



**Public Health**  
Prevent. Promote. Protect.

# Naugatuck Valley Health District

98 Bank Street Seymour, CT 06483

T: 203-881-3255 F: 203-881-3259 W: [www.nvhd.org](http://www.nvhd.org)

Ansonia Beacon Falls Derby Naugatuck Seymour Shelton

Board of Directors

Monday, March 30, 2026

5:00PM

## Hybrid Public Hearing on the Fiscal Year 2026-2027 Budget and Fee Schedule

### MINUTES

**BOARD MEMBERS PRESENT:** John Zikaras, Chair, Marietta Sabetta

**STAFF PRESENT:** Jessica Kristy, Director of Health

**GUESTS/PUBLIC:** None

Jess Kristy opened the Public Hearing at 5:02pm with the following statement:

Good evening. Today is March 30, 2026 and it is 5:02pm. This is the Naugatuck Valley Health District Public Hearing on the Fiscal Year 2026-2027 Budget and Fee Schedule. The total revenue and expenditure each equal \$1,952,099.00.

This meeting is being held in a hybrid format with both in person and virtual access options via Zoom.

Copies were made available upon request by calling NVHD at 203-881-3255 or visiting the office during business hours at 98 Bank Street, Seymour, CT 06483. It was also posted to our website [www.nvhd.org](http://www.nvhd.org), on the Valley Independent Sentinel, and printed in the Republican American newspaper. The notice was in accordance with the requirements set forth in Section 19a-243 of the C.G.S. Submitted by Jessica Kristy, Director of Health on behalf of John Zikaras, Board Chair.

In attendance tonight we have Jess Kristy, Director of Health, John Zikaras, Board Chair/Shelton Board Member, Marietta Sabetta, Seymour Board Member.

No additional attendees were present.

The Public Hearing was closed at 5:30PM.

Submitted by J. Kristy.



*Healthy people in a healthy Naugatuck Valley*