



NAUGATUCK VALLEY HEALTH DISTRICT

98 Bank Street, Seymour, CT

HYBRID BOARD OF DIRECTORS MEETING

Tuesday, February 10, 2026

MINUTES

BOARD MEMBERS PRESENT: John Zikaras, Chairman, Rosalie Averill, Adam Bronko, Barbara Dlugos, Jean Jones, Barbara Lombardi, Linda Mascolo, Rita Pelaggi, and Justin Rompre.

BOARD MEMBERS ABSENT: Tom Clifford

STAFF PRESENT: Jessica Kristy, Director of Health, Melanie Dokla, Assistant Director of Environmental Health Services, Carissa Caserta, Assistant Director of Community Health Services, and Laurie Veillette, Business Manager.

RECORDING SECRETARY: Carissa Caserta

I. Call to Order and Pledge of Allegiance

John Zikaras, Chairman, called the meeting to order at 7:02 p.m. The Pledge of Allegiance was recited.

II. Acceptance of Minutes of the Hybrid Board Meeting on January 13, 2026.

2026-34 **ACTION TAKEN:** Motion made by Rosalie Averill, to accept the Minutes of the Board of Directors meeting on January 13, 2026, seconded by Linda Mascolo with correction:

Correction: Staff present also included Laurie Veillette, Business Manager.

All future corrections will be recorded with the motion in the current month in addition to the revised minutes from when the meeting took place. All Ayes.

III. Acceptance of Minutes of the Virtual Special Board Meeting on January 20, 2026.

2026-35 **ACTION TAKEN:** Motion made by Rosalie Averill, to accept the Minutes of the Board of Directors meeting on January 20, 2026, seconded by Justin Rompre with corrections. All Ayes. Adam Bronko abstains.

RECEIVED

By Marc J. Garofalo, MPA, MCC, MCTC at 6:01 pm, Mar 05, 2026

IV. Correspondence

Director Jess Kristy received a forwarded email dated February 3, 2026 from Thomas Carney, Ansonia, to Mayor Tyszka, resigning from the Board of Directors due to scheduling conflicts.

V. Financial Report – Jessica Kristy, Director of Health

Jess discussed the Financial Report for the month of January.

VI. Chairman’s Report - John Zikaras, Chairman

None at this time.

VII. Director’s Public Health Report – Jess Kristy

The January Public Health Report was reviewed and discussed.

VIII. Committee Reports

a. Facilities Committee

- i. There was continued discussion from the Special Meeting held on January 20th related to the revised ID3A and NVHD Architectural/Engineering Services Phase II: Design Development, Contract Documents, Bidding & Negotiation, and Construction Administration Proposal. No action was taken.

b. Budget Committee

- i. The FY 2026-2027 Budget Workshop is scheduled to be held Tuesday, February 17, 2026 at 5:30pm.

IX. Old Business

None at this time.

X. New Business

John Zikaras, Chair, stated Linda Mascolo will be joining the Personnel Committee.

XI. Adjournment

2026-36 ACTION TAKEN: Motion to adjourn made by Adam Bronko at 8:38 p.m., seconded by Rita Pelaggi. All Ayes.

Minutes respectfully prepared by Carissa Caserta and submitted by Jessica Kristy, Director of Health.
Subject to revisions at the next full Board of Director Meeting.



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