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**Naugatuck Valley
Health District**

NAUGATUCK VALLEY HEALTH DISTRICT

98 Bank Street, Seymour, CT

HYBRID BOARD OF DIRECTORS MEETING

Tuesday, September 9, 2025

MINUTES

BOARD MEMBERS PRESENT: John Zikaras, Chairman, Tom Clifford, Rosalie Averill, Marietta Sabetta, Jean Jones, Adam Bronko, Rita Pelaggi, Barbara Lombardi, Justin Rompre, and Linda Mascolo.

BOARD MEMBERS ABSENT: Thomas Carney and Barbara Dlugos

STAFF PRESENT: Jessica Kristy, Director of Health, Carissa Caserta, Assistant Director of Community Health Services, Melanie Dokla, Assistant Director of Environmental Health Services and Laurie Veillette, Business Manager.

RECORDING SECRETARY: Carissa Caserta

I. Call to Order and Pledge of Allegiance

Rita Pelaggi, Vice Chairman, called the meeting to order at 7:13p.m. The Pledge of Allegiance was recited.

II. Election of Chairperson, Vice-Chairperson, and Executive Committee for Fiscal Year 2025-2026

2026-06 ACTION TAKEN: Motion made by Tom Clifford recommending the following fiscal year 2025- 2026 Slate of Officers of the Board of Directors:

John Zikaras, Chair
Rita Pelaggi, Vice-Chair

Further move to appoint the Executive Committee as follows:

Tom Clifford, Chairman
Adam Bronko
John Zikaras

Seconded, by Rosalie Averill. All Ayes.

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By Marc J. Garofalo, MPA, MCC, MCTC at 10:57 am, Oct 10, 2025

III. Committee Reports

a. Facilities Committee

- i. A discussion was held regarding construction loan financing for the 98 Bank St. renovation with Robert A. Mezzo, FVP, Commercial Banking, Ion Bank.

IV. Acceptance of Minutes of the Board Meeting on June 10, 2025 and the Special Board Meeting on August 19, 2025

2026-07 **ACTION TAKEN:** Motion made by Tom Clifford, accept the Minutes of the Board of Directors meeting on June 10, 2025, seconded by Rosalie Averill. All Ayes.

2026-08 **ACTION TAKEN:** Motion made by Rosalie Averill, accept the Minutes of the Board of Directors Meeting on August 19, 2025, seconded by Jan Mizeski. All Ayes.

V. Correspondence

None at this time.

VI. Financial Report – Laurie Veillette, Business Manager

Laurie discussed the Financial Report for the months of June (pre-audit), July and August.

VII. Chairman’s Report - John Zikaras, Chairman

- a. **Standing Committee Member and Chair Appointments:** John Zikaras has appointed Marietta Sabetta and Adam Bronko as Co-Chairs of the Facilities Committee, Linda Mascolo to be a member of the Facilities Committee, and Justin Rompre as Chair of the Personnel Committee.

VIII. Director’s Public Health Report – Jess Kristy

The June, July and August Public Health Reports were reviewed and discussed.

IX. Old Business

X. New Business

a. Approval of Board of Directors FY25-26 Meeting Schedule

2026-09 **ACTION TAKEN:** Motion made by Tom Clifford to approve the Board of Directors Meeting schedule for Fiscal Year 2025-2026. Seconded by Linda Mascolo. All Ayes.

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b. Approval of Health Insurance Renewal Effective 10/1/2025

2026-10 **ACTION TAKEN:** Motion made by Barbara Lombardi, to renew the United Healthcare Oxford Gold PPO 35/75/4500/100 health and vision insurance plan and MetLife dental insurance plan effective October 1st as presented, understanding the cost may fluctuate due to staff turnover. Seconded by, Justin Rompre. All Ayes.

c. Annual Code of Conduct and Confidentiality Agreements for Board Members

All Board members will sign a new code of conduct and confidentiality agreement for FY 25-26.

XI. Adjournment

2025-11 **ACTION TAKEN:** Motion to adjourn made by Tom Clifford at 8:55p.m., seconded by Adam Bronko. All Ayes.

Minutes respectfully prepared by Carissa Caserta and submitted by Jessica Kristy, Director of Health. Subject to revisions at the next full Board of Director Meeting.



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