

State of Wisconsin County of Iowa	APPROVED MINUTES OF THE ADRC OF SOUTHWEST WISCONSIN, IOWA COUNTY BOARD MEETING HELD TUESDAY, DECEMBER 7, 2021 at 10:00 a.m. HEALTH & HUMAN SERVICES CENTER, 303 W. CHAPEL ST., DODGEVILLE, WI 53533	2021-08
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1)	Chairperson O'Brien called the meeting to order at 10:04 a.m.	Call to Order
2)	Roll Call – Members Present in Community Room: W. Michael Britt, William Ladewig, Jeremy Meek, Justin O'Brien, Marilyn Rolfsmeyer, Susan Schroeder, and George Swamp. Members Present Remotely: Nancy Clements, Kathy Elliott, Elsie Jane Murphy, and J. Patrick Reilly. Excused: Dianne Evans and Lori Fisher Absent: Judy Lindholm and Lynn Munz. Others Present in Community Room: Valerie Hiltbrand, Bonnie Beam-Stratz, and Joan Davis. Others Present Remotely: Katie Batton and Marylee Oleson.	Roll Call
3)	Approval of the December 7, 2021 Agenda. Motion by Britt and seconded by Ladewig to accept the agenda. Motion carried.	Agenda Approval
4)	Approval of the October 19, 2021 meeting minutes. Motion by Rolfsmeyer and seconded by Ladewig to accept the meeting minutes. Motion carried. Swamp abstained.	Meeting Minutes Approval
5)	Davis gave a shout-out to Beam-Stratz. Davis experienced the Boost Your Brain & Memory class and called it amazing. Zoom makes it accessible to so many more people. The SUN Program will really benefit from the \$30,000 Iowa County has designated from ARPA (American Rescue Act Program). It has been earmarked for additional mileage and needed equipment, which includes heated delivery bags. Davis has been volunteering with Cecile McManus, Director of SUN, and has noticed what a very hard working person she is. Davis and a friend are writing a letter to the editor of the local newspaper, focusing on the need for more volunteer drivers, as the request for home delivered meals has significantly increased. Britt mentioned that volunteers are needed in many capacities in order to keep people in their homes. O'Brien mentioned that former supervisor, Bruce Paull, has been working for the HeART Coalition by assessing home delivered meal participants needs and if they are being met. If needs are not being met, how can we assist them? Ladewig said the ADRC should start a relationship with the Dodgeville Key Club from Dodgeville High School and ask them to start volunteering with us. Britt reminded everyone that he believes a Volunteer Coordinator position is needed. Hiltbrand appreciates the feedback/ideas. The ADRC staff currently have very high workloads and there is a lack of funding, so we are unable to take on the duties of a Volunteer Coordinator position, at this time. The ADRC does have a list of volunteer organizations and we distribute the list to any contacts we receive. We are working closely with Habitat for Humanity as well. Ladewig is wondering if libraries should be more involved and ADRC less involved in maintaining a list of volunteers. Ladewig believes both organizations should have a list. Hiltbrand said libraries refer consumers to us. Libraries are under the jurisdiction of municipalities. Some county money goes to them. Murphy said at Barneveld High School, students are required to have so many volunteer hours. They are able to match students with someone who has a need. A referral is made directly to the school. O'Brien said the ADRCs are being tasked with doing more and more and their funding hasn't been adjusted in over 15 years. Not enough time in the day. Ladewig asked what happened with the Aging Unit Plan.	Members of audience address Committee

