

	APPROVED MINUTES Health and Human Services Committee Wednesday, April 3, 2019 at 5:00 p.m. <i>Health and Human Services Community Room</i> 303 W. Chapel Street; Dodgeville, Wisconsin	Iowa County Wisconsin
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Item	
1	Meeting was called to order by Chair Nankee at 5:00 PM
2	<u>Roll Call was taken:</u> Members Present: Dan Nankee, Bruce Paull, Justin O'Brien, Richard Rolfsmeyer, and Joan Davis Others present: Rochelle Krutchen, Valerie Hiltbrand, Sue Matye, Larry Bierke, Tom Slaney, Steve Deal and Nohe Caygill
3	<u>Approve the agenda for this April 3, 2019 meeting:</u> Motion by Davis to approve the agenda for this April 3, 2019 meeting. Seconded by Rolfsmeyer. Aye: 5; Nay: 0. Motion carried.
4	<u>Approve the minutes of the March 6, 2019 meeting:</u> Motion by O'Brien to approve the minutes from March 6, 2019 meeting. Seconded by Paull. Aye: 5; Nay: 0. Motion carried.
5	<u>Reports from Committee Members and/or Members of the Audience:</u> Slaney wanted to mention they will be taking the reclassification of the Business Manager position to General Government tomorrow. Human Services Day at the Capitol was April 2nd. Iowa County was represented by Larry, John, Tom, Mark and Bruce. Slaney explained that there were five topics highlighted – Economic support (new things with Food Stamp and Badger Care but were never funded), governor proposal was to discontinue and expand Medicaid but money was never allocated for the new things. Income maintenance dollars are whatever dollars the state allocates federal will match. We talked about mental health crisis stabilization, crisis intervention, children long term support program and taking away the wait list – not enough providers to provide services. Paull, we did meet with all four representatives. Children and Family Aid Allocation and the social worker caseload were part of what was discussed. Turnover rate for social workers in Richland County is 100%. Turnover, is believed to be, occurring because of the heavy workload that is put upon the workers. County budget requests for Children and Family Aids allocation were \$30 million where the governor's budget was \$15 million. O'Brien asked if some of the funding needs would be re-met if they redid budget? Slaney stated he believed it was going to be started from scratch, but was not sure of timeframe. O'Brien asked if the group felt the issues were understood. Paull stated he feels good that we were able to sit and answer questions that they had. Two YouTube videos featured Steve Michek. The videos were about situations which end in children being sent to foster care, usually because of drug related issues. When you are in Milwaukee and in the foster care system, once you turn 18 you are out and on your own. In this area, when you are put into foster care you usually have a family for life. These are the advantages to being in a smaller community. Secured Residential Care Centers for Children and Youth(SRCCCY): Asking for more time regarding the closure of Lincoln Hills and Copper Lake. Any solutions will not be viable because there isn't enough time or money, the timeline wouldn't be met. Tony Evers' budget was not explained, he thought the money was available but it isn't. It was stressed that we want to support a bill LRB1117 (Copper Lake/Lincoln Hill changes). 17 year olds - juvenile vs adults: This subject was in regards to 17 year olds going back to being considered a juvenile instead of an adult. One of the problems with this is to have it changed this policy it needs to be funded. Dodgeville Long Term Recovery House for women is now a go. The house will consist of 4-6 women that have been fighting addiction. Residents are expected to help with house duties, making meals together and responsible for a \$400 fee. Donations are still being made for the house. A recovery house for men will be

	coming soon as well. Email was sent that they received another grant for coaching. There will also be a drug court graduation tomorrow afternoon 3:30 and another one on April 18th Rolfsmeyer received an email from Wisconsin Public Television regarding rural shows. One of interest to this committee is called Medicine on Main Street, which is about how rural Wisconsin faces the challenges of retaining health care professionals. This will air Monday, April 8th at 9:30 pm. Another one on the 11th called Portraits of Rural Wisconsin airs at 8pm, mostly western Wisconsin. Paull mentioned that we had an election yesterday and county board will be coming up a year for now and we will have to know if we will have to run or not in January. Some have mentioned that they feel like they don't know everything yet but I feel comfortable with everyone on this committee. Nankee stated that he is amazed at the talents of everyone on this committee, remarkable. Paull said everyone is stepping up to do extra things.
