	No	2016
Kathleen Elliott	Yes	No	2018
Catherine Palzkill	Yes	No	2015
William Ladewig	Yes	No	2018
J. Patrick Reilly	Yes	No	2018
Patricia Rock	Yes	No	2015
Alvina Sturz	Yes	No	2014

Iowa County Aging Unit Plan 2019-2021

For assessment only – Please update the Commission on Aging and Aging Advisory membership and answer questions below.

Please answer "Y" or "N"	2019	2020	2021	Describe
Has the organization of the Aging Unit changed this past year?				
Has the organization of the Commission on Aging changed this past year?				
Does the aging unit have a full-time aging director?				
Is the membership of the Commission on Aging in Compliance?				

3. Organization and Structure of the County Aging Unit 3-G Staff of the Aging Unit

Listed below are the people employed by the County Aging Unit. Include additional pages as needed.

Valerie Hiltbrand

ADRC Manager

(608)930-9835

valerie.hiltbrand@iowacounty.org

Brief Description of Duties:

This full-time position is responsible to administer the programs that operate under the Aging and Disability Resource Center of Southwest Wisconsin in Iowa County. This position also leads planning activities, supervises employees, develops and implements policies, and assists with the development of budgets.

Katherine Batton

Lead Information and Assistance Specialist

(608)930-9835

katherine.batton@iowacounty.org

Brief Description of Duties:

This full-time position provides knowledge and research into all available options for individuals seeking information. This position is active in education and outreach activities and completes functional screens that determine an individual's eligibility to access Family Care and IRIS services. In addition, the Lead I&A Specialist acts as the person responsible for assuring the quality for functional screens.

Sarah Blake

Information & Assistance Specialist

(608)930-9835

sarah.blake@iowacounty.org

Brief Description of Duties:

This full-time position provides knowledge and research into all available options for individuals seeking information. This position is active in education and outreach activities and completes functional screens that determine an individual's eligibility to access Family Care and IRIS services.

Brittany Mainwaring

Information & Assistance Specialist

(608)930-9835

brittany.mainwaring@iowacounty.org

Brief Description of Duties:

This dual role position provides approximately 20-25 hours/week of knowledge and research into all available options for individuals seeking information. This position is active in education and outreach activities and completes functional screens that determine an individual's eligibility to access Family Care and IRIS services. Approximately 15-20 hours/week is also committed to the development of the agency's health and wellness programs and offering of evidence-based prevention programs.

Iowa County Aging Unit Plan 2019-2021

Stacey Terrill

Elder Benefit Specialist

(608)930-9835

stacey.terrill@iowacounty.org

Brief Description of Duties:

This full-time position assists people age 60 years or older to understand and successfully navigate the benefit programs. This includes but is not limited to facilitating Healthy Living with Diabetes, Medicare, SSI, SSA, Senior Care, housing issues, insurance issues, and Medicare Part D.

Nikki Brennum

Disability Benefit Specialist

(608)930-9835

nikki.brennum@iowacounty.org

Brief Description of Duties:

This full-time position assists people ages 17.5-59 to understand and successfully navigate the benefit programs. This includes but is not limited to Medicaid, Medicare, SSI, SSA, housing issues, insurance issues, and Medicare Part D.

Marylee Oleson

Department Assistant

(608)930-9835

marylee.oleson@iowacounty.org

Brief Description of Duties:

This full-time position oversees and edits the agency newsletter, assists with the transportation program, greets customers in phone and in person and directs them to the appropriate staff, completes minutes and reports for the local ADRC board, marketing projects, maintains the website and Facebook pages, and assists the ADRC with other projects as needed. This position is also largely responsible for planning the lowa County Health and Wellness Expo and Senior Farmer Market Voucher implementation.

Paula Daentl

Department Assistant/Transportation Coordinator

(608)930-9835

paula.daentl@iowacounty.org

Brief Description of Duties:

This full-time position is responsible for overseeing the day-to-day operation of the bus and driver escort program, volunteer driver recruitment and training, and scheduling. This individual also prepares reports and assists with other ADRC activities as needed.

Shelley Reukauf

Adult Services/EAN Social Worker

(608)930-9822

shelley.reukauf@iowacounty.org

Brief Description of Duties:

This full-time position is responsible to administer the Supportive Home Care program, perform elder abuse and neglect investigations, and assist individuals and their families

with guardianships and protective placements. This position is also responsible to implement the Caregiver Support Program.

Janet Butteris

Adult Services/EAN Social Worker

(608)930-9821

janet.butteris@iowacounty.org

Brief Description of Duties:

This full-time position is responsible to administer the Supportive Home Care program, perform elder abuse and neglect investigations, and assist individuals and their families with guardianships and protective placements. This position is also responsible to implement a Stepping On Program, Tai Chi Program and facilitating the county I-Team Meetings.

4. Context

lowa County is located in southwestern Wisconsin, made up mostly of small towns. The population of lowa County is 23,751, which is a population density of over 31 people per square mile. The County's largest city and the county seat is Dodgeville, which has a population of 4,805. Dodgeville is located 46 miles west of Madison and 49 miles northeast of Dubuque, lowa. There are approximately 5,723 individuals 60 and older, residing in lowa County. In 2015, lowa County had 20.1%-25% population 60 and older. By 2020, 25.1%-30% of the lowa County population will be 60 and older. Moreover, by 2025, 30.1%-40% will be 60 and older. Approximately 47% of individuals age 65 and older are male and 53% are female. 1,146 (or 30.8%) of lowa County residents over the age of 65, also report having at least one disability.

There are a total of 9,692 households in Iowa County and of those households, 40% include an individual who is 60 years or older. One thousand and ninety individuals over the age of 65 reside alone; which is about 27% of the aging population in Iowa County. This number demonstrates the significant need for caregivers who support these individuals who wish to remain "aging in place" in their communities.

According to 2018 www.countyhealthrankings.org, Iowa County is above the state average of patient to primary care physician ratio, at 1,320:1. Mental health providers are available at 1580:1 ratio; this is above the state average, which is 560:1. Adult smoking is at 15%, Adult obesity is at 31% and Excessive drinking is at 25% of the county's population. The leading causes of death under the age of 75 is Malignant neoplasms, Diseases of heart, Accidents (unintentional injuries) and intentional self-harm.

According to the Alzheimer's Association "2018 Alzheimer's Disease Facts and Figures" publication, in 2018 in Wisconsin, the projected number of people with Alzheimer's is

Iowa County Aging Unit Plan 2019-2021

110 thousand people; by 2025, that number will increase by 18.2% to 130 thousand. The effects of these statewide figures will be felt in lowa County.

The older population in Iowa County is predominantly white, educated (48% completed high school and 40% have completed more than high school), and less than 10% live in poverty. Additionally, more than 18% of those over 65 are still employed. Many of the older people in the county have lived most of their lives in the area. Some are retired professionals while many are former or current farmers.

During their last published Community Health Improvement Plan (2014-2017), the Iowa County Public Health Department has identified their three top health priorities as Promoting physical activity and nutrition (reducing obesity), Alcohol and drug abuse prevention, and increasing access to mental health services. The Upland Hills Health 2016-2018 Community Health Needs Assessment notes that their top three priorities are Addiction to Medicine, Physical Inactivity, and Access to Transportation. The ADRC will be working closely with these organizations and other local agencies to promote overall better health.

5. Public Involvement in the Development of the County Aging Plan

Please use the Public Input Report form to explain how you gathered information and ideas from the public prior to developing your plan. Attach completed forms to the plan.

Before submitting the final plan to the Area Agency on Aging (AAA), the aging unit must conduct one or more public hearings on the draft plan. Please use the Public Hearing Report form to document your public hearings and attach forms to the plan.

Dublic Hearing 1

County or Tribe: Iowa	Date of Hearing: 10/7/18 4:00PM-7:00PM
Location: Health and Human Services Building, Room 1001 303 W. Chapel St., Dodgeville, WI 53533	Number of Attendees: 1
Summary of Comments:	
One Iowa County resident walked into the Public Hearing and it was "well written."	noted he had read the plan and thought
No.	

How was draft plan altered as a result?	
It was not altered as a result of the public hearing.	

6. Goals for the Plan Period

Progress notes to be completed during self-assessment process.

Aging Unit Plan Goals	Progress Notes	checl	check if completed	pleted	
(write at least one goal per focus area per year - add extra boxes as needed – put curser to the left of the box and click the + sign)	(briefly summarize only those activities completed as of Dec. of each year)	2019	2019 2020 2021	2021	
Focus Area 6-A. Advocacy Related Activities					
In order to promote advocacy on aging topics, the ADRC will personally invite					1
the Health and Human Services Committee, the SUN Program Board and the ADRC Board to Aging Advocacy Day May 17, 2019. There will be at least 6					
lowa County residents that will attend the event on May 17th. At the end of					
the day, 5 of those 6 individuals will pledge to share the information learned,					
with at least 5 people from their community that are over the age of 60.					
In 2020, to encourage older adults to exercise their right to vote, the ADRC					
will offer transportation during the Primary and General Election to the older		23 LE			
adult population. At least 8 people will take advantage of this transportation.					
The ADRC will partner with another agency for a Senior Scam Presentation to					
at least 10 older adults in lowa County by October 1, 2021. After realizing the					
importance of and the variety of scams, 8 out of the 10 participants will					
pledge; "I will not send money to someone I don't know."					
Focus Area 6-B. The Elder Nutrition Program					
To increase participation at the 4 lowa County Dining Sites, the ADRC and the					

To increase participation at the 4 lowa County Dining Sites, the ADRC and the	
SUN Program will invite 10 influential community members for a SUN meal in	
order for them to experience everything the congregate site has to offer, by	
12/31/19. Community members will include but are not limited to librarians,	
care managers, church leaders and physicians who can help spread the word	
about the value of this program. The goal will be to increase new participants	
(first time diners) by 10 people by December 31, 2019. This will be measured	
by asking each new participant, who they were referred by.	

The ADRC will collaborate with the Seniors United for Nutrition (SUN) Program to offer a "Dine at 5" option. In order to promote the SUN Program to a new population and to increase meals served by at least 15; "Dine at 5" will be a SUN Meal, and will encourage participation of older adults and their caregivers. A satisfaction survey will be given at the end of the event, in order to gauge people's continued interest in utilizing the SUN Program.	
By November 1, 2021, The ADRC will collaborate with the Seniors United for Nutrition (SUN) Program to provide meals before a Stepping On class by December 31, 2021 to promote the SUN meal site and to increase meals served by at least 20 meals over the course of the 6 week class.	
Focus Area 6-C. Services in Support of Caregivers	
The ADRC, in partnership with the lowa County Caregiver Coalition, will host a Power of Attorney Workshop for the caregivers of Iowa County by May 31, 2019 where at least 10 individuals will complete the forms.	
By November 1, 2020, the ADRC will educate at least 5 large local employers (like Lands' End, Cummins, Iowa County) about caregiving issues and available resources, and the employers will agree to post caregiver resource information for their employees to access.	
The ADRC will work with Emergency Management to offer a "Preparedness for Caregivers" presentation to lowa County caregivers by December 31, 2021, and at least 15 individuals will attend. A preparedness checklist will be provided at the meeting and each caregiver in attendance will complete this checklist so they know what they already have done and what they need to do, going forward.	
Focus Area 6-D. Services to People with Dementia	
The ADRC will offer a "Boost your Brain and Memory" evidence based program by December 1, 2019 to older adults in lowa County. The purpose of this program is to improve the understanding of the variety of lifestyle factors that can affect brain health. A pre and post survey will be	

administered to show participants increased their knowledge by at least 10%.	
Expand the initiative of a dementia capable ADRC to county employees by providing the evidence informed "Dementia Live" event to county level employees to increase awareness and understanding of dementia in their personal and professional lives by November 1, 2020. At least 30 county employees will attend and a pre and post survey will be completed, showing that participants increased their knowledge by at least 10%.	
The ADRC will encourage early detection and intervention of dementia by hosting at least one Dementia Friendly Education Event with memory screens by December 1, 2021. At least 15 memory screens will be conducted at this event.	
Focus Area 6-E. Healthy Aging	
The ADRC will offer the evidence based Powerful Tools for Caregivers class to lowa County caregivers by December 31, 2019 and at least 6 caregivers will complete the program.	
By November 1, 2020, the ADRC will organize a "Know your Numbers" wellness event, reaching at least 15 older adults. This event will include screenings for Blood Pressure, Memory and Oral Health.	
By December 31, 2021, the ADRC will educate at least 15 First Responders from lowa County, on the benefits of referring patients to the ADRC for workshops similar to Stepping On, which is an evidence-based program. A pre- and post-survey will be conducted to show participants increased their knowledge by at least 10%.	
Focus Area 6-F. Local Priorities	
The ADRC will collaborate with the Iowa County Sheriff's Department and the Seniors United for Nutrition (SUN) Program to offer "Drug Pick-Up" on Home Delivered Meal routes. This will take place on at least two Home Delivered Meal routes by November 30, 2019.	
Jowy County Acting Unit Plan 2019-2021	

The ADRC will develop an online marketing strategy which will include at
least two online sources; example: Facebook, Twitter, Website, or Email
Listservs. The internet will be used to promote ADRC activities and serve as
a quick way to disseminate information to the older adults of lowa County
and their caregivers. The online marketing strategy will be developed by
June 2019 and will be implemented throughout the 3 year plan period.
The ADRC will educate the older adults in lowa County about the Opioid
Epidemic by collaborating with a substance abuse prevention agency or
committee, to offer a training to the public by December 1, 2020. At least 15
people will attend. A pre and post survey will be conducted to show
participants increased their knowledge by at least 10%.
The ADRC will arrange for a training by Unified Community Services on
"Mental Health in Older Adults" by October 31, 2021, for the 10 ADRC staff.
A pre and post survey will be completed showing participants increased their
knowledge by at least 20%.

98
\geq
=
0
-
O
Ε
S
S
B
S
S
P
_
0

Part IV: Progress on the Aging Unit Plan for Serving Older People – National Family Caregiver Support Program (NFCSP) This section is not required for tribal aging units.	ple – National Fam for tribal aging unit	illy Caregiver Support Program (NFCSP)
Minimum Service Requirements: The minimum service requirements of NFCSP must be provided by the aging unit or contracted with another agency. Please indicate who provides these services.	P must be provided by	v the aging unit or contracted with another
Service	Aging Unit (X)	Other Agency (please list)
Information to caregivers about available services		
Assistance to caregivers in gaining access to the services		
Individual counseling, support groups, and training to caregivers		
Respite care		
Supplemental services (e.g., transportation, assistive devices, home modifications, adaptive aids, emergency response systems, supplies, etc.)		
Caregiver Coordination: To ensure coordination of caregiver services in the county, the aging unit shall convene or be a member of a local family-caregiver coalition or coordinating committee with other local providers who currently provide support services to family caregivers.	nunty, the aging unit sl currently provide supp	hall convene or be a member of a local family- oort services to family caregivers.
Does the aging unit belong to a local caregiver coalition?	2019 Activities:	
× YES NO		
Name of Coalition: lowa County Caregiver Coalition		
If YES, please provide a brief update on coalition activities conducted each year.	2020 Activities:	
If NO, please explain plan for compliance.		

7. Coordination Between Titles III and VI

Tribal aging units will work together to coordinate and ensure the provision of services to tribal elders. Provide a narrative describing collaboration efforts If the county includes part or all of a federally recognized tribe or is home to a significant population of tribal members, describe how the County and and goals for each year of the plan.

Progress notes to be completed during self-assessment process.

Provide goals for each year of the plan.	Progress Notes	2019	2019 2020 2021	2021

9. Compliance with Federal and State Laws and Regulations

On behalf of the county, we certify		
(Give the full name of the county aging unit)		
has reviewed the appendix to the county plan entitled Assurances of C Federal and State Laws and Regulations for 2016-2018. We assure the identified in this plan will be carried out to the best of the ability of the t compliance with the federal and state laws and regulations listed in the Compliance with Federal and State Laws and Regulations for 2016-20	nat the activities ribe in Assurances of	
Signature and Title of the Chairperson of the Commission on Aging	Date	
Signature and Title of the Authorized County Board Representative	Date	

10. Assurances

The applicant certifies compliance with the following regulations:

1. Legal Authority of the Applicant

- The applicant must possess legal authority to apply for the grant.
- A resolution, motion or similar action must be duly adopted or passed as an
 official act of the applicant's governing body, authorizing the filing of the
 application, including all understandings and assurances contained therein.
- This resolution, motion or similar action must direct and authorize the person identified, as the official representative of the applicant to act in connection with the application and to provide such additional information as may be required.

2. Outreach, Training, Coordination, & Public Information

- The applicant must assure that outreach activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider trains and uses elderly
 persons and other volunteers and paid personnel as required by the Bureau of
 Aging and Disability Resources designated area agency on aging.
- The applicant must assure that each service provider coordinates with other service providers, including senior centers and the nutrition program, in the planning and service area as required by the Bureau of Aging and Disability Resources designated area agency on aging.
- The applicant must assure that public information activities are conducted to ensure the participation of eligible older persons in all funded services as required by the Bureau of Aging and Disability Resources designated area agency on aging.

3. Preference for Older People with Greatest Social and Economic Need

The applicant must assure that all service providers follow priorities set by the Bureau of Aging and Disability Resources designated area agency on aging for serving older people with greatest social and economic need.

4. Advisory Role to Service Providers of Older Persons

The applicant must assure that each service provider utilizes procedures for obtaining the views of participants about the services they receive.

5. Contributions for Services

 The applicant shall assure that agencies providing services supported with Older Americans Act and state aging funds shall give older adults a free and voluntary lowa County Aging Unit Plan 2019-2021

- opportunity to contribute to the costs of services consistent with the Older Americans Act regulations.
- Each older recipient shall determine what he/she is able to contribute toward the
 cost of the service. No older adult shall be denied a service because he/she will
 not or cannot contribute to the cost of such service.
- The applicant shall provide that the methods of receiving contributions from individuals by the agencies providing services under the county/tribal plan shall be handled in a manner that assures the confidentially of the individual's contributions.
- The applicant must assure that each service provider establishes appropriate procedures to safeguard and account for all contributions.
- The applicant must assure that each service provider considers and reports the contributions made by older people as program income. All program income must be used to expand the size or scope of the funded program that generated the income. Nutrition service providers must use all contributions to expand the nutrition services. Program income must be spent within the contract period that it is generated.