	Hiltbrand said the HHS Committee approved it and it was forwarded to GWAAR. We are in compliance.	
6)	Nikki Mumm, Business Manager, unable to attend. Hiltbrand said the difference between income and expenditures is payroll. We are expected to finish the year in great financial shape.	Monthly Financial Summary
7)	Bonnie Beam-Stratz introduced herself. She was hired in April 2021 as our Regional Dementia Care Specialist. She has been working in some capacity of dementia care for over 30 years. Collaborates with regional ADRC staff on consumers. Meets twice a month with other state Dementia Care Specialists. Primary role is one-on-one and care consultation with families and consumers. Leads or assists many monthly workshops and support groups; such as Boost Your Brain & Memory. Consults with APS (Adult Protective Service) workers. Improve family support. Identify strengths and weaknesses in family dynamics. Dementia friendly initiative - training families, businesses and ADRC staff to identify dementia consumers, assist the consumer stay in their own home, have a greater empathy for consumer experiencing dementia. Discussed Savvy Caregiver, seven-week workshop. In Iowa County, had approx. 8-10 referrals since April. In 2020, Iowa County estimates 473 individuals have been diagnosed with Alzheimer's disease. By 2040, 969 people are expected to have an Alzheimer's diagnosis. Almost 80% of those will be living in their own homes. Goal in 2022 is to look into SPARK! – a cultural program for people with memory loss and their caregivers. Art activities, museum visits, and master gardening groups are some suggestions. Will start an early-stage dementia support group. Also working with Alzheimer's Association and Alzheimer's Alliance to offer classes together. Virtual book club – just finished one book and starts another in January. O'Brien said you are a superstar! Home office is in Green County but travels to the other regional offices. Ladewig questioned the difference between Alzheimer's and dementia. Beam-Stratz replied dementia isn't a diagnosis nor a disease; it's a group of symptoms including memory loss, language changes, behavioral/personality changes. Alzheimer's is the most common dementia disease. You treat the different types of dementia differently. Different approaches/different medications.	Dementia Care Specialist presentation
8)	Review Department Reports: SUN (Seniors United for Nutrition): Cecile McManus, SUN Director for Iowa and Lafayette Counties, unable to attend. O'Brien reiterated the \$30,000 ARPA funds, which will help. Volunteer drivers are always needed due to increased demand. The Annual Appeal letter and flyer will be in Shopping News soon. The Dodgeville Dining Site is without a manager, so Cecile works at it most of the time. Someone was hired part-time and is a great help. Dodgeville Elementary students will continue making cards for the home delivered meals participants. Britt drives the SUN van on Fridays and is concerned that the heating bags don't work. Davis commented that McManus is aware and working on this. Jay Loop, who is retiring, will continue working for SUN until a replacement is found. QuickBooks experience is a plus. As of January 1st, Betsy's Restaurant in Highland will not be a meal provider. McManus has a short-term option but needs to find a permanent replacement. ADRC is assisting with packing emergency meals. The next SUN Board meeting is on December 16 at the HHS Center. DBS/EBS: (Disability Benefit Specialist and Elder Benefit Specialist): report not provided. Actively working on finding a new DBS. Lafayette County is also searching for a DBS. Renae Kratcha, EBS, has done a wonderful job with Medicare Open Enrollment. Today is the final day for open enrollment. I&A (Information & Assistance): Report provided. Katie Batton presented.	Review Department Reports

	Reviewed report. Question was asked on how you chose people to perform a functional screen. Batton responded that the consumer may contact us, or the ADRC is performing Options Counseling, or the consumer calls in cold and says they need help, where do they start. The screen is used for long-term care programs (Family Care/IRIS), which are state programs. Batton then had a PowerPoint presentation concerning donations and volunteering opportunities. Food, durable medical equipment, eye glasses, clothing and furniture, medical supplies, American Red Cross, and incontinence products. Shared the ADRC Volunteer list, which is three pages long. O'Brien said this addresses questions from earlier. Batton will send to the Board. Ladewig requested it be sent to local libraries. Great job! <u>Transportation:</u> Report provided. Hiltbrand mentioned the 85.21 grant proposes changes to the taxi. ADRC City of Dodgeville Taxi will run Mondays, Wednesdays, and Fridays, and the Rural Taxi will change to Tuesdays and Thursdays and it will go within 5 miles of county border. Rolfsmeyer inquired if there were any updates on the ADRC Care A Van. No changes, per Hiltbrand, we are following social distancing guidelines and it isn't fiscally responsible to run the bus right now nor do we have a driver for the bus. Britt asked why we have a similar program as LIFT. Should programs be combined? Hiltbrand said she would ask Nikki Mumm to address that question. Ladewig would like to make a motion to commend the staff. Seconded by Swamp. Motion carried. Nancy Clements said the ADRC staff has always been kind, professional, wise, and informative. Thank you.	
9)	<u>ADRC Manager's Report:</u> • Thanked the ADRC staff for all their hard work. • Yoga for Seniors date change. Wednesdays and Fridays beginning December 29. There were scheduling conflicts with the UW Research Staff. It does give us more time to find more participants. • Caregiver Renewal Day was on November 18. Collaborated with other ADRCs to present Teepa Snow. Fourteen participants attended from our region. Great presentation. Theme was taking care of the caregiver. • HeART Coalition grant money ends on 12/31/2021. Bruce Paull had a funded position and was able to work with SUN participants who needed extra help staying in their home. • Medicare Open Enrollment ends today. <u>Advocacy Update:</u> • Last month – info about legislative update from GWAAR. Funding info. Beneficial to our office. III-B supportive services. Since our care a van isn't running, we have found other uses for that money. Additional funding for SUN as well. • December 3, a bill signed into law to establish guardian training before customers are appointed as a guardian. Directly affects our office. • COVID-19 vaccine booster info was advertised in local papers and our newsletter.	ADRC Manager
10)	Tuesday, January 25, 2022 approved for the next ADRC Board meeting. 10:00 a.m., HHS Center, Community Room, Dodgeville. Zoom is still an option.	Next Meeting Date
11)	Motion by Ladewig and seconded by Meek to Adjourn. Motion carried. Meeting adjourned at 11:30 a.m.	Adjourn