



Public Health
Prevent. Promote. Protect.

**Naugatuck Valley
Health District**

NAUGATUCK VALLEY HEALTH DISTRICT

98 Bank Street, Seymour, CT

HYBRID BOARD OF DIRECTORS MEETING

Tuesday, March 10, 2026

MINUTES

BOARD MEMBERS PRESENT: John Zikaras, Chairman, Rosalie Averill, Adam Bronko, Tom Clifford, Barbara Dlugos, Jean Jones, Linda Mascolo, Rita Pelaggi and Justin Rompre.

BOARD MEMBERS ABSENT: Barbara Lombardi

STAFF PRESENT: Jessica Kristy, Director of Health, Melanie Dokla, Assistant Director of Environmental Health Services, Carissa Caserta, Assistant Director of Community Health Services, and Laurie Veillette, Business Manager.

RECORDING SECRETARY: Carissa Caserta

I. Call to Order and Pledge of Allegiance

John Zikaras, Chairman, called the meeting to order at 7:02 p.m. The Pledge of Allegiance was recited.

II. Acceptance of Minutes of the Hybrid Board Meeting on February 10, 2026.

2026-37 **ACTION TAKEN:** Motion made by Rosalie Averill, to accept the Minutes of the Board of Directors meeting on February 10, 2026, seconded by Adam Bronko.
Abstain: Tom Clifford.

III. Correspondence

None at this time.

IV. Financial Report – Jessica Kristy, Director of Health

Jess discussed the Financial Report for the month of February.

V. Chairman’s Report - John Zikaras, Chairman

None at this time.

VI. Director’s Public Health Report – Jess Kristy

The February Public Health Report was reviewed and discussed.

VII. Committee Reports

a. Budget Committee

2026-38 **ACTION TAKEN:** Motion made by Tom Clifford, to accept the Budget Committee proposed Fiscal Year 2026-2027 Budget and Fee Schedule with Revenues and Expenditures in the amount of \$1,952,099.00. Seconded by Marietta Sabetta.

b. Personnel Committee

2026-39 **ACTION TAKEN:** Motion made by Rosalie Averill, to approve the Senior Public Health Specialist job description according to the job description presented to the Board of Directors and with the salary presented, effective immediately. Seconded by Justin Rompre.

c. Facilities Committee

- i. A discussion was held regarding a meeting with ID3A, NVHD and Facilities Committee members. No action was taken.

VIII. Old Business

a. Strategic Plan Work Plan Presentation

- i. Jess will provide a digital recorded presentation.

IX. New Business

a. None at this time.

X. Adjournment

2026-40 **ACTION TAKEN:** Motion to adjourn made by Tom Clifford at 8:17 p.m., seconded by Linda Mascolo. All Ayes.

Minutes respectfully prepared by Carissa Caserta and submitted by Jessica Kristy, Director of Health.
Subject to revisions at the next full Board of Director Meeting.