6. Confidentiality

- The applicant shall ensure that no information about, or obtained from an
 individual and in possession of an agency providing services to such individual
 under the county/tribal or area plan, shall be disclosed in a form identifiable with
 the individual, unless the individual provides his/her written informed consent to
 such disclosure.
- Lists of older adults compiled in establishing and maintaining information and referral sources shall be used solely for the purpose of providing social services and only with the informed consent of each person on the list.
- In order that the privacy of each participant in aging programs is in no way abridged, the confidentiality of all participant data gathered and maintained by the State Agency, the Area Agency, the county or tribal aging agency, and any other agency, organization, or individual providing services under the State, area, county, or tribal plan, shall be safeguarded by specific policies.
- Each participant from whom personal information is obtained shall be made aware of his or her rights to:
 - (a) Have full access to any information about one's self, which is being kept on file;
 - (b) Be informed about the uses made of the information about him or her, including the identity of all persons and agencies involved and any known consequences for providing such data; and,
 - (c) Be able to contest the accuracy, completeness, pertinence, and necessity of information being retained about one's self and be assured that such information, when incorrect, will be corrected or amended on request.

- All information gathered and maintained on participants under the area, county or tribal plan shall be accurate, complete, and timely and shall be legitimately necessary for determining an individual's need and/or eligibility for services and other benefits.
- No information about, or obtained from, an individual participant shall be disclosed in any form identifiable with the individual to any person outside the agency or program involved without the informed consent of the participant or his/her legal representative, except:
 - (a) By court order; or,
 - (b) When securing client-requested services, benefits, or rights.
- The lists of older persons receiving services under any programs funded through the State Agency shall be used solely for the purpose of providing said services, and can only be released with the informed consent of each individual on the list.
- All paid and volunteer staff members providing services or conducting other activities under the area plan shall be informed of and agree to:
 - (a) Their responsibility to maintain the confidentiality of any client-related information learned through the execution of their duties. Such information shall not be discussed except in a professional setting as required for the delivery of service or the conduct of other essential activities under the area plan; and,
 - (b) All policies and procedures adopted by the State and Area Agency to safeguard confidentiality of participant information, including those delineated in these rules.
- Appropriate precautions shall be taken to protect the safety of all files, microfiche, computer tapes and records in any location, which contain sensitive information on individuals receiving services under the State or area plan. This includes but is not limited to assuring registration forms containing personal information are stored in a secure, locked drawer when not in use.

7. Records and Reports

- The applicant shall keep records and make reports in such form and requiring such information as may be required by the Bureau of Aging and Disability Resources and in accordance with guidelines issued solely by the Bureau of Aging and Disability Resources and the Administration on Aging.
- The applicant shall maintain accounts and documents, which will enable an
 accurate review to be made at any time of the status of all funds, which it has
 been granted, by the Bureau of Aging and Disability Resources through its
 designated area agency on aging. This includes both the disposition of all
 monies received and the nature of all charges claimed against such funds.

8. Licensure and Standards Requirements

- The applicant shall assure that where state or local public jurisdiction requires licensure for the provision of services, agencies providing services under the county/tribal or area plan shall be licensed or shall meet the requirements for licensure.
- The applicant is cognizant of and must agree to operate the program fully in conformance with all applicable state and local standards, including the fire, health, safety and sanitation standards, prescribed in law or regulation.

9. Civil Rights

- The applicant shall comply with Title VI of the Civil Rights Act of 1964 (P.L. 88-352) and in accordance with that act, no person shall on the basis of race, color, or national origin, be excluded from participation in, be denied benefits of, or be otherwise subjected to discrimination under any program or activity under this plan.
- All grants, sub-grants, contracts or other agents receiving funds under this plan are subject to compliance with the regulation stated in nine above.
- The applicant shall develop and continue to maintain written procedures, which specify how the agency will conduct the activities under its plan to assure compliance with Title VI of the Civil Rights Act.
- The applicant shall comply with Title VI of the Civil Rights Act (42 USC 2000d)
 prohibiting employment discrimination where (1) the primary purpose of a grant is
 to provide employment or (2) discriminatory employment practices will result in
 unequal treatment of persons who are or should be benefiting from the service
 funded by the grant.
- All recipients of funds through the county/tribal or area plan shall operate each program or activity so that, when viewed in its entirety, the program or activity is accessible to and usable by handicapped adults as required in the Architectural Barriers Act of 1968.

10. Uniform Relocation Assistance and Real Property Acquisition Act of 1970

The applicant shall comply with requirements of the provisions of the Uniform Relocation and Real Property Acquisitions Act of 1970 (P.L. 91-646) which provides for fair and equitable treatment of federal and federally assisted programs.

11. Political Activity of Employees

The applicant shall comply with the provisions of the Hatch Act (5 U.S.C. Sections 7321-7326), which limit the political activity of employees who work in federally funded programs. [Information about the Hatch Act is available from the U.S. Office of Special Counsel at http://www.osc.gov/]

12. Fair Labor Standards Act

The applicant shall comply with the minimum wage and maximum hours provisions of the Federal Fair Labor Standards Act (Title 29, United States Code, Section 201-219), as they apply to hospital and educational institution employees of state and local governments.

13. Private Gain

The applicant shall establish safeguards to prohibit employees from using their positions for a purpose that is or appears to be motivated by a desire for private gain for themselves or others (particularly those with whom they have family, business or other ties).

14. Assessment and Examination of Records

- The applicant shall give the Federal agencies, State agencies and the Bureau of Aging and Disability Resources authorized Area Agencies on Aging access to and the right to examine all records, books, papers or documents related to the grant.
- The applicant must agree to cooperate and assist in any efforts undertaken by the grantor agency, or the Administration on aging, to evaluate the effectiveness, feasibility, and costs of the project.
- The applicant must agree to conduct regular on-site assessments of each service provider receiving funds through a contract with the applicant under the county or tribal plan.

15. Maintenance of Non-Federal Funding

- The applicant assures that the aging unit, and each service provider, shall not use Older Americans Act or state aging funds to supplant other federal, state or local funds.
- The applicant must assure that each service provider must continue or initiate
 efforts to obtain funds from private sources and other public organizations for
 each service funded under the county or tribal plan.

16. Regulations of Grantor Agency

The applicant shall comply with all requirements imposed by the Department of Health and Family Services, Division of Supportive Living, Bureau of Aging and Disability Resources concerning special requirements of federal and state law, program and fiscal requirements, and other administrative requirements.

17. Older Americans Act

The applicant shall comply with all requirements of the Older Americans Act (PL 89-73).

18. Federal Regulations

The applicant shall comply with all federal regulations (45 CFR 1321) governing Older Americans Act funds and programs.

19. Wisconsin Elders Act

The aging unit must comply with the provisions of the Wisconsin Elders Act.

Wisconsin Statutes Chapter 46.82 Aging unit.

"Aging unit" means an aging unit director and necessary personnel, directed by a county or tribal commission on aging and organized as one of the following:

- (1) An agency of county or tribal government with the primary purpose of administering programs of services for older individuals of the county or tribe.
- (2) A unit, within a county department under s. 46.215, 46.22
- (3) or 46.23, with the primary purpose of administering programs of and services for older individuals of the county
- (4) A private corporation that is organized under ch. 181 and
- (5) that is a nonprofit corporation, as defined in s. 181.0103 (17).

Aging Unit; Creation. A county board of supervisors of a county, the county boards of supervisors of 2 or more contiguous counties or an elected tribal governing body of a federally recognized American Indian tribe or band in this state may choose to administer, at the county or tribal level, programs for older individuals that are funded under 42 USC 3001 to 3057n, 42 USC 5001 and 42 USC 5011 (b). If this is done, the county board or boards of supervisors or tribal governing body shall establish by resolution a county or tribal aging unit to provide the services required under this section. If a county board of supervisors or a tribal governing body chooses, or the county boards of supervisors of 2 or more contiguous counties choose, not to administer the programs for older individuals, the department shall direct the area agency on aging that serves the relevant area to contract with a private, nonprofit corporation to provide for the county, tribe or counties the services required under this section.

Aging Unit; Powers and Duties. In accordance with state statutes, rules promulgated by the department and relevant provisions of 42 USC 3001 to 3057n and as directed by the county or tribal commission on aging, an aging unit:

- (a) Duties. Shall do all of the following:
- 1. Work to ensure that all older individuals, regardless of income, have access to information, services and opportunities available through the county or tribal aging unit and have the opportunity to contribute to the cost of services and that the services and

resources of the county or tribal aging unit are designed to reach those in greatest social and economic need.

- 2. Plan for, receive and administer federal, state and county, city, town or village funds allocated under the state and area plan on aging to the county or tribal aging unit and any gifts, grants or payments received by the county or tribal aging unit, for the purposes for which allocated or made.
- 3. Provide a visible and accessible point of contact for individuals to obtain accurate and comprehensive information about public and private resources available in the community, which can meet the needs of older individuals.
- 4. As specified under s. 46.81, provide older individuals with services of benefit specialists or appropriate referrals for assistance.
- 5. Organize and administer congregate programs, which shall include a nutrition program and may include one or more senior centers or adult day care or respite care programs, that enable older individuals and their families to secure a variety of services, including nutrition, daytime care, educational or volunteer opportunities, job skills preparation and information on health promotion, consumer affairs and civic participation.
- 6. Work to secure a countywide or tribal transportation system that makes community programs and opportunities accessible to, and meets the basic needs of, older individuals.
- 7. Work to ensure that programs and services for older individuals are available to homebound, disabled and non-English speaking persons, and to racial, ethnic and religious minorities.
- 8. Identify and publicize gaps in services needed by older individuals and provide leadership in developing services and programs, including recruitment and training of volunteers that address those needs.
- 9. Work cooperatively with other organizations to enable their services to function effectively for older individuals.
- 10. Actively incorporate and promote the participation of older individuals in the preparation of a county or tribal comprehensive plan for aging resources that identifies needs, goals, activities and county or tribal resources for older individuals.
- 11. Provide information to the public about the aging experience and about resources for and within the aging population.
- 12. Assist in representing needs, views and concerns of older individuals in local decision making and assist older individuals in expressing their views to elected officials and providers of services.
- 13. If designated under s. 46.27 (3) (b) 6., administer the long-term support community options program.
- 14. If the department is so requested by the county board of supervisors, administer the pilot projects for home and community-based long-term support services under s. 46.271.
- 15. If designated under s. 46.90 (2), administer the elder abuse reporting system under s. 46.90.
- 16. If designated under s. 46.87 (3) (c), administer the Alzheimer's disease family and caregiver support program under s. 46.87.

- 17. If designated by the county or in accordance with a contract with the department, operate the specialized transportation assistance program for a county under s. 85.21. 18. Advocate on behalf of older individuals to assist in enabling them to meet their basic needs.
- 19. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.283 (1) (a) 1., apply to the department to operate a resource center under s. 46.283 and, if the department contracts with the county under s. 46.283 (2), operate the resource center. 20. If an aging unit under sub. (1) (a) 1. or 2. and if authorized under s. 46.284 (1) (a) 1., apply to the department to operate a care management organization under s. 46.284 and, if the department contracts with the county under s. 46.284 (2), operate the care management organization and, if appropriate, place funds in a risk reserve.
- (b) Powers. May perform any other general functions necessary to administer services for older individuals.
- (4) Commission On Aging.
- (a) Appointment.
- 1. Except as provided under sub. 2., the county board of supervisors in a county that has established a single-county aging unit, the county boards of supervisors in counties that have established a multicounty aging unit or the elected tribal governing body of a federally recognized American Indian tribe or band that has established a tribal aging unit shall, before qualification under this section, appoint a governing and policy-making body to be known as the commission on aging.
- 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall appoint, subject to confirmation by the county board of supervisors, the commission on aging. A member of a commission on aging appointed under this subdivision may be removed by the county executive or county administrator for cause.
- (b) Composition.

A commission on aging, appointed under par. (a) shall be one of the following:

- 1. For an aging unit that is described in sub. (1) (a) 1. or 2., organized as a committee of the county board of supervisors, composed of supervisors and, beginning January 1, 1993, advised by an advisory committee, appointed by the county board. Older individuals shall constitute at least 50% of the membership of the advisory committee and individuals who are elected to any office may not constitute 50% or more of the membership of the advisory committee.
- 2. For an aging unit that is described in sub. (1) (a) 1. or 2., composed of individuals of recognized ability and demonstrated interest in services for older individuals. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

3. For an aging unit that is described in sub. (1) (a) 3., the board of directors of the private, nonprofit corporation. Older individuals shall constitute at least 50% of the membership of this commission and individuals who are elected to any office may not constitute 50% or more of the membership of this commission.

(c) Terms.

Members of a county or tribal commission on aging shall serve for terms of 3 years, so arranged that, as nearly as practicable, the terms of one-third of the members shall expire each year, and no member may serve more than 2 consecutive 3-year terms. Vacancies shall be filled in the same manner as the original appointments. A county or tribal commission on aging member appointed under par. (a) 1. may be removed from office for cause by a two-thirds vote of each county board of supervisors or tribal governing body participating in the appointment, on due notice in writing and hearing of the charges against the member.

(c) Powers and duties.

A county or tribal commission on aging appointed under sub. (4) (a) shall, in addition to any other powers or duties established by state law, plan and develop administrative and program policies, in accordance with state law and within limits established by the department of health and family services, if any, for programs in the county or for the tribe or band that are funded by the federal or state government for administration by the aging unit. Policy decisions not reserved by statute for the department of health and family services may be delegated by the secretary to the county or tribal commission on aging. The county or tribal commission on aging shall direct the aging unit with respect to the powers and duties of the aging unit under sub. (3).

- (5) Aging Unit Director; Appointment. A full-time aging unit director shall be appointed on the basis of recognized and demonstrated interest in and knowledge of problems of older individuals, with due regard to training, experience, executive and administrative ability and general qualification and fitness for the performance of his or her duties, by one of the following:
- (a) 1. For an aging unit that is described in sub. (1) (a) 1., except as provided in subd. 2., a county or tribal commission on aging shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors or the tribal governing body that participated in the appointment of the county or tribal commission on aging. 2. In any county that has a county executive or county administrator and that has established a single-county aging unit, the county executive or county administrator shall make the appointment, subject to the approval of and to the personnel policies and procedures established by each county board of supervisors that participated in the appointment of the county commission on aging. (b) For an aging unit that is described in sub. (1) (a) 2., the director of the county department under s. 46.215, 46.22 or 46.23 of which the aging unit is a part shall make the appointment, subject to the personnel policies and procedures established by the county board of supervisors.

(d) For an aging under sub. (4) (b) 3.	unit that is described in sub. (1) (a) 3., the commission on a shall make the appointment, subject to ch. 181.	ging

11. Appendices

Aging Resources:

ADRC of Southwest Wisconsin, Iowa County 303 W. Chapel St., Suite 1300 Dodgeville WI 53533

Hours of Operation: 8:00 A.M. – 4:30 P.M. Monday through Friday

Telephone (608)930-9835 Fax (608)935-0355 https://adrcswwi.org/

An Iowa County Aging & Disability Resource Guide available online at: https://adrcswwi.org/wp-content/uploads/2018/02/Iowa-County-2018-Services-Guide.compressed.pdf

Greater Wisconsin Agency on Aging Resources 1414 MacArthur Road, Suite A., Madison, WI 53714 Telephone (608)243-5670 Fax: (866)813-0974

https://gwaar.org/



IOWA COUNTY VETERANS SERVICE OFFICE 303 W. Chapel Street, Suite 1300 • Dodgeville, WI 53533

DEPARTMENT UPDATE TO HHS COMMITTEE 7 NOV 2018

- CVSO attended SW Behavioral Health Summit on 23 Oct 2018. Discussed some treatment options
 available to veterans that may be involved in the drug court programs and enrolled in VA healthcare.
- 2. Promotional posters are being distributed to various community bulletin boards in an attempt to reach more county veterans.
- 3. Compiling information for winter edition of office newsletter. Fall edition was 936 copies mailed to county veterans.
- 4. Legislative concerns for "blue water" Vietnam Navy veterans.

Sincerely,

Jeffrey T. Lindeman Veterans Service Officer

Telephone: (608) 930-9865 Fax: (608) 935-0358 E-Mail: vet@iowacounty.org

Health & Human Services Committee Health Department- Director's Report November 7, 2018



Immunization Updates

- Iowa County Schools- Influenza Vaccination Mass Clinics
- Iowa County Health Department is offering influenza vaccinations to Iowa County employees. Call for an appointment 930-9870.

Healthy Aging in Rural Towns "HeART" Coalition

- Survey Results (attached)
- Joint HeART Coalition meeting in Waupon (Oct. 17)

Communicable Disease Activity

(Report attached)

Radon Test Kits Now Available Free of Charge - Iowa County residents

Substance Abuse Coalition/Prevention Subgroup Update

Respectfully submitted,

Sue Matye, RN, BSN Director/Health Officer

Cumulative Report

Date Type: Closed

Date Range: 01/01/2018 to 09/30/2018

Incident Jurisdiction:

Health Jurisdiction: Health Jurisdiction

Outbreak Jurisdiction:

Transmission Status:

Resolution Status: Confirmed

Process Status:

Prepared By: WEDSS (Preparer's Title)

Telephone: 9885297959

Fax: 9848999801

All diseases except HIV and Lead

<u>Disease Name</u>	Number of Incidents
ARBOVIRAL ILLNESS, WEST NILE VIRUS, NEUROINVASIVE	1
CAMPYLOBACTERIOSIS	13
CHLAMYDIA TRACHOMATIS INFECTION	27
CRYPTOSPORIDIOSIS	8
E-COLI, SHIGA TOXIN-PRODUCING (STEC)	8
GIARDIASIS	2
GONORRHEA	7
HEPATITIS C, CHRONIC	3
LYME DISEASE (B.BURGDORFERI)	3
MYCOBACTERIAL DISEASE (NON-TUBERCULOUS)	3
PERTUSSIS (WHOOPING COUGH)	1
SALMONELLOSIS	7
SHIGELLOSIS	1
STREPTOCOCCAL DISEASE, INVASIVE, GROUP B	1
STREPTOCOCCUS PNEUMONIAE, INVASIVE DISEASE	5
VARICELLA (CHICKENPOX)	1

Information contained on this form or report which would permit identification of any individual has been collected with a guarantee that it will be held in strict confidence, will be used only for surveillance purposes, and will not be disclosed or released without the consent of the individual in accordance with Section 308(d) of the Public Health Service Act (42 U.S.C. 242m).

