

	*** Amended Agenda *** Health and Human Services Committee Wednesday, October 2, 2019 at 5:00 PM <u>Health and Human Services Room 1001</u> 303 W Chapel Street Dodgeville, Wisconsin	Iowa County Wisconsin
For information regarding access for the disabled, please call 935-0399.		
<i>Any subject on this agenda may become an action item.</i>		
1	Call to order.	
2	Roll Call.	
3	Approve the agenda for this October 2, 2019 meeting	
4	Approve the minutes of the September 4, 2019 meeting	
5	Reports from committee members and an opportunity for members of the audience to address the Committee. No action will be taken.	
6	Consider resolution on Medicaid Expansion	
7	ADRC Department Update	
8	BLOOMFIELD HEALTHCARE AND REHABILITATION CENTER Department Update	
9	HEALTH DEPARTMENT Department Update	
10	Next meeting date October 30, 2019 @ 5:00 PM.	
11	Adjournment.	
	Posting Verified by: your name or title Date: _____ Initials: _____	

	UNAPPROVED MINUTES Health and Human Services Committee Wednesday, September 4, 2019 at 5:00 p.m. Health and Human Services Community Room 303 W. Chapel Street; Dodgeville, Wisconsin	Iowa County Wisconsin
Item		
1	Meeting called to order by Chair Dan Nankee at 5:00 p.m.	
2	<u>Roll Call was taken:</u> Members Present: Chair Dan Nankee, Joan Davis, Justin O'Brien, Richard Rolfsmeyer and Bruce Paull Others Present: Larry Bierke, Jeff Lockhardt, Tom Slaney, Paul Ohlrogge, Valerie Hiltbrand, Sue Matye, Steve Deal, Mel Masters, Ron Benish and Nohe Caygill.	
3	<u>Approve the agenda for this September 4, 2019 Meeting:</u> Motion by Davis to approve the agenda for this September 4, 2019 meeting. Seconded by O'Brien. Aye: 4; Nay: 0. Motion carried.	
4	<u>Approve the minutes of the August 7, 2019 Meeting:</u> Motion by O'Brien to approve the minutes of the August 7, 2019 meeting. Seconded by Rolfsmeyer. Aye: 4; Nay: 0. Motion carried.	
5	<u>Reports from Committee members and an opportunity for members of the audience to address the committee. No action will be taken.</u> Paull reported that the Southwest Wisconsin Fall Mental Health Matters Summit is being held at Sinsinawa Mound Center on Thursday, October 24th from 9:00 a.m. to 3:30 p.m. Hoping about 50-70 people from Iowa County can go and learn what is there and how they can help. They are looking for anyone in the community with stories regarding mental health/substance abuse. I felt it was very informative last year and shows how different organizations are working together to get things done. There was a meeting held where five counties came and reported what they are doing, how they are collaborating and what they are doing to find solutions to the problems. One of the problems that came up is that the police department did not know what to do, they have procedures but the best thing they can do right now is take them to jail and lock them up. Another issue that came up is that they do not want to take, for example, a 6-year old child to Winnebago. Paull said he was told that Grant County is thinking of taking juveniles to Sinsinawa versus Winnebago. Paull is pursuing this route and had spoken with Howard Marklein regarding this and foster care/child care but unfortunately is not in Marklein's district. Ohlrogge said the whole mental health matters approach is to identify the gaps where youth/adult fall through the cracks and looking at alternatives than going to Winnebago, as it is very costly to transport and can bankrupt a department. Davis asked if there is a program in place to take kids to Sinsinawa right now. Lockhart stated that his understanding is that there is a two-year timeline in the terms of looking at the feasibility of this route. Slaney mentioned that there is a Niatx group working independently within the five counties looking into how we can do this process better. Davis asked how many school districts are involved in this. Slaney said that this grant, unfortunately, just focuses on adults. Each county is doing some of their own things and heading in their own direction. There is a steering group that overlooks the whole grant but there are different county grass roots organizations that are directing what activities that happen in each county. In Iowa County, we are looking at associational mapping. Lafayette County is doing a magnificent job with "making mental health matters" more public awareness and reduce the stigma. Paull said staff is doing a lot. Lafayette County did not have the hospital when it first started and then decided they had to have them at the table. Slaney stated Iowa County 3 tiers -- substance/prevention, continuum of care, associational mapping (finds partners, outlets). O'Brien is there no infrastructure. Slaney stated unfortunately no when the grant was written it was focused on adults not juveniles. Nankee there is an article regarding Ruth Schriefer (UW Extension) accepted a new role in Madison. Another article regarding Historical society in Mineral Point 1st Annual Roots and Blues Festival with a picture of Justin O'Brien. Article regarding the HeART Coalition celebrating National Senior Citizens Day. In the State Journal there was an article about more libraries bringing social workers on staff.	
6	<u>Discussion on Second Quarter Financial Statements.</u> Nankee questioned \$72,000 left for the Health Department and if you will make it until the end. Matye	

