TUESDAY, JULY 28, 2020

State of Wisconsin County of Iowa

APPROVED MINUTES OF THE ADRC OF SOUTHWEST WISCONSIN, IOWA COUNTY BOARD MEETING HELD TUESDAY, JULY 28, 2020 at 10:00 a.m. HEALTH & HUMAN SERVICES CENTER, 303 W. CHAPEL ST., DODGEVILLE, WI 53533

2020-04

Item		Index
1)	Chairperson O'Brien called the meeting to order at 10:16 a.m.	Call to Order
2)	Roll Call – Members Present in Community Room: Dianne Evans, Jeremy Meek and Justin O'Brien. Members Present Remotely: Nancy Clements, Kathy Elliott, Lori Fisher, Elsie Jane Murphy, Cathy Palzkill, J. Patrick Reilly, Trish Rock, and Marilyn Rolfsmeyer. Excused: Lynn Munz. Absent: William Ladewig and Judy Lindholm. Others Present in Community Room: Valerie Hiltbrand, Marylee Oleson, and Cecile McManus. Others Present Remotely: Katie Batton and Stacey Terrill.	Roll Call
3)	Approval of the July 28, 2020 Agenda. Motion by Meek and seconded by Reilly to accept the agenda. Motion carried.	Agenda Approval
4)	Approval of the June 23, 2020 meeting minutes. Motion by Fisher and seconded by Elliott to accept the meeting minutes. Motion carried.	Meeting Minutes Approval
5)	Palzkill questioned why there was a Care A Van bus schedule in the News & Views newsletter when it doesn't go anywhere. Hiltbrand explained that there were extenuating circumstances, such as, COVID-19 and a recall on the buses. Customers are being directed to other transportation services until the bus can once again travel. Elliott discussed a SCAM she did not fall victim to and Justin mentioned the Contact Tracer SCAM found on the front page of the current newsletter. Rock reiterated you can always learn something new from the newsletter.	Members of audience address Committee
6)	O'Brien noted that Income exceeded Expenditures, which is always nice to see.	Monthly Financial Summary
7)	The updated ADRC Board By-Laws were sent to the Health & Human Services Committee for approval. They returned it to the ADRC with suggestions. Corp Counsel is also reviewing. O'Brien said that by the August 25 ADRC Board meeting, they will be updated and awaiting approval once more.	ADRC Board By-Laws
8)	SUN (Seniors United for Nutrition): Cecile McManus, SUN Director for Iowa and Lafayette Counties, attended. They continue to follow sanitation procedures. June total meal counts went up by 400 meals. Discussed SCAMS, social isolation and mental health concerns because of COVID. Sending information from the HeART Coalition with all monthly statements. O'Brien mentioned their Facebook page, Seniors United for Nutrition, Inc. – SUN. If you haven't already liked it, go out and check it out. Palzkill wanted to know if SUN staff has received enough training for COVID related mental health and logistics. McManus would like to see them have more training, of course. 1&A (Information & Assistance): Report Provided. Katie Batton attended virtually. Played the "Name that Abbreviation!" game. Example: What does MCO stand for? Answer: Managed Care Organization. O'Brien requested an explanation from the report under Scheduled Office Visits: 31 (Farmer's Market Appts). Batton explained this means the I&As met with customers, curbside, and they were able to pick up their Senior Farmers' Market Vouchers. The Specialist pre-fills the Eligibility form and therefore reduces the contact time with a customer.	Review Department Reports

DBS (Disability Benefit Specialist): Report Provided.

EBS (**Elder Benefit Specialist**): Report Provided. Stacey Terrill attended virtually. Terrill is currently the voice on our latest ADRC radio advertisement that informs customers we are open, what services and resources are available and highlights our phone number. She informed the board about a grant she receives through MIPPA (Medicare Improvement for Providers and Participants) to increase knowledge of state programs available our 60+ customer base. For many years now, the EBS has sent postcards to specific mail routes throughout Iowa County, highlighting our Benefit programs. This year they were sent to the Ridgeway and northern rural Dodgeville mail routes.

Transportation: Report Provided.

9) **ADRC Manager**: Valerie Hiltbrand presented.

REPORT -

- Advertising through the radio and rural Iowa County newspapers promoting our FREE Rural Taxi service for anyone 60 years of age and older (for a limited time) and general ADRC resources and services.
- Pam Kul Berg and Shelley Reukauf are currently training for a new Caregiver Support program called Trualta interactive e-learning environment for all aspects of caregiving for someone with dementia. Wide variety of information available (articles, videos, audios, and on-demand training).
- Visit <u>wisconsincaregiver.org</u> for a list of statewide support groups. Palzkill has an elderly relative who lives out of state. Her medical provider offers virtual visits or by phone. She is uncomfortable with this type of appointment so is "self-doctoring". Is there any literature or help available? Hiltbrand will discuss with the Health Department.
- In place of the Health & Wellness EXPO, the ADRC is working on virtual outreach to our customers. There will be a virtual <u>Prevent Identity Theft</u> presentation by Jeffrey Kersten, Wisconsin Bureau of Consumer Protection, on Thursday, 9/17/2020. We are working with public libraries on a virtual book discussion concerning dementia and making it multi-generational. Finally, investigating a trivia game. More information to come.

 Aging Mastery Program - four kits have been mailed. UW-Extension will offer the program too.

- Two online programs are being offered throughout the region: Powerful Tools for Caregivers and Boost Your Brain & Memory.
- Stepping On has been postponed until Spring 2021.
- \$25 Senior Farmers' Market Vouchers program. Intake over the phone, curbside pickup, and proxies for those unable to pick up their own vouchers. The I&A Specialist spends a few moments with the client reviewing other benefit programs. The Dodgeville Farmers Market applied for and received a grant for the "Double Your Dollars" program. Participant vouchers are worth twice their face value at the Dodgeville Farmers Market only
- Healthy Aging in Rural Towns (HeART) is working on a number of things. Currently campaigning for help with mental health and social isolation. Tools to make sound decisions on whether to attend an event or stay home. Requested assistance from the UW School of Nursing. Palzkill is concerned for the people who don't have technology. Are there grants available to purchase computers or cellphones to lend to them? Hiltbrand said they are investigating this because she knows this is a real issue. It would be something a consumer could "check out" and return.

ADRC Manager

	• The EOC – Emergency Operations Center – is looking for pictures of people wearing masks. They would like to share on their Facebook page.	
10)	Tuesday, August 25, 2020 approved for the next ADRC Board meeting. 10:00 a.m., HHS Center, Community Room, Dodgeville. Zoom will still be an option so that members of the board and community can participate.	Next Meeting Date
11)	Motion by Reilly and seconded by Rolfsmeyer to Adjourn. Motion carried. Meeting adjourned at 11:35 a.m.	Adjourn