SENIORS UNITED FOR NUTRITION PROGRAMS, INC.

Serving Iowa and Lafayette Counties, aka The SUN Program BOARD OF DIRECTORS MEETING MINUTES MARCH 17, 2022.

- 1. Meeting Called to Order at 12:45 PM by Chairman Dan Nankee at Arena Manor, 343 West St, Arena, WI 53503.
- 2. Roll Call- Members Present: Iowa County: Dan Nankee, Doug Richter. Lafayette County: Nancy Fisker, Robert Laeser. Excused, Carol Korn, Justin O'Brien. Others present; Jay Loop, Financial Officer; Cecile McManus, Director; Dana Harcus, Manager, Lafayette County.
- 3. Certification of Compliance with Open Meeting Law Loop stated, that on March 10, 2022 the agenda was posted at the HHS building and Emailed to the Dodgeville Chronicle and Lafayette Republican Journal. Also emailed to Iowa and Lafayette County Clerks. Chairmen Nankee requested the records show that the meeting was properly posted.
- 4. Approval of the Agenda for March 17, 2022 Board Meeting- A motion was made by Robert Laeser to approve the Agenda. Seconded by Fisker. Motion carried.
- **5. Approval of the Minutes, February 17, 2022 Board Meeting-**Richter made a motion to approve the minutes of February 17, 2022. Fisker then seconded the motion. Motion carried.
- **6. Reports from Board Members; Opportunity for Members of the Audience to Address the Board-** Loop brought up the monthly gas reimbursement. Presently, if gas is \$1.50, it's .31 per mile to \$3.00 @ .405 per mile. After discussion it was determined that the office would make up a new schedule for next meeting to review.
- 7. Aging & Disability Resource Center & County Aging Unit Reports-a.) & b.) Dana Harcus speaking for herself and Hiltbrand stated the Disability Benefit Specialist position has been filled and they expect the worker to start in April. ADRC office is taking appointments for AARP Free Tax prep. Most spots have been filled. They are looking for more Driver Escort volunteers. ADRC is participating in weekly meetings with the Bloomfield Healthcare team. Discussions about the continuation of the Health Equipment Loan Program (Help) have been taking place. Plans are for the Veterans Service office to take the lead with this program. Stepping Up Your Nutrition was planned twice for the month of March. The second round of Virtual Yoga for Seniors has started. This is a partnership with the University of Wisconsin-Madison and is a research project. Stepping Up (in person) in Mineral Point from 4/7/22-5/27/22. Boost Your Brain and Memory (virtual) will run 4/11/22-5/23/22. Savvy Caregiver Class (Virtual) will run 4/27/22-6/8/22. SUN Program is looking for assistance delivery meals in all locations, but especially in Dodgeville. Advancing the Science: The latest in Alzheimer's and Dementia Research (virtual) will be held 3/24/22 from 2:00 -3:30.

8. Monthly Reports-possible action. Loop released the following numbers: **a.)Cash Flow and CD Review-**Checking account balance was \$18,322.32 as of February 17, 2022. Total deposits \$94,794.34 plus beginning balance of \$18,332.32 is \$113,126.66 less total vouchers paid \$60,618.34 leaves \$52,508.32 Set-Aside fund was \$46,558.07 b.) **Budget Reports-** Total income was

\$68,089.95; Total Expense was 50,749.58; Total increase for the month was

- c.) **Monthly Participation Numbers-**Loop reported on Iowa County numbers: Dodgeville was up, Mineral Point and Avoca had good months. Lafayette County: Argyle was 470. Belmont is down, Benton is down. Blanchardville was up 53 from last year. A motion was made, to file the reports, by Richter. Seconded by Laeser. Motion carried.
- **9. Staff/Site Issues/Reports-a.)** Dodgeville Manager Position: Deb Schauf is doing a great job. She has been there 3 weeks and has a lot to learn, but is doing great. **b.)**Dodgeville Provider Change-Bloomfield closing-Summit Management has given no start date, and McManus is still waiting for the final cost. All totes and supplies need to be transferred. **c.)** Financial/Office Assistant-New Hire-Kelly Haakinson will starting March 29th.**d).** Schedule Evaluation of Director-McManus; will get the evaluation forms to the Board.
- 10. Annual Appeal-Update- We have exceeded \$9,000.
- 11. Grant Update-a.) Blanchardville/Hollandale asking \$500.00; done. Thinking of doing a grant to get I-Pads for the sites. b) Nothing to report.
- 12. Presentation: Stepping Up Your Nutrition-Brittany Mainwairing-Older people are at risk for malnutrition. Some of the signs are muscle weakness, fatigue, increased illness or infection, feeling irritable or depressed, and decreased appetite. Know your proteins; they help preserve muscle, helps us feel full, helps fight infections. Dehydration can make you feel weak and dizzy which may lead to a fall.
- 13. Training Request- None at this time.

\$17,340.37

- 14. Director's Report-McManus stated we need volunteers. O'Brien advised he made up some posters to hang up with tear-off phone numbers. ADRC is including us in all their postings. Bloomfield held a job fair which McManus attended. GWAAR recorded Fall Training seminars; McManus showed several at the staff meeting on March 14. This is required training.
- 15. Chairman's Report: Nothing at this time.
- **16. Vouchers-Approval**-Richter made a motion to approve the vouchers. Seconded by Laeser. Motion carried.
- 17. Next Meeting Date & Adjournment-Next meeting will be at the Belmont Community Building, 222 Mound St, Belmont, WI, 53510. 11:30 lunch and Meeting to follow. Fisker made a motion to adjourn. Seconded by O'Brien. Motion carried. 2:45.