6	<u>Discussion regarding a "Health in all policies" framework in future policy making</u> Nankee mentioned Paull's Ridgeway column and the topic of walking/jogging spaces and how it was to be discussed at this meeting. Paull stated we need something to put in front of Dodgeville city council about sidewalks/exercise room at Justice Center and just the overall health in general. Matye encouraging health should be in all of our policies. Grant County has a resolution and the city of Appleton has a really nice ordinance, which is a lot more formal than other counties. One health factor is clinic care, another big chunk would be environment, social parts that make up a person and determines how well you live and how long you live. Every year we get the county health rankings and it breaks it down to social/economic factors 40% physical environment 10%. We score 11 out of 72 counties in that area but we want to keep staying high. For people, in general, walking is an easy exercise/physical activity and having sidewalks makes that easier. We should be promoting the simple things like this. Appleton has a committee that looks at everything that needs to be addressed. We need to look at our options that affect our overall health like new sidewalks or bike route. Paull stated that there is going to get pushback because someone will need to pay for new sidewalk/gutters, etc. O'Brien asked if this is future projects or maintaining residential sidewalks? Who shares in the cost? Matye stated she believes it is all of the above. Bierke said if you put in a sidewalk it's the property owner's responsibility to maintain and replace sidewalk. The HHS building doesn't have a sidewalk on one side but it is in the capital plan to add one. Davis stated by the school the sidewalk stops and then you go about 100 feet and you can get back on the sidewalk. This becomes a problem for people pushing strollers, people with disabilities, etc. Matye just wanted to share and will bring it to the Board of Health first and then figure out a route from there.
7	<u>Review 2018 Fourth Quarter Financial Reports</u> Nankee spoke of the financial reports ending Dec 31, 2018. Capital nursing care planning, which was \$25,000 to negotiate with Upland Hills Health. That money went unspent per Bierke. We did budget that in 2019 as well but that money will be spent in 2019. Bloomfield Healthcare and Rehabilitation - does that include that \$500,000 from Medicaid? Bierke yes will show up as a revenue. Krutchen said this is the unexpected supplemental payments. Nankee asked if the beds are in 2019 and not 2018? Bierke yes so you'll save a little money in 2019 because of the bed reduction. Paull some departments went over as much as 457% at the end of the year, but we only used 90%. There is more revenue than expected 7,000 to 31,000. Bierke stated he wondered if this was because of a grant for a fundraiser. Nankee first quarter of 2019 we should see next month.
8	<u>ADRC</u> Department Update: Hiltbrand some articles went out in the Wisconsin State Journal on March 3rd, 4th and 5th. Wisconsin has the highest rate of deadly falls among older adults according to a report by CDC and prevention. Deaths from falls in Wisconsin outnumber deaths from breast and prostate cancer combined. Falls resulted in 129,000 ER visits and nearly 16,000 hospitalizations in 2017 according to DHS. Experts cite possible reasons for these falls could be icy winters (weather), excessive drinking and possibly being better at reporting deaths due to falls. The states elderly population is expected to grow 6 times faster than the overall population by 2040. The second day was regarding falls in facilities like nursing homes and assisted livings. At least 27% of deadly falls among the ages of 65 years and older occur in residential institutions like nursing homes and assisted living according to state data from 2015 and 2017. Third day the article was regarding targeted programs can reduce deadly falls by elderly address Wisconsin's high rate. It does mention one of the classes that is offered in Iowa County – Stepping On. Stepping On classes, home assessments and

	medication reviews are key ways for seniors to reduce chances of falling in their homes. In the Stepping On class, participants would learn 8 balance and strength exercises. During the class, individuals also learn about hazards such as throw rugs and electrical cords. They also talk about footwear, canes, walkers and how vision and medication impact falls. Dr. Jane Mahoney from UW Madison brought Stepping On to Wisconsin from Australia in 2006. Found the rate of falls among participants dropped 31% compared to those that didn't try it. Five years later Wisconsin seniors in the program had 50% fewer falls in the six months after then they did in the 6 months before. Hiltbrand stated we have had people come to us about the article so that is why we read and shared the information on our Facebook page. Matye do we have a place that we can get data on county level. Hiltbrand I believe we do have data for falls that end up in the Emergency Room. Matye we do have the Tai Chi class for fall prevention. There might be another program that we bring in with Heart Coalition. It would be collaborating with EMS when they get calls to go to homes regarding falls they would get permission to connect the person with the ADRC to work on why they are falling. Nankee it was mentioned last month that Bloomfield has cut their falls in half. Krutchen it