	replied yes. ADRC \$191,000 left, Slaney said we have the ability to capture federal draw down funds and have potential for more income. Nankee asked about the capital nursing planning \$50,000. Bierke said yes it is still there and will be used but haven't gotten the bill yet. Bloomfield Healthcare and Rehab is in the negative but Krutchen is attending her grandmother's funeral so not available at this time. Very close to 46% that we want for revenue, and very close with expenditures.
7	<u>Discussion of HHS department budgets.</u> Slaney stated that this was a document that was sent to the county administrator by the Finance Department and strictly preliminary. These are the requests that were made and could change dramatically. Every department is different some may be 1 page others may be 6 or 7. Unified – Lockhart reported \$300,000 set aside annually for Winnebago costs was reached by June. The last 5-6 years even though we have been budgeting for the \$300,000 the actual cost is \$430,000 per year. From 2010 to the present, 3% inflation would bring us almost to where it is today. The bottom line is \$300,000 a year for Winnebago is not realistic and \$430,000 is more of what the actual cost is. Davis how many people is that helping. Lockhart it is not based on people, it costs \$1,100-\$1,400 per day. The trend in the past is there were only a few people but longer stay. These days it is the opposite, more people shorter stays - this year with the meth use and it causing people to be psychotic. Medicaid covers people under the age of 21, people between the ages of 21-64 and do not have insurance or cannot go to private hospital go to Winnebago. UW Extension – Ohlrogge the 3.1 increase is our contract and staff fees. We will have some savings coming back since Ruth's fee will be 60% instead of 100%. Bierke asked if there would be any additional staff. Ohlrogge says there is a possibility to work with four counties (Lafayette, Green, Iowa and Grant) to share the position for a regional water specialist. In 2020 there would be no cost, 2021 it would be about \$9,000/year for each county and the rest would be covered by Madison. The outcome of having this position would be better water. Rolfsmeyer said in the Wisconsin State Journal talked about the assembly ag committee forwarded some bills today one that includes funding from 2 UW Extension farms succession planning positions. Ohlrogge said they also will be offering training and 1 of our ag educators will be going through training. There is a need for succession planning. Jackie McCarville from Highland, the ag educator in Green County, will be going through the training. Rolfsmeyer asked if these will be state positions, Ohlrogge believes they will be but also training people like Jackie. Social Services - .4% increase – Slaney reported adding a position. Previously I had given a presentation where we were asking in the budget for additional money. \$25.5M was allocated to Department of Children and Families. Right now they are deciding how they are going to allocate the money per county. At this time they want to change the formula in which they allocate it out to something based on children's poverty level for each county. What I budgeted for was additional \$100,000 as revenue. Looking at how I can help my staff do their jobs, establishing supervisor to worker ratios, and alleviating some of the work on their plates. Each worker has multiple roles they do not get to specialize in just one thing. We have to have an access worker to field calls that come in and take some of the other programs such as Coordinated Service Team and Children's Long Term Support. Even with the \$100,000 I asked for an additional \$6,500. These are preliminary numbers at this time. Nankee are you short 2 staff? Slaney said we did reduce our staff when Jeff left and are now looking to add one back. Just to clarify, Davis asked if being down by 2 means if you add in the new position then that person would be working specifically in the Children and Family cases. Slaney stated yes that position would be in Klusendorf's department. Veterans Services – Nankee stated is up 2.4%. Health Department – minus 10.7% - Matye said it is complicated to budget because not everyone runs from January to December, some are July to June. We receive grants like the Heart Grant. We did get money this year that we were not aware of like the Opioid Grant. Took on the role as the Fiscal Agent for our Health Emergency Readiness Coalition in our southern region. They deal with a lot of money in different parts of the year and we will see some benefit from that/income from that. There are many variables. ADRC - Down 1.8% - Slaney said we reduced expenditures like transportation, staff mileage, adjusted driver escort programs. We have also shown additional revenue by claiming more federal dollars. Nankee said that in-kind doubled from the year before. SUN – included in the ADRC budget and from what Slaney understood would be the same as last year. Bloomfield - Bierke said the budget just came in and thought it might be good to have Bloomfield attend the next meeting. Bierke explained there are many demands in other departments this year specifically the law enforcement area. Additional hours are going to be added to different departments, which will need to be reviewed. Bierke stated his job is to produce a

