POLICE ATHLETIC LEAGUE, INC. (PAL)

The Police Athletic League, INC. (PAL) Meeting was held on November 21, 2018 at 2:00 p.m. with Chief Marvin Mailey presiding. Members of the PAL Board in attendance were Kevin Baird, Esq. and Dr. Wilma Mishoe.

PAL PROGRAM UPDATES / NEW BUSINESS

Lieutenant Kevin Kober, Special Enforcement Unit Commander discussed the PAL Scope of Work (Attachment #1), PAL funds (Attachment #2) and the 2018 Review (Attachment #3).

Lt. Kober stated that Lowe's of Dover has been very supportive and donated approximately $30K in time and materials.

MCpl. Jennifer Lynch stated that PFC Anthony Smith has introduced motivational videos and then the teaching of a skill. MCpl. Lynch stated the videos are short and then a skill is introduced via a guest speaker, such as a barber, kettle bell instructor, basketball, etc. In response to Dr. Mishoe, MCpl. Lynch stated that more guest speakers are needed and that she would provide more information.

Kevin Baird presented a check to Chief Mailey for $5K for the PAL Program from the local Masonic Lodge.

OLD BUSINESS

Responding to Dr. Mishoe, Chief Mailey stated that PAL is registered with the United Way, but it has not been advertised as the program is not equipped, at this time, to serve the entire community.

Dr. Mishoe questioned subcommittees for strategic planning and short term goals and it was discussed that civilian personnel would be needed to chair the subcommittees. Chief Mailey stated that he would approach Christina Kober, a civilian with the Dover Police Department, because of her expertise with helping the Fraternal Order of Police.

ANNOUNCEMENTS

Lt. Kober mentioned that on November 29, 2018, PAL was partnering with NCALL to fill 100 stockings for less fortunate children. He further stated that NCALL provides all of the materials and any cost associated with this event.

Lt. Kober announced that PAL would have a program in January/February at Brunswick Bowling Alley called Bowling with Heroes. Chief Mailey stated that he would participate in this event.

Chief Mailey stated that he would like PAL to incorporate a reading program, targeting children at the 4th grade level.

Dr. Mishoe announced she would be honored as the 11th President of the Delaware State University and invited everyone to attend the event on December 8, 2018 at 10:00 am in the Education Building.

The next meeting was scheduled for January 23, 2019 at 2:00 p.m.

Meeting adjourned at 2:22 p.m.

Attachment #1 PAL Scope of Work
Attachment #2 PAL Funds
Attachment #3 2018 Review

PAL MINUTES
NOVEMBER 21, 2018
ATTACHMENT #1

SCOPE OF WORK (SOW)

Project Title: Dover P.A.L and Parkway Academy Leadership and Training Camp

Section A. Introduction

Project titled “Overcome Life’s Obstacles by training to succeed”

Leadership and Basketball Training phases are as follows:

- Phase 1- You are not ordinary, but extraordinary/fundamentals of conditioning
- Phase 2- Learn to speak in a group and control the room/fundamentals of dribbling
- Phase 3- How do I save money for the future/fundamentals of passing
- Phase 4 - Look Sharp, Feel Sharp and Be Sharp/fundamentals of shooting
- Phase 5- Show that you are a leader /fundamentals of a team
- Phase 6- Speak It, Believe It and you Shall Achieve It / fundamentals of coaching
- Phase 7- Volunteer your time/Completion of training/Photos/Graduation

The leadership training includes phases, which allow all students to become leaders and plan for their futures. Each phase will include a segment involving a motivational video and or speaker, but not limited to both. Each phase will have a unique message explained in Section C

Section B. Objectives

The objective of this training is to teach all students that they possess leadership qualities within themselves. In addition, the students will receive proper training in fundamental skills regarding recreational sports.

Section C. Scope of Work

Dover P.A.L. will work along with Parkway Academy and Restoring Downtown Central Dover to facilitate a Leadership and Basketball Training Program. During this time of learning, all ***interested*** youth will learn to overcome some of life's obstacles and lead by example.

This program will run for a period of 7 weeks and conducted on Fridays. All times and dates are subject to change at any time.

P.A.L. Officer will facilitate the training using visual aids and various equipment that may consist of but not limited to projectors, projector screens, laptops, speakers, basketballs, cones, team jerseys and various basketball equipment.

Each phase will begin with leadership training, then transition to basketball fundamentals and end with a basketball game. P.A.L. Officer will conduct a check on learning to ensure that the students are utilizing the skills they learned from prior training during the game.

Section D. Phases explained.

Phase 1- You are not ordinary, but extraordinary/fundamentals of conditioning.
Students will speak about their strengths/weaknesses and then learn and conduct stretches prior to recreational activities.

Phase 2- Learn to speak in a group and control the room/fundamentals of dribbling.
Students will lead the group in discussion following their motivational video.