Summary of Results

Survey of Caregivers in Iowa County

September 2018

The survey was conducted July through August 2018 by the

Iowa County HeART Coalition

- · Sue Matye, Iowa Co. Health Department
- · Bruce Paull, Iowa County Board of Supervisors
- · Kari Bennett, Iowa Co. Health Department
- Valerie Hiltbrand, ADRC of Southwest WI
- · Ann Thompson, Iowa Co. Health Department
- · Shelley Reukauf, ADRC, Caregivers Support Program
- Michelle Carver, Upland Hills Health
- Janet Butteris, ADRC, Elder Abuse Program
- · Lisa Schnedler, Upland Hills Health
- Vickie Stangel, Dodgeville Public Library
- Beth Beyler, Iowa County Dept. of Social Services
- Pamela Kul-Berg, ADRC, Dementia Care Program
- · Molly Dean, Agrace Hospice & Palliative Care
- Deanna Truedson McKillips, Agrace Hospice & Palliative Care
- Sue Husom, Agrace Hospice & Palliative Care
- Cecile McManus, Seniors United for Nutrition Program
- Ricki Bishop, Independent Living Resources
- Barry Hottmann, UW Extension
- Ruth Schriefer, UW Extension
- Faye Glonek, Iowa County
- Terri DeVoss, Dodgeville
- Elsie Jane Murphy, Barneveld
- Phyl Erickson, Dodgeville
- · Lois Nankee, Highland
- Linda Larsen, Dodgeville
- June Meudt, Dodgeville

The survey was initiated as part of the

Healthy Aging in Rural Towns (HeART) Project

HeART is a partnership of

- The lowa County HeART Coalition
- The University of Wisconsin-Madison School of Nursing
- The Wisconsin Office of Rural Health

HeART is supported by Margaret A. Cargill Philanthropies

Profile of Respondents

Number of respo	ndents	82
Where do you liv	e (ZIP Code)?	
See map on next		
7IP	buge.	# of respondents
		1
		1
		2
		11
		2
		21
		1
		2
		5
		1
		2
		6
		1
		1
		1
		1
		2
		3
		1
		1
		1
		1
No response		14
What is your age	?	
Age		# of respondents
40-49		5
50-59	****************	
60-69		21
70-79		
80-89		
92		
No response		
Do you have a co	ndition that a	offects your mobility
Yes	16.18%	11
		•
No	82.35%	56
Not sure	1.47%	1
Total		68
No response		14

What is your relationship to the person you are caring for?

Parent or Parent-in-Law	40.6%	26
Spouse	37.5%	24
Brother or Sister	9.4%	6
Adult Child	4.7%	3
Other Relative	4.7%	3
Friend	3.1%	2
Paid or employed caregiver	3.1%	2
Neighbor	1.6%	1
Other—please specify:	1.6%	1
Grandparent	0.0%	0
Total		64
No response		18

Does this person have memory impairment, such as Alzheimer's disease or another form of dementia?

Yes	34.38%	22
No	51.56%	33
Not sure	14.06%	9
Total		64
No response		18

Where does the person for whom you have caregiving responsibility live?

With me	43.1%	28
In their own residence	43.1%	28
In a care facility (nursing home, assisted living facility, etc.)	12.3%	8
Other, please specify:	1.5%	1
With their family member	0.0%	0
With an unrelated person, such as a friend	0.0%	0
Total		65
No response		17

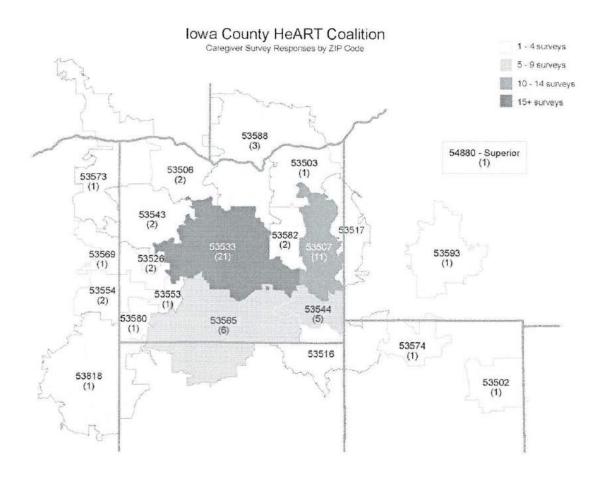
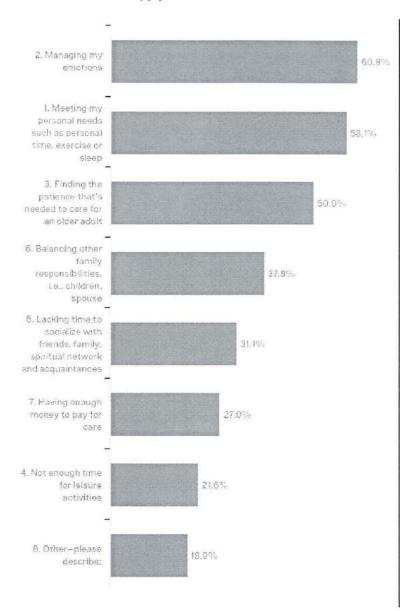


Table of Contents

1.	Have you been challenged by any of the following as a result of your caregiving	
	responsibilities?	6
2.	If you have a job in addition to caregiving, have you experienced any of the following	
	employment challenges as a result of your caregiving responsibilities?	
3.	How comfortable do you feel providing the kinds of care you provide?	8
4.	What would help you feel more comfortable providing these kinds of care?	
5.	What caregiver support services have you used in the past 12 months?	
6.	For any service you did not use, please explain why.	12
7.	Please describe other reasons you did not use services listed above.	13
8.	What other kinds of support services do caregivers need?	14
9.	In the past six months or so, have you visited or used information from the Aging and	
	Disability Resource Center (ADRC)?	14
10.	If no (Q9), please explain why.	15
11.	Have you heard of the Seniors United for Nutrition (SUN) Program that provides Meals-	
	on-Wheels and Meal Sites?	16
12.	Has the person for whom you provide care participated in the SUN program?	16
13.	Where do you usually find out about services if you or the person you provide care for	
	needs help in the home?	17
14.	In the past 12 months, what caregiving-related educational/training opportunities have	
	you participated in?	18
15.	If you have not participated in these educational/training opportunities please explain	
	why	19
16.	Through which of the following people, organizations, or services have you learned about	
	caregiving-related educational/training opportunities?	20
17.	Do you use the Internet to help with caregiving?	
18.	If you use the internet in your caregiving role, how do you use it?	
19.	Does the person you care for attend events such as festivals, school sports, parades, etc.?	
20.	If yes, what makes these events attractive and accessible to the person you care for?	
21.	Please provide examples of things that have kept the person you care for from attending	
	an event that they wanted to attend.	24
22.	Where do you live (ZIP Code)?	
23.	What is your age?	
24.	Do you have a condition that affects your mobility?	
25.	How many adults over age 60 do you provide care for?	
26.	How many hours per week do you spend giving care?	
27.	How many of those hours are paid?	
28.	What is your relationship to the person you are caring for?	
29.	Are you the primary caregiver for the individual indicated above?	
30.	Does this person have memory impairment, such as Alzheimer's disease or another form	
	of dementia?	27
31.	Where does the person for whom you have caregiving responsibility live?	
32.	How long have you been providing care for this person?	
33.	In addition to caregiving, what is your current employment status?	
34.	How much do you know about the Family Medical Leave Act (FMLA)?	
35.	Where or how did you learn about the FMLA?	
36.	Have you ever taken time off under the Family Medical Leave Act?	
37.		
37.	Do you need more information about the Family Medical Leave Act?	

Have you been challenged by any of the following as a result of your caregiving responsibilities? Please check all that apply.



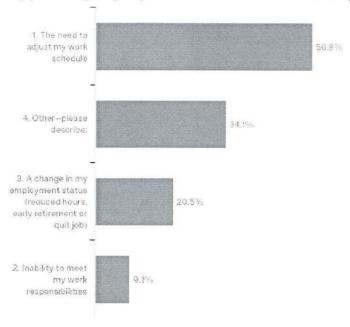
Other—please describe:

- There are many factors that affect caregivers. But the most important is being organized which works both ways, The person receiving care should make a list so caregiver can get many things done in a limited time and keep on schedule with their own life.
- Nursing home costs are very expensive but in my mom's case very much needed.
- I didn't want to go to many things as my husband was falling a lot so I didn't want to leave him alone.
- 4. I have no need for care, or I would check that also
- Not all caregivers are caring for older adults.
 There are dementia that affect people like my husband who was only 56 when it started. There needs to be some awareness and programs for the younger population.
- Knowing boundaries...how to be helpful without hurting their sense of self.
- 7. Health/Dr. Appointment
- Getting help caring for grandchildren while parents need to work. Also help in getting my household item done by painting rooms in my house, new flooring, and mainly getting organized like I was once.
- 9. Home maintenance
- 10. I also have a son with multiple disabilities who is medically fragile.
- 11. Personal health issues.
- Making sure I am not frowned upon by my boss when I have to use my sick days to take my parents to appointments.
- 13. None
- 14. none

Have you been challenged by any of the following as a result of your caregiving responsibilities? Please check all that apply.

2. Managing my emotions	60.8%	45
1. Meeting my personal needs such as personal time, exercise or sleep	58.1%	43
3. Finding the patience that's needed to care for an older adult	. 50.0%	37
6. Balancing other family responsibilities, i.e., children, spouse	37.8%	28
5. Lacking time to socialize with friends, family, spiritual network and acquaintances	31.1%	23
7. Having enough money to pay for care	27.0%	20
4. Not enough time for leisure activities	21.6%	16
8. Other—please describe:	18.9%	14
Total		74

2. If you have a job in addition to caregiving, have you experienced any of the following employment challenges as a result of your caregiving responsibilities? Please check all that apply.



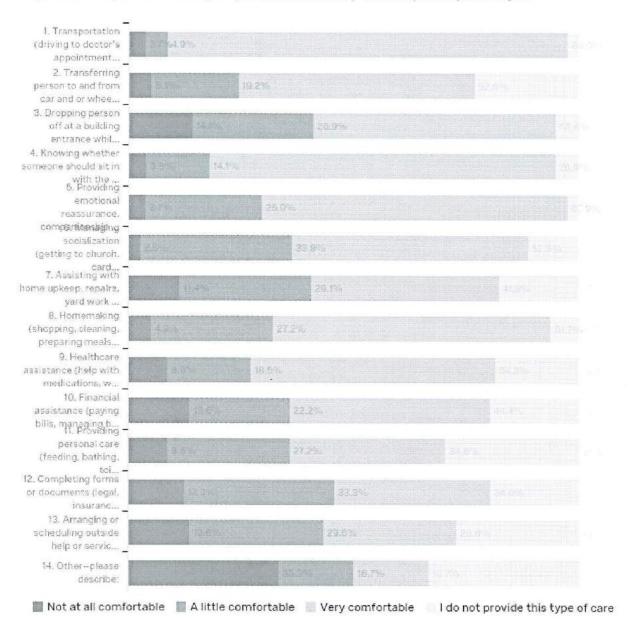
If you have a job in addition to caregiving, have you experienced any of the following employment challenges as a result of your caregiving responsibilities? Please check all that apply.

	,.	
1. The need to adjust my work schedule	56.8%	25
4. Other—please describe:	34.1%	15
3. A change in my employment status (reduced hours, early retirement or quit job)	20.5%	9
2. Inability to meet my work responsibilities	9.1%	4
Total		44

Other-please describe:

- 1. Most times things go well except I find when patient's family members or friends visit, they ten to forget we have a routine for responsibilities. Can you come later? No, actually I have other things going on too so it makes it difficult.
- I'm fortunate that my employer allows me time away to take my Mom to the doctor, etc. But I still always feel guilt and stress.
- 3. Recently retired
- 4. I am caregiver for my wife. We are both retired.
- 5. I have to take a lot of time off for appointments for my husband. Loss of wages is huge.
- 6. STRESS!!
- 7. Retired
- 8. I did work part time until 7-26-2018 for State of WI as an LTE. I am finished with that project now and will stay retired. Might take on a volunteer job down the road and get my husband involved too since I am his caregiver.
- 9. No job.
- 10. None of the above I am retired.
- 11. As a self-employed store owner, I occasionally brought Mom to work with me didn't really work out but as the primary wage earner for our family, I couldn't adjust my work schedule.
- 12. Fortunately, I have built up many sick days; however, others in my workplace have been spoken to by our superiors about days taken off to help our aging parents.
- 13. None
- 14. na
- 15. retired

3. How comfortable do you feel providing the kinds of care you provide? Comfort may pertain to your "technical comfort" related to your knowledge of how to perform tasks, or it could pertain to your "personal comfort" related to your personal relationship with the person you care for.



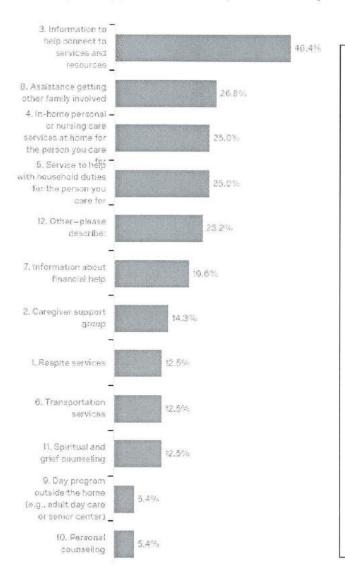
Question #3 continued on next page.

Question #3, continued.

	How comfortable do you feel providing the kinds of care you provide?	Not at all comfort able		A little comforta ble		Very comfort able		I do not provide this type of care		Total
1.	Transportation (driving to doctor's appointments, driving for errands)	3.7%	3	4.9%	4	89.0%	73	2.4%	2	82
2.	Transferring person to and from car and or wheelchair	5.1%	4	19.2%	15	52.6%	41	23.1%	18	78
3.	Dropping person off at a building entrance while I park the car	14.1%	11	26.9%	21	53.8%	42	5.1%	4	78
4.	Knowing whether someone should sit in with the person during a doctor appointment	3.8%	3	14.1%	11	76.9%	60	5.1%	4	78
5.	Providing emotional reassurance, companionship or supervision	3.7%	3	25.9%	21	67.9%	55	2.5%	2	81
6.	Managing socialization (getting to church, card group, family outings)	2.5%	2	33.8%	27	52.5%	42	11.3%	9	80
7.	Assisting with home upkeep, repairs, yard work or snow removal	11.4%	9	29.1%	23	41.8%	33	17.7%	14	79
8.	Homemaking (shopping, cleaning, preparing meals)	4.9%	4	27.2%	22	61.7%	50	6.2%	5	81
9.	Healthcare assistance (help with medications, wound care, dressing change)	8.6%	7	18.5%	15	54.3%	44	18.5%	15	81
10.	Financial assistance (paying bills, managing budget, providing money)	13.6%	11	22.2%	18	44.4%	36	19.8%	16	81
11.	Providing personal care (feeding, bathing, toileting, dressing, grooming)	8.6%	7	27.2%	22	34.6%	28	29.6%	24	81
12.	Completing forms or documents (legal, insurance)	12.3%	10	33.3%	27	34.6%	28	19.8%	16	81
13.	Arranging or scheduling outside help or services (health care services, case managers, social workers, house cleaners, lawn services)	13.6%	11	29.6%	24	29.6%	24	27.2%	22	81
14.	Other—please describe:	33.3%	2	16.7%	1	16.7%	1	33.3%	2	6

- 4. What would help you feel more comfortable providing these kinds of care?
 - 1. Training on enteral feeding, assisting with transfers into car, etc. Just basic info on using a wheelchair, safely using a walker, etc!
 - 2. Having someone else do the "medical" parts that I can't do/don't feel comfortable with.
 - 3. Financial assistance. Training.
 - I live 3 hours away from my mom and dad. Having a resource close geographically to handle issues when I can't
 get to Dodgeville would help.
 - 5. I could probably get help at the ADRC
 - 6. If I thought what I was doing was actually helping.
 - 7. I have just had one hip replaced and waiting to have the other one done before I had the first done it was hard for me to take care of my husband. He then broke his leg and is in rehab.
 - 8. having someone qualified do it.
 - 9. more outside help
 - 10. having family on board
 - 11. It might not be that i don't feel comfortable but partially where to find the time to do all these things while working full time and taking care of kids.
 - 12. -Having a list of "senior helpers" in rural area for minor tasks. It would "normalize" it for my mom. -Someone to teach me how to help an older person walk, transfer, etc. What to do if someone seems to cough a lot when eating. Do you give them water or avoid water, etc.
 - 13. Assistance when needed financial help.
 - 14. Medical staff recognizing that you are not trained to do everything.
 - More time. More helpers. It's hard to find in-home care for older adults in Iowa County small towns. More volunteer/paid people needed.
 - 16. Some sort of classes for basic in home care. Nothing too complicated.
 - 17. More care for doing the errands. Personal care toenails bathing.
 - 18. I have needed to make many decisions on my own as other family members not available or do not live near to help much. Father is very stubborn and refuses to give up as he see's it control such as driving, financial, etc so makes it very hard.
 - 19. A support group that would be available on line. I work night shifts and sleep during the day, support is not only needed 9 am-5pm, monday thru friday.
 - 20. If spouse were more encouraging and agreeable.
 - 21. Having enough income to hire help.
 - 22. Home support
 - 23. Building my confidence in what I'm doing.
 - 24. Free time back-up by a reliable, acceptable person.
 - 25. Cooperation from Mom as a senior with advanced dementia, she was mostly combatitive and uncooperative with cleaning her home & being "forced" to take care of her personal hygiene
 - 26. More time
 - 27. More ability to assess needs and client proficiency.
 - 28. I really like the inserts that accompany our weekly Shopping News. Maybe have more informational flyer-type physical paper printouts (not Internet-generated) such as the nice sturdy flier from your Center for Aging and Research and Education that came in today's mail. I have a feeling there are programs and activities out there, but do not know where they are.
 - 29. No issues
 - 30. knowing where to find in home care givers how do you find these people and are they trust worthy strangers to come into the home?
 - 31. Weekly phone contact with a representative to either the care given or the person receiving care.