	budget that uses allowable levy unit. Right now, expected to exceed \$900,000 over budget, which is the same as other years and the question is how we do it. Every year it is a challenge. As of right now, we do not know what health insurance and class comp are going to be. Slaney said that usually is in contingency budget. Each budget is looked at individually and then decided on the priority of the county and how it is best to accomplish the goals we have. The Executive Committee is where the budget is presented and this is where department heads can come if they dispute Bierke's decision.
8	<u>Discussion on Medicaid Expansion resolution (no action to be taken).</u> Slaney presented. Lockhart and I are a part of southern regional directors meeting, included in your packets is Juneau County's Resolution. We would like to gauge your interest whether you would like us to put a resolution out there for this committee to pursue. The data I found was from Juneau County. I was looking for supporting documents to share with you that is apolitical. The only data I found was from Governor Evers budget. Slaney said how many Iowa County residents will this will affect, 272 residents. Bierke asked what Grant County's reaction was when it was brought to them and Lockhart said they could not reach a second. O'Brien said this is a humane effort, if we do not accept the money we are just leaving it on the table. Rolfsmeyer agreed with O'Brien and said my understanding is the Medicaid Expansion takes us from 100% poverty eligibility to 138. Many programs, like school lunches does not use poverty rates 185% and 135% of poverty the same as WIC, the precedent of going beyond 100% poverty is something we all live with. My only question is what is the downside to taking this money? O'Brien there will always be people that find a way to beat the system but we are punishing people that do need this service if we do not take the money. Slaney said the question is do people know what is 100% poverty level, it is about \$12,000 for a household of 1, which are very low income individuals. Paull you have to have, for example heat and insulation, only 10% of Iowa County's population is making enough money. Need to increase funding for providers. People that need to go to the doctor do not go because they cannot afford it. When is the best time to put this in place, the next budget round? Slaney stated we are paying for it already but we just aren't receiving the benefit, the resolution does not require Wisconsin to match any dollars. Matye said that there are bigger groups that support the resolution like Wisconsin Public Health Association. Lockhart said in the mental health aspect they have to serve people insured or not, for example Winnebago costs \$1,100 - \$1,400 a day versus insurance paying for the hospital or private pay. Benish stated it needs to be on record, the committee should make a motion for Slaney to draft a resolution. If the committee passes the resolution, the next step is bringing it to the Board. Davis stated she would like to make a motion to direct the Social Services Department to draft a resolution to support the Federal Medicaid expansion, similar to the Juneau County's, and bring it back to the committee at the October 2nd meeting. Rolfsmeyer seconded the motion. Aye: 4 Nay: 0.
9	<u>ADRC</u> Hiltbrand presented. The Health and Wellness Expo is Friday, September 27th in which we collaborate with Upland Hills Health. We anticipate over 40 vendors. Last year there were over 250 people that we had through the door, this year we are hoping for 275 or more. There will be flu shots and other health screenings, bingo by Bloomfield and at the end day, we will finish with a meal from SUN. It is a great opportunity for vendors to connect with each other. Regional ADRC topic is focusing on health equity. Local and regional board is focusing on outreach to the Hispanic community. Focused information to us from the state level on how we may be missing an opportunity there. Hopefully we will be working with the free clinic and multicultural outreach program and learning a lot of things that Iowa County already has going on and things we can tap into. Another thought process we have heard from the state is not only to focus on next 3-5 years but also what aging looks like for people who are in their 30s, 40s, and 50s. How we can help them bring some groups together to talk about what that is going to look like, what people are expecting and what they want. Regionally also working with the Dementia Crisis Stabilization Team, that Green County took the lead on and applied for that grant and was awarded and Pleasant View Nursing Home will have a Dementia wing. This will help in a crisis for people to be stabilized before going back out into the community or the setting that they came from. Staff will be able to work on assessments, treatments (medications, physical issues), education and support before discharging the individual. Slaney stated at this time with this population we cannot ED. We need these specific facilities for this issue. Hiltbrand said the goal is to have the six-bed unit up and running by next fall. At this time, there are three groups: one for the reconstruction/remodel of the building, one working on policies for keeping the

