

State of Wisconsin County of Iowa	APPROVED MINUTES OF THE ADRC OF SOUTHWEST WISCONSIN, IOWA COUNTY BOARD MEETING HELD TUESDAY, MARCH 22, 2022 at 10:00 a.m. HEALTH & HUMAN SERVICES CENTER, 303 W. CHAPEL ST., DODGEVILLE, WI 53533	2022-02
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Item		Index
1)	Vice-Chairperson Ladewig called the meeting to order at 10:00 a.m.	Call to Order
2)	Roll Call – Members Present in Community Room: W. Michael Britt, Dianne Evans, William Ladewig, Jeremy Meek, Marilyn Rolfsmeyer, and George Swamp. Members Present Remotely: Nancy Clements, Lori Fisher, Elsie Jane Murphy, Justin O’Brien, and J. Patrick Reilly. Excused: Kathy Elliott, Lynn Munz, and Susan Schroeder. Others Present in Community Room: Cecile McManus, Valerie Hiltbrand, Brittany Mainwaring, Nikki Mumm, and Joan Davis. Others Present Remotely: Jenny Huffman, Renae Kratcha, and Marylee Oleson.	Roll Call
3)	Approval of the March 22, 2022 Agenda. Motion by Britt and seconded by Evans to accept the agenda. Motion carried.	Agenda Approval
4)	Approval of the January 25, 2022 meeting minutes. Motion by Britt and seconded by Evans to accept the meeting minutes. Motion carried.	Meeting Minutes Approval
5)	No comments.	Members of audience address Committee
6)	Nikki Mumm, Business Manager, presented. Report provided. Ladewig noted spending more than brought in. Mumm said we just received money for January and February from Green County. Unable to submit expenses to GWAAR (Greater Wisconsin Agency on Aging Resources) right now but they are letting us use some of our grant money to cover employee costs to deliver meals for SUN.	Monthly Financial Summary
7)	Brittany Mainwaring, ADRC Specialist and Wellness & Prevention Coordinator, presented. Hosting Stepping Up Your Nutrition program next week at Hidden Valley Community Church. It will be approximately 2.5 hours. Poor nutrition increases risk for falls. Malnutrition can have many causes and effects. In Wisconsin in 2020, 13.9% older adults were food insecure. Four main subjects discussed. This workshop segues into talking about our falls prevention workshop called Stepping On, which is seven weeks long. In April, the ADRC is offering Stepping On in Mineral Point. Gave examples of amounts of protein needed at each meal based on weight and age. Mentioned Stand Up and Move More workshop as well. O’Brien asked that the flyers be made available by pdf. He asked if it is true that you need more protein as you age. Mainwaring confirmed you do need more protein as you age. Murphy mentioned that she has taken Stepping On and it is excellent. Mainwaring would like to host in another community. Ladewig suggested she present at other SUN meal sites. Ladewig asked if supplements are discussed during this workshop. Mainwaring said this program does not discuss supplements but focuses on eating right. Stepping On has a small segment on the body absorbing supplements. McManus joined the discussion of vitamin deficiencies. Boost Your Brain & Memory workshop discusses other foods that are good for memory. Focus is on food rather than supplements.	Stepping Up Your Nutrition
8)	Hiltbrand presented an update. They have been meeting with the Maintenance Department, Veterans Service Officer, and County Administrator. Draft policy is in place and may go to county board this month for review and approval. Designated phone number most likely will change. Work together to keep program in the county.	

