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By Marc J. Garofalo, MPA, MCC, MCTC at 2:36 pm, Sep 08, 2025



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**Naugatuck Valley
Health District**

NAUGATUCK VALLEY HEALTH DISTRICT

98 Bank Street, Seymour, CT

SPECIAL BOARD OF DIRECTORS MEETING

Tuesday, August 19, 2025

MINUTES

BOARD MEMBERS PRESENT: John Zikaras, Chairman, Tom Clifford, Rosalie Averill, Marietta Sabetta, Jean Jones, Adam Bronko, Barbara Lombardi, Linda Mascolo, Rita Pelaggi, Barbara Dlugos, and Jan Mizeski.

BOARD MEMBERS ABSENT: Thomas Carney and Justin Rompre.

STAFF / RECORDING SECRETARY: Jessica Kristy, Director of Health

I. Call to Order and Pledge of Allegiance

John Zikaras, Chairman, called the meeting to order at 7:08p.m. The Pledge of Allegiance was recited.

II. Committee Reports

a. Facilities Committee:

Rosalie Averill will be stepping down as the Chair of the Committee but will remain a committee member. We are grateful for Rosalie's leadership on this Committee, especially with regard to this project, over the years.

The Facilities Committee met with the architect and engineers on July 22nd. A detailed overview of the cost estimation was presented as well as a thorough question and answer session, which are both captured in the Minutes of the Committee meeting.

Additional information was sought out and provided in a supplemental document ahead of the Special Meeting, attached to the July 22nd Minutes, and discussed.

Construction documents for Town of Seymour Fire Marshal and Building Department permits will need to be submitted for a more detailed analysis of what will be required. Town Departments cannot waive fees; requests for waived fees will need to be submitted to the First Selectwoman.

Director Kristy provided a summary of her discussions with Robert A. Mezzo, FVP, Commercial Banking of Ion Bank regarding construction loan financing options.

Additional discussion related to financing occurred including seeking grant funding, offering invitations to sponsor spaces within the interior or exterior of the office, and obtaining energy rebates. All will continue to occur throughout the remaining phases of the renovation.

2026-01 **ACTION TAKEN:** Motion made by Tom Clifford, accept the Facilities Committee report, seconded by Marietta Sabetta. All ayes.

2026-02 **ACTION TAKEN:** Motion made by Rosalie Averill, to invite Mr. Robert A. Mezzo to attend the September 9, 2025 Board of Directors Meeting to discuss financing options further, and to include the municipal Chief Elected Officials, seconded by Jean Jones.

Discussion: It is premature to invite the Chief Elected Officials and local representatives at this time. Additional meetings with the Chief Elected Officials as well as Representatives will be scheduled once we have a complete understanding of the construction documents and financing of the renovation.

Motion amended by Rosalie Averill, to invite Mr. Robert A. Mezzo to attend the September 9, 2025 Board of Directors Meeting to discuss financing options further, seconded by Jean Jones. All ayes.

Jess will reconvene meeting with ID3A and provide an update at the next Board meeting.

III. Old Business

a. Executive Session: Discussion and take possible action with regard to a claim asserted by Jason Brown.

2026-03 ACTION TAKEN: Motion made by Tom Clifford to enter into Executive Session at 8:24p.m. to discuss strategy and negotiations with respect to a pending claim by Jason Brown in accordance with the provisions of Connecticut General Statutes Sections 1-200(6)(D). I further move that the following individuals be invited to attend and participate in the executive session: The Board of Directors and the Director of Health. Seconded by Rosalie Averill.

Executive session concluded at 8:41p.m.

2026-04 ACTION TAKEN: Motion by Adam Bronko to accept the case assessment review (CAR) findings by the Commission on Human Rights and Opportunities (CHRO) which was dismissal of the complaint due to the following reason(s):

“The complaint fails to state a claim for relief. The Complainant alleges that he was discriminated against based on his marital status, intellectual disability, familial status, and learning disability. However, the complaint fails to allege any facts that connect the Complainant’s protected classes to any alleged actions. As such, the complaint fails to state a claim and therefore must be dismissed.”

I further move to direct Attorney Stanek to reply to Mr. Bown on behalf of the Board of Directors. Seconded by Barabara Lombardi All Ayes.

IV. Adjournment

2026-05 ACTION TAKEN: Motion to adjourn made by Tom Clifford at 8:42pm, seconded by Rita Pelaggi. All Ayes.

Minutes respectfully prepared by and submitted by Jessica Kristy, Director of Health. Subject to revisions at the next full Board of Director Meeting.