residents safe and one working on long term funding. This is a collaboration of Grant, Green, Iowa and Lafayette counties. O'Brien asked if there would be room for growth. Hiltbrand said probably not in this facility right away. The challenge will be making it economically stable. Nankee asked if this would be for younger people as well not just elderly. Hiltbrand said that individuals 18 and older could be in a nursing home if they meet the requirements. Davis asked if the six beds sat empty would they just not staff that area. Hiltbrand said potentially it could and goal is for it to be a short-term thing. Pleasant View is very passionate about this and want their staff to be educated/trained for their safety along with the residents. Hiltbrand reported that the new transportation programs started in August. The taxi will run 5 days a week. Monday and Tuesday will be rural areas, Wednesday and Friday will be Dodgeville and Thursday Mineral Point. The bus goes three days a week but there are private options such as LIFT. Hiltbrand said anyone can call and we will help him/her figure out his/her best option for transportation. Slaney added that we are promoting transportation the best we can with doing outreach, but like anything else, it just takes time to get started. Paull asked if it was correct that the first week there was no one who used the taxi in rural areas. Slaney and Hiltbrand said they believed there was 1 person that rode the rural tax and 1 for the Mineral Point taxi. Davis said there were concerns expressed at last county board meeting, has anyone had a chance to address these. Slaney explained the bus went from a 5 day to a 3-day system, which caused fewer opportunities for some individuals. One thing we have found is that we have fewer people riding the bus, approximately 5 or less people and are usually the same group. The cost to run the bus per person, per trip is high. Some people do not like change and that has to do with some of the complaints. For a period, our bigger bus was not working, as it needed extensive work done with the air conditioning system and front end. It is hard to justify running a bigger bus, which holds 14 people versus the smaller bus, which has a capacity to hold 11. Question was brought up about walkers, wheelchairs, and room allowed for these items. It was found that there was sufficient room just not the amount of room that the individuals would like. We have applied for a grant for a smaller bus but the federal government is cracking down on these types of grants making it a difficult process. For example, Lafayette County had 3 buses, each a different size and only 1 driver so the government is questioning the need. Bierke asked about the cancellation policy. Slaney said there are some procedures would be going to ADRC Committee. Bierke asked if there was an option when purchasing a bus on the seat size or could a cushion be used. Slaney stated the Chairman indicated to me that it is a rough bus as well. We looked into having it retrofitted with an air ride system and it is cost prohibited. We are purchasing off a state contract the options are limited. Slaney said that it would be a liability issue if we provided seat cushions to individuals. Davis asked if the bus is cancelled because of numbers, is there an alternative given to the riders. Slaney said no there is not at this time. Hiltbrand said there are many routes done more than one time throughout the month. At a customer service standpoint, we are trying to make sure individual needs are being met along with social needs. Slaney explained we don't be in competition of ourselves, so bus rides are outside the county and the taxi is in the county. Hiltbrand stated on November 19th there will be 13 counties working together to put on a Regional Veterans Resource Fair at the Alliant Energy Center. Paull asked how many people attended the caregiver events. Hiltbrand said there were 18 in the morning session and 12 in the afternoon session not including staff.