5. What caregiver support services have you used in the past 12 months? Please check all that apply.



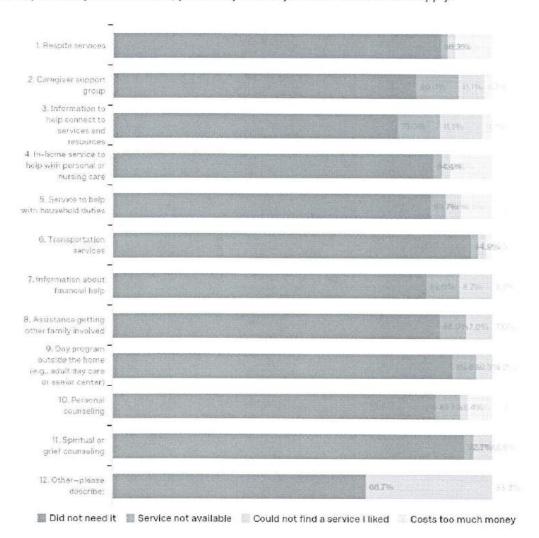
Other-please describe:

- Met with Mom and sibling to discuss future plans.
- Meals delivered to Dad 5 days a week is very helpful.
- 3. Taking advantage of exercise classes.
- 4. My sons have been good about helping with transportation
- The caregiver support group in online since the ones in my area are during the day...again for the older population. There are no adult daycare services in my rural area.
- 6. Therapy for various situations
- Friend who comes in to make Breakfast for a few days at a time so I can go to work.
- 8. Na
- Gilda's Club has been very helpful. I
 had been reluctant to avail myself to
 the opportunity because I didn't want
 to lessen the relationship established
 between Gilda's staff and my spouse.
- 10. Mom has been gone for almost 4 years now-I'm participating in this survey in the hope to help determine need of services for others - potentially for myself in time!
- I have contacted ADRC about having meal delivery to my parents' residence.
- 12. None
- 13. Meals on Wheels

5. What caregiver support services have you used in the past 12 months? Please check all that apply.

Information to help connect to services and resources	46.4%	26
8. Assistance getting other family involved	26.8%	15
4. In-home personal or nursing care services at home for the person you care for	25.0%	14
5. Service to help with household duties for the person you care for	25.0%	14
12. Other—please describe:	23.2%	13
7. Information about financial help	19.6%	11
2. Caregiver support group	14.3%	8
6. Transportation services	12.5%	7
11. Spiritual and grief counseling	12.5%	7
1. Respite services	12.5%	7
9. Day program outside the home (e.g., adult day care or senior center)	5.4%	3
10. Personal counseling	5.4%	3
Total	100%	56

6. For any service you did not use, please explain why. Please check all that apply.



Question		uestion Did not need it		Service not available		Could not find a service I liked		Costs too much money		To tal	
1.	Respite services	86.27%	44	1.96%	1	1.96%	1	9.80%	5	51	
2.	Caregiver support group	80.00%	36	11.11%	5	6.67%	3	2.22%	1	45	
3.	Information to help connect to services and resources	75.00%	27	11.11%	4	11.11%	4	2.78%	1	36	
4.	In-home service to help with personal or nursing care	84.44%	38	2.22%	1	2.22%	1	11.11 %	5	45	
5.	Service to help with household duties	83.67%	41	4.08%	2	4.08%	2	8.16%	4	49	
6.	Transportation services	94.34%	50	1.89%	1	1.89%	1	1.89%	1	53	
7.	Information about financial help	82.61%	38	8.70%	4	8.70%	4	0.00%	0	46	
8.	Assistance getting other family involved	86.05%	37	6.98%	3	6.98%	3	0.00%	0	43	
9.	Day program outside the home (e.g., adult day care or senior center)	89.58%	43	6.25%	3	4.17%	2	0.00%	0	48	
10.	Personal counseling	85.11%	40	6.38%	3	2.13%	1	6.38%	3	47	
11.	Spiritual or grief counseling	92.68%	38	2.44%	1	4.88%	2	0.00%	0	41	
12.	Other—please describe:	66.67%	2	0.00%	0	33.33%	1	0.00%	0	3	

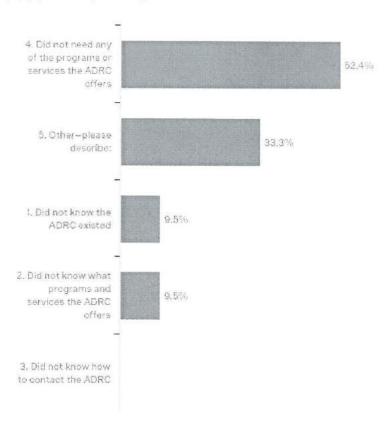
7. Please describe other reasons you did not use services listed above:

- 1. Patient has family members and other resources.
- 2. Mainly because I didn't know they existed!
- 3. Haven't need them YET but I see it on the horizon SOON.
- 4. Does not apply to me.
- Feel responsible and do not want to burden others. Plus, I do not want my mother and brother to feel uncomfortable.
- 6. Some are not needed. Others my dad doesn't want to use even if it would be helpful.
- 7. We aren't at that "stage of the game" quite yet
- 8. Are not at the point we need these services
- 9. My husband is 91 still can do some personal care himself
- 10. As a wife I took care of husband.
- 11. Did not think I needed them at this time.
- 12. My husband didn't like me to have help.
- 13. Did not know where to find. Would love to have other family but too far away.
- 14. Sometimes the help I received was sub standard or people did not return. My person did not want some of the inhome help.
- 15. Mother's in a nursing home with mild dementia
- 16. Don't offer the services on too much.
- 17. Services not available when I needed them. See previous answer about night shift hours.
- 18. Haven't had the time to really took into the programs and services.
- 19. Mother-in-law pretty private person.
- 20. I don't understand the marks on questions.
- 21. I did not feel the need for additional help I have great support from family members.
- 22. Spouse able at this time
- 23. The caregiving is done in our home and haven't needed outside help yet but feel I will in the future.
- 24. This whole situation is cumbersome. Outside help feels like an intrusion.
- 25. Mostly just not needing to add to our and Mom's stress level for "forcing" other strangers into her life. Services for me? I could have used caregiver support my own life/home suffered due to the time I needed to spend providing care to Mom. Again, it would have added to our stress if we had forced strangers into Mom's life yes, cost was a factor.
- 26. I'm a in home caregiver. I am limited in power.
- 27. I'm not even sure if I should be filling this survey out, I care for my 27 year old son who had a stroke 3 years ago, who is now a nonverbal, quadriplegic on a feeding tube and required 24 hour/day care. He is a participant in the state run IRIS program, so he has 8 caregivers who take different shifts throughout the week.
- 28. Because I live only a mile from my parents, I am able to tend to a lot of their needs. Dad will be 90 in November and his mobility is limited, but I bought him a rollator which has greatly helped. Mom has dementia and again, I am able to be there daily to help with her needs. If/when they become more debilitated, I feel I will need more of these resources as I teach full time and am already feeling stress with the end of summer approaching.
- 29. I call for questions or assistance and the lady never called back!!!!!!
- 30. None needed
- 31. I am not the primary care giver.
- 32. haven't gone yet

- 8. What other kinds of support services do caregivers need?
 - 1. I'd love to hire a responsible high school student to play board games etc. with my mom 2x a week.
 - 2. After cataract surgery someone to help with eye drops for Dad would have been a big help.
 - 3. Services that can be covered by long term healthcare
 - 4. I get stressed about about what he needs to do and doesn't want to do.
 - 5. None
 - 6. help with meals
 - Checklist of documents/plans "every aging household" needs or something like that. I don't know what I don't know.
 - 8. Someone to talk to. Time away to do things that isn't involved with care giving.
 - 9. A break.
 - 10. Dealing with difficult family members, support for what is best for the person who is getting the care in the home. Help with parent or whoever that refuses help when safety is an issue.
 - 11 on line
 - 12. Sometimes I just need to vent but then I feel guilty for complaining.
 - 13. This probably isn't within the parameters of this program, but caregivers should be allowed to claim a tax deduction as a dependent.
 - 14. More ability to correspond with other caregivers. Networking with a total plan. I spend more time with these people than anyone. Some need more care, and some are taking advantage of services they do not need. I feel that some refuse to follow a health care plan but demand services because they are funded while others do not have another advocate besides me and struggle. I have no recourse as my boss only cares about the money, and social services and VA don't want to bother to listen to me.
 - 15. I would love to speak to other caregivers about their trials and triumphs with caring for someone with dementia.
- 9. In the past six months or so, have you visited or used information from the Aging and Disability Resource Center (ADRC)?

Yes	67.61%	48
No	26.76%	19
Not sure	5.63%	4
Total	100%	71

10. If no (Q9), please explain why.



10. If no (Q9), please explain why.

1. Did not know the ADRC existed	9.5%	2
2. Did not know what programs and services the ADRC offers	9.5%	2
3. Did not know how to contact the ADRC	0.0%	0
4. Did not need any of the programs or services the ADRC offers	52.4%	11
5. Other—please describe:	33.3%	7
Total	100%	21

Other-please describe:

- 1. Feel we are not ready for this care
- 2. Wasn't sure just what they had in services or programs
- 3. Do not believe we qualify. People of different ages need caregivers. It's not always an older family member.
- 4. I have heard it's hard to get the people they need to help others.
- 5. We have a family member helping with yard work.
- 6. I've visited the ADRC a few times, but it's been over a year ago.
- 7. Mother just moved in

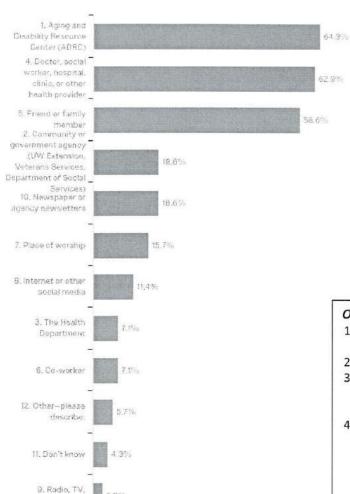
11. Have you heard of the Seniors United for Nutrition (SUN) Program that provides Meals-on-Wheels and Meal Sites?

Yes	88.89%	64
No	11.11%	8
Total	100%	72

12. Has the person for whom you provide care participated in the SUN program?

Answer	%	Count
Yes	37.50%	27
No	62.50%	45
Total	100%	72

13. Where do you usually find out about services if you or the person you provide care for needs help in the home? Please check all that apply.



Other—please describe:

- Past experience with Dad so we know how/who to ask for help.
- 2. Food pantry.
- I am best informed there the support group and [name of a person]. She is excellent help.
- its kind of hard to figure out what outside help we can get, on a limited basis. not sure if can hire someone for short amount of time several days a week.

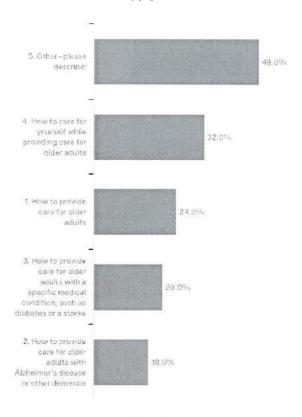
13. Where do you usually find out about services if you or the person you provide care for needs help in the home? Please check all that apply.

Aging and Disability Resource Center (ADRC) Doctor, social worker, hospital, clinic, or other health provider	64.3% 62.9%	45 44
4. Doctor, social worker, hospital, clinic, or other health provider	2010A-1-0-1-0-1-0-1-0-1-0-1-0-1-0-1-0-1-0	44
		20.20
5. Friend or family member	58.6%	41
10. Newspaper or agency newsletters	18.6%	13
2. Community or government agency (UW Extension, Veterans Services, Department of Social Services)	18.6%	13
7. Place of worship	15.7%	11
8. Internet or other social media	11.4%	8
6. Co-worker	7.1%	5
3. The Health Department	7.1%	5
12. Other—please describe:	5.7%	4
11. Don't know	4.3%	3
9. Radio, TV, billboards	2.9%	2
Total	100%	70

Iowa County HeART Coalition

abraodlid

14. In the past 12 months, what caregiving-related educational/training opportunities have you participated in? Please check all that apply.



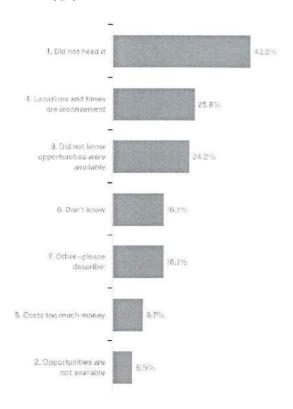
14. In the past 12 months, what caregiving-related educational/training opportunities have you participated in? Please check all that apply.

5. Other—please describe:	48.0%	12
4. How to care for yourself while providing care for older adults	32.0%	8
1. How to provide care for older adults	24.0%	6
3. How to provide care for older adults with a specific medical condition, such as diabetes or a stroke	20.0%	5
2. How to provide care for older adults with Alzheimer's disease or other dementia	16.0%	4
Total	100%	25

Other-please describe:

- 1. none
- 2. Again...everyone of your questions refers to older adults
- 3. None
- 4. I am a nurse and have worked with above for many years so have not.
- 5. No training. Self tough.
- 6. I worked at a care center and worked with all types of older people. Great help!
- 7. Na
- 8. again, Mom has been gone for 4 years now, so in the past year, I haven't needed to research or participate in any of the above. While providing for her, I read a lot on-line and read books to help understanding the progression of Alzheimer's/dementia so I could provide the best care I could for Mom
- 9. I read each client and research their needs.
- 10. As I stated prior, I care for my 27 year old son. But have not participated in any caregiving-related training.
- 11. Moving Forward Series in Madison for Parkinson support
- 12. programs provided by ADRC

If you have not participated in these educational/training opportunities, please explain why. Please check all that apply.



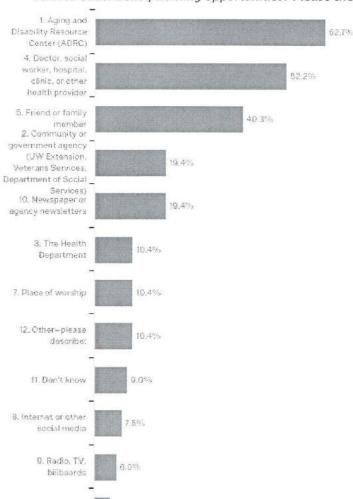
15. If you have not participated in these educational/training opportunities, please explain why. Please check all that apply.

1. Did not need it	43.5%	27
4. Locations and times are inconvenient	25.8%	16
3. Did not know opportunities were available	24.2%	15
6. Don't know	16.1%	10
7. Other—please describe:	16.1%	10
5. Costs too much money	9.7%	6
2. Opportunities are not available	6.5%	4
Total	100%	62

Other—please describe:

- 1. I do more outside work than actual personal care.
- 2. I learned as things came up. Talked to different people with experience.
- 3. No good reason, it's not that bad yet.
- 4. They are all for people caring for older adults not adults with disabilities
- 5. Those seem like advanced care topics. My parents aren't sick, they just need more help around the house and starting to worry about mom driving.
- 6. The adult I care for is able to assist with most. We talk about what assistance is needed/wanted.
- 7. Job commitment
- 8. [Name] has cancer. I care for my best brother on my own.
- 9. Wasn't who could help me out so I could go to trainings, etc.
- 10. I have very little personal time, and my employer is not interested.

16. Through which of the following people, organizations, or services have you learned about caregiving-related educational/training opportunities? Please check all that apply.



Other-please describe:

- Past experience with Hospice and my Dad
- 2. One daughter is an EMT, other daughter is a home health care nurse
- Training from assisted living facility where I worked.
- 4. Pretty much on my own. Watched parents care for their parents.
- 5. Seminars
- My mom was caregiver for six years.
 Then when [name] got sick I was only person who help him.
- 7. Work

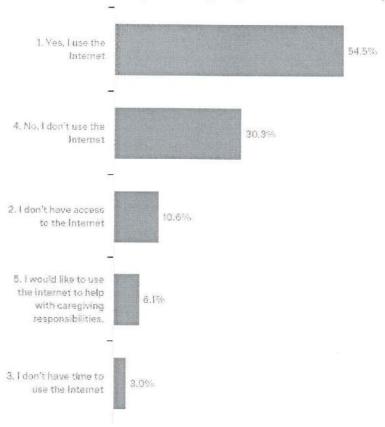
16. Through which of the following people, organizations, or services have you learned about caregiving-related educational/training opportunities? Please check all that apply.