	The Draft policy states that this program be offered to only Iowa County residents. Maintenance will continue to be involved in making sure equipment is in good working order and safe. Evans asked if anyone from Bloomfield is still involved. Hiltbrand said they are still operating the program. Jeff Lindeman, VSO, will be running the program with assistance from Maintenance and the ADRC. We do not have the storage space for it in the HHS Center. Currently stored at Bloomfield Healthcare & Rehab. Ladewig asked that it be included in the newsletter and on the website when details are ironed out. Rolfsmeyer asked if we would collaborate with the hospital when a hospital patient is released and they need something from the loan closet. The ADRC does that now and will continue to do so. Ladewig acknowledges there are well over 1,000 pieces of equipment. Fisher asked how many residents remain at Bloomfield. As of 3/16/22, six residents remain per Hiltbrand. Employees who worked for Maintenance at Bloomfield are shifting offices to other county buildings.	H.E.L.P. Review
9)	Review Department Reports: SUN (Seniors United for Nutrition): Cecile McManus, SUN Director for Iowa and Lafayette Counties, presented. Debbie Schaaf was hired for the Dodgeville site manager position. Iowa County employees have been helping deliver meals for SUN. Three of the ADRC board members are drivers for SUN as well. Jay Loop is retiring and a new hire is starting on Tuesday, 3/29/22. Transitioning from Bloomfield to Law Enforcement Center for meal provision. Bloomfield's last day providing meals for SUN is April 1. Summit Management Co. will be managing the kitchen at the Law Enforcement Center. Joan Davis mentioned the Dodgeville dining site is small. Is that the same everywhere? McManus said Benton is their largest site at 10-11 participants. Core group in Dodgeville is 5-8 people. Davis said folks seem lonely and there are some that would benefit eating at the site instead of home. Socialization is such a key factor. Hiltbrand said she attends many meetings about nutrition and socialization. People are attending congregate sites less and less and opting for home delivery. O'Brien completely agrees and mentions that COVID is still out there and don't let down your guard. Be cautious. Ladewig told McManus to talk to Larry Bierke about money from Campbell Fund (leftover from Bloomfield). EBS (Elder Benefit Specialist): Report provided. Renae Kratcha presented. 30 new clients last month. Social Security is behind about 2-3 months in processing claims, therefore Medicare Part B and Retirements are delayed. Clients are receiving notices for overpayments and they are being asked to pay it now. They are requesting Waivers to give them more time. IRMAA is an income-related monthly adjustment amount and it is an extra Medicare cost added to your Part B and Part D premiums. The SSA determines whether you are required to pay an IRMAA based on the modified adjusted gross income reported on your IRS tax return from two years prior. If your AGI was \$182,000 or less for a joint tax return, you are ok. If it is greater than that, you have to pay more than the standard \$170.10. Kratcha is seeing many retirees filing for social security and Medicare. Ladewig asked if the ADRC is giving tax help. Oleson told the board that the ADRC assists customers schedule appointments with the AARP Volunteer Tax Aides. Both Dodgeville and Spring Green sites are full. Approximately 300 appointments were filled this season. I&A (Information & Assistance): Report provided. Jenny Huffman presented. Discussed the report. No comments. ADRC Transportation: Report provided. Mumm presented. Told everyone that Paula Daentl is leaving and going to the courthouse to take a newly created position in finance. Her last day is April 4. Nohe Caygill is being trained to fill-in until the position is filled. Our volunteer banquet will be at noon after the board meeting on	Review Department Reports

	4/26. Ladewig noticed the Care a van still is not running. Mumm said there would be a meeting this Thursday to discuss bus options. Ladewig would like to entertain a motion to thank Daentl for all her hard work over the years. Rolfsmeyer made the motion, seconded by Evans. Motion carried.	
10)	<u>ADRC Manager's Report:</u> Valerie Hiltbrand presented. • COVID - Iowa County numbers are eight new cases from 3/9 to 3/15. • Iowa County Disability Benefit Specialist (DBS) starts on 4/4. • Lafayette County is struggling with open positions. Only three people in the office and one has just submitted their resignation. • Looking for Leaders in Prevention programs. In-depth trainings are offered. Great experience. Commit to lead class once or twice a year. • Virtual Yoga in ongoing. Stepping On in Mineral Point in April. Boost Your Brain & Memory and Savvy Caregiver are virtual workshops, which are open to everyone in Wisconsin. • Marketing push for volunteer driver escort, Sun meal delivery, workshop leaders, and volunteer guardians. Radio and newspaper advertising. Murphy asked the flyer to be sent via email or postal service. Ladewig – do we contact houses of faith concerning needs? Yes. We have been in contact with Iowa County churches. Ladewig, do we maintain a list of persons to directly contact? No because it becomes outdated very quickly. • Two open ADRC Board member positions. Lori Fisher fulfilled her two three-year terms. County Board will fill the open supervisor membership position. Murphy, Reilly, and Evans first term is expiring. All three said they would fill another three-year term. Advertising in newsletter. Must be Iowa County resident. <u>Advocacy Updates:</u> • Transportation available to rural Iowa County residents to voting sites on 4/5. • Aging Advocacy Day will be virtual again this year. Great experience and worthwhile event. Will be sharing more when it is available. • Older Adult Advisory Board. No printed information to share yet. Center for Aging Research and Education (CARE) Team supports discoveries that improve aging, and builds the skills and capacity of those who are caregivers. Their vision is to transform quality of life and care for older adults and their caregivers. Health research being developed for both rural and urban environments. Must be 65 years old or older. Will meet 4-6 times per year. Members will be paid \$100 for each meeting attended. Hoping to start this summer. Trying to recruit 10 people. We can refer them to this study group. Hiltbrand and Lindeman, VSO, will participate in the meetings.	ADRC Manager
11)	Tuesday, April 26, 2022 approved for the next ADRC Board meeting. 10:00 a.m., HHS Center, Community Room, Dodgeville. Zoom is still an option. Volunteer Banquet to follow at Dodger Bowl at noon.	Next Meeting Date
12)	Motion by Rolfsmeyer and seconded by Murphy to Adjourn. Motion carried. Meeting adjourned at 11:11 a.m.	Adjourn