10

Health Department

Matye presented. Substance abuse prevention activities – the Health Department is taking the lead on the subgroup for prevention. One activities that we are sponsoring is Substance Misuse Panel on September 25th from 5:30 p.m. to 8:30 p.m. This is an event open to the public to create awareness and reduce stigma in Iowa County. The panel is made up of local individuals sharing their personal stories regarding addiction and recovery. We do have active participated with school counselors but mainly in Dodgeville right now. On October 16th, Mineral Point High School will be hosting a nationwide motivational speaker, Tony Hoffman. The presentation is approximately 70 minutes and is made possible by the opioid grant we received. Iowa-Grant, Pecatonica and Highland schools grades 7-12 will be bussed in to Mineral Point. Dodgeville School District opted to do their own event, which will take place after he leaves Mineral Point. 300 empty spaces in the gym for public officials, committee members, and the public. The HeART coalition hired coordinator and educator Geena Shemak from Highland, who is featured in August 22nd article in the Chronicle. We looked at purchasing, with grant funding, benches to place in each community with the heart logo. A bench is a good marketing tool, a conversational piece and even be used as a physical aid.

	She will be working on contacting someone from the 11 communities to place the benches. For emergency preparedness, we are going into schools next month to offer flu shots. We will be attending a workshop in Madison on September 26th for closed points of dispensing. If there was a need for vaccinations or for example an anthrax situation where you would need oral medication dispensed to a mass group of people very quickly there are two different ways. One is a closed pods which would be for businesses/schools and only the people in those locations would have access to that. Another way is an open pod which is for the public and may have long lines. If businesses develop a plan and identify themselves as a closed pod then we can work with them and it would be vaccinations for the employees/families. This workshop is to help develop these plans. We are also working with social services on a family assistance center plan. For example, if there was a mass casualty shooting. We want to have a safe, organized environment for families to come for information. We will be looking at other counties plans and coming up with one for Iowa County. Rolfsmeyer stated he seen that the State Ag Department through the farm center has vouchers for farmers, who are experiencing mental health distress. The vouchers are to pay for an hour of counseling and he was wondering if we participate in this. Lockhart has not had that come across yet. Nankee asked about whooping cough. Matye said it is not the disease of the day, measles and the flu are. The state is offering the Hepatitis A vaccine for preventative measures for the jail. Hepatitis A is spread orally and through fecal matter. Sharing toilets put them at a higher risk. There has been a huge outbreak in Minnesota but we are not currently experiencing this. Other counties are moving forward with the vaccine, but the Health Department is not who the jail contracts with so Matye will have a discussion with Steve Michek.
11	<u>Unified Community Services</u> Lockhart presented. Unified is reapplying for 2 grants, the opioid grant for another year and the medical assisted treatment for people in jail opioid use. We have reached out to SWCAP and they are looking at expanding their LIFT program to a 24hr program. We are looking into having a male sober housing in Dodgeville, as there is a female house already. When hiring providers in the emergency services position we have had over 100 applicants. When hiring for a substance abuse counselor, we have had only 2 applicants. The question is does substance abuse treatment work. At the 1-year mark, little more than ½ relapse, 2-year mark 40% will relapse, 3-year rate 86% will recover from substance abuse. We need to keep in contact with people up to the 3-year mark for best results. Paull asked if Unified is involved with peer support. Lockhardt replied that we do not employ them but we interact with them. We overlap with in things like sober housing. Peer support does not do counseling but helps with resources. Davis asked what DBT stood for. Lockhart said it is Dialectical Behavioral Therapy, which is created for people that have borderline personality disorder. So people that are very emotionally unstable, often suicidal and high utilizers of emergency crisis services but most of the time sending them to hospital is counterproductive. We sent 4 therapists to the initial training and will hopefully have a DBT group. Davis there was another acronym I had a question about. Lockhart said it is the Medical Assisted Therapy Jail Grant. I had spoke about where individuals in jail received the injection 5 days before being released. The reason being is that they are more than likely to die of overdose the first two weeks out of jail, like 42 times higher.
12	<u>Social Services</u> Slaney presented. Wisconsin County Human Service Association will be having the County Board Member Seminar on October 16th in Stevens Point from 9:00 a.m. to 3:00 p.m. A free lunch will be provided, at this time I only have a rough draft agenda but they will be talking about human services programs, relationship with state agencies, human services funding, cross county collaboration, regional partnership in regards to access. If anyone is interested when I get a final agenda, I will send it out. Secure residential care centers for children and youth that will be replacing Lincoln Hills are in these four counties: Brown, Dane, Milwaukee and Racine. Only Dane and Brown are going to accept regional, Milwaukee going to serve its own. Our only options would be Dane and Brown if approved. There is not sufficient funding to approve them all. Rolfsmeyer asked if the bulk of young people that would use this facility are from Kenosha, Milwaukee and Racine area. Slaney said yes that approximately 85%. We currently utilize Lacrosse and Dane for secure detention. On August 4th, a public hearing was held by Lockhart and I to gather input for budgeting purposed but we didn't haven't any public participation.
13	Next meeting date October 2, 2019 at 5:00 p.m.

