

Stan L. Bergman
Chief



6201 Atlantic Avenue
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(609)823-7953
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Ventnor City Beach Patrol

The V.C.B.P. Junior Lifeguard Course

The Junior Lifeguard Training course will take place July 8 to July 12, 2019. The course will be for young boys and girls, ages 6 years old to 13 years old. The children will meet every day from 10:30 to 12:00 at the Ventnor City Beach Patrol Headquarters, Suffolk Avenue and the beach. The fee is \$10.00.

The program will describe what goes into lifeguards' duties when they go to work protecting bathers and keeping people safe. Water safety and rescue techniques will be covered. It will also provide instruction as to what the public should be doing when they go the beach for a safe and enjoyable day.

Teamwork, sportsmanship and effort will be emphasized. Swimming, practice rescues, light running, and calisthenics will take place every day. Rowing will be held later in the week, weather and ocean dependent. The week will conclude with final competitions in the beach run, surf dash and beach flags by age groups, followed by awards and a barbeque.

The junior lifeguards should be on time every day. They should bring a towel, sunscreen protection, and water. We look forward to spending time and training with you!

Applications should be dropped off at H.Q. before training begins.

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Junior Lifeguard Registration

Name of Participant(s): _____

Address: _____
Street City Zip Code

Phone Number: _____ Sex: _____ Age _____

Parent (or Legal guardian) _____

Person to contact in case of Emergency:

Name Address Phone

I, _____, hereby waive any liability as to the City of Ventnor City and its instrumentalities and agents, for any injuries / damages resulting from any/all participants of this program.

Signature

Stan Bergman, Chief

Gary Howarth, Captain
David Funk, Captain

Lieutenants:

William Ferry, Meghan Holland, Patrick Finnerty