1. Aging and Disability Resource Center (ADRC)	62.7%	42
4. Doctor, social worker, hospital, clinic, or other health provider	52.2%	35
5. Friend or family member	40.3%	27
10. Newspaper or agency newsletters	19.4%	13
2. Community or government agency (UW Extension, Veterans Services, Department of Social Services)	19.4%	13
3. The Health Department	10.4%	7
12. Other—please describe:	10.4%	7
7. Place of worship	10.4%	7
11. Don't know	9.0%	6
8. Internet or other social media	7.5%	5
9. Radio, TV, billboards	6.0%	4
6. Co-worker	4.5%	3
Total	100%	67

lowa County HeART Coalition

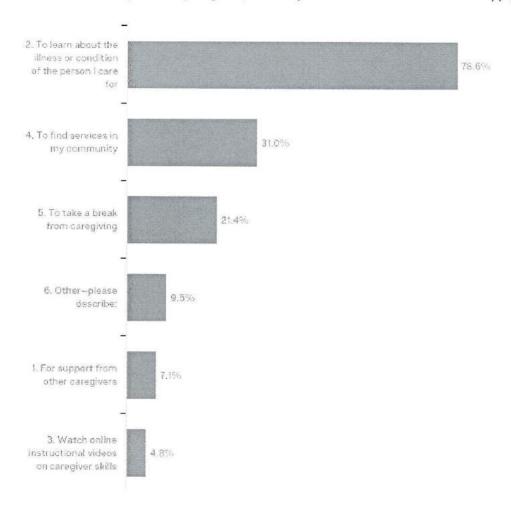
6. Co-worker

17. Do you use the Internet to help with caregiving? Please check all that apply.



17. Do you use the Internet to help with caregiving? Please check all that apply.		
1. Yes, I use the Internet	52.17%	36
2. I don't have access to the Internet	10.14%	7
3. I don't have time to use the Internet	2.90%	2
4. No, I don't use the Internet	28.99%	20
5. I would like to use the internet to help with caregiving responsibilities.	5.80%	4
Total	100%	69

18. If you use the internet in your caregiving role, how do you use it? Please check all that apply.



18. If you use the internet in your caregiving role, how do you use it? Please check all that apply.

2. To learn about the illness or condition of the person I care for	78.6%	33
4. To find services in my community	31.0%	13
5. To take a break from caregiving	21.4%	9
6. Other—please describe:	9.5%	4
1. For support from other caregivers	7.1%	3
3. Watch online instructional videos on caregiver skills	4.8%	2
Total	100%	42

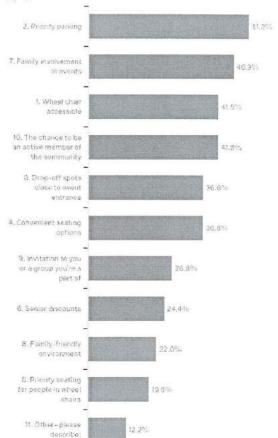
Other-please describe:

- 1. Help from DMV on driving skills, field tests. Wisconsin only makes us take a visual test every 8 years, this is terrible and unsafe!
- 2. None of these
- 3. No internet.
- 4. I do not use the computer at this time for information.

19. Does the person you care for attend events such as festivals, school sports, parades, etc.?

Yes	51.47%	35
No	48.53%	33
Total	100%	68

20. If yes, what makes these events attractive and accessible to the person you care for? Please check all that apply.



Other—please describe:

- 1. Bathroom availability
- 2. Social
- 3. Chairs, water, bathroom closeby
- 4. I try to get my clients to any activities that interest them.

20. If yes, what makes these events attractive and accessible to the person you care for? Please check all that apply.

2. Priority parking	51.2%	21
7. Family involvement in events	46.3%	19
1. Wheel chair accessible	41.5%	17
10. The chance to be an active member of the community	41.5%	17
3. Drop-off spots close to event entrance	36.6%	15
4. Convenient seating options	36.6%	15
9. Invitation to you or a group you're a part of	26.8%	11
6. Senior discounts	24.4%	10
8. Family-friendly environment	22.0%	9
5. Priority seating for people in wheel chairs	19.5%	8
11. Other—please describe:	12.2%	5
Total	100%	41

- 21. Please provide examples of things that have kept the person you care for from attending an event that they wanted to attend.
 - 21. Please provide examples of things that have kept the person you care for from attending an event that they
 wanted to attend.
 - Unsure of accessibility parking can be an issue, as can restrooms (porta-potties for wheelchairs, for example).
 Worried that some people won't appreciate someone with dementia's presence at a public event (although many are supportive).
 - 3. Bad weather
 - 4. Too loud. Too many people. Too cold/hot.
 - 5. Lack of mobility. It's very difficult for dad to expend the energy for events. He used to when younger and had better mobility.
 - 6. Too much walking. His knees and back hurt
 - 7. Having someone to go with
 - 8. His memory, doesn't like crowds.
 - 9. my time and availability
 - 10. Mom often has nobody to attend with unless it's a church activity.
 - 11. No room to maneuver wheel chair.
 - 12. Not feeling well/incontinence.
 - 13. Too tired, too depressed, but often is interested. Wears out easily.
 - 14. Physical therapy to keep them moving no matter how old.
 - 15. Nothing
 - 16. no transportation available on weekends for wheel chairs that have low or no costs attached to them.
 - 17. Tires easily and limited mobility. Mentally over-whelmed.
 - 18. He refuses to go out.
 - 19. My brother [name] has cancer. He is now being cared by hospice care. He is always tired.
 - 20. Problems with walking shortness of breath. Cannot stand for very long.
 - 21. Not interested.
 - 22. Just not feeling the best
 - 1. too many steps (overture center for example) 2. some outdoor events where walking on grass is required 3. too late in the evening when event is over
 - 23. Health
 - 24. Just too tired or may be too stressful getting there. May also be temperature related.
 - 25. At first, just her unwillingness to participate or just to leave the security of her home her "safe place". Then it became a problem for her needing to be (very) close to a bathroom we had a few massive accidents in public after that, it was only trips to the Dr. Office.
 - 26. Lack of mobility issues and my ability to transport.
 - 27. My daduses a cane and rollator, and he just isn't comfortable around others as he feels he is a nuisance (not true). Mom, with her dementia, is reluctant to do anything without Dad—even though I would happily accompany the both of them to such activities,
 - 28. Depression cost
 - 29. na

22. Where do you live (ZIP Code)?

ZIP	# of respondents
53502	1
53503	1
53506	2
53507	11
53526	2
53533	21
53535	1
53543	2
53544	5
53553	1
53554	2
53565	6
53569	1
53573	1
53574	1
53580	1
53582	2
53588	3
53593	1
53818	1
54880	1
54915	1

23. What is your age?

Age	# of respondents
32	
40-49	5
50-59	
60-69	21
70-79	
80-89	10
	1

24. Do you have a condition that affects your mobility?

Yes	16.18%	11
No	82.35%	56
Not sure	1.47%	1
Total		68

25. How many adults over age 60 do you provide care for?

# over 60	# of respondents
0	4
1	50
2	10
3	
6	

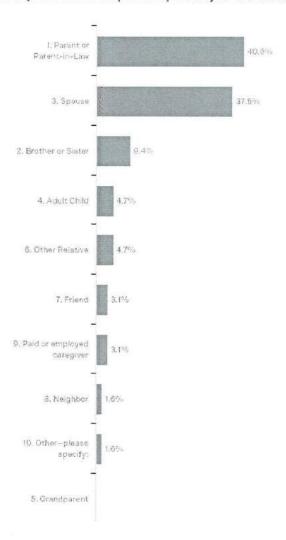
26. How many hours per week do you spend giving care?

Hours	Respondents
1–9	13
10-19	13
20-29	9
30-39	
40-49	2
50-59	
60-69	
70-79	
80-89	
120	
144	
168	3

27. How many of those hours are paid?

# of hrs paid	Respondents
0	45
4	1
8	1
12	1
21	1
32	1
40	1

28. What is your relationship to the person you are caring for?



28. What is your relationship to the person you are caring for?

1. Parent or Parent-in-Law	40.6%	26
3. Spouse	37.5%	24
2. Brother or Sister	9.4%	6
4. Adult Child	4.7%	3
6. Other Relative	4.7%	3
7. Friend	3.1%	2
9. Paid or employed caregiver	3.1%	2
8. Neighbor	1.6%	1
10. Other—please specify:	1.6%	1
5. Grandparent	0.0%	0
Total	100%	64

Other-please specify:

1. I just put my husband in a nursing home facility 6 weeks ago. So right now I am not caring for him, but I had been for a long time.

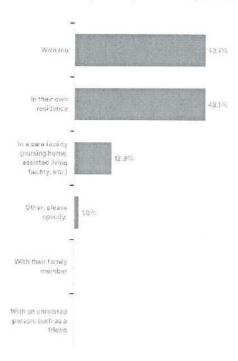
29. Are you the primary caregiver for the individual indicated above?

Yes	76.92%	50
No	21.54%	14
Not sure	1.54%	1
Total	100%	65

30. Does this person have memory impairment, such as Alzheimer's disease or another form of dementia?

Yes	34.38%	22
No	51.56%	33
Not sure	14.06%	9
Total	100%	64

31. Where does the person for whom you have caregiving responsibility live?



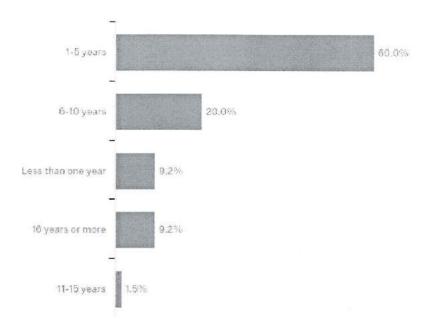
Other:

She lived alone in a separate home on our country property. For the last 6 months of her life, when I could no longer provide the 24/7 care she needed, she went to a nursing home (SNAKE PIT). I continued to provide care for her there and advocate for her nearly every day-or I'm certain she wouldn't have lived that long - I needed to feed her - walk her - help her to toilet - and provide mental/emotional stimulation while she was there.

31. Where does the person for whom you have caregiving responsibility live?

With me	43.1%	28
In their own residence	43.1%	28
In a care facility (nursing home, assisted living facility, etc.)	12.3%	8
Other, please specify:	1.5%	1
With their family member	0.0%	0
With an unrelated person, such as a friend	0.0%	. 0
Total	100%	65

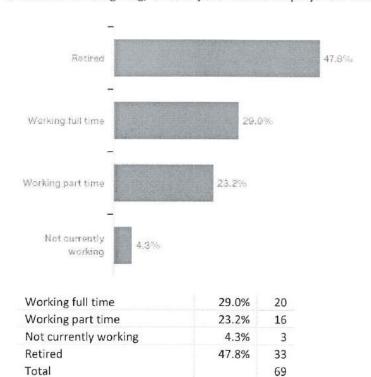
32. How long have you been providing care for this person?



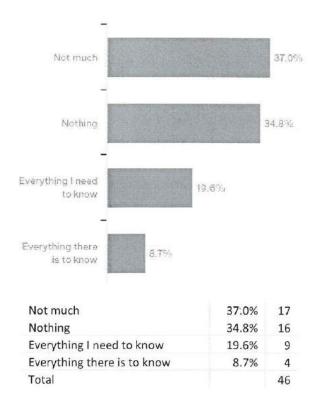
32. How long have you been providing care for this person?

60.0%	39
20.0%	13
9.2%	6
9.2%	6
1.5%	1
100%	65
	20.0% 9.2% 9.2% 1.5%

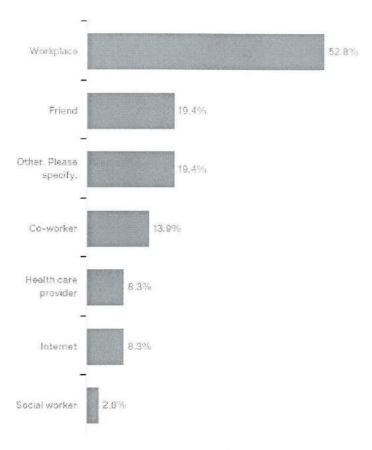
33. In addition to caregiving, what is your current employment status? Please check all that apply.



34. How much do you know about the Family Medical Leave Act (FMLA)?



35. Where or how did you learn about the FMLA?



Workplace	52.8%	19
Friend	19.4%	7
Other. Please specify.	19.4%	7
Co-worker	13.9%	5
Health care provider	8.3%	3
Internet	8.3%	3
Social worker	2.8%	1
Total	100%	36

Other. Please specify.

- 1. experience
- 2. don't know about it
- 3. rumor mill people using it after pregnancy
- 4. Retired
- 5. as a self-employed business owner, that program couldn't help me
- 6. N/a

36. Have you ever taken time off under the Family Medical Leave Act?

Yes	32.69%	17
No	63.46%	33
Not sure	3.85%	2
Total		52

37. Do you need more information about the Family Medical Leave Act?

Yes	13.46%	7
No	73.08%	38
Not sure	13.46%	7
Total	100%	52

Summary of Results

Survey of Adults in Iowa County

September 2018

The survey was conducted July through August 2018 by the

Iowa County HeART Coalition

- · Sue Matye, Iowa Co. Health Department
- · Bruce Paull, Iowa County Board of Supervisors
- Kari Bennett, Iowa Co. Health Department
- Valerie Hiltbrand, ADRC of Southwest WI
- Ann Thompson, Iowa Co. Health Department
- Shelley Reukauf, ADRC, Caregivers Support Program
- Michelle Carver, Upland Hills Health
- Janet Butteris, ADRC, Elder Abuse Program
- Lisa Schnedler, Upland Hills Health
- Vickie Stangel, Dodgeville Public Library
- · Beth Beyler, Iowa County Dept. of Social Services
- Pamela Kul-Berg, ADRC, Dementia Care Program
- Molly Dean, Agrace Hospice & Palliative Care
- Deanna Truedson McKillips, Agrace Hospice & Palliative Care
- Sue Husom, Agrace Hospice & Palliative Care
- Cecile McManus, Seniors United for Nutrition Program
- Ricki Bishop, Independent Living Resources
- Barry Hottmann, UW Extension
- Ruth Schriefer, UW Extension
- · Faye Glonek, Iowa County
- · Terri DeVoss, Dodgeville
- Elsie Jane Murphy, Barneveld
- Phyl Erickson, Dodgeville
- Lois Nankee, Highland
- Linda Larsen, Dodgeville
- · June Meudt, Dodgeville

The survey was initiated as part of the

Healthy Aging in Rural Towns (HeART) Project

HeART is a partnership of

- The Iowa County HeART Coalition
- · The University of Wisconsin-Madison School of Nursing
- The Wisconsin Office of Rural Health

HeART is supported by Margaret A. Cargill Philanthropies

AC.		

Profile of Respondents

Number of respondents......254

What is your home zip code?

535038
53506
5350737
53516 1
535171
535264
53533104
535439
535448
535535
535541
535631
5356519
535692
535803
5358210
535886
537331
53588 for mailing purposes only 1
No response

What is your age?

38	
50-59	10
60-69	76
70-79	
80-89	40
90-99	7
No response	18

Do you have a condition that affects your mobility?

Yes, all of the time	8.8%	21
Yes, some of the time	28.6%	68
No	60.1%	143
Not sure	2.5%	6
Total	100%	238
No response		16

		Yes		No)
1.	Do you live alone?	35.8%	86	64.2%	154
2.	Do you live in an assisted living/nursing home?	1.7%	4	97.4%	229
3.	If no, do you plan to move into an assisted living/nursing home within the next six months?	0.4%	1	98.7%	228
4.	Do you have someone that checks in with you regularly, at least once a week (via phone call, text, email, or visit)?	54.5%	115	22.7%	48
5.	Do you have someone you can call in an emergency (other than 911)?	93.6%	221	5.9%	14
6.	Do you need assistance leaving your home in the event of an emergency or disaster?	10.6%	25	88.6%	209
1.	Do you currently drive?	92.3%	227	7.7%	19
2.	Do you have a dependable vehicle or other means of transportation?	97.1%	235	2.9%	7
3.	Do you need transportation assistance?	10.4%	25	89.6%	215
4.	In the last six months or so, have you missed appointments or been unable to shop because of transportation issues?	5.4%	13	94.6%	228

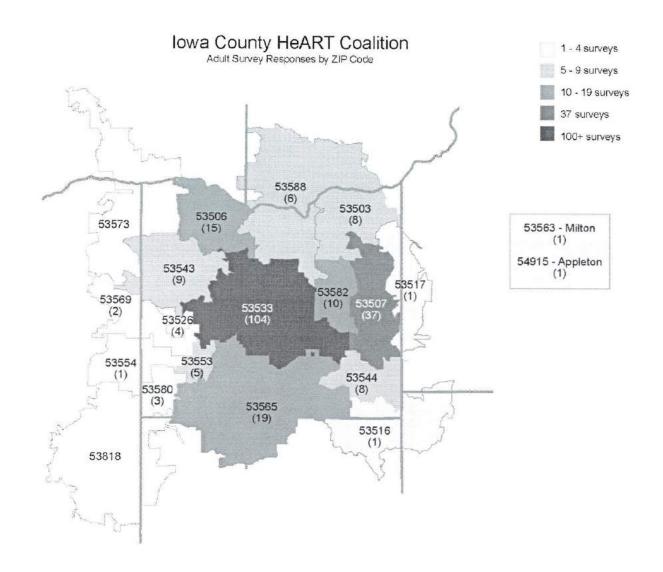
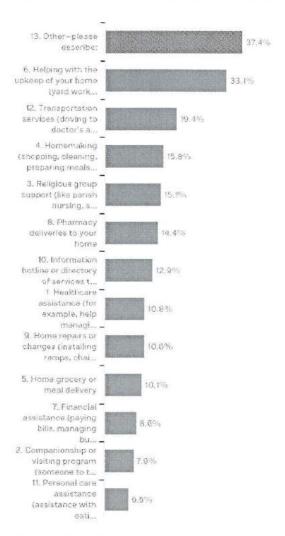