AGENDA ITEM COVER SHEET

Title:Resolution Supporting Medicaid Expansion

☒ Original

☐ Update

TO BE COMPLETED BY COUNTY DEPARTMENT HEAD

DESCRIPTION OF AGENDA ITEM (Please provide detailed information, including deadline):

A resolution supporting accepting Federal Medicaid expansion dollars

RECOMMENDATIONS (IF ANY):

ANY ATTACHMENTS? (Only 1 copy is needed)

☐ Yes

☒ No

If yes, please list below:

Information sheets were distributed last month

FISCAL IMPACT:

see information sheets distributed last month

LEGAL REVIEW PERFORMED:

☐ Yes

☒ No

PUBLICATION REQUIRED:

☐ Yes

☒ No

PRESENTATION?:

☐ Yes

☒ No

How much time is needed?

COMPLETED BY: Tom Slaney/Jeff Lockhart

DEPT: Social Services and Unified Community Service

2/3 VOTE REQUIRED:

☐ Yes

☒ No

TO BE COMPLETED BY COMMITTEE CHAIR

MEETING DATE:

AGENDA ITEM #

COMMITTEE ACTION:

RESOLUTION NO.:

A RESOLUTION SUPPORTING FEDERAL MEDICAID EXPANSION

TO THE HONORABLE IOWA COUNTY BOARD OF SUPERVISORS:

WHEREAS, all people deserve the opportunity to live in a State that creates conditions for everyone to be healthy; and

WHEREAS, public policy should strive toward the elimination of health disparities; and

WHEREAS, it is essential to provide healthcare coverage to the State's most vulnerable populations; and

WHEREAS, accepting Federal Medicaid expansion dollars will provide coverage to more than 82,000 Wisconsin residents living between 100 and 138 percent of the Federal poverty level, of which an estimated 272 are Iowa County residents; and

WHEREAS, an analysis undertaken by the Department of Revenue shows that, by Federal Fiscal Year 2020, Wisconsin residents will pay an estimated \$1.01 billion a year in Federal income taxes to support Medicaid expansion in the 37 states (including the District of Columbia) that have already extended Medicaid coverage, while Wisconsin is not currently reaping the benefits of Medicaid expansion; and