Phase 3- How do I save money for the future/fundamentals of passing.
Shore United Bank will speak to students and learn to set-up their savings account.

Phase 4- Look Sharp, Be Sharp and Feel Sharp/fundamentals of shooting.
Students will learn how personal grooming and proper dress helps in being a leader. This phase may have barber, stylist, dentist or photographer attend.

Phase 5- Speak It, Believe It and you Shall Achieve It/fundamentals of a team.
Students will here from an entrepreneur who used lived by the above words.

Phase 6- Show that you are a leader/ Fundamentals of coaching.
Students will hear from a supervisor who leads and is responsible for others.

Phase 7- Volunteer your time/Completion of training.
Students will travel to a location and volunteer their time. After volunteering at this location, students will receive a letter from the Dover P.A.L. certifies volunteer hours.

Dover P.A.L., Parkway Academy and Restoring Downtown Central Dover will be available for all students to ask questions during all phases to be covered.

Program Dates are as follows:
Friday, November 9, 2018
Friday, November 30, 2018
Friday, December 7, 2018
Friday, December 14, 2018
Friday, December 21, 2018
Friday, January 4, 2018
Friday, January 11, 2018

Police Athletic League of Dover, Inc.

Acct	Grant	Date	FY	Description	Funded	Spent	Balance
PAL Funds							
PAL Accounts:				Revenues: 110-0000-227.26-00		Expenses: 110-9900-582.91-02	
227-26	PAL	5/31/17	18	Individual donation - check	700.00	-	
227-26		10/2/17	18	Business donation - check	5,000.00	-	
227-26		1/9/18	18	Individual donation - check	300.00	-	
91-02		3/9/18	18	NAACP Event: Youth Impact Black History Bus Tour (5 youths & 1 officer)	-	600.00	
227-26		6/11/18	18	Fashion Show Event donations	425.00	-	
227-26		6/14/18	18	Individual donation - check	1,500.00	-	
227-26		6/14/18	18	Individual donation - check	20.00	-	
227-26		6/20/18	18	Individual donation - check	1,000.00	-	
227-26		6/20/18	18	Business donation - check	1,000.00	-	
227-26		6/29/18	18	Individual donation - check	625.00	-	
227-26		6/29/18	19	Individual donation - check	100.00	-	
227-26		7/3/18	19	Individual donation - check	1,000.00	-	
227-26		7/5/18	19	Proceeds from Outback Restaurant Event	257.00	-	
227-26		7/13/18	19	Business donation - check	500.00	-	
227-26		7/17/18	19	Returned check & bank fee	(1,000.00)	-	
227-26		7/17/18	19	Individual donation - check	975.00	-	
227-26		10/4/18	19	Business donation - check	250.00	-	
227-26		11/2/18	19	Individual donation - money order	10.00	-	
227-26		11/5/18	19	Business donation - check	500.00	-	
91-02		11/9/18	19	food for the Community Clean Up on 11/10/18	-	256.96	
227-26		11/20/18	19	Business donation - check	150.00	-	
			19		-	-	
			19		-	-	
			19		-	-	
			18	**Subtotal**	10,570.00	600.00	9,970.00
			19	**Subtotal**	2,742.00	256.96	2,485.04
	Totals				13,312.00	856.96	12,455.04

DOVER PAL 2018 REVIEW

- For 2018, we had 14 PAL events. Our largest attended event was the Fire School Event, which had approximately 250 registered youth.

- We currently have approximately 300 youth registered for PAL and can contact them at any time for upcoming events.

- Both Dover and Camden Lowes, joined unions with PAL to renovate and beatify the sports complex of the Murphey School. There were several supporters that assisted with the operation. Estimated donation value was $30,000.00.

- Dover PAL conducted a “Bike Riding” Pilot Program at William Henry Middle School as part of the 21st Century Program. This program is a similar to DELDOT’s bike rodeo and DELDOT’s bike trailer and equipment was used to complete the task. There were several youth who were able to negotiate and

ride their training bike for the first time after proper training. The goal of the program is to teach youth to ride bikes and engage in a recreational program in the warmer months. The program could potentially be ran as a summer program as well. We have support from the Elks Lodge in Dover that would purchase $1,500.00 worth of bikes and safety equipment. Capital School District advised that there was a **POSSIBILITY** that they can support the program by purchasing a bike trailer. This was not promised at all.

- Dover PAL created and distributed 100 bags of candy on Halloween and traveled to the Ronald McDonald House in Wilmington, DE to pass the candy out.

- Two weeks ago on November 10, 2018, we held our 1st Annual PAL Community Cleanup. This event was partnered with N.C.A.L.L. and supported by several other organizations. There were approximately 100 volunteers that attended to complete the mission of the cleanup.

- Dover PAL has began a Leadership Program partnered with Parkway Academy and N.C.A.L.L. This program will train, guide and mentor students to be the best that they can be at all times. Included in your folder is the Scope of Work for the program