Table of Contents

Que	estion #	Page #
1.	Which of the following services have you used in the past six months?	5
2.	For the services you did not use, please explain why.	7
3.	Please describe other reasons you did not use services listed above	9
4.	Are there other services that would help you?	
5.	Are there services available that respond to the needs of people with	
	Alzheimer's disease or other dementia?	12
6.	If yes, please describe.	13
7.	In the past six months or so, have you visited or used information	
	from the Aging and Disability Resource Center (ADRC)?	13
8.	If no, please explain why	14
9.	Have you heard of the Seniors United for Nutrition (SUN) Program	
	that provides Meals-on-Wheels and Meal Sites?	15
10.	Have you participated in the SUN program?	15
11.	How have you learned about available services?	15
12.	Which of the following healthcare services have you used in the past	
	six months?	17
13.	Where do you go to visit your healthcare providers?	18
14.	Do you have trouble going to the doctor or dentist due to lack of	
	doctors accepting Medicaid/medical assistance?	19
15.	Have you used or participated in any of the following preventative	
	health services in the past year?	20
16.	Do you attend events such as festivals, school sports, parades, town	
	hall meetings, etc.?	21
17.	If yes, what makes these events attractive and accessible?	21
18.	Please provide examples of things that have kept you from attending	
	an event that you wanted to attend	22
19.	How safe do you feel in your community?	23
20.	If you do not feel safe, please explain why.	24
21.	If there is an emergency, how comfortable do you feel calling 911?	
22.	If you do not feel comfortable calling 911, please explain why	25
23.	Please select Yes or No for the following.	26
24.	How do you usually get to and from appointments, meetings,	
	errands, and events?	27
25.	Please describe any public places in our community that should have	
	priority parking and drop-off spots for older adults but don't.	27
26.	Please select Yes or No for the following	29
27.	What is your home ZIP code?	29
28.	What is your age?	30
29.	Do you have a condition that affects your mobility?	30

1. Which of the following services have you used in the past six months? Please check all that apply.



1. Which of the following services have you used in the past six months? Please check all that apply.

13.	Other—please describe:	37.4%	52
6.	Helping with the upkeep of your home (yard work, snow removal, painting)	33.1%	46
12.	Transportation services (driving to doctor's appointments, driving for errands)	19.4%	27
4.	Homemaking (shopping, cleaning, preparing meals)	15.8%	22
3.	Religious group support (like parish nursing, spiritual counseling, prayer group)	15.1%	21
8.	Pharmacy deliveries to your home	14.4%	20
10.	Information hotline or directory of services to help connect you to services and resources	12.9%	18
9.	Home repairs or changes (installing ramps, chair lifts, wider doorways, handrails, non-slip tiles)	10.8%	15
1.	Healthcare assistance (for example, help managing medications, dressing change)	10.8%	15
5.	Home grocery or meal delivery	10.1%	14
7.	Financial assistance (paying bills, managing budget)	8.6%	12
2.	Companionship or visiting program (someone to talk to, read with, keep company)	7.9%	11
11.	Personal care assistance (assistance with eating, bathing, mobility, dressing, grooming)	6.5%	9
Tot	al		139

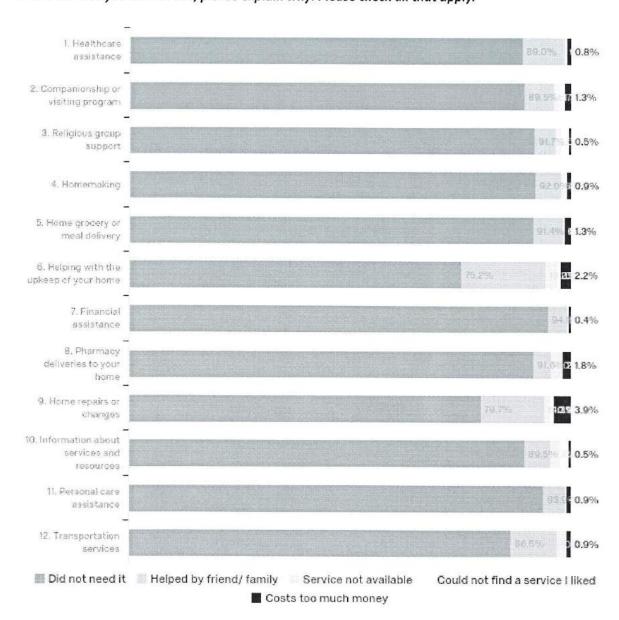
Question #1, continued.

Other-please describe:

- I just had one hip replaced so I had Home Health Care.
 I will have the other one done later. My husband is in Rehab as he broke his leg.
- 2. Tai Chi class, step up class
- 3. Hire person to mow lawn and to flower garden.
- 4. I have not used these services from the county but I have hired a couple of young people to do yard work.
- 5. none
- 6. Haven't needed any of these
- 7. We are a family of three, husband is 88 and needs a walker, daughter is 58 and is wheelchair bound, wife (me) is still recuperating from a broken femur from 2 years ago age 85. We have 5 support people. Our biggest concern is transportation. Daughter drives, but is a chore to transfer to car for a quick run. I don't know if we would use it, but at present that is our biggest need. I'm sure 3 of the support people would work us into their schedule, but is definitely a loss of freedom.
- 8. None of these yet.
- I, and other family members, are providing several of these for our Mother who has cancer
- 10. None
- 11. None
- 12. haven't had any kind of need for those services
- 13. Have not used any of the above services.
- 14. ADRC consulting about Medicare options.
- However all out medical care is at UW and Unity Point-Meriter
- 16. Grooming only (hair)
- 17. Misc. home up keep as needed by children and sons in law as requested.
- 18. We have not had to use any of these services. I think they are great and I hope they will be affordable if my husband or myself reach that point that we need assistance. We are able to take care of ourselves and maintain our home and yard work.
- 19. Not many used now, but may need more services in the future - especially transportation help since I live in the country and hope to stay here.
- 20. Exercise at Upland Hills Hospital, Physical Therapy
- 21. these services were all private pay
- 22. none of the above
- 23. No need of help
- 24. AARP tax service
- 25. None
- 26. Not needed yet.

- 27. N/A
- 28. N/A
- 29. Right now I do all of the above myself except for one doctor's appointment where one of our daughters attend which happens about every 6 months.
- 30. Right now my wife does most of these services
- 31. None
- 32. Get ride from family or friend to Doc.
- 33. None of the above
- 34. I certainly could use help with fall and spring clean up with leaves of my flower beds.
- 35. Haven't had to use any.
- 36. Will use services when needed.
- 37. [NAME DELETED] has a lady hired approx. 20 hours weekly. She helps with cleaning, gardening, brings groceries, helps with some cooking, and driving. [NAME DELETED] pays for this herself. She also has family that assists with home maintenance, snow removal, lawn mowing, driveway maintenance, grocery purchases, bill pay, and mail/correspondence needs. The driver or family members drive [NAME DELETED] to medical appointments. [NAME DELETED]'s mail box is 1 mile from her dwelling in rural lowa County. Her Minister visits maybe once every 6 months.
- 38. Have not yet needed/required these services.
- 39. Did not need.
- 40. I get meals on wheels.
- 41. None
- 42. none
- 43. N/A
- 44. I am 80, but feeling very healthy. My problem today is that recovering from hip surgery is going very slowly. I have a good friend living with me who does the heavy lifting, but can't count on him forever. Not ready for the services offered, but happy to know they are out there, as I plan to stay in my own home to the end.
- 45. none! I'm still "young" and doing ok! fingers crossed.
- 46. none of above
- 47. Recently moved into Stonefield Apts. For senior citizens
- 48. None have not needed services
- 49. None of the above.
- 50. Class through ADRC
- 51. Classes: Tai-Chi services, Stepping On, Stengthening class, Living Well. These are extremely helpful with mobility! Thank you!
- 52. yoga class

2. For the services you did not use, please explain why. Please check all that apply.



Question #2 continued on next page.

Question #2, continued.

2.	For the services you did not use, please explain why. Please check all that apply.	Did not r	eed it	Helped friend/ fa		Service availab	-	Could r find a service liked	1 2	Costs to much mone	1	Total
1.	Healthcare assistance	89.8%	211	9.8%	23	0.0%	0	0.4%	1	0.9%	2	235
2.	Companionship or visiting program	89.9%	213	6.8%	16	1.3%	3	1.3%	3	1.3%	3	237
3.	Religious group support	92.2%	200	4.6%	10	1.4%	3	1.8%	4	0.5%	1	217
4.	Homemaking	92.4%	207	5.8%	13	0.9%	2	0.4%	1	0.9%	2	224
5.	Home grocery or meal delivery	91.8%	213	6.9%	16	0.4%	1	0.0%	0	1.3%	3	232
6.	Helping with the upkeep of your home	77.3%	170	19.5%	43	2.7%	6	0.9%	2	2.3%	5	220
7.	Financial assistance	94.8%	220	4.3%	10	0.0%	0	0.4%	1	0.4%	1	232
8.	Pharmacy deliveries to your home	92.4%	206	4.0%	9	2.7%	6	0.0%	0	1.8%	4	223
9.	Home repairs or changes	81.1%	184	14.5%	33	1.3%	3	0.9%	2	4.0%	9	227
10.	Information about services and resources	90.0%	188	5.7%	12	2.4%	5	1.9%	4	0.5%	1	209
11.	Personal care assistance	93.9%	214	4.8%	11	0.4%	1	0.0%	0	0.9%	2	228
12.	Transportation services	87.2%	198	10.6%	24	2.2%	5	0.0%	0	0.9%	2	227

3. Please describe other reasons you did not use services listed above:

- Not needed at this stage but I might need it as time goes on.
- 2. Didn't need it. Can do it myself.
- 3. Unneeded at this time.
- 4. I can drive and arrange and pay for services.
- I can do all of the services above partner could not if I couldn't
- 6. Do not feel it is necessary at this time.
- 7. Right now I do not need these services.
- 8. Never knew some of this was available.
- We need drivers for dialysis 3 times a week but were told we could only get it one day a week. It is offered through CAP but it is expensive and all ride places only run until 4 pm.
- My son, who lives with me. He has a mental illness and helps me with various chores.
- 11. Still can do it myself
- When one of us needed help the other spouse could take care of it. If we did not have the help of our spouse, our answer would be much different.
- 13. N/A
- Healthy and able to take care of myself and family members.
- 15. I am very healthy and independent
- 16. I didn't know they were available.
- 17. Helped by family.
- 18. Am still able to care for myself
- I have not had recent serious health problems.
- 20. I am still working full time.
- I personally don't need these services at this time. Would appreciate them and need them in the future. I do care for my husband though.
- 22. I live in apartment. I can drive. Can do my own yet. If I need I can call someone.
- 23. Didn't need any
- 24. Between the 3 of us, managed and an effort to stay self sufficient.
- 25. I (66 yrs) am responding to this survey simply because I live in lowa County and may need some of these services at some point in the future. Thankfully, I do not help with any of the above at this time.
- 26. I paid for someone to mow my lawn and do some repairs in my home.
- 27. I am healthy and enjoy my independence and doing things for myself
- 28. My wife does most things
- 29. No reason other than I did not need them
- 30. Haven't needed them. Get pharmacy services from VA.
- 31. No available to help with home repairs
- 32. Mother in a nursing home with slight dementia.

- 33. Just over income guidelines for home repairs.
- 34. Already in church every week sometimes 3 times a week. My son does anything I need done.
- At this point in my life I am not in need of these services.
- 36. I am able to take care of myself.
- 37. I help wife, wife helps me
- 38. Do not need it yet.
- We are in good health and able to take care of ourselves. We do think these are good programs.
- 40. Didn't know about some of them.
- 41. Wife in care center.
- 42. Did not need, only 58
- 43. Did not need help
- 44. Paid for what we needed.
- 45. My family helps me a lot.
- 46. I'm able to take care of myself
- Used postal service and local businesses for many needs.
- 48. I didn't need the service.
- 49. None
- 50. Not yet to the point of needing these services
- 51. I am still employed and working every day. I have student assistance at the University. I have home assistance from my family and a hired student worker. I do need a lot of the above, but, so far, these things have been handled. I am disabled. I do have a prosthesis and need much assistance with daily living components. I do use ADRC to take me to Madison appointments.
- 52. still pretty good shape
- 53. We are part-time (mainly summer through fall) residents of a second home in lowa county. Although retired, we are currently fit and able, and have relatives within the area.
- 54. good health
- 55. I am able to drive and take care of my meds.
- 56. Healthy
- 57. Wasn't really needed.
- 58. No need yet.
- 59. I am of sound mind and body.
- 60. We're healthy and in good physical condition
- 61. Able to do myself.
- 62. I'm capable yet to be on my own.
- 63. Able to do for myself
- 64. None needed.
- 65. Wasn't sure who to contact
- I don't drive anymore because doctor suggested this.
 Wife tries to do the best she can.
- 67. I am ambulatory and can drive.
- 68. Able to do on my own.
- 69. Family and friends do and take care of what I need.
- 70. I'm only 75 and in very good health.
- 71. N/A
- 72. All good ideas, but so far still do it myself.
- 73. Don't need them right now.

- 74. Fortunately do not need these services at this time, but may in the future as I am 79.
- 75. ?
- 76. Healthcare assistance: what is available? Pharmacy deliveries: They would send US mail, but then sit in her mail box 1 mile from her house that is not a valid solution. Information about services and resources: is this Social Services? Personal care assistance: what is available? Transportation services: This has not been a workable alternative to her hiring her own driver.
- 77. Unaware of the availability of services
- I am able to help myself most of the time. I did have a brief illness and had all the help I needed from my children and friends.
- 79. Healthy enough to be able to care for myself.
- 80. Do not need them at this time.
- [NAME DELETED] has a language barrier (Switzerland) so that makes services difficult.
- 82. I am healthy and mobile and these tasks are quite routine and easy to accomplish myself.
- Healthy, able to do all on my own yet. What I can't do I have two sons who can do.
- Husband needed some in home therapy after an operation, but I was able to do all normal activities.
- 85. So far at 69 i am able to take of myself and my medical needs are taken care by the V.A. All my medication are sen to me by mail
- 86. Limited availability
- Independent to date on most things. Able to pay for repairs needed by local contractors.

- 88. I am able to do these things on my own.
- 89. Some of the above items are taken care of through the Veterans programs and I get them in other ways.
- 90. I can drive myself for groceries, dentist, pharmacy, etc. My healthcare is very complete with medical help. I am still able to keep myself and house in order for now. Put me on your waiting list.
- 91. At this stage, my husband and I are healthy, active and more often in a position to help than be helped.
- We are in mid 60's and are very independent, not needing services at this point.
- 93. don't need these services at this time.
- 94. I'm still mobile and can more or less care for myself.
- 95. At this point I am fortunate not to need these services.
- 96. I am 68 and still working.
- 97. 71 years old and still healthy.
- I have been blessed so that I am still able to take care of my wife and I and our home.
- 99. I really don't have a need for them at this juncture in my
- 100. able to take care ourselves
- 101. At this time in my life I have not needed the help yet.
- 102. NA
- 103. Only in our mid 70's, haven't needed any.
- 104. I am currently still able to do everything for myself.
- 105. Did not need services.
- 106. Still young enough to handle all these needs myself.
- 107. Self sufficient-did not need any services.
- 108. She lives in another county.

4. Are there other services that would help you? Please describe:

- Places to live at low cost, when I can no longer take care of my house.
- Having a hard time finding someone to come for home chores. Has two workers, one moved on, other way fired. Homeward bound can't seem to find anyone to come here.
- 3. Financial
- I am lucky to have my family all living close and my sister is staying with me. She is in good health. My home is a ranch type with no stairs. I thank God for good health.
- 5. We find there are services, but most are for the poor. Our question is who pays for the County Taxi? It only runs in the city of Dodgeville. Why call it a county taxi?
- 6. No
- I wished we had delivery service for groceries here.
- 8. N/A
- Please keep transportation services for doctors appointments. Might need help grocery shopping.
- 10. Not at this time.
- I am restricted to daylight driving would appreciate a driver to attend evening events.
- 12. No
- 13. Companion, shopping, and housekeeping not enough people available to help and hard to find on my own
- 14. I would like the opportunity to volunteer but don't know how to find out how.
- A place I could take my husband for caregiver respite. NOT in home.
- 16. Do not need
- 17. No
- At times it would be great to call for transportation, but probably would try to work with our support people.
- 19. No
- 20. Don't know at this time
- some one to contact in regards to renter/landlord problems
- 22. need some one to help with a ramp or some kind of lift to get my power chair in my van & also a ramp by my back door to get outside
- But as a parent of disabled adult I'd like to say this county desperately needed respite services.
- 24. N/A
- 25. None at this time.
- 26. Transportation available for non-urgent affairs.
- 27. Who cut my grass. Who shovels my snow.
- 28. None that I feel a need for at this time.
- Hobby networking Perhaps you can connect people, institutions, and resources with mutual hobby/work interests.

- 30. A maid, housecleaner
- 31. Nothing
- 32. At this time, I am healthy and able-bodied, but I assume someday I won't be and will need services. I probably don't even realize what assistance I will need.
- I am not currently aware of which services are available in the country as I need very few right now. And which ones are available to country residents.
- 34. None at this time
- 35. Information about future availability of services
- A grocery shopping and delivery service would be well used.
- 37. not at this time
- 38. None
- 39. Mow my yard and wash the car
- 40. No
- 41. No
- 42. Not yet, thank you!
- 43. N/A
- 44. Dodgeville needs more nice rental units for seniors who are looking for assisted living.
- 45. No.
- Would like to know who might help get me and my husband to a dementia study group at UW Hospital.
- 47. Have someone to talk to about military things since I'm a Veteran. I also liked to hunt but can't do that anymore. Need male to talk to.
- 48. List of people who do various yard/outside work.
- 49. A group that played cards or games closer than Dodgeville. Nothing in our small town. We always have to travel to Dodgeville when watching pennies too many miles are not acceptable.
- 50. Local, easily available taxi
- 51. No
- 52. No
- 53. Eventually I may need some of these services, just not now.