WHEREAS, it is essential to also support State and Federal investment in programs including Birth-to-Three, public health prevention, behavioral health services, crisis intervention, dental services, services to new mothers, long-term care programs, services to disabled children, and other opportunities that build a healthier Wisconsin; and

WHEREAS, accepting Federal Medicaid expansion dollars generates \$324.5 million in savings to the State and an estimated \$6 million for Iowa County, and;

WHEREAS, the \$324.5 million in generated savings by the State could be invested back into additional needs such as increased funding for rural hospitals, clinics and physicians, lead poisoning reduction, tobacco cessation programs, economic support services, and care coordination for social determinants of health; and

WHEREAS, health and human services departments across Wisconsin believe the State has an exciting opportunity to invest in programs that will have a significant, positive impact on Wisconsin and Iowa County citizens.

NOW, THEREFORE, BE IT RESOLVED, that the Iowa County Board of Supervisors urges the State legislature to accept Federal Medicaid expansion dollars made available by the Affordable Care Act.

BE IT FURTHER RESOLVED, that the Iowa County Clerk is directed to send a copy of this Resolution to Representatives Todd Novak, Sindy Pope, David Considine, Travis Tranel, Senators Howard Marklein, Jon Erpenbach and Governor Tony Evers.

Respectfully Submitted,

IOWA COUNTY HEALTH & HUMAN SERVICES COMMITTEE



ADRC Manager's Report:

October HHS Meeting

ADRC Activity

A Medicare Made Clear Presentation was held on 9/19/19 at the Barneveld Library by Stacey Terrill, our Elder Benefit Specialist. Six people attended.

The Iowa County Health and Wellness Expo is scheduled from 9-noon on Friday 9/27/19 at Hidden Valley.

We have over 40 vendors signed up. Last year, we had over 250 community members attend.

Boost Your Brain and Memory is running from August 12th through October 7th at the Montfort Community Building from 5-6:30pm. We have 15 participants in this program.

The Rural and Mineral Point Taxi has begun! Please help us spread the word. The community is showing interest and people are starting to ride.

There will be a Volunteer Driver Recruitment Event at the Dodgerbowl on October 1st at 5:30. This will be an informational meeting, geared toward recruiting new volunteers.

Continued: A four county workgroup is working on facility upgrades for the location of the Dementia Crisis Stabilization Unit at Pleasant View Nursing Home in Monroe, WI. Other focus areas include policy, State and Federal Nursing Home regulations, and continued funding of the unit. These meetings take place every other week and involve Department of Health Services staff as well as participation from the four counties.

Powerful Tools for Caregivers begins October 2nd at the HHS Building. There are still a few spots left. This is a partnership with UW-Extension.

Reminder of Part D Season, which runs October 15th through December 7th. Our Elder Benefit Specialist and Disability Benefit Specialist will assist consumers who want help comparing prescription drug plans. There have been changes to the online plan finder so our benefit specialists will be spending additional time with each consumer to help make the process go smoothly. In September, Benefit Specialists used MIPPA grant to provide some Medicare Savings Program outreach:

Direct Mailing to Barneveld and Cobb residents

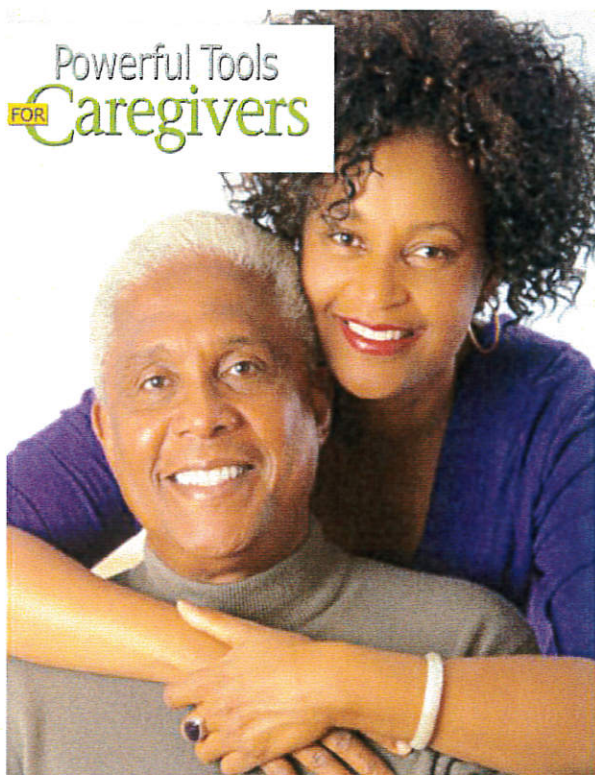
Colored advertisement in the Dodgeville Chronicle and Mineral Point Democrat