actually is to about a third now. The state puts a lot of regulations on nursing homes where they would like no alarms to be used in facility. Bloomfield was alarm free but we have brought some alarms back to help reduce the number of falls. Bierke with the high level of falls after introducing stepping on did this reduce falls? Hiltbrand to be a participant in stepping on you have had to had a fall within a certain period of time, so there's criteria that you have to meet. Bierke my question is why are we so much higher than the rest of the United States? What does the rest of the United States do? Matye it could be that we are better at reporting incidents than others. Davis my mom fell this winter in her yard because her sidewalk was icy, so I think weather is huge issue. Krutchen increase in falls could also be because families are trying to keep their loved one's home longer. A lot of assisted living facilities have to call public emergency personnel because they aren't equipped to do so. There are a lot of different factors that go into it. Matye we could use more programs like stepping on. Hiltbrand we've been able to serve everyone so far. There is a class starting May 1st and one planned for the fall. O'Brien do any of these programs teach how to fall safely? Hiltbrand not 100% sure if it is taught in the 6 to 7week course. It does focus a lot on balance and strength so hopefully that will help. We may suggest things to some people like removing rugs, etc. We can also put them in touch with an occupational therapist for home assessment. We had an I&A leave on March 15th so we are now recruiting for that position now. AARP free tax service is still going on. These are volunteers that are trained to help people with simple taxes. They did have to cancel a day in January but they've added another day to make up for that. They are slated to serve 350 people. Disability Advocacy Day at the capital, there were over 400 people in attendance, which was very enlightening. Volunteer appreciation banquet is on the 23rd. The Stepping On class is in May. Volunteer open house is here at the HHS building May 7th. Plan to attend Aging Advocacy Day on May 14th at the Capitol, if anyone is interested let me know. It is similar to the Human Services Day – topics at this time, but subject to change are direct care workforce support which includes PCW/CNAs, elder benefits specialist funding, family caregiver support programs, healthy aging grants, transportation.
9	<u>Bloomfield Healthcare and Rehabilitation Center</u> Department Update: Krutchen – there will be a new social worker tentatively starting at the end of April. The bed reduction is complete, as of the beginning of February, from 65 beds to 55 beds. The state came back for the recheck and everything is fine. We will be attending the Senior Expo in Belmont April 10th from 8am-noon. The annual Balloon Fest will be Thursday, June 6th. We had an influenza outbreak a couple of weeks ago where the building was put on quarantine, but was minimized to 3 people. Census is now at 47, but trying to increase the Medicare census. The next Bloomfield Committee meeting on April 15th at 1:30 p.m.
10	<u>Health Department</u> Department Update: Matye the annual report there is ten top essential services of public health and I've broken it down. The Heart Coalition was awarded the 2nd round of grant funding. We also are applying for an AARP grant that will help with some of the projects we want to do. We have someone working on the branding or logo for heart coalition activities. Communicable disease activity– Influenza activity has not peaked yet in Wisconsin, they still expect high activity thru April. There is another strain circulating which is still type A but strain H3N2. Per a report last year at this time from January through March, people that were hospitalized for influenza was 36 and this year it is 12. As of March 28th, there were 387 confirmed cases in

	15 states. We are ok in Wisconsin at this point. We want to promote the vaccine for measles (MMR). In 2017 in Minnesota, they had 79 confirmed/suspected cases which because of that there were 9,000 people exposed. This went on for 5 months, it was set up as incident command/crisis. It was nice to hear how it went for them in that situation. “Herd” immunity is if most of us are vaccinated we are protecting that 1 person that isn’t. Our immunization rates in Iowa County schools – 91-95%. There are pockets of people and a lot of anti-vaccine groups (on the Internet). We have some in Iowa County that are anti-vaccine but not many. School nurses all sent out information to parents regarding MMR and about those that haven’t been vaccinated. There are three waivers: medical, religious and personal conviction. Ran a report to see all the 2–4 year olds who didn’t have vaccine and sent information to those people regarding the vaccine. We put information out on Facebook/social media. Davis reported that according to the school nurse some states don’t give you the three choices (medical, religious and personal) you only two. Measles are very contagious, it is airborne and stays in the air for 2 hours. Upcoming events: tomorrow the Public Health Emergency Management in Madison – family assistance center training (mass casualty incident) with Kate Chambers. Flyers for healthy living with chronic pain class that we are going to be starting.
11	Next meeting date May 8, 2019 at 5:00 p.m.
12	Motion to adjourn by Davis at 6:11 p.m. Seconded by O’Brien.