- 54. As needs change and expand, it would be nice to know what is available. Is it possible to have a case worker that [NAME DELETED] could be in contact with?
- 55. help me with the upkeep of my home (e.g. snow removal, grass cutting, etc...)
- 56. Not at this times
- 57. no
- 58. No.
- Bus services for folks 5 miles out of town so I could participate more on offered outings and shopping
- 60. no
- 61. no
- 62. Yard work is difficult but we have a renter who does some trimming for us. Will need more help with yard yard eventually.
- 63. No
- 64. Assistance with financial planning
- 65. Resources of physicians and services that help people as they age in home.
- 66. Some day I will need all your services.
- 67. not yet
- 68. have been asking around for leads to lawyers who will act as power of attorney, health proxy, executor, etc and for info on any death-withdignity organizations here. I have no will, or any legal prep done because there is no name to fill the slots ... surely I am not the only one with no family for these roles!

- 69. Not that I know of
- 70. no.
- 71. lawn mowing, some yard work and snow shoveling.
- 72. Transportation outside of Dodgeville to Madison and Dubuque that is frequent and convenient.
- 73. no
- 74. None come to mind.
- 75. Classes for internet and smart phone use.
- 76. None
- 77. Help around the property of 5 acres and house cleaning.
- 78. Not that I can think of.
- 79. Not right now.
- 80. Can't think of any.
- 81. Yoga. More Tai-Chi and any other classes.
- 82. Surgeries Someone to drive you to and from hospital. If you need 24 hour care for 1 day after surgery, someone to stay with you.
- 83. Hired help with outside chores.
- 84. Hired a cleaning lady. Attend classes at ADRC. Go to beauty parlor.
- 85. Not yet but in future transportation

5. Are there services available that respond to the needs of people with Alzheimer's disease or other dementia?

Yes	22.8%	52
No	6.6%	15
Not sure	70.6%	161
Total	100%	228

If yes (Q5), please describe:

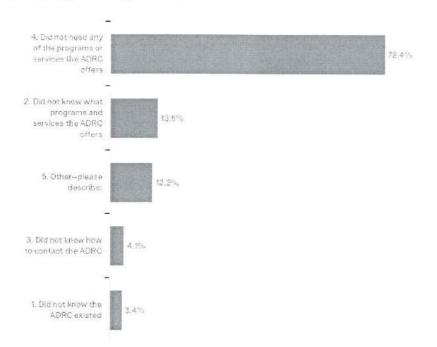
- The ADRC helps the caregiver if the person with dementia.
- I believe so, nursing homes, stores, etc., trainings to help.
- My parents both had dementia. At the time I was a caregiver there was little support perhaps that has improved
- Memory cafe. I've been there but I know it is available.
- 5. Caregiver support group.
- 6. ADRC, Dove's Wing at Bloomfield
- Dementia-friendly business have been identified not really a "service", but is available in our area.
- We used ADRC to consult about services available for my dad, who passed away in 2016.
- 9. In a full care nursing home.
- I presume the county has a day program, but I haven't needed it. Even if I did, it would be at a distance, likely, making it hard to use often.
- 11. Slight memory impairment due to mild strokes.
- 12. I think there are support groups.
- 13. Nursing homes that specialize in Alzheimers care.
- ADRC provides many resources. I read their newsletter and am impressed by what they offer.
- 15. Care home in Mineral Point
- 16. ADRC/Bloomfield
- 17. ? haven't needed them recently
- 18. caregiver support group, library memory kits
- I know they have been educating businesses and communities about Alzheimers.
- 20. Alzheimers Association, Alzheimers Alliance, Crestridge Memory care, ADRC
- Dementia friendly stores and Alzheimer's wings at area NH.
- 22. Work with merchants to help, ADRC gives preliminary test to check on dementia

- 23. Don't know don't need/
- 24. available at ADRC
- 25. Memory cafe.
- 26. ADRC
- 27. My Doc.
- 28. I'm aware there are facilities/care centers
- 29. Haven't needed them but am sure they are available.
- Services provided by Upland Hills and other health care institutions.
- 31. ADRC
- 32. A friend uses the service.
- We have medical insurance but don't know if there is inhome care for Alzheimer's patients.
- There are two facilities in my area that would help someone w/either of the above mentioned diseases.
- 35. Nursing homes, asst. living facilities, in-home personal care, hospice
- 36. Haven't had the need to find out how these programs work, just know something is available.
- 37. The ADRC, also there is an Alzheimer's coalition.
- Yes, we have Homes and the hospital that helps with these issues.
- The ADRC has several local group meetings and relief agencies.
- Iowa County Health Dept. great resource Religion connection Assisted Living MD
- 41. I'm not exactly sure what they are but know that I can go to the Health Department ADRC to find out.
- 42. Support Groups, Memory Cafe
- 43. would contact ARDC
- Staff are trained, memory care facilities, support group for care givers
- 45. ADRC services, nursing home services
- 46. ADRC

7. In the past six months or so, have you visited or used information from the Aging and Disability Resource Center (ADRC)?

Yes	38.9%	95
No	58.6%	143
Not sure	2.5%	6
Total	100%	244

8. If no (Q7), please explain why.



8.	lf no, please explain why.	%	Count
4.	Did not need any of the programs or services the ADRC offers	78.4%	116
2.	Did not know what programs and services the ADRC offers	13.5%	20
5.	Other—please describe:	12.2%	18
3.	Did not know how to contact the ADRC	4.1%	6
1.	Did not know the ADRC existed	3.4%	5
Tot	tal	100%	148

Other-please describe:

- 1. Year ago Medicare enrollment help
- 2. Will use soon for retirement information
- Some information is misleading to our problems. Always a catch why we can't use them.
- 4. Sign up for social security
- Not really sure of all the services I might use.
 Do know where to go when I may need help.
- 6. missed/lost stepping-up classes due to illness
- 7. I'm a driver
- I utilized their services initially when I needed them and don't require their help other than meals on wheels and turning in information for Medicaid.
- I used to be a caregiver. The ADRC is needed by many . I
 use the ADRC when it is time to pick supplemental
 prescription company. The people have been very
 helpful.
- 10. I think highly of the ADRC recommended it to others.
- 11. I do use meals on wheels
- 12. I did not need these services
- 13. haven't a need yet
- 14. have used them ... am not sure of date last time ...
- 15. Have needed them for advice in the past.
- 16. Did not need it at present time
- 17. Did not know if ADRC had long-term planning program
- 18. Have not yet required or needed this type of service.

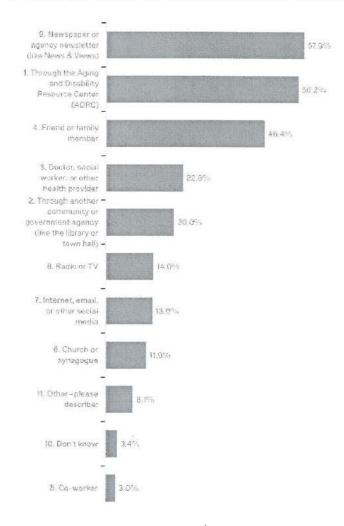
9. Have you heard of the Seniors United for Nutrition (SUN) Program that provides Meals-on-Wheels and Meal Sites?

Yes	91.5%	226
No	8.5%	21
Total	100%	247

10. Have you participated in the SUN program?

Yes	19.8%	49
No	80.2%	198
Total	100%	247

11. How have you learned about available services? Please check all that apply.



Question #11 continued on next page.

Question #11, continued.

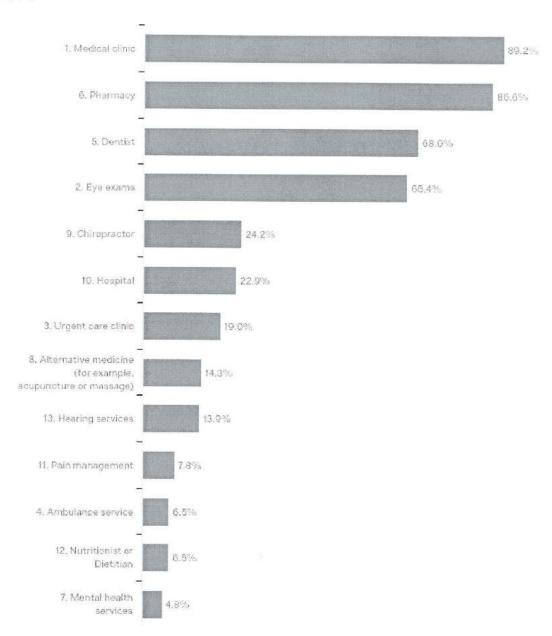
11. How have you learned about available services? Please check all that apply.

9.	Newspaper or agency newsletter (like News & Views)	57.9%	136
1.	Through the Aging and Disability Resource Center (ADRC)	56.2%	132
4.	Friend or family member	46.4%	109
3.	Doctor, social worker, or other health provider	22.6%	53
2.	Through another community or government agency (like the library or town hall)	20.0%	47
8.	Radio or TV	14.0%	33
7.	Internet, email, or other social media	13.6%	32
6.	Church or synagogue	11.9%	28
11.	Other—please describe:	8.1%	19
10.	Don't know	3.4%	8
5.	Co-worker	3.0%	7
Tot	al		235

Other-please describe:

- 1. It is great that our county has the ADRC available to us seniors.
- 2. Transportation is the issue.
- 3. Caregiver support meetings.
- 4. general knowledge / awareness
- 5. Brochures at library etc. Poster on store bulletin boards
- 6. Never looked into it.
- 7. Friends, referrals
- 8. I'm board member of United Fund of Iowa Co. and have reviewed proposals from SUN and ADRC for support.
- 9. I work with the ADRC
- 10. cafe i use
- 11. Only services received have been after a visit to primary healthcare provider. This has been a visit from visiting nurse.
- 12. Have heard of some services due to my parents needing them. Again, have had no need for them as of yet.
- 13. Retired RN
- 14. A a past member of the county board i am well aware of the services offered at ADRC.
- 15. I volunteered at a SUN program before.
- 16. SWCAP occasional volunteer and see resources posted there.
- 17. I am a retired nurse, aware of ADRC and have provided these resources when I did work, which was mostly in Dane Co, not Iowa. but did know Iowa did have these resources available.
- 18. Haven't needed them yet but would be nice to have info on what is available before I need it.
- 19. I used to work in the same building

12. Which of the following healthcare services have you used in the past six months? Please check all that apply.



Question #12 continued on next page.

12. Which of the following healthcare services have you used in the past six months? Please check all that apply.

1.	Medical clinic	89.2%	206
6.	Pharmacy	86.6%	200
5.	Dentist	68.0%	157
2.	Eye exams	65.4%	151
9.	Chiropractor	24.2%	56
10.	Hospital	22.9%	53
3.	Urgent care clinic	19.0%	44
8.	Alternative medicine	14.3%	33
13.	Hearing services	13.9%	32
11.	Pain management	7.8%	18
4.	Ambulance service	6.5%	15
12.	Nutritionist or Dietitian	6.5%	15
7.	Mental health services	4.8%	11
Total			231

13. Where do you go to visit your healthcare providers? In space provided please list the name of the city/town.

Dentist
Antioch 1
Black Earth2
Cottage Grove 1
Cuba City4
Darlington
Dodgeville
Don't have dentist 1
Don't need one 1
Have no dentist, no teeth 1
Dubuque
Elmhurst, IL 1
Fennimore
Highland1
Iowa County5
Lancaster5
Madison 23
Maple Grove 1
Middleton 2
Mineral Point30
Monroe 1
Mt. Horeb31
Platteville 5
Richland Center5
Spring Green 15
Sussex
Verona2
Weyauwega 1

Barneveld	.2
Cross Plains	.1
Dodgeville 10	
Fennimore	
Highland	100
Hines, IL	
Iowa County	
Madison	
Mazomania	
Mineral Point	
Monroe	
Montfort	
Mt. Horeb	
Oregon, WI	
Platteville	.3
Richland Center	.4
Sauk City	
Spring Green	
Verona	
Dr Gary Grunow	
Dr Wolk	
Dr. Fox	.1
Dr. Geoffrey White	.1
Dr. Grunow	
Jodi McGraw	

Primary care provider

Baraboo......1

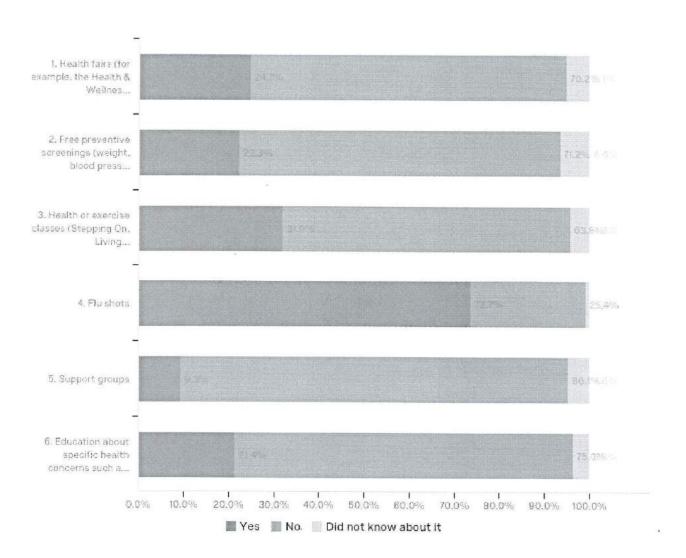
Specialty care provider	Pharmacy
Dodgeville 82	ss Plains1
Hines, IL 1	Dodgeville 142
lowa County4	Hines, IL1
Madison69	Iowa County8
Middleton 3	Janesville1
Mineral Point1	Lancaster1
Mt. Horeb10	Madison9
Platteville 5	Mail6
Richland Center1	Middleton1
Sauk2	Mineral Point14
spring green2	Monroe1
Verona1	Mount Horeb15
Wisconsin Dells1	N/A1
Dr. Nicholas1	Platteville4
	Richland Center7
Mental healthcare provider	Spring Greek7
Dodgeville 8	Verona2
Hines, IL 1	Hartig Drug #151
Madison 6	Walmart2
N/A8	Walgreens1
Platteville1	Hometown Pharmacy1
Sauk Prairie1	Ivey's Pharmacy2
Hospital	Urgent care
Dodgeville 132	Dodgeville/Upland Hills 110
Madison 31	lowa County7
Mercy in Dubuque IA1	Madison13
Monroe1	Middleton1
Mt. Horeb 1	Monroe1
N/A1	N/A3
Platteville3	Platteville2
Richland Center3	Richland Center4
Sauk City 5	Sauk City4
	Spring Green1

14. Do you have trouble going to the doctor or dentist due to lack of doctors accepting Medicaid/medical assistance?

Yes	6.9%	12
No	93.1%	161
Total	100%	173

15. Have you used or participated in any of the following preventative health services in the past year?

		Ye	s	No		Did n know a it		Total
1.	Health fairs (for example, the Health & Wellness Expo)	24.7%	58	70.2%	165	5.1%	12	235
2.	Free preventive screenings (weight, blood pressure checks)	22.3%	51	71.2%	163	6.6%	15	229
3.	Health or exercise classes (Stepping On, Living Well with Diabetes, Tai Chi, Yoga)	31.9%	75	63.8%	150	4.3%	10	235
4.	Flu shots	73.7%	174	25.4%	60	0.8%	2	236
5.	Support groups	9.3%	20	86.1%	186	4.6%	10	216
6.	Education about specific health concerns such as heart disease or diabetes	21.4%	48	75.0%	1 68	3.6%	8	224

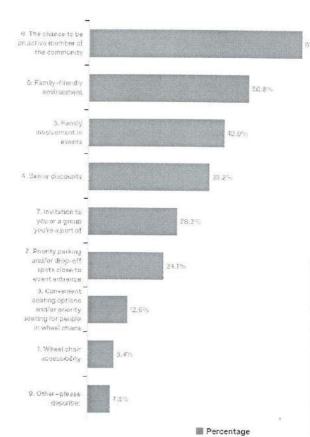


16. Do you attend events such as festivals, school sports, parades, town hall meetings, etc.?

Yes	77.8%	189	
No	22.2%	54	
Total	100%	243	

17. If yes, what makes these events attractive and accessible? Please check all that apply.

8.	The chance to be an active member of the community	67.5%	129
6.	Family-friendly environment	50.8%	97
5.	Family involvement in events	42.9%	82
4.	Senior discounts	38.2%	73
7.	Invitation to you or a group you're a part of	28.3%	54
2.	Priority parking and/or drop-off spots close to event entrance	24.1%	46
3.	Convenient seating options and/or priority seating for people in wheel chairs	12.6%	24
1.	Wheel chair accessibility	8.4%	16
9.	Other—please describe:	7.3%	14
Total			191



Other—please describe:

- If it happens with my work schedule
- 2. We like to see our grandchildren and friends there with their grandchildren.
- 3. Information
- 4. friendly community environment
- Advocacy against Power Line proposal, climate change awareness and activism, solar energy
- 6. Unable to attend as souse needs attention.
- 7. Go with family.
- Doesn't utilize due to language barrier and social issues.
- 9. Cause I want to see the event.
- 10. Service offered by the V.A.
- 11. only a very few, all political ... will be even less after Nov.
- Event needs to be interesting or relevant.
- 13. n/a
- 14. grandchildren

18. Please provide examples of things that have kept you from attending an event that you wanted to attend:

- I don't drive too far or in a lot of traffic. Stay home in bad weather. I am making my garage easier to use. Friends provided ride for events that happen at night, etc.
- 2. Sometimes weather or busy schedule.
- 3. Nothing tangible too tired not an interest
- 4. Mental issues
- 5. Time, place, date (interferes with other plans)
- I am a caregiver and are responsible for my husband's health. We could attend activities sometimes on Tuesday and Thursday when there isn't dialysis, but we noticed most County events for older people are usually on Wednesday.
- 7. Weather, Sickness.
- 8. Transportation if located in high traffic cities.
- Hard to take my husband. First I had heart trouble. Have an updated pacemaker. Now need a new hip.
- Don't think I could stand or walk long periods.
 Not enough seating. Don't always feel like I belong.
- 11. Rain transportation
- 12. Not interested
- 13. Weather unable to drive to event. Don't like to go alone.
- Alone, no one to go with, don't like to drive, don't have the money, anxiety
- 15. No one to go with
- 16. No kids or grandkids in school anymore.
- 17. Crowds. Convenience of getting there. Seating.
- 18. Too far to walk
- 19. wasn't seeing something of interest busy
- 20. We prefer being in our own house. There is no place like home and it familiar settings.
- 21. Back pain
- 22. Right now I have a broken leg and can't drive so I'm limited to where I can go.
- 23. too busy
- 24. Work, inconvenience
- 25. Hot weather
- 26. the time of the event is usually at a time i am sleeping or getting redy for work
- 27. to hard to get around without help with not being to get my power chair in my van
- 28. Too many commitments and not enough energy
- 29. health
- 30. Need to take care of my elderly mother out of town Lack of energy to drive the distance
- 31. Road conditions like winter driving.
- 32. My schedule/timing did not work out.
- 33. I cannot do a lot of walking, as I am on oxygen all the time.