There will be a Let's Talk about PAIN Medicine presentation on Friday, October 25th at 10:30 at the Barneveld Library. This is partnership with Wisconsin Health Literacy Institute.

There will be a Regional Veteran Conference/Resource Fair will be held at the Alliant Energy Center on Tuesday 11/19/19. This is a partnership ADRCs spanning 13 counties, the VA Hospital and the County Veteran Service Offices. This is geared towards Veterans of all ages, their caregivers, family or friends. Transportation is being offered.

Respectfully submitted,

Valerie Hiltbrand, ADRC Manager
ADRC of Southwest Wisconsin
303 W. Chapel St.
Dodgeville, WI 53533
Telephone 608-930-9835



I don't think of myself as a caregiver.
I'm his daughter. He needs me. And because he needs me, I know I need to take care of myself. Powerful Tools helped me do that.

There's a Powerful Tools for Caregivers workshop starting soon near you!

Health and Human Services Center

**Conference Room 1001
303 W. Chapel Street
Dodgeville, WI 53533**

**Wednesdays
October 2, 9, 16, 23, 30
and November 6
10:00 to 11:30 a.m.**

**Contact the ADRC to register:
(608) 930-9835**

Caregiving is rewarding.

But it can be challenging too.

Caring for someone with an injury or illness — such as dementia, cancer, heart disease, Parkinson's disease, stroke or others — can be physically, emotionally and financially demanding.

Taking care of yourself is important.

Powerful Tools for Caregivers (PTC) can show you the way!

What is Powerful Tools for Caregivers? And why should I take it?

Powerful Tools focuses on **your** well-being. The class meets once a week for six weeks and has been studied and shown to help family caregivers:

- Reduce stress, guilt, anger, and depression and improve emotional well-being
- Manage time, set goals, and solve problems
- Master caregiving transitions and be part of decision-making
- Communicate effectively with the person needing care, family members, doctors, and other helpers
- Find and use community resources

SOUTHERN WISCONSIN VET CON 2019

COMING SOON: **TUES NOVEMBER 19TH, 2019** | 8:45 AM – 2:30 PM

Alliant Energy Center | 1919 Alliant Energy Center Way, Madison, WI

Who Should Attend: Veterans, their families and friends

9 AM Opening Ceremony and Official Welcome

Speakers on the following topics:

- ❖ Pension with Aid & Attendance and Survivor Benefits
- ❖ Travel resources to VA appointments and other community based resources
- ❖ Service-Connected Disabilities to include Presumptive Disabilities
- ❖ Caregiver and Dementia information and resources
- ❖ Mission Act updates and VA eligibility
- ❖ DNR – licensing, permits, and accessible parks and recreation
- ❖ Service animals and emotional support animals
- ❖ Adaptive sports and alternative whole health therapies

To register: call the ADRC of Southwest Wisconsin at (608) 930-9835 or visit our Dodgeville Office at 303 West Chapel Street, Dodgeville, WI 53533

- ❖ Must be registered to receive lunch
- ❖ Transportation may be provided; please ask when registering regarding transportation

Deadline to register is November 1st, 2019.

Participating County ADRCs:

Dane, Rock, Jefferson, Dodge, Columbia,
Green, Grant, Iowa, Lafayette, Sauk,
Richland, Juneau, and Crawford



**REGISTER
TODAY**