- 34. Difficulty walking inadequate "handicap" parking
- 35. No special parking within walking range
- Sore, painful hip condition requires cane to walk, limits fishing, and use of my boat. All fishing friends are now dead.
- 37. No one to go with me
- 38. Long distance driving
- Too busy with other things such as other community orgs. such as library board, lowa County Historical Society, Dodgeville Fed. Woman's Club, Historic Preservation commission, driving doe business, helping with business errands.
- 40. Time
- 41. transportation, no interest
- 42. Distance and companionship
- 43. Still working have enough social interaction
- 44. So far, if I want to attend an event, I can.
- 45. Number of events in summer go on at the same time.
- 46. Notices of agendas commonly absent or too brief
- I need assistance to get to events...to get in and out of my car.
- 48. held in Harris Park which is big, dark, depressing, and a difficult place to hear
- 49. nothing
- 50. N/A
- 51. Busy schedule
- 52. Inconvenience of traveling with wheelchair.
- 53. None
- 54. N/A
- 55. Unable to attend as souse needs attention.
- Was gone for vacation when they had Health Fair and also the Tai Chi class.
- 57. Cost, distance
- 58. Weather is sometimes a problem. Sometimes I'm to tired from teaching all day or other projects.
- 59. Farming
- 60. Suffer from agoraphobia. Lack of money. Depression. Health celiac disease diabetes IBS
- 61. N/A
- 62. My memory but family keeps worth that.
- 63. No one to go with
- 64. Steps, location of handicap parking. The location of bathrooms and how many handicap stalls are being used by young adults. Also a lot of doors are hard to open when using a cane.
- 65. Can't drive at night.
- 66. Lack of companion
- 67. Distance to work.
- I don't drive at night anymore and I just don't go out and about very often - I'm a "home body"
 - 69. None
 - 70. My age and health
 - 71. Nothing.

- 72. Having available driver to transport [NAME DELETED] to the event, wait for the event to complete, and then take her home. Cold temperatures prevent her attendance along with snowfall.
- 73. Am working full time yet in my profession do not plan on retiring until at least age 72 will continue working as long as I am physically and mentally capable of doing so. Also other activities such as travel, horseback riding, hiking, etc.
- 74. Anything that requires walking very far or standing for a long period of time.
- Doesn't utilize due to language barrier and social issues.
- 76. pain
- 77. none
- 78. DNA
- 79. Rain Snow extreme cold
- 80. Transportation...no valid license, permit only
- 81. Large crowds and difficulty hearing.

- 82. If there is too much walking, or no place to sit down.
- 83. Scheduling/transportation
- 84. inertia or cost of entry, or expected 'donation' sometimes just being too fat to do it physically ... (like installing political road signs)
- 85. Not applicable
- 86. none
- 87. No one to attend with; don't like going solo. Summer heat keeps me from attending.
- 88. I don't drive at night.
- 89. My work schedule
- 90. Busy with work or family schedule.
- 91. Don't have enough time.
- 92. health
- 93. none
- 94. So far this has not been an issue.
- 95. None
- 96. Weather
- 97. Weather too hot, too many people.
- 98. Transportation

19. How safe do you feel in your community?

Very safe	78.8%	193
Somewhat safe	20.4%	50
A little safe	0.8%	2
Very unsafe	0.0%	0
Total	100%	245

20. If you do not feel safe, please explain why:

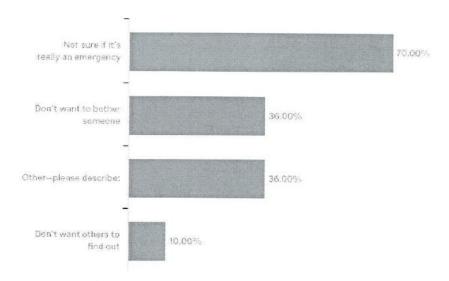
- I live near the pool the pool and many people walk by who are "strangers". I've never seen them before. In days gone by, they were "neighbors" I knew.
- 2. Bullying by other people
- 3. Rural area
- 4. Too many kids with nothing to do, like vandalize and not enough police coverage.
- 5. I tripped on a city sidewalk and until that happened I felt very safe...now I'm a little wary.
- 6. Rising crime
- pervasive drug culture/use Incidents of theft/break-ins locally
- hav to leave my door unlocked so others can gh in; such as meal home delivery &/or EMT's
- 9. Somewhat safe. Have gun will kill.
- 10. We live in a small town and a lot of new people have moved into town we do not know. The news of things that happen in small churches and schools is very bad. How ever we do not stay home because we refuse to live in fear.
- 11. There have been incidents with strangers in yard, in neighbors house!
- 12. People on streets strange looking

- Speeding auto & truck traffic, poorly maintained roadways, scarce sheriff patrols
- 14. At county road.
- 15. I live across from St. Joseph's driveway/parking lot. Kids ride bikes, skateboard, and the pool is just 4 doors down to the pool and Centennial Park. I believe young people (hide) smoke in the trees at St. Joe's south side. If it's cigarettes or drugs, I don't know.
- 16. Do not know many people anymore.
- 17. N/A
- 18. Need enter locks on doors.
- 19. no
- Have had problems with disruptions and threats by drug users/dealers.
- 21. I've had trespassers on my property before.
- Our communities that were once safe, are changing too many people out there preying on those of us in small-town America that trust the good in others.
- Lack of police presence in Rewey, people driving too fast and not attentive--texting while driving, intoxicated drivers are common including ATV/UTV drivers
- 24. NA
- 25. Village doesn't have full time cop pn duty.

21. If there is an emergency, how comfortable do you feel calling 911?

Very comfortable	76.3%	187
Somewhat comfortable	16.7%	41
A little uncomfortable	3.3%	8
Very uncomfortable	3.7%	9
Total	100%	245

22. If you do not feel comfortable calling 911, please explain why. Please check all that apply.



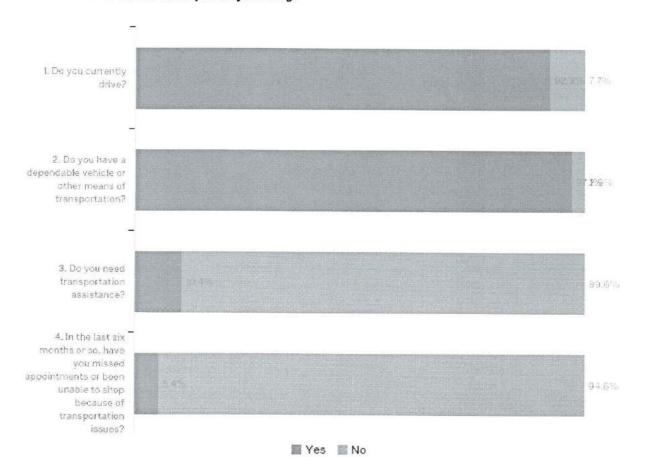
22. If you do not feel comfortable calling 911, please explain why. Please check all that apply.

Not sure if it's really an emergency	70.0%	35
Don't want to bother someone	36.0%	18
Don't want others to find out	10.0%	5
Other—please describe:	36.0%	18
Total		50

Other-please describe:

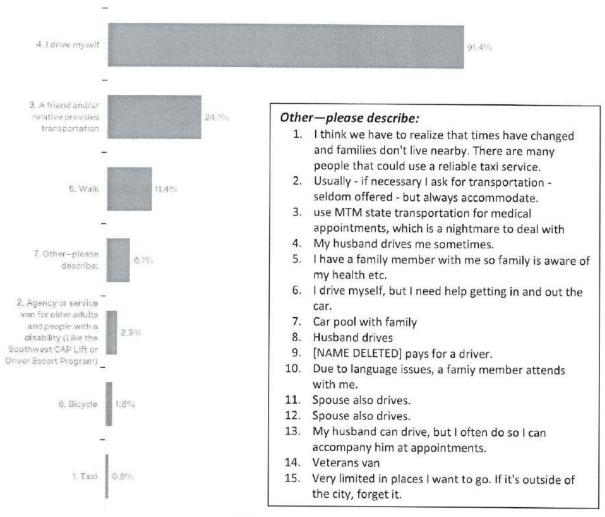
- 1. Cost of ambulance
- 2. Distance
- 3. Town gossip
- 4. Not sure it's the best way to get help in some situations
- 5. Experience with dispatcher who wanted to call me back! Roadway accident--motorbike and deer, severe injuries to rider. Argument over Montfort rescue team or Dodgeville, the latter only 3 miles distant.
- 6. I'm blessed to have 2 dear friends who are my POAs. They've been "by my side" many times.
- 7. My memory, I have dementia.
- 8. Ambulance are expensive count on family or friends.
- 9. Cost of services
- 10. Language barrier-doesn't use the phone. Family checks on me.
- 11. I live in a rural area & need to drive out on the street to make sure I get access with a cell phone if my land line dies for some reason (i.e. no electricity). Not sure I'd be able to drive out to call.
- 12. lack of/poor cell reception
- 13. Distance from emergency medical providers and law enforcement for our community.
- 14. NA
- 15. I live in a remote location. I can get to emergency services faster than they can get to me. Services are too costly. The 911 service I am assigned to is not the one closest to my home and will not take me where I need to go (VA Hospital in Madison WI).
- Response time.
- 17. I called the regular number.
- 18. cost if medical transport needed

23. Please select Yes or No for the following:



23	3. Please select Yes or No for the following:	Ye	s	No)	Total
5.	Do you currently drive?	92.3%	227	7.7%	19	246
6.	Do you have a dependable vehicle or other means of transportation?	97.1%	235	2.9%	7	242
7.	Do you need transportation assistance?	10.4%	25	89.6%	215	240
8.	In the last six months or so, have you missed appointments or been unable to shop because of transportation issues?	5.4%	13	94.6%	228	241

24. How do you usually get to and from appointments, meetings, errands, and events? Please check all that apply.



Percentage

24. How do you usually get to and from appointments, meetings, errands, and events? Please check all that apply.

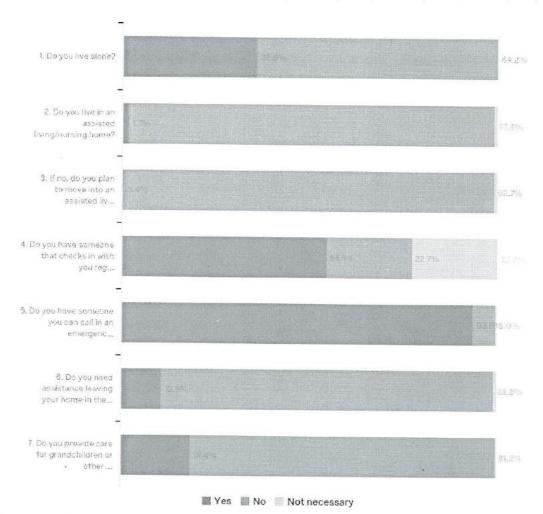
чр	Pry.		
4.	I drive myself	91.4%	224
3.	A friend and/or relative provides transportation	24.1%	59
5.	Walk	11.4%	28
7.	Other—please describe:	6.1%	15
2.	Agency or service van for older adults and people with a disability (Like the Southwest CAP Lift or Driver Escort Program)	2.9%	7
6.	Bicycle	1.6%	4
1.	Taxi .	0.8%	2
Total			245

- 25. Please describe any public places in our community that should have priority parking and drop-off spots for older adults but don't.
 - 1. Not sure!
 - 2. Not sure.
 - 3. Clinic, department stores, bank, gas stations, schools.

- 4. I have a mother that uses a walker and from what I can tell Southwest WI has adequate parking for those whose mobility is compromised.
- 5. Rural Grocery Store
- 6. High school differentiate between handicapped and older adult parking
- 7. Many need handicap parking, but parking is so limited. We go to Dodgeville to the doctor as the parking at the clinic in Mineral Point, even with 2 handicapped spaces is difficult also must cope with a curb and if using a wheelchair is a challenge.
- 8. Main Street businesses
- Main Street Dodgeville there are designated spaces for handicapped parking, but none specifically for older adults.
- 10. Public library
- 11. any place that has handicap parking should be closer to the doors
- 12. any handicap place should spots MUCH CLOSER TO THE ENTRY DOORS
- 13. Can't think of any
- 14. There always seem to be plenty everywhere I go.
- 15. Hair salons, public library, too few handicapped spaces.
- I can not answer this because I have not had a problem myself and I should pay more attention if not for myself, for other people.
- 17. Can't answer
- 18. Merchants parking on Main Street in front of businesses.
- 19. I haven't noticed because I don't need them yet.
- 20. Unaware, since I don't need them yet.
- 21. None
- 22. I'm not sure.
- 23. More at school areas.
- More at schools.
- 25. Some eating places handicap is a long way from doors.
- 26. Priority parking for disabled is good, "able" elderly would benefit from priority parking too.
- 27. High St., Mineral Point Iowa St., Dodgeville
- 28. It would be nice if all pharmacies had priority parking or drop off spots.
- 29. Not sure if any.
- 30. I can not think of a place that should have priority parking based on age alone.
- Can't think of any right at the moment.
- 32. I've never seen public places that have priority parking & drop off for older adults, only for handicapped folks. I think there should be parking for older adults, like what Metcalf has for senior citizens.
- 33. Library, grocery stores, police departments, convenience stores, courthouse, financial institutions, drug stores, restaurants, schools.....all public places. Some of these may already have this. I don't need priority parking or drop off spots yet but many do, and I imagine one day I will too. Communities need to set good examples and step up for older folks!
- 34. Downtown stores and restaurants.
- 35. I don't have a need for this so I really don't know.
- 36. I don't know since I rarely look for them.
- 37. None I can think of
- 38. Home Town Pharmacy in Dodgeville
- 39. lowa County Fairgrounds. Horrible for elderly and handicap individuals
- 40. Dentist
- 41. Not sure.
- Grocery store

26. Please select Yes or No for the following.

		Yes	i	No	í	Not necess		Total
7.	Do you live alone?	35.8%	86	64.2%	154	0.0%	0	240
8.	Do you live in an assisted living/nursing home?	1.7%	4	97.4%	229	0.9%	2	235
9.	If no, do you plan to move into an assisted living/nursing home within the next six months?	0.4%	1	98.7%	228	0.9%	2	231
10.	Do you have someone that checks in with you regularly, at least once a week (via phone call, text, email, or visit)?	54.5%	115	22.7%	48	22.7%	48	211
11.	Do you have someone you can call in an emergency (other than 911)?	93.6%	221	5.9%	14	0.4%	1	236
12.	Do you need assistance leaving your home in the event of an emergency or disaster?	10.6%	25	88.6%	209	0.8%	2	236
13.	Do you provide care for grandchildren or other children under the age of 18?	18.4%	43	81.2%	190	0.4%	1	234



27. What is your home zip code?

53503	8
53506	
53507	37

53516 1
53517 1
53526 4
53533 104
53543 9
53544 8
53553 5
53554 1
53563 1
53565 19
53569 2
53580 3
53582 10
53588 6
53733 1

53588 for mailing purposes only. I live in Dodgeville Township.

28. What is your age?

38	1
50-59	10
60-69	76
70-79	102
80-89	
90–99	7

29. Do you have a condition that affects your mobility?

Yes, all of the time	8.8%	21
Yes, some of the time	28.6%	68
No	60.1%	143
Not sure	2.5%	6
Total	100%	238

<u>UPDATE FOR THE SUN PROGRAM FOR HHS MEETING – NOVEMBER 7, 2018</u>

- 1. Contracts for food providers for 2019 have been sent or given to five of the six providers: Bloomfield Health and Rehab, Lafayette Manor, Hodan Community Services, Viking Café (Blanchardville) and Betsy's Restaurant (Highland). Lafayette Manor and the Viking Café have verbally said there would be no increase. The others will respond by November 12, so this can be considered at the next SUN Board meeting on November 15. The 6th provider, UW Platteville (for Linden) changes pricing on July 1.
- 2. Revised budget was presented to Board on October 18, with projected levy increase from Iowa County of \$14,000. Anticipated increase in federal and State allocations, based on recent additional funds provided of around \$9000. Will be asking for an increase in suggested donation of .50/meal. This will be presented to our PAC committee (Policy Advisory Committee) on November 6. Also included a 2% increase for staff.
- 3. We are working on our Annual Appeal letter and a logo, with the help of Justin O'Brien. This will be mailed to about 400 businesses, individuals, churches and service organizations around Dec. 1. Also looking at other fundraising ideas, such as online donations through our own website, Facebook, etc. and events such as a golf outing.
- 4. September meals served: total of 3643. Iowa 2099, Lafayette 1544. Breakdown is still about 31% congregate, and 69% home delivery.
- 5. Things are going well so far in Highland, with the changeover in ownership of the restaurant there providing our meals. Name change from Grandma's Kitchen to Betsy's. Also still serving Avoca, Monday, Wednesday, and Friday. Driver comes from Avoca on Mondays and Wed; from Highland on Friday.

New contract to end this year with new owner and name.